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› SWGOTA Smart Watch User Manual

## SWGOTA B0FCF7578M

# SWGOTA Smart Watch User Manual

Model: B0FCF7578M

Brand: SWGOTA

## 1. INTRODUCTION

Thank you for choosing the SWGOTA Smart Watch. This manual provides essential information for setting up, operating, and maintaining your device. Please read it carefully before use.

### What's in the Box:

- 1 x SWGOTA Smart Watch
- 1 x Charging Cable
- 1 x User Manual

## 2. SAFETY INFORMATION

- Do not attempt to disassemble or modify the device.
- Keep the device away from extreme temperatures and direct sunlight.
- Avoid exposing the device to strong impacts or drops.
- Consult a medical professional before starting any new exercise regimen or if you have pre-existing health conditions.
- The health tracking features are for reference only and should not be used for medical diagnosis or treatment.

## 3. GETTING STARTED

### 3.1 Charging the Device

Before first use, fully charge your smart watch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. A full charge takes approximately 2.5 hours.

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Image: The smart watch connected to its magnetic charging cable, displaying a high battery percentage. This watch offers up to 30 days of daily use and 100 days of standby time on a single charge.

## 3.2 Power On/Off

- **Power On:** Press and hold the side button until the screen lights up.
- **Power Off:** From the watch face, swipe down to access quick settings, then tap the power icon and confirm. Alternatively, go to Settings > System > Power Off.

## 3.3 App Installation and Pairing

Download the "FitCloudPro" app from your smartphone's app store (compatible with iOS 9.0+ and Android 6.0+). Open the app, create an account, and follow the on-screen instructions to pair your watch via Bluetooth. Ensure Bluetooth is enabled on your phone.

## 4. BASIC OPERATION

### 4.1 Touchscreen Navigation

- **Swipe Up:** View notifications.
- **Swipe Down:** Access quick settings (brightness, DND, battery saver, etc.).
- **Swipe Left/Right:** Navigate through widgets (heart rate, activity, weather, etc.).
- **Tap:** Select an item or open an application.
- **Press and Hold:** On the watch face, press and hold to change watch faces.

### 4.2 Side Button Functions

- **Short Press:** Return to the previous screen or watch face.
- **Long Press:** Power on/off the device.

### 4.3 Customizing Watch Faces

The watch offers over 300 dynamic dials. To change the watch face, press and hold the current watch face, then swipe left or right to browse options. Tap to select. You can also upload a personal photo via the

FitCloudPro app to create a custom dial.



Image: A collection of SWGOTA Smart Watches showcasing different customizable watch faces, including floral designs and personal photos.

## 5. FEATURES AND FUNCTIONS

### 5.1 Bluetooth Call and Smart Notifications

After connecting your watch to the FitCloudPro app and enabling call/message notifications, you can make and answer calls directly from your wrist. The watch also displays SMS and app notifications (e.g., Facebook, Twitter, WhatsApp, Instagram). *Note: You cannot send text messages directly from the watch. Ensure the FitCloudPro app runs in the background for continuous notifications.*



Image: A person wearing the smart watch, which shows an incoming call and message notifications from various social media apps.

### 5.2 Health Tracking

The SWGOTA Smart Watch provides 24/7 health monitoring features.

- **Heart Rate Monitor:** Tracks your heart rate continuously throughout the day.

- **Blood Oxygen Monitor:** Measures your blood oxygen saturation (SpO2) levels.
- **Sleep Tracking:** Monitors your sleep patterns, including deep, light, and REM sleep stages. *Note: Sleep is recorded from 9:30 p.m. to 12:00 p.m. the next day. Inaccurate recording may occur if sleeping too early or too late.*
- **Women's Health:** Provides intelligent menstrual cycle and ovulation tracking.



Image: A woman running outdoors, with an overlay showing the smart watch interface displaying blood oxygen, heart rate, blood pressure, and female cycle tracking data.



Image: A woman sleeping, with an overlay showing the smart watch interface displaying sleep duration, light sleep, deep sleep, REM, and wake-up times.



