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› [MOUNT PRO Dual Monitor Desk Mount \(Model B0FCM83HFV\) User Manual](#)

MOUNT PRO B0FCM83HFV

MOUNT PRO Dual Monitor Desk Mount (Model B0FCM83HFV) User Manual

Brand: MOUNT PRO | Model: B0FCM83HFV

1. INTRODUCTION

This manual provides comprehensive instructions for the safe and efficient installation, operation, and maintenance of your MOUNT PRO Dual Monitor Desk Mount. Please read this manual thoroughly before installation and retain it for future reference.



Image 1.1: MOUNT PRO Dual Monitor Desk Mount showing both C-clamp and grommet base options.

2. SAFETY INFORMATION

Always ensure the mounting surface can support the combined weight of the mount and monitors. Do not exceed the maximum weight capacity. Use appropriate tools and follow all installation steps carefully. Keep children and pets away during installation.

3. PACKAGE CONTENTS

Verify that all components are present before beginning installation:

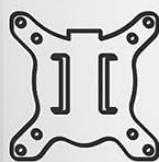
- Dual Monitor Arms (2)

- Desk Mount Base (1)
- C-Clamp Mounting Hardware
- Grommet Mounting Hardware
- VESA Plates (2)
- Assembly Tools (Allen wrenches, etc.)
- Instruction Manual

4. PRODUCT SPECIFICATIONS

Feature	Specification
Brand	MOUNT PRO
Model	B0FCM83HFV
Monitor Size Compatibility	22" to 39" (flat or curved LCD/LED/OLED screens)
Weight Capacity (per arm)	4.4 - 26.5 lbs
VESA Compatibility	75x75mm, 100x100mm
Movement Type	Swivel, Tilt, Rotation
Maximum Tilt Angle	+75°/-45°
Rotation	360°
Swivel	180° (at arm joints)
Max Extension	22 inches
Max Height	18.5 inches
C-Clamp Desk Thickness	0.39" to 3.35"
Grommet Desk Thickness	0.39" to 2.76"
Grommet Hole Diameter	0.39" to 2.36"
Material	Metal
Color	Black

Enhanced Stability for Large Screens



VESA Patterns

**75×75mm/
100×100mm**



Flat Screen

Up to 39"



Max Load

26.5LBS



Image 4.1: Key specifications including VESA patterns, screen size, and weight capacity.



5. SETUP INSTRUCTIONS

5.1 Mounting Options

The MOUNT PRO Dual Monitor Desk Mount offers two installation methods: C-clamp and Grommet Base. Choose the method suitable for your desk.

Two Mounting Options

C-clamp

Desk Thickness:

0.39"~3.35"



Grommet Hole

Desk Thickness:

0.39"~2.76"

Hole Diameter:

0.39"~2.36"





Image 5.2: Detailed view of C-clamp and Grommet Base installation requirements.



Image 5.3: Desk compatibility guidelines for C-clamp installation. **Do not install on tempered glass table tops.**

5.2 Attaching Monitors (VESA Compatibility)

Ensure your monitors are VESA compatible (75x75mm or 100x100mm). Attach the VESA plates to the back of your monitors using the provided screws.



Image 5.4: Guide to checking VESA compatibility for different monitor types.

5.3 Cable Management

Utilize the integrated cable management covers on the arms to route and conceal monitor cables for a tidy workspace.



Image 5.5: Example of effective cable management using the monitor arm features.

6. OPERATING INSTRUCTIONS

6.1 Adjusting Monitor Position

The pneumatic arms allow for flexible adjustment of your monitors to achieve optimal ergonomic positioning.

- **Height Adjustment:** Gently push or pull the monitor up or down to your desired height. The gas spring mechanism will hold it in place. Max height is 18.5 inches.
- **Extension:** Extend or retract the arms to bring the monitors closer or further away. Max extension is 22 inches.
- **Tilt:** Adjust the monitor tilt (+75°/-45°) for the ideal viewing angle.
- **Swivel:** Swivel the monitors up to 180° at the arm joints to share your display or change orientation.
- **Rotation:** Rotate the monitor 360° for landscape or portrait orientation.

