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## Zeacool C60

# Zeacool Fitness Tracker C60 User Manual

Model: C60

## 1. INTRODUCTION

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The Zeacool Fitness Tracker C60 is a versatile smart band designed to monitor your health and track your fitness activities. This manual provides detailed instructions on how to set up, operate, and maintain your device to ensure optimal performance and a comprehensive understanding of its features.



*Image: Zeacool Fitness Tracker C60, showcasing its sleek design and digital display.*

## 2. WHAT'S IN THE BOX

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- Zeacool Fitness Tracker C60
- USB Charging Cable
- User Manual

## 3. SETUP

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### 3.1 Initial Charge

Before first use, fully charge your fitness tracker. Connect the provided USB charging cable to the magnetic charging points on the back of the device and to a standard USB power source. A full charge typically takes 1-2 hours.

### 3.2 App Download and Pairing

1. Download the **"Keep Health"** app from your smartphone's app store (available for Android and iPhone).
2. Ensure Bluetooth is enabled on your smartphone.
3. Open the "Keep Health" app and follow the on-screen instructions to create an account and pair your Zeacool Fitness Tracker C60.
4. The app will guide you through the pairing process. Once connected, the time and date on your tracker will synchronize with your phone.

### 3.3 Wearing the Device

Wear the fitness tracker snugly on your wrist, about one finger's width above your wrist bone. Ensure the sensors on the back are in contact with your skin for accurate heart rate and blood oxygen measurements.

Your browser does not support the video tag.

*Video: Demonstrates the unboxing, initial charging, and basic operation of the fitness tracker.*

## 4. OPERATING INSTRUCTIONS

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### 4.1 Navigation

The Zeacool Fitness Tracker C60 features a 1.10 inch AMOLED HD Touch Color Screen for intuitive navigation. Swipe up, down, left, or right to access different functions and menus. Tap to select an option.

### 4.2 Customizing Watch Faces

Personalize your tracker's display by choosing from over 200 watch faces available in the "Keep Health" app. You can also upload your own images to create custom watch faces.

### 4.3 Health Monitoring

# Health Monitoring

24/7 Heart Rate & Blood Oxygen Monitor



*Image: Health monitoring features of the fitness tracker, showing heart rate, blood pressure, and blood oxygen levels.*

- **Heart Rate Monitoring:** The device continuously monitors your heart rate 24/7. View real-time data on the tracker or detailed graphs in the app.
- **Blood Oxygen Monitoring:** Measure your blood oxygen saturation levels on demand.
- **Blood Pressure Monitoring:** Monitor your blood pressure readings.
- **Sleep Monitoring:** The tracker automatically monitors your sleep patterns, analyzing deep sleep, light sleep, and awake stages. Access your sleep score and detailed analysis in the app.
- **Temperature Monitoring:** The device supports temperature monitoring.

## 4.4 Activity Tracking

# 25 Professional Sports Modes

Detect exercise in all directions, Helps you keep fit and stay healthy.



Walk



Run



football



Cycling



Yoga



Dance



Roller skating



badminton



Tennis



Basketball



Mountaineering



*Image: The fitness tracker displaying multiple professional sports modes, including cycling.*

The C60 offers 25 professional sport modes to accurately record your exercise data. It tracks daily health data such as steps, distance, and calorie consumption. Select your desired sport mode directly on the tracker or through the "Keep Health" app.

## 4.5 Smart Features

# Intelligent Reminders for Your Life

Accurately monitor various exercise states, allowing you to keep exercising without burden, safer and effective Whether it is running, basketball, football, or other events of interest, to meet various sports needs



Image: Intelligent reminders and notifications feature of the fitness tracker, showing icons for various alerts.

- **Notifications:** Receive notifications for calls, messages, and app alerts directly on your wrist when connected to your smartphone.
- **Remote Photography:** Control your smartphone camera remotely from the tracker.
- **Music Control:** Manage music playback on your smartphone.
- **Find Phone:** Use the tracker to locate your misplaced smartphone.
- **Weather Display:** Get real-time weather updates.
- **Reminders:** Set reminders for drinking water, sedentary alerts, and menstrual cycle tracking.

## 4.6 GPS Connectivity

Connect the tracker to your smartphone's GPS via the "Keep Health" app to map your outdoor exercise routes and track your activities with greater precision.

Your browser does not support the video tag.

Video: Overview of the APPBYER Fitness Tracker, demonstrating various features and app integration.

## 5. MAINTENANCE

## 5.1 Cleaning

Regularly clean your fitness tracker and strap with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials that could damage the device.

## 5.2 Water Resistance

The Zeacool Fitness Tracker C60 is 5 ATM waterproof, meaning it can withstand pressures equivalent to a depth of 50 meters. It is suitable for showering, bathing, swimming, and diving. However, avoid prolonged exposure to hot water or steam, and do not press buttons underwater.

## 5.3 Battery Care

The device offers a battery life of up to 10-14 days with regular use and up to 30 days on standby. Use the magnetic fast charging cable provided. To prolong battery life, avoid extreme temperatures and fully discharge and recharge the battery periodically.

## 6. TROUBLESHOOTING

- **Device not turning on:** Ensure the device is fully charged.
- **Not connecting to app:** Check your phone's Bluetooth settings and ensure the app has necessary permissions. Restart both the tracker and your phone.
- **Inaccurate readings:** Ensure the tracker is worn snugly on your wrist and the sensors are clean and in proper contact with your skin.
- **Notifications not appearing:** Verify app notification settings on both your phone and within the "Keep Health" app.

## 7. SPECIFICATIONS

<b>Brand</b>	Zeacool
<b>Model Number</b>	C60
<b>Screen Size</b>	1.1 Inches (Standing screen display size)
<b>Display Type</b>	AMOLED HD Touch Color Screen
<b>Water Resistance</b>	5 ATM
<b>Battery Life (Regular Use)</b>	Up to 10-14 days
<b>Battery Life (Standby)</b>	Up to 30 days
<b>Compatible Devices</b>	Smartphone (Android and iPhone)
<b>Item Weight</b>	1.76 ounces

## 8. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included with your product or contact Zeacool customer service through their official channels. Keep your purchase receipt for any warranty claims.

