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› LIGE EF13-E Smartwatch User Manual - Military Grade Fitness Tracker with 1.85" HD Display and Bluetooth Calling

LIGE EF13-E

LIGE EF13-E Smartwatch User Manual

Model: EF13-E

1. INTRODUCTION

Thank you for choosing the LIGE EF13-E Smartwatch. This device is designed to enhance your daily life with its advanced features, including fitness tracking, health monitoring, and smart notifications. Please read this manual carefully to ensure proper use and optimal performance of your smartwatch.

1000mAh Lange Akkulaufzeit

Tage voller Energie, keine Unterbrechungen.



Produktparameter	(Extra großer Akku) 1000mAh	(Großer Akku) 400-700mAh	(Normaler Akku) 200-300mAh
Tägliche Nutzung	19 Tage 	7-10 Tage	3-5 Tage
Standby-Zeit	65 Tage 	20-30 Tage	7-10 Tage

Image 1.1: LIGE EF13-E Smartwatch, showcasing its robust design and display.

2. PACKAGE CONTENTS

- LIGE EF13-E Smartwatch
- Charging Cable
- User Manual
- Additional Strap (if included in your package)

3. SETUP GUIDE

3.1 Charging the Smartwatch

Before first use, fully charge your smartwatch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (5V/1A recommended) or a computer's USB port.



Image 3.1: The smartwatch connected to its magnetic charging cable.

The watch features a 1000mAh battery. A full charge typically takes approximately 2-3 hours. The battery indicator on the screen will show charging status.

Weitere **Praktische** Funktionen



Image 3.2: Illustration of the smartwatch's extended battery life with its 1000mAh capacity.

3.2 App Installation and Pairing

1. Scan the QR code in the manual or on the watch screen, or search for the companion app (e.g., 'Da Fit' or similar, refer to packaging for exact app name) in your smartphone's app store (compatible with Android 4.4+ and iOS 8.0+).
2. Download and install the app.
3. Open the app and follow the on-screen instructions to create an account and set up your profile.
4. Enable Bluetooth on your smartphone.
5. In the app, navigate to 'Device' or 'Add Device' and select your smartwatch from the list of available devices. The watch's Bluetooth name will typically be 'EF13-E' or similar.

6. Confirm the pairing request on both your phone and the smartwatch.

4. OPERATING INSTRUCTIONS

4.1 Basic Navigation

- **Power On/Off:** Press and hold the side button to power on or off.
- **Wake Screen:** Raise your wrist or press the side button.
- **Touch Screen:** Swipe left/right/up/down to navigate through menus and functions. Tap to select.
- **Return:** Press the side button or swipe right from the left edge to go back to the previous screen.

Leistungsstarke **LED-Taschenlampe**

Ihr Licht - immer griffbereit.



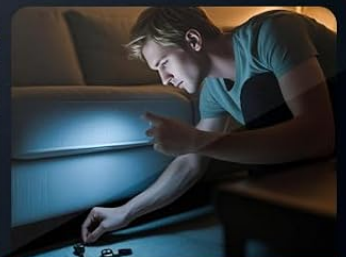
Outdoor-Abenteuer



Stromausfall



Nachtwanderungen



Objektsuche

Image 4.1: The 1.85-inch HD display of the smartwatch, showing clear visuals and information.

4.2 Watch Faces

Customize your watch face by long-pressing the home screen or selecting 'Watch Faces' in the settings menu. You can choose from pre-installed faces or download more via the companion app.

1,85 Zoll Ultra-HD-Display

**Farbgenauigkeit**

**360*360 Pixel**

**Vollständiger Touchscreen**



1.85"
Bildschirm



46.5mm

vs



34.5mm

1.43"
Bildschirm

Image 4.2: The smartwatch showcasing a selection of customizable watch faces.

4.3 Bluetooth Calling

Once paired with your smartphone, you can make and receive calls directly from your smartwatch. Ensure the Bluetooth call function is enabled in the app and on the watch.

- **Making a Call:** Access the dial pad or contacts list on the watch.
- **Receiving a Call:** Tap the green icon on the watch screen to answer, or the red icon to reject.

Militärischer Standard



Staubdicht



Stoßfest



-40°C~70°C Harte
Bedingungen



Korrosionsschutz
gegen Flüssigkeiten



Image 4.3: The smartwatch displaying an incoming call notification.