Adjustable Extension and Height

Position your screen closer to comfortable eye level

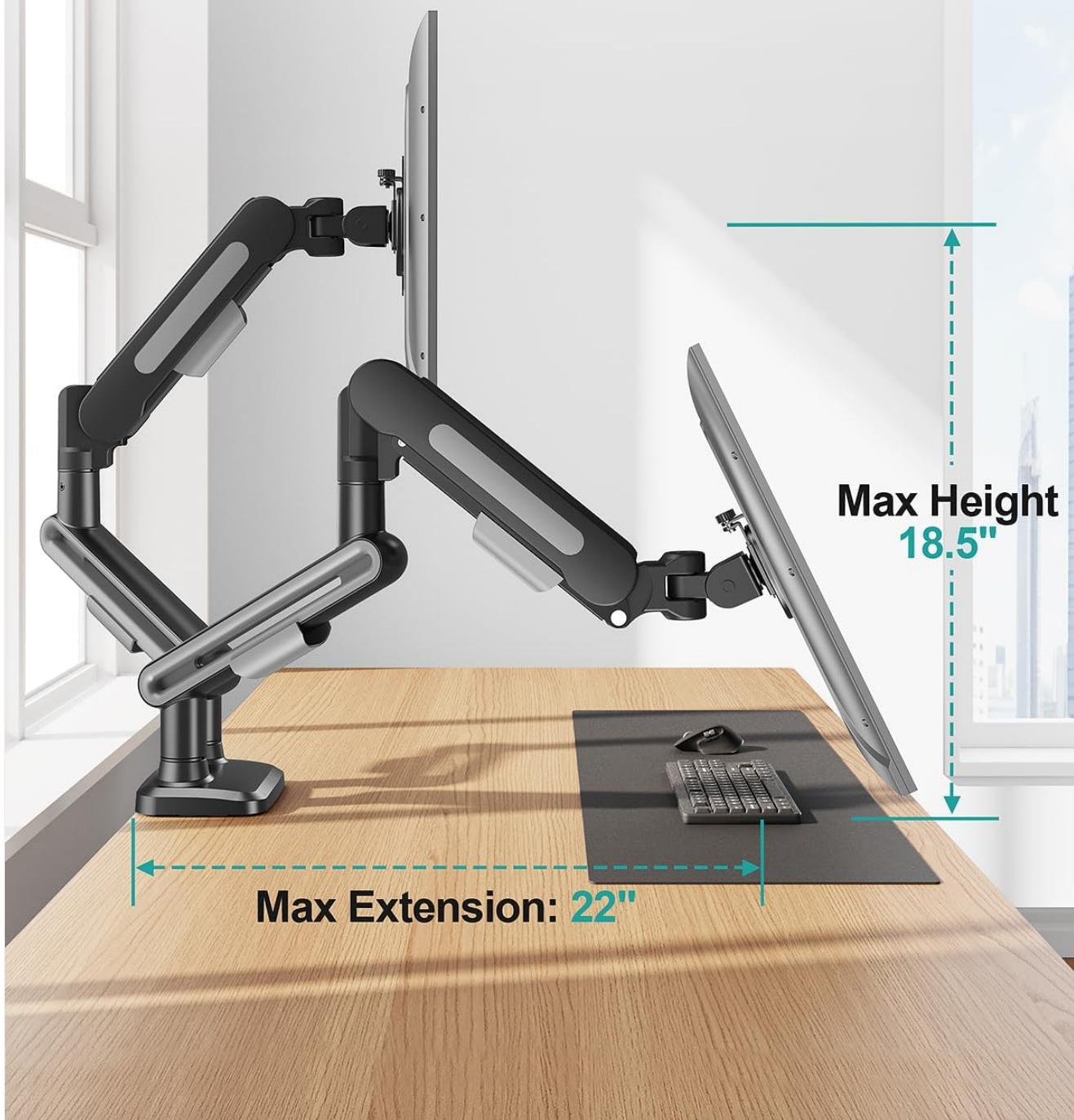


Image 6.1: Illustration of maximum extension and height adjustments.

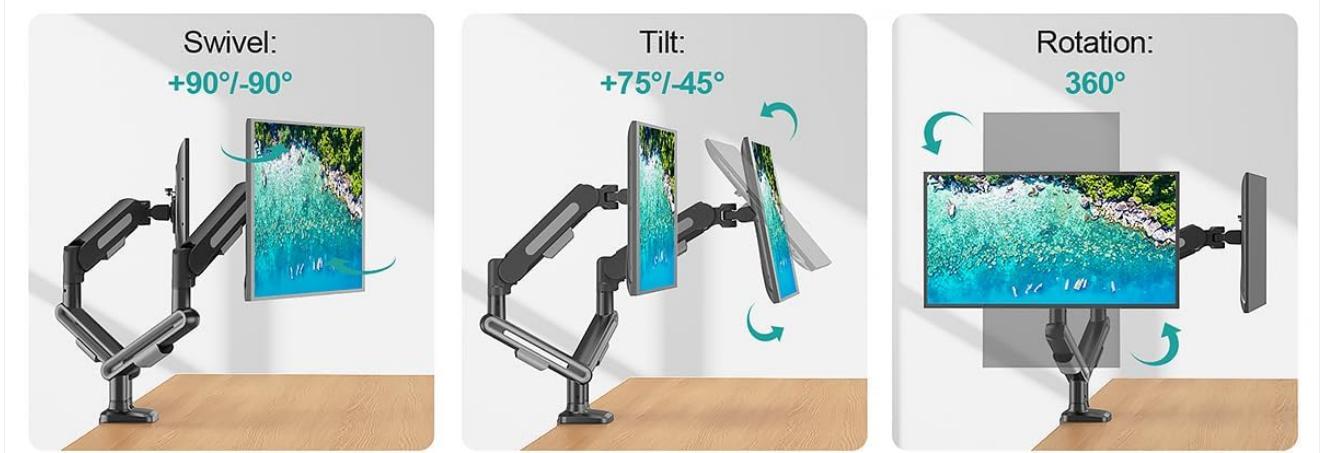


Image 6.2: Detailed view of swivel, tilt, and rotation capabilities.



