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› AURAFIT Trek 1 Smartwatch User Manual

AURAFIT Trek 1

AURAFIT Trek 1 Smartwatch User Manual

Model: Trek 1

1. INTRODUCTION

This manual provides detailed instructions for the AURAFIT Trek 1 Smartwatch. Please read this manual thoroughly before using your device to ensure proper operation and to maximize its features. The AURAFIT Trek 1 is designed to be a versatile companion for daily life and fitness activities, offering advanced health monitoring, GPS tracking, and communication capabilities.

2. WHAT'S IN THE BOX

- AURAFIT Trek 1 Smartwatch
- Charging Cable
- Watch Band (Black)
- Additional Silicone Strap (Military Green)
- User Manual

Package contain?

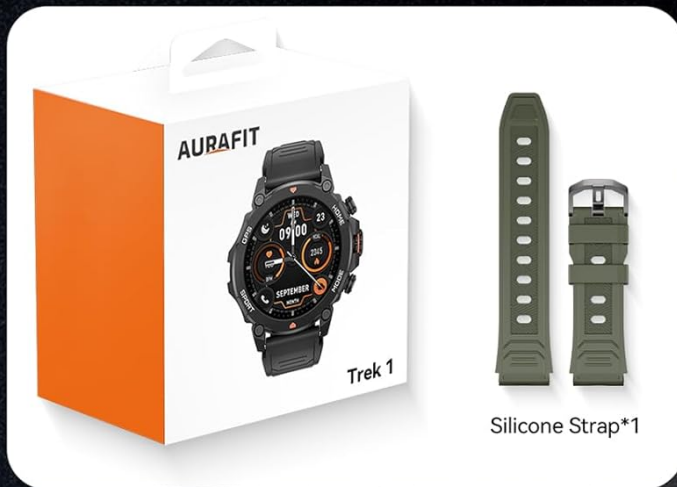


Image: Contents of the AURAFIT Trek 1 Smartwatch package, showing the watch, charging cable, and two interchangeable watch bands.

3. DEVICE OVERVIEW

The AURAFIT Trek 1 Smartwatch features a robust design with a 1.43-inch AMOLED screen, multiple physical buttons, and advanced sensors for comprehensive tracking.



Image: Front view of the AURAFIT Trek 1 Smartwatch, showcasing its round AMOLED display and rugged casing with a green silicone strap.



Image: An infographic detailing the main components and features of the smartwatch, such as the AMOLED screen, GPS, 5ATM water resistance, rotating bezel, high-precision sensor, and AI voice assistant.



Image: Detailed view of the smartwatch's rear, highlighting the high-precision optical sensor for health tracking and the charging interface.

4. SETUP AND PAIRING

4.1 Initial Charging

Before first use, fully charge your AURAFIT Trek 1 Smartwatch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (not included) or a computer

USB port. The watch display will indicate charging status.

4.2 App Installation

To unlock the full potential of your smartwatch, download the companion application. The app is compatible with both Android and iOS devices.

- Scan the QR code in the manual or on the watch packaging.
- Search for "Smart Time Pro" in the Google Play Store (for Android) or Apple App Store (for iOS).



Image: A user interacting with the Smart Time Pro application on a smartphone, showing various health metrics and tracking data.

4.3 Device Pairing

1. Ensure your smartwatch is charged and powered on.
2. Enable Bluetooth on your smartphone.
3. Open the "Smart Time Pro" app and follow the on-screen instructions to add a new device.
4. Select "AURAFIT Trek 1" from the list of available devices.
5. Confirm the pairing request on both your phone and the smartwatch.

Once paired, your watch will synchronize data and notifications with your smartphone.

5. BASIC OPERATION

5.1 Navigating the Interface

The AURAFIT Trek 1 features a responsive touchscreen and physical buttons for navigation.

- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access quick widgets or different watch faces.
- **Tap:** Select an item or confirm an action.
- **Press Top Button (HOME):** Return to the main watch face.
- **Press Bottom Button (MODE):** Access the main menu or switch modes.

Your browser does not support the video tag.

