

Mingdaln B0FCM3SVDL

Mingdaln 1.8-Inch Fitness Tracker Smartwatch User Manual

Model: B0FCM3SVDL

1. INTRODUCTION

This manual provides comprehensive instructions for the Mingdaln 1.8-Inch Fitness Tracker Smartwatch (Model B0FCM3SVDL). Please read this manual thoroughly before using your device to ensure proper operation and to maximize its features. Keep this manual for future reference.

2. PRODUCT OVERVIEW

2.1 Package Contents

- Mingdaln 1.8-Inch Fitness Tracker Smartwatch
- Charging Cable
- User Manual (this document)

2.2 Device Features

The Mingdaln Smartwatch is designed to enhance your daily life with a range of functionalities:

- **1.8-Inch Touchscreen Display:** Provides clear visuals and intuitive navigation.
- **Bluetooth Calling:** Answer and make calls directly from your wrist when connected to your smartphone.
- **Fitness Tracking:** Monitors steps, calories burned, and other activity data.
- **Smartphone Compatibility:** Works with both Android and iPhone devices.
- **Notification Alerts:** Receive alerts for calls, messages, and app notifications.



Image: The Mingdai 1.8-Inch Fitness Tracker Smartwatch, featuring a gold-colored casing and a matching mesh band. The main display shows time, steps, and calories. An inset image displays the watch receiving an incoming call.

3. SETUP

3.1 Charging the Smartwatch

1. Connect the provided charging cable to the charging port on the back of the smartwatch.
2. Plug the USB end of the charging cable into a standard USB power adapter (5V/1A recommended) or a computer's USB port.
3. The watch display will indicate charging status. Ensure the watch is fully charged before first use (approximately 2-3 hours).

3.2 App Installation and Pairing

To unlock the full functionality of your smartwatch, you need to install the companion application on your smartphone. Refer to the quick start guide included in the packaging for the specific app name and QR code, or search for the recommended app in your smartphone's app store.

1. Download and install the companion app on your Android or iPhone device.
2. Ensure Bluetooth is enabled on your smartphone.

3. Open the app and follow the on-screen instructions to create an account and add your device.
4. The app will search for your smartwatch. Select 'B0FCM3SVDL' or a similar device name when it appears.
5. Confirm the pairing request on both your smartphone and the smartwatch.

4. OPERATING INSTRUCTIONS

4.1 Basic Navigation

- **Touchscreen:** Swipe left/right, up/down to navigate through menus and features. Tap to select.
- **Side Button(s):** Typically, one button serves as a power on/off, back, or home button. Refer to the quick start guide for specific button functions.

4.2 Bluetooth Calling

Once paired via Bluetooth, your smartwatch can handle calls:

- **Answering Calls:** When an incoming call is received, tap the green answer icon on the watch screen.
- **Making Calls:** Access the dialer or contact list through the watch menu to initiate a call.
- **Rejecting Calls:** Tap the red reject icon on the watch screen.

4.3 Fitness Tracking

The smartwatch automatically tracks your daily activity:

- **Steps:** View your daily step count directly on the watch face or in the activity menu.
- **Calories:** The watch estimates calories burned based on your activity.
- **Activity Data:** Detailed historical data can be viewed within the companion app.

4.4 Notifications

Ensure notification permissions are granted in your smartphone's settings and within the companion app to receive alerts on your watch.

- Swipe down from the top of the watch face (or as per specific model instructions) to view recent notifications.

5. MAINTENANCE

5.1 Cleaning and Care

- Wipe the watch screen and body with a soft, lint-free cloth.
- For the band, use a slightly damp cloth. Avoid harsh chemicals or abrasive materials.
- Ensure the charging contacts are clean and dry before charging.

5.2 Water Resistance

The smartwatch may have a degree of water resistance. Refer to the product packaging or quick start guide for specific IP ratings. Generally, avoid prolonged submersion, hot water, or steam, as this can damage the device.

5.3 Battery Care

- Avoid fully discharging the battery frequently.

- Store the device in a cool, dry place if not used for extended periods.

6. TROUBLESHOOTING

6.1 Common Issues and Solutions

- **Device not powering on:** Ensure the watch is fully charged. Try pressing and holding the power button for 10-15 seconds.
- **Cannot connect/pair:** Ensure Bluetooth is enabled on your phone and the watch. Restart both devices. Check if the app has necessary permissions.
- **Inaccurate fitness data:** Ensure the watch is worn snugly on your wrist. Calibrate settings within the app if available.
- **No notifications:** Check app permissions on your phone. Ensure notifications are enabled within the smartwatch companion app.

If issues persist, consult the support section of the companion app or contact customer support.

7. SPECIFICATIONS

Feature	Detail
Brand	Mingdaln
Model	B0FCM3SVDL
Screen Size	1.8 Inches
Operating System	Android Wear 1.0
Connectivity Technology	Bluetooth
Special Feature	Activity Tracker
Battery Cell Composition	Lithium Polymer
GPS	No GPS
Included Components	Charging Cable

8. WARRANTY AND SUPPORT

Your Mingdaln Smartwatch is covered by a standard manufacturer's warranty. For specific warranty terms and conditions, please refer to the documentation included with your purchase or contact Mingdaln customer support.

For technical assistance, troubleshooting, or warranty claims, please visit the official Mingdaln website or contact their customer service department using the contact information provided in your product packaging.