6.2 Gas Spring Tension Adjustment

Adjust the gas spring tension to match the weight of your monitors for smooth and stable movement. Keep the arm in a horizontal position during adjustment.

- **Monitor Raise Up (Lighter Monitor):** Turn the adjustment screw clockwise ("−") to reduce tension.
- **Monitor Drop Down (Heavier Monitor):** Turn the adjustment screw counter-clockwise ("+") to increase tension.

Note: When adjusting gas spring tension, the number of turns depends on the display's weight. It may take up to 17 turns.

Tension Adjustment



Monitor raise up:

Turn clockwise "-" reach 360° each circles to reduce tension for lighter monitor.



Monitor drop down:

Turn counter-clockwise "+" reach 360° each circles to increase tension for heavier monitor.

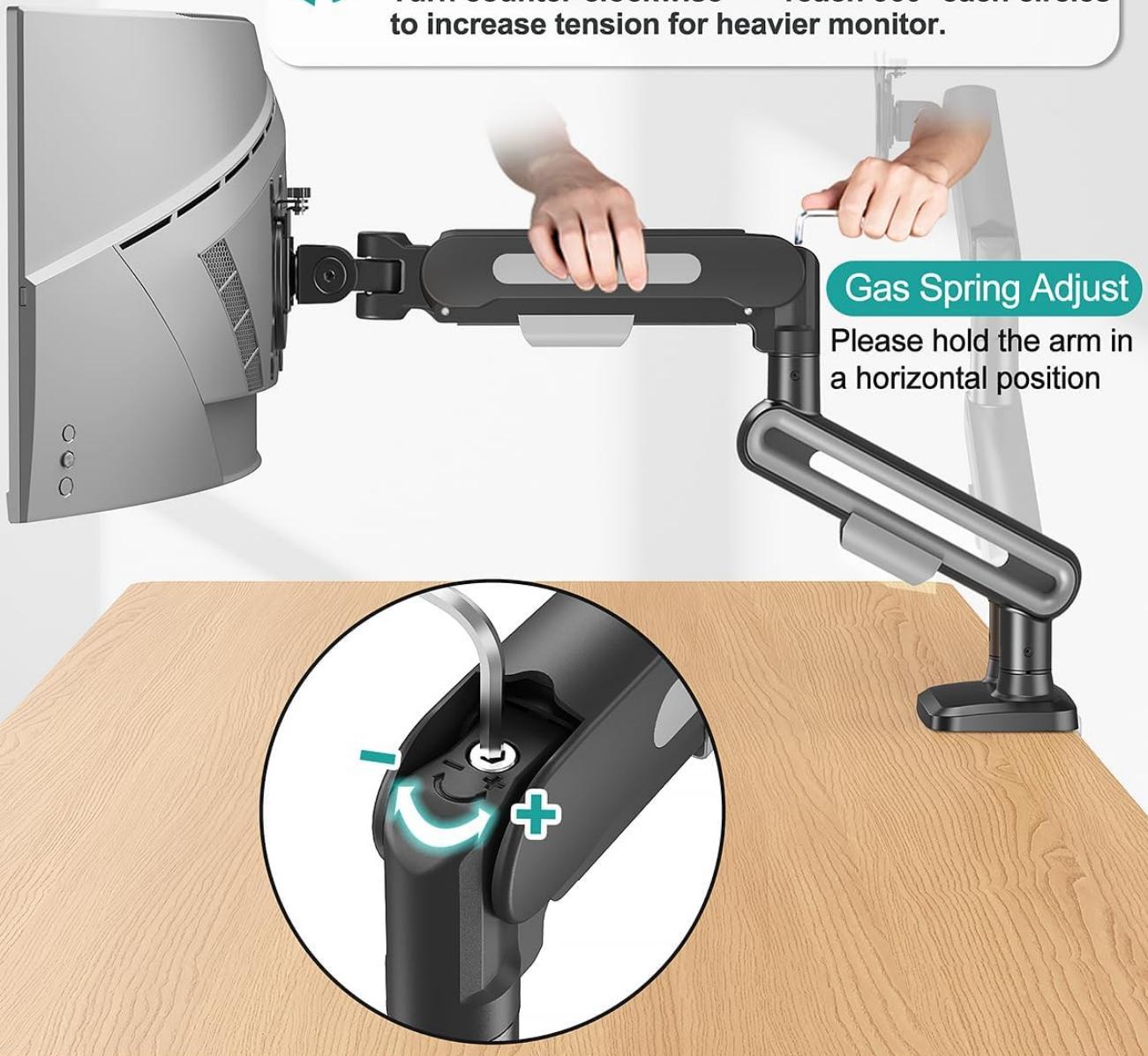


Image 6.4: Instructions for gas spring tension adjustment.