Video: Demonstrates basic UI navigation on the AURAFIT Trek 1 Smartwatch, including swiping through menus and selecting applications like the stopwatch.

5.2 Customizing Watch Faces

The watch supports over 100 cloud-based watch faces and allows for customizable watch faces using your own images via the companion app.

Image: A visual representation of the multiple selectable watch faces, demonstrating how users can personalize their smartwatch display.

5.3 Call Functionality

With Dual Bluetooth 5.3 + 3.0 connectivity, you can answer and make calls directly from your wrist.

- **Answering Calls:** When a call comes in, tap the green phone icon on the watch screen.
- **Making Calls:** Access the call menu from the main menu to dial numbers or select contacts (requires synchronization with your phone).

5.4 AI Voice Assistant

The smartwatch integrates an AI voice assistant for convenient control. Long press the designated button or interface to activate the voice assistant and issue commands (e.g., "What's the weather today?", "Call Jack").



Image: An illustration demonstrating the AI Voice Assistant and the ability to answer/make calls directly from the smartwatch, showing the watch paired with a smartphone.

6. HEALTH TRACKING

The AURAFIT Trek 1 provides continuous 24/7 health monitoring to help you understand your body's status.

6.1 Heart Rate Monitoring

The watch continuously tracks your heart rate throughout the day. View real-time data on the watch or detailed trends in the app.

6.2 Blood Oxygen (SpO2) Monitoring

Monitor your blood oxygen levels to assess your respiratory health. Measurements can be taken on demand or automatically at intervals.

6.3 Sleep Tracking

The advanced sleep mode monitors various sleep stages, including Awake, REM, Light, and Deep sleep, as well as short naps. The app provides detailed sleep analysis and suggestions for improving rest.

Image: A comprehensive display of the smartwatch's 24-hour health monitoring capabilities, including graphs for heart rate, stress levels, blood oxygen saturation, and a breakdown of sleep stages.

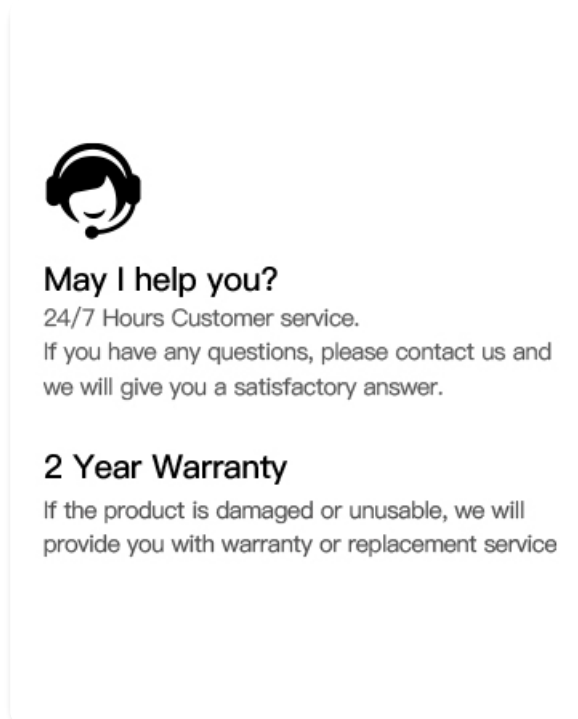


Image: A person sleeping, wearing the smartwatch, to visually represent its sleep tracking functionality.

6.4 Stress Level Monitoring

The watch can also track your stress levels, providing insights into your mental well-being throughout the day.

7. SPORTS MODES AND GPS

The AURAFIT Trek 1 offers over 150 sports modes to accurately track your workouts, along with built-in GPS for precise outdoor activity monitoring.

7.1 Selecting a Sports Mode

Navigate to the 'Sports' menu on your watch to select from a wide range of activities such as running, cycling, swimming, hiking, and more. The watch will track relevant metrics like heart rate, calories burned, distance, and duration.

Image: The smartwatch displaying a sports tracking screen, with icons for over 150 different sports modes, indicating its versatility for various fitness activities.



Image: A scene of a person skiing, with the smartwatch displaying activity data such as distance, calories, and steps, illustrating its daily activity monitoring capabilities.

