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MOMAX SG1SD

MOMAX 1-Sense Active Smart Ring User Manual

Model: SG1SD | Brand: MOMAX

Introduction	What's in the Box	Sizing Guide	Setup	Operating	Maintenance
	Troubleshooting	Specifications	Warranty & Support		

1. INTRODUCTION

The MOMAX 1-Sense Active Smart Ring is a wearable device designed to monitor various health and fitness metrics. It provides 24/7 tracking of sleep stages, heart rate, stress levels, activity, and skin temperature. The ring features touch control for smart functions and is 5ATM waterproof, making it suitable for various activities. Data is analyzed and presented through a dedicated mobile application.



Figure 1: MOMAX 1-Sense Active Smart Ring

2. WHAT'S IN THE BOX

Upon unboxing your MOMAX 1-Sense Active Smart Ring, you should find the following items:

- MOMAX 1-Sense Active Smart Ring
- Charging Case
- 1m/3.3ft USB-C to USB-C cable
- User Manual (this document)

Purchase order

First buy the sizing model, confirm the size buy the ring, and finally place the app

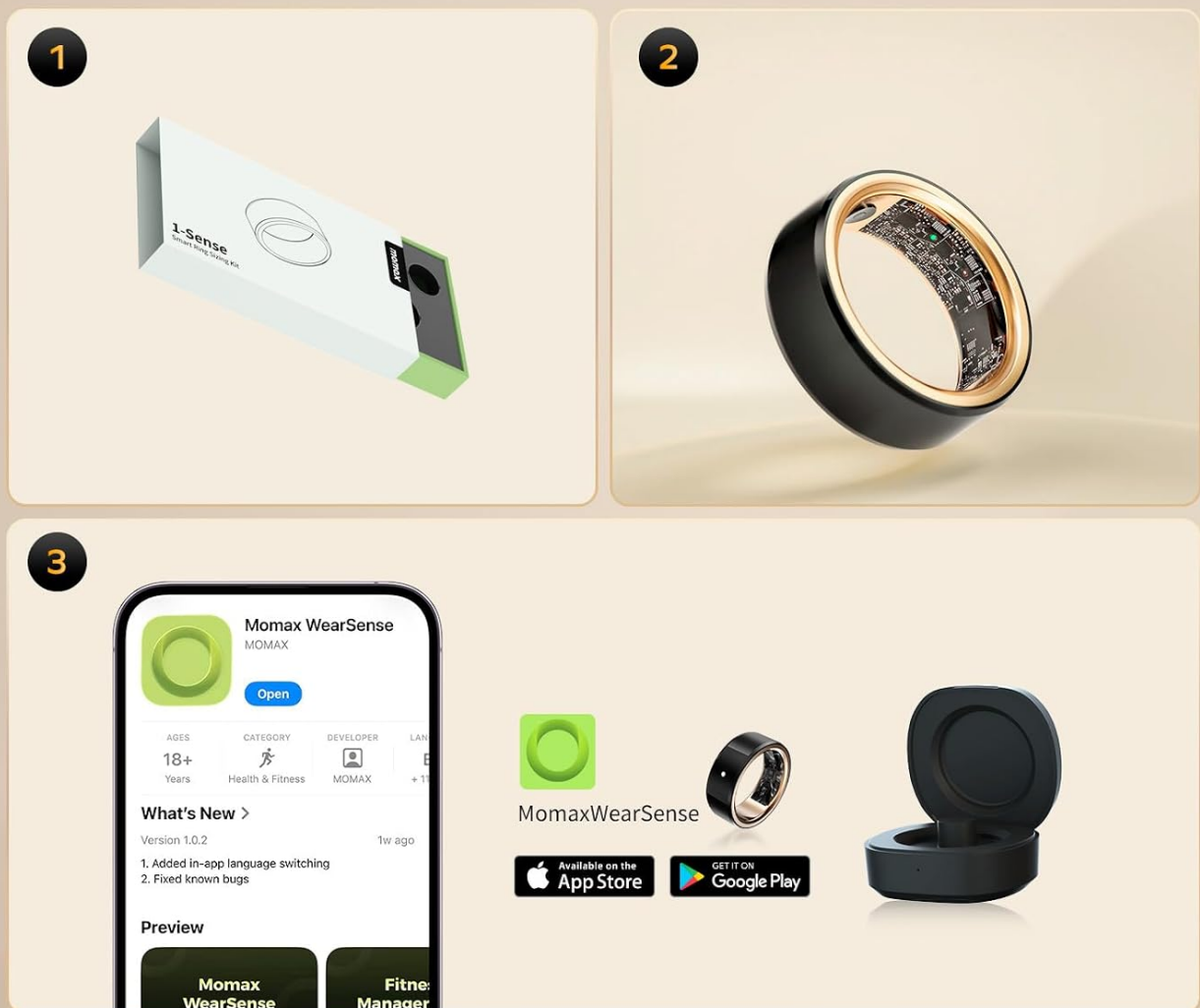


Figure 2: Smart Ring, Charging Case, and USB-C Cable

3. SIZING GUIDE

Accurate ring sizing is crucial for comfort and data accuracy. MOMAX Smart Ring sizes may differ from standard ring sizes. It is highly recommended to use the MOMAX Sizing Kit to determine your most comfortable and suitable size.



