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AUVON CT15AB

AUVON Rechargeable TENS Machine EMS Muscle Stimulator (Model CT15AB) Instruction Manual

Comprehensive guide for safe and effective use of your AUVON TENS/EMS device.

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1. INTRODUCTION

The AUVON Rechargeable TENS Machine EMS Muscle Stimulator (Model CT15AB) is designed to provide temporary relief from sore and aching muscles. This digital TENS unit offers a drug-free solution for alleviating body discomfort caused by strain from exercise or daily activities. It features 8 customizable modes, 40 intensity levels, and a powerful 600 mAh battery for extended use. This manual provides essential information for the safe and effective operation of your device.



Image: AUVON TENS Machine providing a new choice for pain relief, illustrating its application for shoulders, back, knees, and wrists.

2. SAFETY INFORMATION

Please read all instructions and warnings carefully before using the AUVON TENS/EMS Muscle Stimulator. Improper use may result in injury or device malfunction. This device is intended for temporary relief of pain associated with sore and aching muscles due to strain from exercise or normal household activities.

Important Precautions:

- Do not use if you have a pacemaker, implanted defibrillator, or other implanted metallic or electronic device.
- Do not use if you are pregnant.
- Do not use on open wounds or broken skin.
- Do not use near the heart, on the head, or on the front of the neck.
- Consult your physician before use if you have any medical conditions, including but not limited to heart disease, epilepsy, thrombosis, or cancer.
- Keep out of reach of children.
- Discontinue use if you experience any adverse reactions and consult a healthcare professional.

Legal Disclaimer:

Actual product packaging and materials may contain more and different information than what is shown on our website. We recommend that you do not rely solely on the information presented and that you always read labels, warnings, and directions before using or consuming a product.



Image: Visual representation of conditions and individuals for whom the TENS unit is not suitable, emphasizing safety.

3. PACKAGE CONTENTS

Your AUVON Rechargeable TENS Machine EMS Muscle Stimulator package includes the following items:

- 1 x AUVON TENS/EMS Unit (Model CT15AB)
- 12 x Premium Electrode Pads (various sizes)
- 2 x Lead Wires (2mm connector)
- 2 x Pad Holders
- 1 x Type-C Charging Cable (no adapter included)
- 1 x User Manual

- 1 x Carry Case



A New Choice for Pain Relief

A safe, non-invasive, and drug-free method for pain relief.



Shoulders



Back



Knees



Wrists

Image: A comprehensive view of all items included in the AUVON TENS Machine package.

4. PRODUCT FEATURES

The AUVON TENS/EMS Muscle Stimulator is equipped with advanced features for effective pain management and muscle stimulation:

- **Dual-Channel Design:** Independently control intensity for two different body areas or use all four pads simultaneously.
- **8 Customizable Modes:** Select from various pre-set modes for TENS, EMS, and relaxation therapies.
- **40 Intensity Levels:** Fine-tune the stimulation intensity for personalized comfort and effectiveness.
- **Rechargeable 600 mAh Battery:** Provides up to 60 hours of continuous use on a single charge.
- **Type-C Charging:** Convenient charging via a Type-C cable (connects to wall charger, power bank, or laptop)

USB port).

- **Premium Electrode Pads:** Made with low-impedance solid gel for better self-stick performance and a lifespan of up to 45 uses.
- **Intuitive Controls:** Four simple buttons and a clear display for easy operation.
- **Portable Design:** Compact unit with a flip cover to prevent accidental contact and a carry case for on-the-go use.

Intuitive Operating

An intuitive interface with clear printed guidelines ensures easy usability.



Image: Overview of the professional, rechargeable, and adjustable medical TENS unit with its core features.

A New Choice for Pain Relief

For pain relief associated with sore and aching muscles.

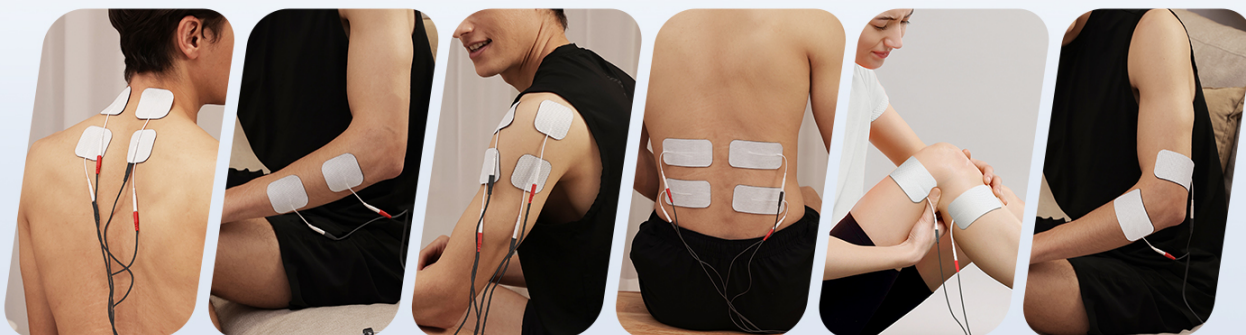


Image: Illustration of the long-lasting rechargeable battery, emphasizing 60 hours of use and Type-C charging.