7.2 GPS Tracking

The built-in GPS and independent GNSS chip (supporting GPS, Beidou, GLONASS, GALILEO, GPS, QZSS) provide precise location data for outdoor activities. Track your routes and view movement trajectories even in remote areas.

Image: The smartwatch displaying a map with GPS tracking, emphasizing its global independent five-star positioning capabilities for accurate navigation.

GPS-ASSISTED POSITIONING

Real-time positioning + display of movement trajectory. Even in remote areas, satellite signals can be received normally and positioning can be done quickly

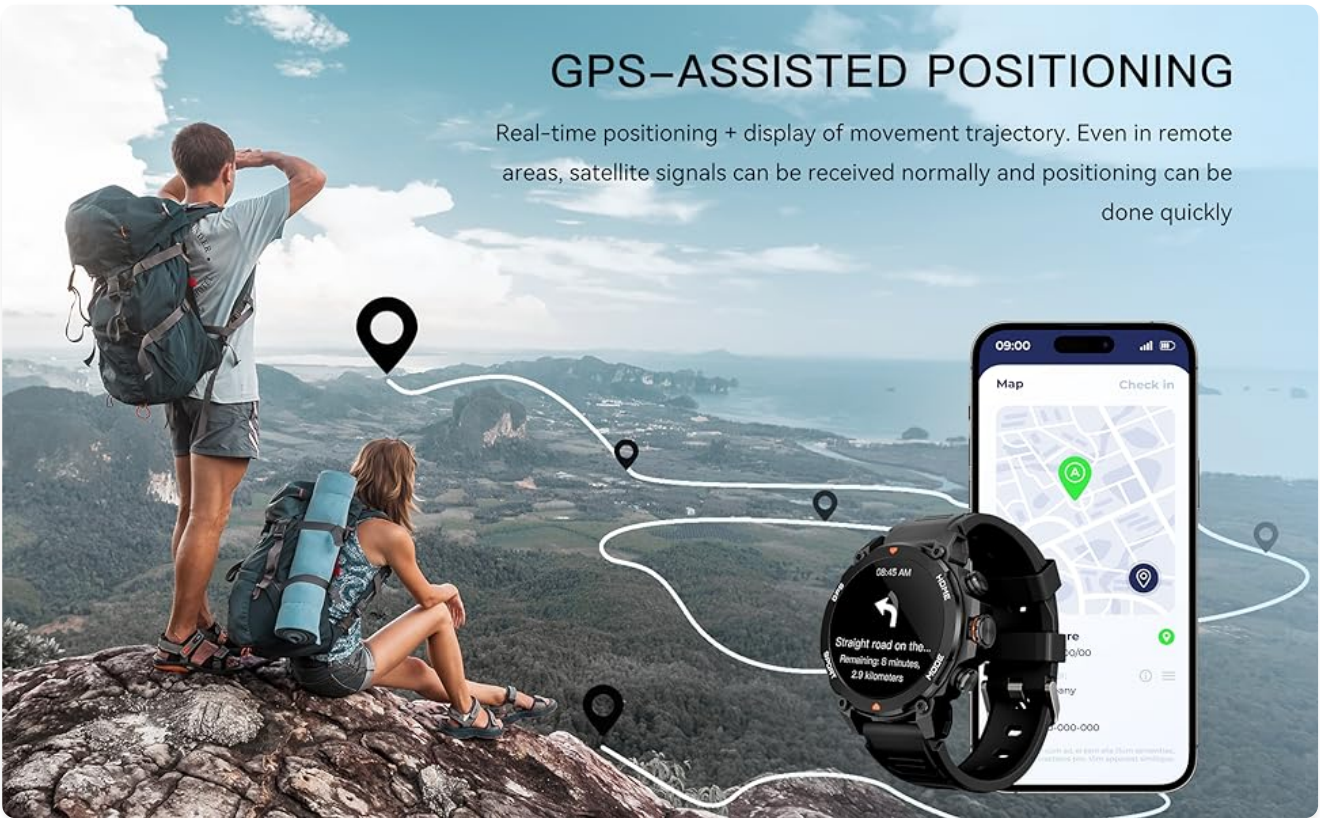


Image: A scenic view of a hiking trail with the smartwatch displaying GPS-assisted positioning, showing real-time tracking and movement trajectory.