Image: A woman wearing the smart watch, which displays a calendar for tracking menstrual and ovulation periods, indicating menstrual, safe, and ovulation periods.

### 5.3 Sports Modes

The watch features over 120 sport modes, including running, swimming, yoga, and more. It accurately measures calories burned, steps taken, distance covered, and duration. GPS tracking is available via your connected phone.

Image: A woman playing tennis, with an overlay showing the smart watch interface displaying calories, steps, heart rate, distance, and icons for various sport modes.

### 5.4 Water Resistance

The SWGOTA Smart Watch has a 5ATM waterproof rating, making it suitable for swimming, showering, and daily water exposure. *Note: Not applicable to high humidity or corrosive environments such as spas and seawater.*



Image: A woman washing her face, with the smart watch on her wrist, demonstrating its 5ATM waterproof capability for daily water protection, drops, and rain.

## 5.5 Other Features

The watch includes additional convenient features:

- **Music Control:** Control music playback on your smartphone.
- **Weather Forecast:** View current weather conditions and forecasts.
- **Find Your Phone:** Locate your paired smartphone.
- **Alarm Clock:** Set alarms directly from the watch.
- **Photo Control:** Use your watch as a remote shutter for your phone's camera.
- **Voice Assistant:** Interact with your phone's voice assistant for tasks like setting alarms or making calls.



Image: A collage of images showing the smart watch displaying weather, and users interacting with features like alarm, music control, photo control, and find phone.

## 5.6 Product Overview Video

Video: A comprehensive overview of the SWGOTA Smart Watch, demonstrating its key features including the 1.83-inch color screen, Bluetooth calling, 24-hour health monitoring (heart rate, blood pressure, blood oxygen), continuous health tracking, 120 sport modes, 5ATM waterproofing, multiple watch faces, and additional functions like music playback, voice assistant, and weather forecast.

## 6. MAINTENANCE

- **Cleaning:** Wipe the watch and strap regularly with a soft, dry cloth. For stubborn dirt, use a slightly damp cloth and mild soap, then rinse and dry thoroughly.
- **Storage:** Store the watch in a cool, dry place when not in use. Avoid prolonged exposure to direct sunlight or extreme temperatures.
- **Charging Contacts:** Ensure the charging contacts on the back of the watch are clean and dry before charging to prevent corrosion.

## 7. TROUBLESHOOTING

Problem	Solution
Watch does not power on	Ensure the watch is fully charged. Press and hold the side button for several seconds.

Problem	Solution
Cannot pair with phone	Ensure Bluetooth is enabled on your phone and the watch. Restart both devices. Check the FitCloudPro app for pairing instructions.
Notifications not received	Verify notification permissions in the FitCloudPro app and your phone's settings. Ensure the app is running in the background.
Inaccurate health data	Ensure the watch is worn snugly on your wrist. Clean the sensor on the back of the watch. Avoid excessive movement during measurements.
Short battery life	Reduce screen brightness, disable unnecessary features, and ensure the watch is fully charged.

## 8. SPECIFICATIONS

Feature	Detail
Model Number	B0FCF7578M
Operating System Compatibility	iOS 9.0+ and Android 6.0+
Screen Size	1.85 Inches
Battery Capacity	1000 mAh
Battery Life (Daily Use)	Up to 30 days
Battery Life (Standby)	Up to 100 days
Charging Time	Approx. 2.5 hours
Water Resistance	5ATM (50 meters)
Connectivity	Bluetooth
Memory Storage Capacity	128 MB
Metrics Measured	Heart Rate, Sleep Duration, Blood Oxygen
Sport Modes	120+
GPS	Via Smartphone

## 9. WARRANTY AND SUPPORT

SWGOTA offers a limited warranty for this product. For specific warranty details, please refer to the product packaging or contact customer support. For technical assistance or inquiries, please reach out to SWGOTA customer service.

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Image: SWGOTA customer support information, highlighting lifetime support, 24-hour quick service via email, a 30-day return policy, and a 2-year free replacement policy.