Image 6.5: Steps for adjusting monitor tilt.

7. MAINTENANCE

- Regularly check all screws and connections to ensure they are tight and secure.
- Clean the mount with a soft, damp cloth. Avoid abrasive cleaners.
- Periodically re-adjust gas spring tension if monitor movement becomes too stiff or too loose.



Image 7.1: The durable mechanical arm is designed for long-term use.

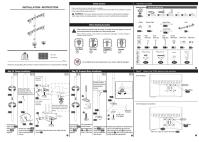
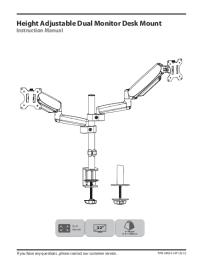
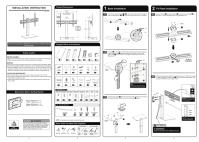
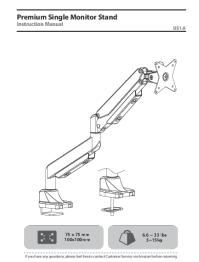
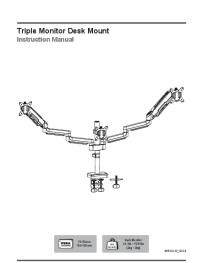
8. TROUBLESHOOTING

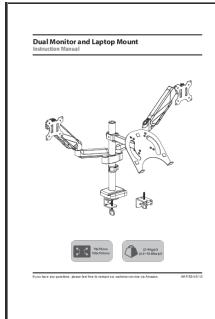
- Monitor Sags/Drops:** Increase gas spring tension by turning the adjustment screw counter-clockwise ("+").
- Monitor Too Stiff to Move:** Decrease gas spring tension by turning the adjustment screw clockwise ("-").
- Mount Feels Unstable:** Ensure all mounting hardware (C-clamp or grommet base) is securely tightened to the desk. Verify VESA plate screws are tight on the monitor.

9. WARRANTY AND SUPPORT

For warranty information or technical assistance, please refer to the contact details provided with your product packaging or visit the MOUNT PRO official website. Feel free to contact us if you encounter any problems during the installation and use of the product.

Related Documents - B0FCM83HFV

	<p>MOUNT PRO DA-4L Quad Monitor Stand Installation Instructions</p> <p>Comprehensive installation guide for the MOUNT PRO DA-4L Quad Monitor Stand, detailing clamp and grommet base setup, monitor attachment, and adjustment procedures for 13-27 inch screens.</p>
	<p>MOUNT PRO Height Adjustable Dual Monitor Desk Mount Installation Guide</p> <p>This manual provides comprehensive, step-by-step instructions for assembling and using the MOUNT PRO Height Adjustable Dual Monitor Desk Mount. It covers clamp and grommet base installation, monitor attachment, tension adjustment, cable management, and product dimensions for dual monitors up to 32 inches.</p>
	<p>MOUNT PRO LDT03L US3.1 Universal Swivel TV Stand Installation Manual</p> <p>Detailed installation guide for the MOUNT PRO LDT03L US3.1 universal swivel TV stand. Covers assembly, VESA compatibility, safety precautions, and mounting instructions for TVs 37-75 inches.</p>
	<p>Premium Single Monitor Stand Instruction Manual</p> <p>Comprehensive instruction manual for the MOUNT PRO Premium Single Monitor Stand, detailing assembly steps, VESA mounting options, gas spring tension adjustment, cable management, and safety guidelines for monitors up to 33 lbs.</p>
	<p>Triple Monitor Desk Mount Instruction Manual - MOUNT PRO</p> <p>Comprehensive instruction manual for the MOUNT PRO Triple Monitor Desk Mount (Model PR1003-1), detailing assembly, installation, and adjustment for up to three monitors. Includes safety precautions, package contents, step-by-step assembly, cable management, and dimension specifications.</p>



[Dual Monitor and Laptop Mount Instruction Manual - MOUNT PRO](#)

Comprehensive Instruction manual for the MOUNT PRO Dual Monitor and Laptop Mount (Model AHP-53-US1.0), detailing assembly, installation, and adjustment steps for optimal use.