7.3 Environmental Sensors

The Trek 1 is equipped with a built-in compass and barometric altimeter sensors to display your current direction, altitude, and atmospheric pressure, aiding navigation in wilderness areas.

KEEP YOUR HEAD IN THE GAME

The AURAFIT G6 smartwatch is equipped with built-in compass and barometric altimeter sensors that display your current direction, altitude, and barometric pressure, allowing you to navigate in wilderness areas at will.



ALTITUDE



COMPASS



ATMOSPHERIC PRESSURE

Image: The smartwatch displaying readings for altitude, compass direction, and atmospheric pressure, highlighting its environmental sensing capabilities.

8. WATER RESISTANCE

The AURAFIT Trek 1 Smartwatch is 5ATM waterproof, meaning it can withstand pressures equivalent to a depth of 50 meters. This makes it suitable for:

- Swimming in pools or open water (not deep-sea diving).
- Showering (avoid hot water and steam).
- Rain and sweat exposure during workouts.

Note:

- Do not use the watch in hot water, saunas, or steam rooms as steam can penetrate the seals.
- Avoid pressing buttons underwater.
- After exposure to saltwater, rinse the watch with fresh water and dry it thoroughly.

Long-lasting battery

The ultra-low power consumption chip, combined with a high-density battery, keeps the G6 running continuously, offering an impressive 5-day battery life. It also supports wireless charging: simply place it on the charging pad, and you'll have power ready to use anytime, anywhere.

- 5 days**
Daily use
- 15 days**
Extra-long standby mode

Image: A person swimming underwater with the smartwatch, demonstrating its 5ATM high water resistance for aquatic activities.

Image: An infographic highlighting the smartwatch's 5ATM water resistance, along with its ability to withstand high/low temperatures, dust, and shock.

9. BATTERY LIFE

The AURAFIT Trek 1 is equipped with a 450mAh large battery and an ultra-low power consumption chip, providing extended usage times.

- **Daily Use:** Up to 5 days.
- **Extra-long Standby Mode:** Up to 15 days.

The watch supports wireless charging. Simply place it on the charging pad to power it up.

5ATM HIGH WATER PROOF



Natação



Lavagem
das mãos



Chuva



5 ATM



Image: The smartwatch on a charging pad, illustrating its long-lasting battery life with indicators for 5 days of daily use and 15 days of standby time.

10. TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charging cable and a power source for at least 30 minutes.
- **Cannot pair with phone:**
 - Ensure Bluetooth is enabled on your phone.
 - Make sure the watch is within Bluetooth range (typically 10 meters).
 - Restart both your phone and the smartwatch.
 - Clear Bluetooth cache on your phone or try pairing from the app directly.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor area regularly.
- **Notifications not appearing:**
 - Check app permissions on your phone to ensure the "Smart Time Pro" app has access to notifications.
 - Verify that notification settings are enabled within the "Smart Time Pro" app for desired applications.
 - Ensure the watch is connected via Bluetooth.
- **GPS signal issues:** Ensure you are in an open outdoor area with a clear view of the sky for optimal GPS signal acquisition.

11. SPECIFICATIONS

Feature	Specification
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Model Number	Trek 1
Screen Size	1.43 Inches
Display Type	AMOLED
Water Resistance	5ATM
Battery Capacity	450 mAh
Connectivity	Bluetooth 5.3 + 3.0
GPS	Built-in GPS (GNSS chip)
Operating System	RTOS
Memory Storage Capacity	128 MB
Item Weight	68.3 Grams (2.41 ounces)
Manufacturer	Shenzhen Smart Care Technology Limited

12. WARRANTY AND SUPPORT

AURAFIT provides a 2-year warranty for the Trek 1 Smartwatch. If the product is damaged or unusable due to manufacturing defects, we will provide warranty or replacement service.

For any questions or support needs, please contact our customer service. We are available 24/7 to assist you.



Image: An icon representing customer service, indicating 24/7 support availability.