

Sperax LK-01

Sperax Walking Vibration Pad User Manual

Model: LK-01

Brand: Sperax

1. INTRODUCTION

Thank you for choosing the Sperax Walking Vibration Pad. This 3-in-1 under desk treadmill is designed for home and office use, offering working, walking, and running modes. Its compact and portable design, coupled with a low-noise motor, makes it an ideal solution for integrating physical activity into your daily routine. This manual provides essential information for safe operation, setup, maintenance, and troubleshooting.



The Sperax Walking Vibration Pad, demonstrating its versatility for both walking and use with a standing desk.

2. SAFETY PRECAUTIONS AND WARNINGS

To ensure safe operation and prolong the life of your treadmill, please adhere to the following guidelines:

- Always place the machine on a flat, stable ground surface.
- Do not use the treadmill in the following environments:

- Outdoors
 - On sloping ground
 - In direct sunlight or near a heater
 - In big, noisy places where distractions may occur
- Ensure adequate clearance around the treadmill during operation.
 - Keep children and pets away from the treadmill while it is in use.
 - Consult a physician before starting any new exercise program.

SAFETY PRECAUTIONS AND WARNING INSTRUCTIONS

PLEASE PUT THE MACHINE ON FLAT GROUND. IT IS UNSUITABLE TO PUT THE MACHINE IN THE FOLLOWING PLACES



OUTDOORS



SLOPING GROUND



SUNLIGHT AREA OR
NEAR HEATER



BIG NOISY PLACES

Visual representation of environments unsuitable for treadmill use.

3. INCLUDED COMPONENTS

Your Sperax Walking Vibration Pad package includes the following items:

- User Manual (x1)
- L-Shaped Wrench (x1)
- Remote Controller (x1)
- Lubricating Oil (x1)
- Power Cord (x1)

ROUTINE MAINTENANCE METHOD

				
User Manual x1	L-Shaped Wrench x 1	Remote Controller x1	Lubricating Oil x1	Power Cord x1

All items included in the Sperax Walking Vibration Pad package.

4. SETUP AND PLACEMENT

The Sperax Walking Vibration Pad comes pre-assembled and can be used directly after unboxing. Simply remove it from the packaging and place it on a flat, stable surface.

Moving and Storage:

The treadmill is equipped with transport wheels for easy movement. To move, slightly lift one end and roll it to your desired location. It can be conveniently placed under a sofa, in a corner, or under a bed to save space.

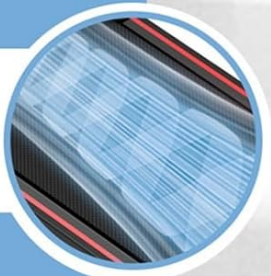
**STRONG
DAMPING**



**CAN BEAR
320 POUNDS**



**WIDEN THE
RUNNING BELT**



**BELT
ADJUSTABLE**





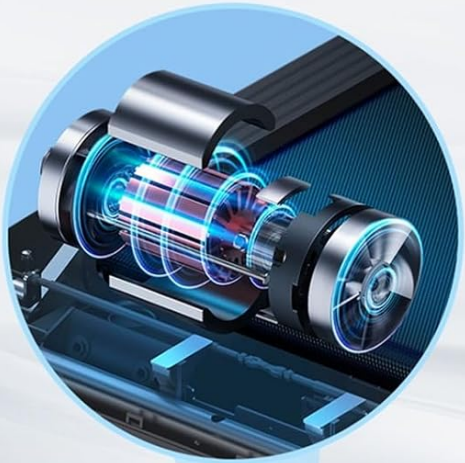
The treadmill features movable tires for effortless relocation and storage.

5. OPERATING INSTRUCTIONS

Power and Motor:

The treadmill is powered by a robust 2.5HP motor, designed for quiet operation. This ensures you can use it without disturbing others, making it suitable for both home and office environments.

LOW NOISE MOTOR



- STABLE AND SAFE
- LONG SERVICE LIFE
- NO NOISE DISTURBANCE

-THE 7TH GENERATION SPERAX Re&D SMART MOTOR

The 2.5HP low-noise motor ensures quiet and stable performance.

LED Display and Remote Control:

The integrated LED display provides real-time tracking of your speed, distance, time, and calories burned. The included remote control allows for convenient adjustment of speed and instant stopping during your workout.

LIQUID CRYSTAL DISPLAY

CLEAR VISION



TIME



SPEED



CALORIES



TOTAL MILEAGE



Monitor your progress with the clear LED display and control settings with the remote.

Speed Modes:

The Sperax Walking Vibration Pad offers a versatile speed range from 0.6 to 3.8 MPH, catering to various fitness needs:

- **Working Mode:** 0.6 - 1.5 MPH (Ideal for light activity while working)
- **Walking Mode:** 0.6 - 2.5 MPH (Suitable for brisk walking)
- **Running Mode:** 2.5 - 3.8 MPH (For light jogging or power walking)

3 IN 1 PORTABLE TREADMILL

WORKING MODE (0.6-1.5MPH)



WALKING MODE (0.6-2.5MPH)



RUNNING MODE (2.5-3.8MPH)



Choose from three distinct modes to match your activity level.

Running Belt Features:

The treadmill features a durable rubber running belt measuring 16.54 inches by 39.78 inches. Its multi-layer design provides excellent shock absorption and a non-slip surface, ensuring a stable and comfortable experience.

