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Niderson P114

Niderson Smart Watch P114 User Manual

Model: P114 | Brand: Niderson

INTRODUCTION

This manual provides comprehensive instructions for the setup, operation, and maintenance of your Niderson Smart Watch P114. Please read this guide thoroughly to ensure optimal performance and longevity of your device. The Niderson Smart Watch P114 is designed to enhance your daily life with its advanced features, including fitness tracking, communication capabilities, and health monitoring.



Image: The Niderson Smart Watch P114 in white, showcasing its main display with various health metrics and time.

WHAT'S IN THE BOX

- P114 Smart Watch (1 unit)
- Magnetic Charging Cable (1 unit)
- User Manual (1 unit)

SETUP

1. Initial Charging

Before first use, fully charge your Niderson Smart Watch P114. Connect the magnetic charging cable to the charging points on the back of the watch. Plug the USB end of the cable into a compatible USB power adapter (not included). A full charge typically takes 1.5 to 2 hours. The watch will display a charging indicator.



Image: The magnetic charging cable attaching to the back of the Niderson Smart Watch P114.

2. App Download and Pairing

To unlock all features and synchronize data, download the "Dafit" app (mentioned in product features) or "VeryFit" app (mentioned in some videos) on your Android or iOS smartphone. Scan the QR code displayed on the watch screen or in the user manual to find the correct app. Follow the in-app instructions to pair your watch via Bluetooth.

1. **Download App:** Scan the QR code from the watch display or manual, or search for "Dafit" / "VeryFit" in your phone's app store.
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Pair Device:** Open the app, navigate to "Add Device" or "Pair Device," and select "P114" from the list of available devices. Confirm the pairing on both your phone and watch if prompted.

3. Connecting to Alexa

Your Niderson Smart Watch P114 supports Alexa integration. To enable this feature, follow these steps within the companion app:

1. Open the companion app on your smartphone.
2. Navigate to the Alexa settings or voice assistant section.
3. Click "Log in Now" or "Sign in to your Amazon account."
4. Enter your Amazon account credentials.
5. Agree to the Alexa usage rights and permissions.
6. Once connected, you can use your watch to check weather, set timers, control smart home devices, and more by speaking to Alexa.

Your browser does not support the video tag.

Video: Instructions on how to connect your Niderson Smart Watch P114 to Alexa via the companion app.

OPERATING INSTRUCTIONS

Basic Navigation

- **Touchscreen:** Swipe left, right, up, or down to navigate through menus and features. Tap to select an option.
- **Side Button:** Press the side button to wake the screen, return to the home screen, or access the main menu.

- **Auto-Wake:** The screen will automatically wake when you lift your wrist.

Key Features

- **Bluetooth Calling & Smart Reminders:** Make and receive calls directly from your wrist. Receive notifications for messages from various platforms (message replies not supported).
- **110+ Sports Modes:** Track a wide range of activities including hiking, cycling, yoga, basketball, soccer, and more. Monitor real-time heart rate, distance, speed, and calorie burn.
- **24/7 Health Tracking:**
 - **Heart Rate:** Continuous 24-hour monitoring.
 - **Sleep Monitoring:** Records deep, light, and awake sleep data for comprehensive analysis.
 - **Blood Oxygen:** Monitors blood oxygen levels.
 - **Menstrual Cycle Tracking:** Provides support for women's health.
- **Custom Watch Faces:** Choose from over 100 watch faces via the "Dafit" / "VeryFit" app to match your style.
- **Other Features:** Timer, stopwatch, 'Find Phone' function, flashlight, remote camera control, calculator, calendar, music control, and weather display.



Image: The Niderson Smart Watch P114 showing its health and activity tracking interface.

MAINTENANCE

Charging

Charge your watch using the provided magnetic charging cable. Ensure the charging pins align correctly with the watch's charging contacts. Avoid using damaged cables or chargers. The watch offers 5-7 days of typical usage and up to 30 days of standby time on a single charge.

Water Resistance (IP68)

The Niderson Smart Watch P114 is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for activities like swimming (in shallow water) and showering. However, it is not recommended for diving, hot water baths, or exposure to high-pressure water jets.

Cleaning

Clean the watch regularly with a soft, dry cloth. If necessary, use a slightly damp cloth with mild soap, then rinse and dry.

thoroughly. Avoid harsh chemicals or abrasive materials that could damage the watch's finish or sensors.

TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. If it's a new watch, it might require initial charging to activate.
- **Unable to pair with phone:**
 - Ensure Bluetooth is enabled on your phone.
 - Make sure the watch is within range of your phone.
 - Restart both your phone and the watch.
 - Check if the app is updated to the latest version.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensors regularly.
- **Notifications not appearing:** Check app permissions on your phone to ensure notifications are allowed for the companion app and the watch. Ensure Bluetooth connection is stable.

SPECIFICATIONS

Model Name	P114
Brand	Niderson
Screen Size	1.85 Inches
Display Type	HD Touchscreen with IPS full-view technology
Connectivity Technology	Bluetooth
Operating System	Android/iOS Compatible
Water Resistance	IP68
Battery Life (Typical Use)	5-7 days
Standby Time	Up to 30 days
Charging Time	1.5-2 hours (Magnetic Charging)
Item Weight	2.89 ounces
Package Dimensions	6.1 x 3.43 x 0.75 inches

WARRANTY & SUPPORT

- **Lifetime Support:** Niderson offers lifetime satisfied support and solutions for your product.
- **30-Day Return Policy:** Enjoy a 30-day no-reason return policy.
- **2-Year Replacement:** The product includes a 2-year free replacement warranty.
- **24-Hour Service:** Quick service is available via email for any inquiries or issues.



Image: Overview of Niderson's comprehensive after-sales support.