Figure 3: MOMAX Sizing Kit for accurate fit

How to Measure Your Ring Size (if Sizing Kit is unavailable):

1. **Wrap & Mark:** Wrap a string snugly around the base of your finger. Mark where the ends meet.
2. **Measure & Compare:** Lay the string flat and measure the length between marks. Compare this measurement to the provided size chart.

For best results, use the MOMAX Sizing Kit. All sizes indicate inner circumference.

4. SETUP

4.1. Charging the Ring

Before initial use, fully charge your MOMAX 1-Sense Active Smart Ring. Place the ring into its charging case. Connect the USB-C cable to the charging case and a power source. The ring will indicate charging status via an LED light.



Figure 4: Smart Ring charging in its portable case

Your browser does not support the video tag.

Video 1: Overview of MOMAX 1-Sense Active Smart Ring features, including charging and app integration.

4.2. App Installation

Download and install the 'Momax Sense' application from your device's app store (Android or iOS). This app is essential for viewing your health data and configuring ring settings.

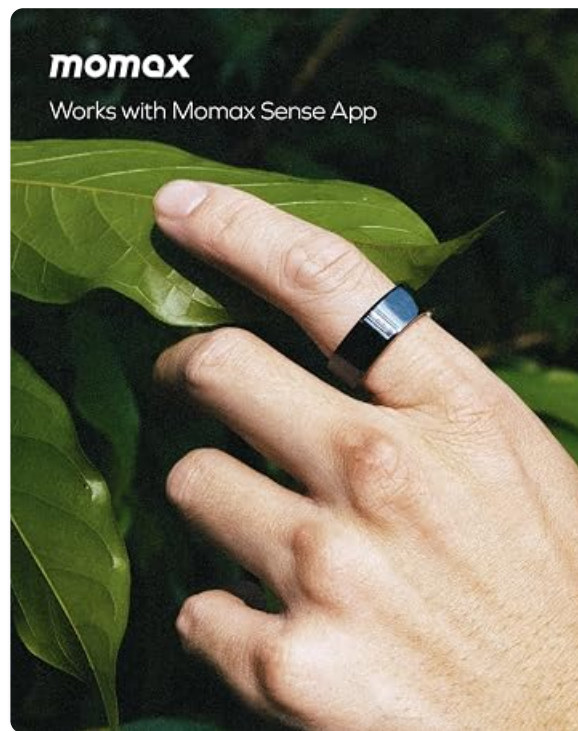


Figure 5: Momax Sense App download options

4.3. Pairing the Ring

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the 'Momax Sense' app and follow the on-screen instructions to create an account or log in.
3. Place the charged ring in its charging case with the lid open to initiate pairing mode.
4. The app will detect the ring. Select your MOMAX 1-Sense Active Smart Ring from the list of available devices to complete the pairing process.

5. OPERATING INSTRUCTIONS

5.1. Health and Fitness Tracking

The MOMAX 1-Sense Active Smart Ring continuously monitors various health and fitness metrics. All data is synchronized with the 'Momax Sense' app for detailed analysis and insights.

- **Sleep Monitoring:** Tracks sleep stages (Deep, Light, REM, Awake), sleep duration, and breathing quality.
- **Heart Rate Tracking:** Provides 24/7 heart rate data, including average, maximum, and minimum rates.
- **Activity Tracking:** Records steps, distance, calories burned, and offers fitness assessments.
- **Stress & Skin Temperature:** Monitors stress levels and skin temperature changes.
- **Women's Health:** Dedicated features for tracking menstrual cycles.

