

WALKINGPAD P1 220 lbs

WALKINGPAD P1 Foldable Walking Pad Treadmill User Manual

Model: P1 220 lbs

1. INTRODUCTION

Thank you for choosing the WALKINGPAD P1 Foldable Walking Pad Treadmill. This manual provides essential information for the safe and effective use of your new walking pad. The WALKINGPAD P1 is designed for home and office environments, offering a convenient way to incorporate physical activity into your daily routine. Its compact and foldable design makes it ideal for small spaces, and it requires no assembly, allowing for immediate use.



The WALKINGPAD P1 offers a convenient way to stay active at home or in the office.

2. SAFETY INFORMATION

Please read all safety instructions carefully before using the WALKINGPAD P1. Failure to follow these instructions may result in injury or damage to the product.

- Ensure the walking pad is placed on a flat, stable surface.
- Keep children and pets away from the walking pad during operation.
- Do not exceed the maximum weight recommendation of 220 lbs (100 kg).
- Wear appropriate athletic footwear.
- Always hold onto a stable object or desk when starting or stopping the walking pad, especially if you are new to using it.

- Unplug the power cord when not in use or before cleaning and maintenance.
- Do not operate the walking pad if it is damaged or malfunctioning.

3. PACKAGE CONTENTS

Upon unpacking, please verify that all components are present:

- WALKINGPAD P1 Treadmill Unit
- Power Cord
- Remote Control
- Tool Kit (for minor adjustments)
- User Manual (this document)

4. SETUP

The WALKINGPAD P1 requires no assembly. Simply unpack and prepare for use.

4.1 Unfolding the Walking Pad

1. Carefully remove the walking pad from its packaging.
2. Place the folded unit on a flat surface.
3. Gently unfold the walking pad until it lies completely flat. Ensure the locking mechanism engages securely.
4. Position the walking pad in your desired location, ensuring adequate space around it for safe operation.

Ultra-Slim Foldable for Easy Storage



The WALKINGPAD P1 features an ultra-slim, foldable design for easy setup and storage.

4.2 Power Connection

Connect the power cord to the walking pad's power input port and then plug it into a standard electrical outlet.

5. OPERATING INSTRUCTIONS

The WALKINGPAD P1 can be controlled via the included remote control or a dedicated mobile application.

5.1 Remote Control Operation

1. **Power On:** Press the power button on the remote control to turn on the walking pad. The LED display on the unit will illuminate.
2. **Start/Stop:** Press the Start/Stop button to begin or pause your walk.
3. **Adjust Speed:** Use the '+' button to increase speed and the '-' button to decrease speed. The speed can be adjusted between 0.5 and 3.75 mph.
4. **Mode Switch:** The remote may also feature a button to switch between different modes (e.g., manual, adaptive speed control). Refer to the remote's markings for specific functions.

Digital Display Remote Control



The remote control provides easy access to all essential functions.

5.2 Adaptive Speed Control

The WALKINGPAD P1 features adaptive speed control, which adjusts the belt speed based on your position on the walking surface. Moving towards the front of the belt will increase speed, while moving towards the rear will decrease it.

This feature allows for a more intuitive and hands-free walking experience.

5.3 Low Noise Operation

The brushless motor of the WALKINGPAD P1 ensures quiet operation, making it suitable for use in shared spaces or during calls without causing disturbance.



6. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your WALKINGPAD P1.

6.1 Cleaning

- Wipe down the walking pad with a damp cloth after each use to remove sweat and dust.
- Do not use abrasive cleaners or solvents.
- Ensure the walking pad is unplugged before cleaning.

6.2 Belt Lubrication

The walking belt requires periodic lubrication to reduce friction and extend its lifespan. Refer to the specific instructions provided in the tool kit for the correct type and amount of lubricant, and the frequency of application.

6.3 Belt Alignment

If the walking belt appears to be shifting to one side, it may need adjustment. Use the provided tool kit to carefully adjust the belt tension screws according to the instructions in the full user manual (if applicable) or contact customer support for guidance.

7. TROUBLESHOOTING

If you encounter issues with your WALKINGPAD P1, refer to the common problems and solutions below:

Problem	Possible Cause	Solution
Walking pad does not power on.	Power cord not properly connected; power outlet issue.	Check power cord connection; try a different outlet.
Belt does not move.	Not started; safety key not in place (if applicable); motor issue.	Press Start button; ensure safety key is correctly inserted; contact support if motor issue suspected.
Unusual noise during operation.	Lack of lubrication; loose components; belt misalignment.	Lubricate belt; check for loose screws; adjust belt alignment.
Remote control unresponsive.	Low battery; interference; pairing issue.	Replace remote battery; ensure no obstructions; re-pair remote if necessary (refer to full manual).

If the problem persists after attempting these solutions, please contact WALKINGPAD customer support.

8. SPECIFICATIONS

Feature	Detail
Brand	WALKINGPAD
Model Name	WALKINGPAD P1

Feature	Detail
Product Dimensions (Unfolded)	56.5"D x 21.5"W x 5"H
Folded Size	32.5" x 21.5" x 5"
Item Weight	28 Kilograms
Material	Aluminum
Maximum Speed	3.75 Miles per Hour
Minimum Speed	0.5 Miles per Hour
Maximum Weight Recommendation	100 Kilograms (220 lbs)
Deck Length	47 Inches
Deck Width	16.5 Inches
Power Source	Corded Electric
Assembly Required	No
Metrics Measured	Calories Burned, Distance, Speed, Time



Compact dimensions for easy storage and use.

9. WARRANTY AND SUPPORT

9.1 Warranty Information

The WALKINGPAD P1 comes with a one-year warranty from the date of purchase. This warranty covers manufacturing defects and malfunctions under normal use. Please retain your proof of purchase for warranty claims.

9.2 Customer Support

For any questions, technical assistance, or warranty claims, please contact WALKINGPAD customer support. You can find contact information on the official WALKINGPAD website or through your retailer's support channels.

For additional resources and product information, visit the [WALKINGPAD Store on Amazon](#).

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Answered questions about this manual

I purchased a PBJ P01 V2BK Walking Pad from Amazon MacBid, but it is missing the required remote control and displays error code E14. How can I get a replacement remote and resolve this error?

Based on the documentation for the WalkingPad P1 (PBJ P01), here is how to address your issues:Missing Remote Control: The WalkingPad P1 is designed to be controlled via the included remote or a dedicated...

[Read full answer](#)