5. SETUP INSTRUCTIONS

Follow these steps for the initial setup of your AUVON TENS/EMS Muscle Stimulator:

1. **Charge the Device:** Before first use, fully charge the device using the provided Type-C cable. The battery indicator on the screen will show charging status.
2. **Prepare Skin:** Clean and dry the skin area where you intend to place the electrode pads. This ensures optimal adhesion and conductivity.
3. **Attach Pads to Wires:** Connect the electrode pads to the lead wires by snapping them onto the metal studs.
4. **Connect Wires to Device:** Plug the lead wires into the A or B ports at the bottom of the TENS unit. You can

use one or both channels.

5. **Apply Pads to Skin:** Peel off the protective film from the electrode pads and firmly apply them to the targeted muscle area. Ensure good contact with the skin.



Image: Step-by-step visual instructions for setting up and using the TENS unit.

6. OPERATING INSTRUCTIONS

Once the device is set up and pads are applied, follow these steps to operate your AUVON TENS/EMS Muscle Stimulator:

1. **Turn On:** Slide the ON/OFF switch located at the top of the device to the "ON" position. The screen will light up.
2. **Select Mode:** Press the "M" (Mode) button to cycle through the available TENS, EMS, and Relax modes. Each mode has different sub-modes (1-4) which can be selected using the arrow buttons.
3. **Adjust Intensity:** Use the "+" and "-" buttons on the left side of the device to increase or decrease the intensity for Channel A. Use the "+" and "-" buttons on the right side for Channel B. Start with a low intensity and gradually increase until you feel a comfortable, yet effective, sensation.
4. **Set Timer:** Press the "T" (Time) button to adjust the treatment duration. Available times typically range from 10 to 60 minutes.
5. **Start Treatment:** The device will begin treatment automatically once a mode and intensity are selected.
6. **Switch Channels:** Press the "A/B" button to switch between adjusting settings for Channel A and Channel B.
7. **Pause/Resume:** Press the central circular button (often marked with a play/pause icon) to pause or resume the treatment.
8. **Turn Off:** After your session, slide the ON/OFF switch to the "OFF" position. Always reduce intensity to zero before removing pads.

Your browser does not support the video tag.

Video: Official AUVON Inc. guide demonstrating how to use the TENS machine, including connecting pads, selecting modes, and adjusting settings.

Customizable Pulse Rate & Pulse Width

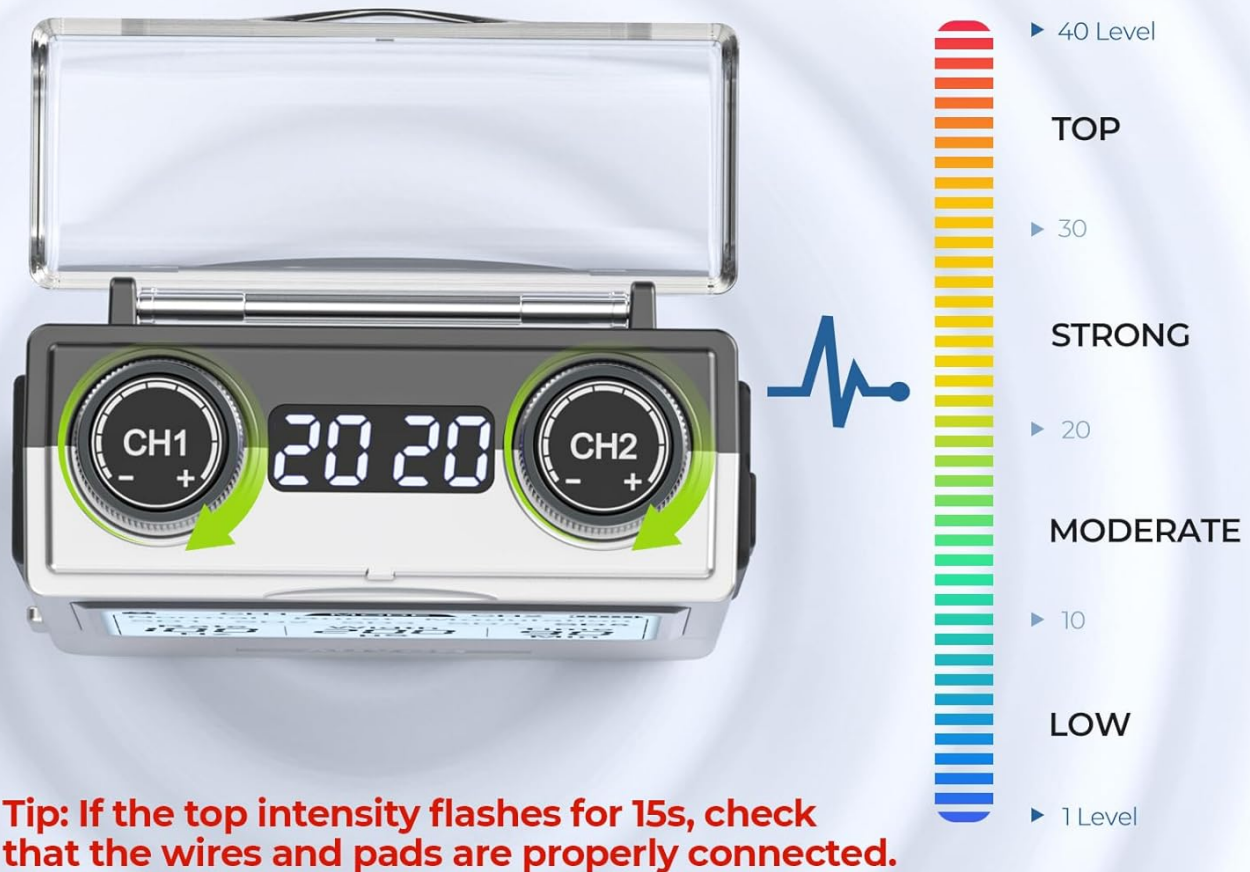
Professional and adjustable rate and pulse width for personalized pain relief.