APP Exercise Restraint



Figure 6: App interface showing heart rate, blood oxygen, and body temperature

Tracks Health & Fitness Metrics

Heart rate, skin temperature & exercise records

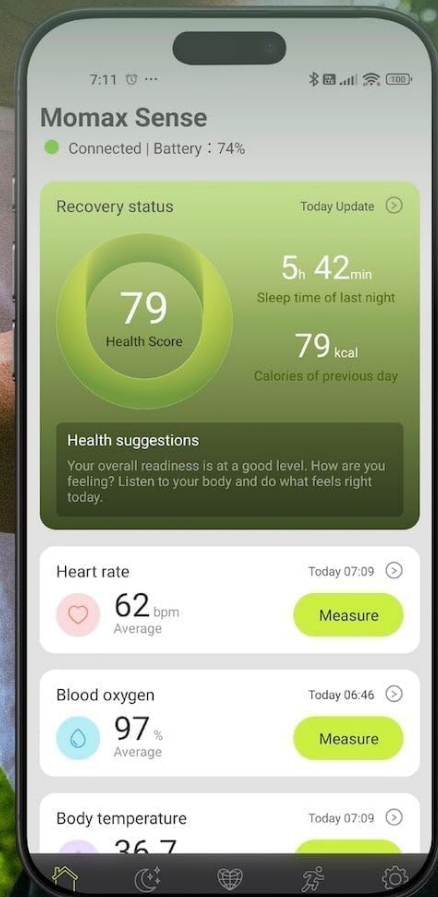


Figure 7: Activity tracking with the Smart Ring

Built in **SOS** Emergency call



Figure 8: Smart Ring worn during sleep for monitoring

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Video 2: Demonstration of the Momax Smart Ring's features and app integration.

5.2. Intelligent Touch Control

The ring features a touch-sensitive area for smart gesture control. This allows for hands-free operation of various functions on your connected device:

- Navigate presentations (PPTs)
- Manage media playback (play/pause, skip tracks)
- Remotely take photos

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Portable Charging Case



Figure 9: Intelligent Touch Control area on the Smart Ring

5.3. SOS Emergency Call

The MOMAX 1-Sense Active Smart Ring includes an SOS emergency call function. In an emergency, repeatedly tap the ring to silently call a pre-set emergency contact on your phone. Ensure this feature is configured within the 'Momax Sense' app.

Intelligent **Touch control**



Figure 10: SOS Emergency Call feature activation

5.4. Water Resistance

The ring is 5ATM waterproof, allowing it to be worn during swimming and showering without concern. It is resistant up to 50 meters depth.

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5 ATM Water Resistant



Figure 11: Smart Ring demonstrating 5ATM water resistance

5.5. Battery Life

The MOMAX 1-Sense Active Smart Ring offers extended battery life, lasting up to 6 days on a single charge. The portable charging case provides additional charges, extending usage up to 72 days.

6. MAINTENANCE

To ensure the longevity and optimal performance of your MOMAX 1-Sense Active Smart Ring, follow these maintenance guidelines:

- **Cleaning:** Regularly wipe the ring with a soft, damp cloth to remove dirt and oils. Avoid harsh chemicals or abrasive materials.
- **Storage:** When not in use, store the ring in its charging case in a cool, dry place.
- **Avoid Impact:** While durable, avoid dropping the ring or subjecting it to strong impacts to prevent damage to the

ceramic material and internal components.

- **Charging:** Use only the provided charging cable and case. Ensure the charging contacts on the ring and case are clean and dry before charging.

7. TROUBLESHOOTING

If you encounter issues with your MOMAX 1-Sense Active Smart Ring, refer to the following common solutions:

Problem	Possible Cause	Solution
Ring not pairing with app	Bluetooth off, incorrect app, low battery, ring not in pairing mode	Ensure Bluetooth is on. Download 'Momax Sense' app. Charge ring fully. Place ring in open charging case for pairing.
Inaccurate health data	Improper fit, dirty sensors, ring not worn consistently	Ensure ring fits snugly. Clean inner sensors. Wear ring continuously for reliable data.
Ring not charging	Loose connection, dirty contacts, faulty cable/case	Check cable connection. Clean charging contacts. Try a different USB-C port or power adapter.
Touch control unresponsive	Incorrect finger placement, app settings, low battery	Ensure finger is on the designated touch area. Check app settings for touch control activation. Charge the ring.

If the issue persists, please contact MOMAX customer support.

8. SPECIFICATIONS

Feature	Detail
Brand	MOMAX
Model Number	SG1SD
Operating System	Momax Rings App
Memory Storage Capacity	4 MB
Special Features	Activity Tracker, Cycle Tracking, Daily Workout Memory, Multisport Tracker, Sleep Tracking
Battery Capacity	16 Milliamp Hours
Connectivity Technology	Wireless (Radio Frequency)
Battery Cell Composition	Lithium Ion
GPS	No GPS
Shape	Round
Band Material Type	Metal (Ceramic)
Water Resistance Level	Waterproof (50 Meters)

Feature	Detail
Closure Type	Slide
Human Interface Input	Gesture
Supported Application	Fitness Tracker, Heart Rate Monitor, Sleep Monitor
Waterproof Rating	IPX7
Target Audience	Unisex Adults
Compatible Devices	Smartphone (iOS and Android compatible)

9. WARRANTY & SUPPORT

9.1. Warranty Information

The MOMAX 1-Sense Active Smart Ring comes with a limited warranty. Please refer to the warranty description for details:

- **Warranty Type:** Limited
- **Warranty Description:** 365 DAYS

Please retain your proof of purchase for warranty claims.

9.2. Customer Support

For further assistance, technical support, or warranty inquiries, please contact MOMAX customer service. Refer to the contact information provided in your product packaging or visit the official MOMAX website. You can also visit the [MOMAX Store on Amazon](#) for additional resources and product information.

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