DAMPING SYSTEM

DIAMOND PATTERN RUNNING BELT

ERGONOMIC STEEL CONSTRUCTION



Anti-slip and anti-static walking belt



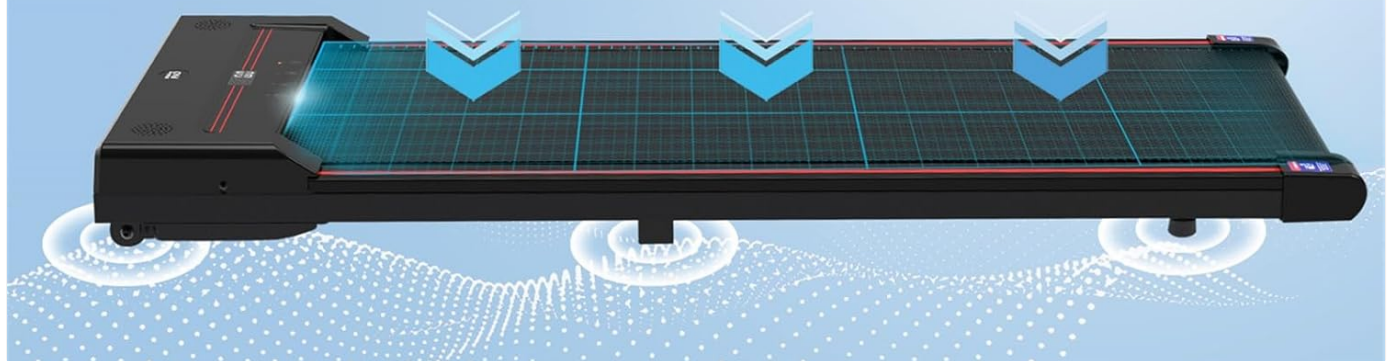
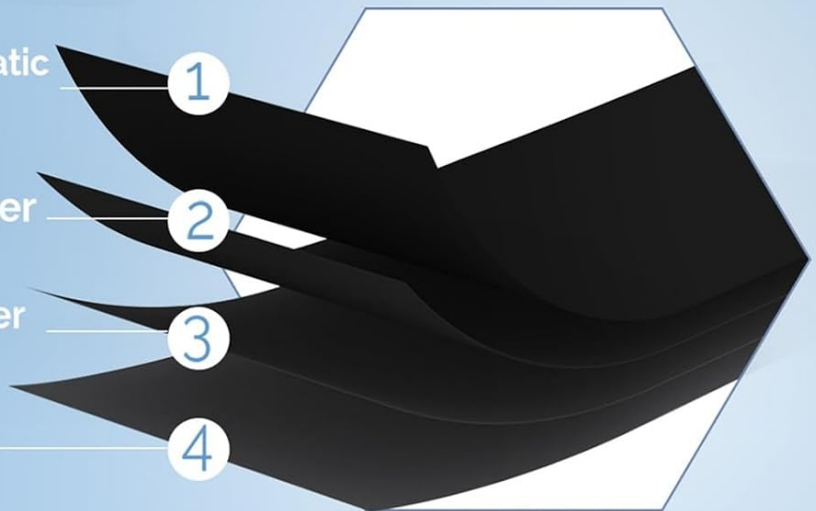
Wear-resistant layer



EVA cushioning layer



High density fiber running board



The advanced damping system with a diamond pattern running belt provides superior shock absorption.

MOVABLE TIRES FOR EASY MOVEMENT.



Key features include strong damping, a 320 lbs weight capacity, and an adjustable, widened running belt.

6. ROUTINE MAINTENANCE

Regular maintenance is crucial for the longevity and optimal performance of your Sperax Walking Vibration Pad. The most important routine task is lubricating the running belt.

Lubrication:

Use the provided lubricating oil to maintain the running belt. Refer to the user manual for specific instructions on how often and where to apply the oil. Proper lubrication reduces friction, extends belt life, and ensures smooth operation. Always ensure the treadmill is unplugged before performing any maintenance.

7. TROUBLESHOOTING

This section addresses common issues you might encounter with your Sperax Walking Vibration Pad. For more detailed troubleshooting, please refer to the comprehensive user manual.

Common Issues:

- **Treadmill not turning on:** Ensure the power cord is securely plugged into both the treadmill and a working electrical outlet. Check if the power switch on the treadmill is in the 'ON' position.
- **Belt slipping or uneven:** This may indicate the need for belt lubrication or adjustment. Refer to the maintenance section for lubrication instructions. For belt alignment, consult the user manual and use the L-shaped wrench if necessary.
- **Remote control not responding:** Check the battery in the remote control and replace if necessary. Ensure there are no obstructions between the remote and the treadmill's receiver.
- **Unusual noises:** Stop using the treadmill immediately and inspect for any loose parts or obstructions. If the noise persists, contact customer support.

8. PRODUCT SPECIFICATIONS

Feature	Specification
Brand	Sperax
Model Name	Sperax Treadmill Q1 (LK-01)
Product Dimensions (LxWxH)	48"D x 19.6"W x 4.6"H (46 x 19.8 x 4.7 inches)
Item Weight	26 Pounds
Material	Alloy Steel
Maximum Horsepower	2.5 HP
Speed Range	0.6 - 3.8 MPH
Maximum Weight Recommendation	320 Pounds
Running Belt Area	16.54"W x 39.78"L (39 cm x 103 cm)
Display Type	LED
Metrics Measured	Speed, Calories Burned
Assembly Required	No (Pre-assembled)
Power Source	Corded Electric (800 Watts)

9. WARRANTY INFORMATION

No specific warranty information is provided in the product details. Please refer to the official Sperax website or contact your retailer for details regarding product warranty and return policies.

10. CUSTOMER SUPPORT

For further assistance, technical support, or inquiries regarding your Sperax Walking Vibration Pad, please refer to the contact information provided in your physical user manual or visit the official Sperax brand store online:

[Visit the Sperax Store on Amazon](#)

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question