4.4 Notifications

Receive notifications for calls, SMS, and social media apps directly on your watch. Enable app notifications in the companion app settings.

4.5 Health Monitoring

The smartwatch tracks various health metrics:

- **Heart Rate:** Monitor your heart rate 24/7. Access the heart rate function on the watch to take a measurement.
- **Blood Oxygen (SpO2):** Measure your blood oxygen levels.
- **Sleep Tracking:** Automatically monitors your sleep patterns, including deep sleep, light sleep, and wake times.



Image 4.4: The smartwatch interface showing real-time heart rate and other health data.

4.6 Sport Modes

The watch supports over 110 sport modes. Select your desired activity from the 'Sport' menu to track your workout data, including steps, distance, calories burned, and heart rate.

Stil, der sich mit dir verändert

Aus 200+ Zifferblättern wählen oder eigenes hochladen für persönliche Note.



Image 4.5: The smartwatch showing icons for different sport modes, such as running, climbing, surfing, and weightlifting.

4.7 Other Features

- **LED Flashlight:** Activate the built-in LED flashlight from the quick settings or app menu.
- **Music Control:** Control music playback on your smartphone.
- **Voice Assistant:** Use the integrated voice assistant for quick commands.
- **Pedometer:** Tracks your daily steps.
- **Reminders:** Set alarms, sedentary reminders, and other custom alerts.
- **Weather:** View current weather conditions.
- **Find Phone:** Locate your paired smartphone.

24/7-Gesundheitsmonitoring



Image 4.6: The smartwatch's powerful LED flashlight in use.

5. MAINTENANCE

5.1 Cleaning

Wipe the watch and straps regularly with a soft, dry cloth. For stubborn dirt, use a slightly damp cloth and then dry thoroughly. Avoid using harsh chemicals or abrasive materials.

5.2 Water Resistance (IP68)

The smartwatch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters

for 30 minutes. It is suitable for daily use, such as hand washing, rain, and swimming. However, it is not recommended for hot showers, saunas, or diving, as steam and high water pressure can compromise the seal.

All-in-One-Smart-Assistent an deinem Handgelenk

KI-Sprachassistent



Wie wird das Wetter heute?

Stell den Wecker auf 12 Uhr.

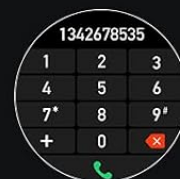
Nachrichtenbenachrichtigung



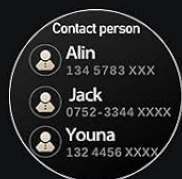
Anrufe entgegennehmen / tätigen



Annehmen/
Ablehnen



Wählen



Kontakte

Image 5.1: The smartwatch demonstrating its IP68 water resistance during swimming.

6. TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Cannot pair with phone:**
 - Ensure Bluetooth is enabled on your phone and the watch.
 - Make sure the watch is within range of your phone.

- Restart both the watch and your phone.
- Check if the app has necessary permissions (location, Bluetooth).
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Avoid excessive movement during measurements.
- **Notifications not received:**
 - Check app notification settings on your phone and in the companion app.
 - Ensure the watch is connected via Bluetooth.
 - Disable any power-saving modes on your phone that might restrict app background activity.
- **Screen unresponsive:** Try restarting the watch by pressing and holding the side button. If unresponsive, allow the battery to drain completely and then recharge.

7. SPECIFICATIONS

Feature	Specification
Model Number	EF13-E
Display Size	1.85 inches
Display Type	HD AMOLED
Battery Capacity	1000 mAh Lithium-polymer
Water Resistance	IP68
Connectivity	Bluetooth
Compatible OS	Android 4.4+ and iOS 8.0+
Memory Storage	256 MB
Special Features	LED Light, Pedometer, Fitness Tracker, Heart Rate Monitor, SpO2, Sleep Tracking, Bluetooth Call, Music Player, Voice Assistant, Reminders, Alarm, Notifications, Sedentary Reminder, Cycle Tracking, GPS via smartphone

8. WARRANTY AND SUPPORT

This LIGE smartwatch comes with a standard manufacturer's warranty. Please refer to the warranty card included in your package for specific terms and conditions. For technical support or further assistance, please contact LIGE customer service through the contact information provided on the product packaging or the official LIGE website.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question