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JZBRAIN B0FBFD6PG2

JZBRAIN Neck and Shoulder Massager with Heat - Instruction Manual

Model: B0FBFD6PG2

INTRODUCTION

Thank you for choosing the JZBRAIN Neck and Shoulder Massager. This device is designed to provide deep kneading shiatsu massage with optional heat therapy for relaxation and pain relief in your neck, shoulders, and back. Please read this manual thoroughly before use to ensure safe and effective operation.

SAFETY INFORMATION

- After 10 minutes of use, the massager will automatically shut off to prevent overheating.
- Always fully charge the device before first use.
- Do not operate the massager while charging.
- Consult a physician before use if you have any medical conditions.
- Keep out of reach of children.
- Do not use on sensitive skin areas or open wounds.

PRODUCT OVERVIEW

The JZBRAIN Neck and Shoulder Massager features advanced 4D ergonomic kneading nodes that mimic human-like massage techniques. It offers customizable settings for a personalized experience.

Key Features:

- **Deep Kneading Massage:** Advanced 4D ergonomic kneading nodes for human-like massage.
- **3 Massage Modes:** Alternating, inward, and outward rotations for versatile massage angles.
- **2 Intensity Levels:** Adjust massage strength from gentle to deep pressure.
- **Soothing Heat Function:** Two adjustable heat levels (Low: 104°F; High: 113°F) for enhanced relaxation.
- **Cordless & Rechargeable:** Powered by a 2000mAh battery, offering up to 9-12 ten-minute sessions per charge.
- **Smart Auto Shut-Off:** Built-in 10-minute timer for safety and to prevent overheating.
- **Hands-Free Design:** Ergonomically designed with adjustable straps for comfortable, hands-free use.

- **Low-Noise Operation:** Quiet motor for a peaceful massage experience.



Figure 1: JZBRAIN Neck and Shoulder Massager. This image shows the massager in its full form, highlighting its ergonomic design and control panel.

SETUP

Initial Charging:

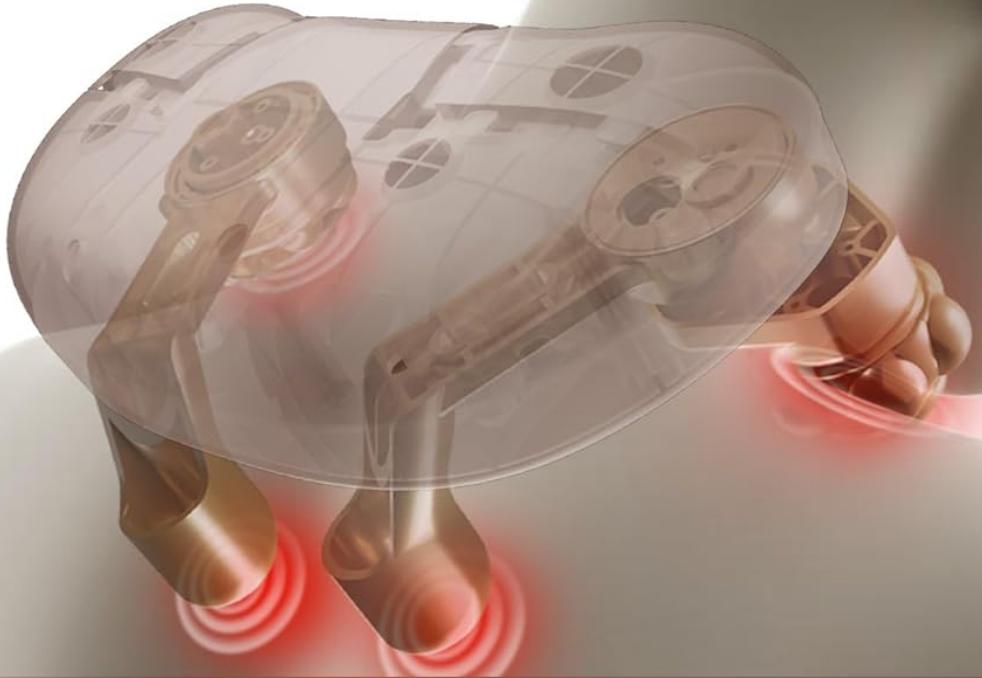
1. Before first use, fully charge the device. Connect the provided USB charging cable to the charging port on the control panel and to a compatible USB power source.
2. The indicator light will show charging status and turn green when fully charged.