Image: Detailed view of the device's display, illustrating customizable pulse rate and pulse width for personalized pain relief.

40-level Rotary Adjustment

More options of gradual pain relief without shock feelings.



Tip: If the top intensity flashes for 15s, check that the wires and pads are properly connected.

Image: Visual guide to the 40-level rotary adjustment, offering gradual pain relief without sudden shocks.

7. MAINTENANCE

Proper maintenance ensures the longevity and effectiveness of your AUVON TENS/EMS Muscle Stimulator:

- **Cleaning Electrode Pads:** After each use, gently wipe the adhesive side of the pads with a damp cloth to remove any debris or oils. Allow them to air dry completely before reattaching the protective film.
- **Storing Pads:** Store the cleaned electrode pads on the provided pad holders or reattach the protective film. Keep them in a sealed bag or the carry case to prevent drying out.
- **Cleaning Device:** Wipe the device with a soft, dry cloth. Do not use abrasive cleaners or immerse the device in water.
- **Charging:** Recharge the device when the battery indicator shows low power. Avoid overcharging by disconnecting once fully charged.
- **Storage:** Store the device and all accessories in the provided carry case in a cool, dry place away from direct

sunlight and extreme temperatures.

Clip It or Carry It, TENS Therapy on the Go



Image: The TENS unit with its belt clip for hands-free use and its compact carry case for easy transport.

8. TROUBLESHOOTING

If you encounter any issues with your AUVON TENS/EMS Muscle Stimulator, refer to the following common problems and solutions:

- **No Sensation or Weak Sensation:**

- Ensure the device is turned ON and fully charged.
- Check that electrode pads are securely connected to the lead wires and the wires are firmly plugged into the device ports.
- Verify that the electrode pads are making full contact with clean, dry skin.
- Increase the intensity level gradually using the "+" button.
- Replace old or worn-out electrode pads, as their conductivity decreases over time.

• **Device Not Turning On:**

- Ensure the ON/OFF switch is in the "ON" position.
- Charge the device fully.

• **Pads Not Sticking:**

- Clean the skin area thoroughly before applying pads.
- Clean the adhesive side of the pads with a damp cloth and allow to air dry.
- If pads are old, replace them with new ones.

• **Irritation or Discomfort:**

- Reduce the intensity level.
- Reposition the electrode pads.
- Ensure pads are not placed on sensitive or irritated skin.
- Discontinue use if irritation persists.

9. SPECIFICATIONS

Feature	Detail
Brand	AUVON
Model Number	CT15AB
Battery	600 mAh Lithium Ion (rechargeable, included)
Usage Time	Up to 60 hours (continuous)
Modes	8 Customizable Modes (TENS, EMS, Relax)
Intensity Levels	40
Channels	Dual Independent Channels
Electrode Pads	12 Premium TENS Pads (low-impedance solid gel, 2mm connector)
Pad Lifespan	Approx. 45 uses per pad
Charging Port	Type-C USB
Manufacturer	AUVON
Country of Origin	China
First Available Date	Sept. 15 2025

10. WARRANTY AND SUPPORT

AUVON is committed to providing high-quality products and excellent customer service. For any questions, concerns, or support needs regarding your AUVON Rechargeable TENS Machine EMS Muscle Stimulator, please refer to the contact information provided in your product packaging or visit the official AUVON website.

AUVON has been a trusted brand in pain management for over 7 years, serving millions of customers. We are dedicated to helping people live better lives.



Image: "About AUVON" section, highlighting the brand's commitment to improving lives and its history in healthcare.