Wearing the Massager:

The massager can be worn in two primary styles: hands-free (back-packed) or hand-pulled for adjustable pressure.

Dual Intensity Modes

Personalized Relief at Your Fingertips



2 Intensity Levels



Constant Speed for **Gentle** Pressure



Rhythmic Speed for **Deep** Pressure

Figure 2: Illustration of the two wearing styles: back-packed for hands-free use and hand-pulled for deeper massage. This image demonstrates how the massager can be secured for different levels of pressure and convenience.

- **Hands-Free (Back-Packed):** Place the massager over your neck and shoulders. Secure the adjustable strap around your back and buckle it to keep the massager in place. This allows for hands-free operation while working or relaxing.
- **Hand-Pulled:** Place the massager over your neck and shoulders. Insert your hands into the loops at the end of the straps. Pulling the straps downwards will increase the intensity and depth of the massage. Loosen the straps for a gentler massage.

OPERATING INSTRUCTIONS

The control panel is located on one of the straps for easy access during use.



Figure 3: Close-up of the control panel showing the Power, Mode, Heat, and Intensity buttons. This image details the functions of each button for easy operation.

1. **Power ON/OFF:** Press and hold the power button () for 2 seconds to turn the massager on. The default setting is Mode 1 (inward rotation) and Gear 1 (low intensity). The indicator light will be red. Press and hold for 2 seconds again to turn off the

unit.

2. **Select Massage Mode:** Short press the Mode button (M) to cycle through the 3 massage modes:

- Mode 1: Continuous inward rotation (default).
- Mode 2: Continuous outward rotation.
- Mode 3: Alternating inward and outward rotation.

3. **Adjust Heat Level:** Short press the Heating button (==) to cycle through the heating levels:

- Red: High temperature (113°F).
- Orange: Low temperature (104°F).
- Green: Heating off.

4. **Adjust Intensity Level:** Short press the Gear button (|||) to cycle through the 2 massage intensity levels:

- Level 1: Gentle pressure (constant speed).
- Level 2: Deep pressure (rhythmic speed).

5. **Auto Shut-Off:** The massager has a built-in 10-minute auto shut-off feature to prevent overheating and ensure safety.

CHARGING

The JZBRAIN massager is equipped with a 2000mAh rechargeable battery, providing extended cordless use.

- **Battery Life:** A single full charge provides power for up to 9-12 ten-minute massage sessions.
- **Charging Time:** The device fully charges in approximately 2.5 hours.
- **Charging Indicator:** The indicator light next to the charging port will show red while charging and turn green when fully charged.
- **Important:** Do not operate the massager while it is charging.

MAINTENANCE

- **Cleaning:** After use, wipe the massager with a damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight and extreme temperatures.
- **Removable Cover:** The cloth covering the massager nodes is removable and washable for hygiene.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Massager does not turn on.	Low battery or not charged.	Fully charge the massager before use. Ensure the power button is pressed and held for 2 seconds.
Massager stops unexpectedly.	10-minute auto shut-off activated.	This is a safety feature. You can restart the massager after a brief pause if desired.
Heat function not working.	Heat function is off or set to low.	Short press the Heating button to cycle through orange (low) or red (high) heat levels.
Massage intensity is too weak/strong.	Incorrect intensity level selected or improper wearing style.	Short press the Gear button to adjust intensity. For deeper massage, use the hand-pulled method and apply more pressure.

SPECIFICATIONS

Feature	Detail
Product Dimensions	10.24 x 5.12 x 5.12 inches
Item Weight	3.13 Pounds (1.42 Kilograms)
Power Source	Battery Powered
Battery Type	1 C battery (included) - 2000mAh rechargeable
Material	Faux Leather
Massage Modes	3 (Continuous inward, continuous outward, alternating)
Intensity Levels	2 (Gentle, Deep)
Heat Levels	Off, Low (104°F), High (113°F)
Auto Shut-Off	10 minutes
Manufacturer	JZBRAIN
Model Number	B0FBFD6PG2

WARRANTY AND SUPPORT

For any inquiries, feel free to contact JZBRAIN customer support. Please refer to the contact information provided in your product packaging or on the official JZBRAIN website.

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

Warranty information is typically included with your purchase. Please retain your proof of purchase for warranty claims.