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› Vilicert Portable Electric Heating Belt User Manual

## **vilicert SDO-H3060-GY**

# **Vilicert Portable Electric Heating Belt User Manual**

Model: SDO-H3060-GY

## **1. INTRODUCTION**

This manual provides detailed instructions for the safe and effective use of your Vilicert Portable Electric Heating Belt. Designed for targeted relief, this device offers warm compress therapy and vibration massage to alleviate menstrual cramps and abdominal discomfort. Please read this manual thoroughly before first use and retain it for future reference.



Figure 1: Vilicert Portable Electric Heating Belt in use, demonstrating its wearable design.

## 2. SAFETY INFORMATION

To ensure safe operation and prevent injury or damage, please observe the following safety precautions:

- Do not use the heating belt while sleeping.
- Avoid folding or creasing the heating belt sharply during use, as this may damage the internal heating elements.
- Keep the device dry. Do not immerse in water or use in wet environments.
- Consult a physician before use if you are pregnant, have diabetes, circulatory problems, nerve damage, or any other medical condition.
- Do not use on sensitive skin areas, open wounds, or areas with swelling, bruising, or inflammation.
- Keep out of reach of children and pets.
- Unplug the device when not in use or before cleaning.
- Do not attempt to disassemble or repair the device yourself. Contact customer support for assistance.
- Ensure the USB charging cable is not damaged before connecting to a power source.

## 3. PACKAGE CONTENTS

Verify that all items are present in your package:

- Vilicert Portable Electric Heating Belt (Pink)
- USB Type-C Charging Cable
- User Manual

## 4. PRODUCT OVERVIEW

The Vilicert Portable Electric Heating Belt features a soft, comfortable design with integrated heating and vibration functions. It includes a digital display for easy monitoring of temperature and vibration settings.

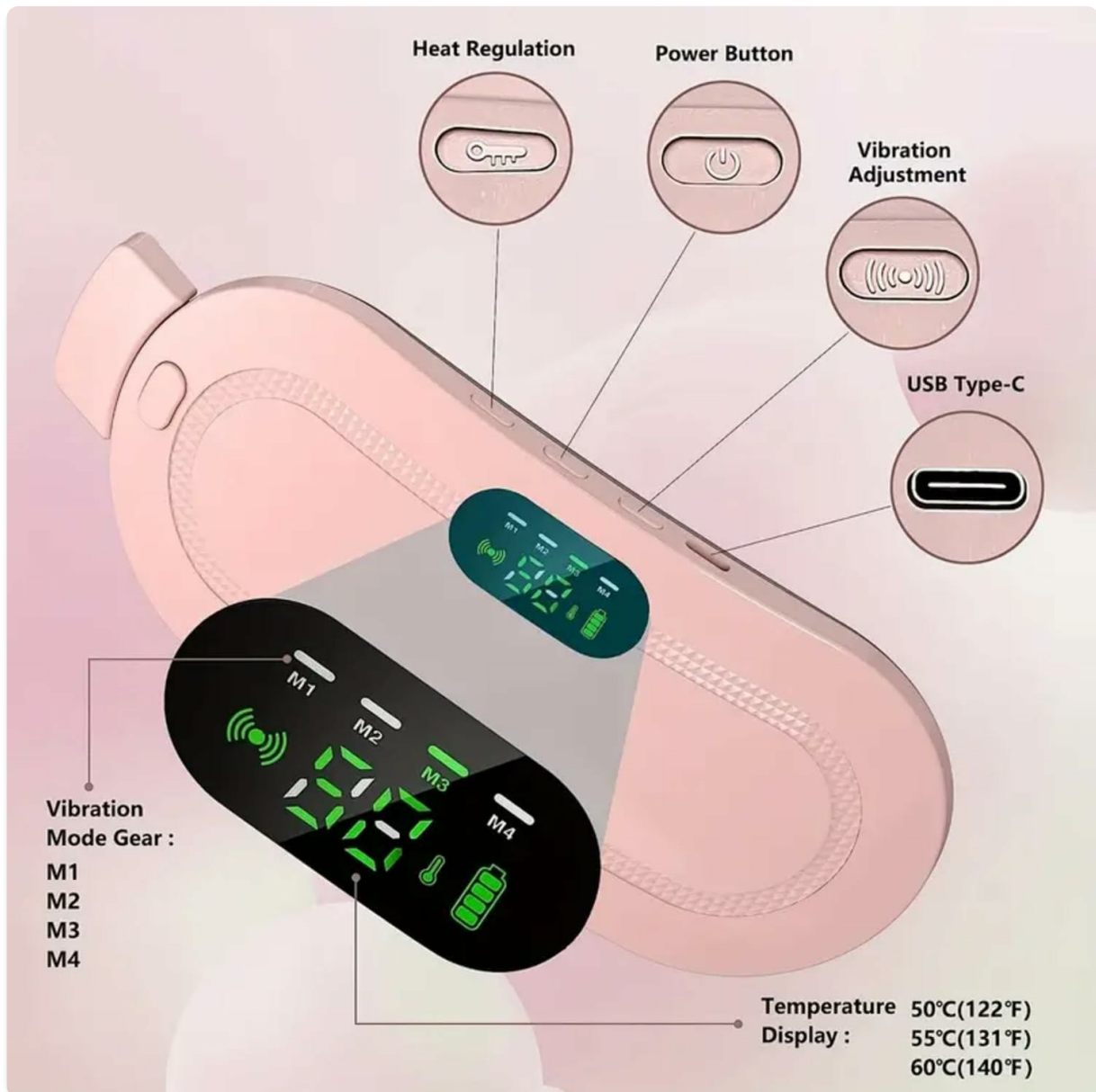


Figure 2: Product components and controls. The image highlights the Heat Regulation button, Power Button, Vibration Adjustment button, USB Type-C port, and the digital display showing vibration modes (M1-M4), temperature settings (50°C, 55°C, 60°C), and battery indicator.

### Key Features:

- **Digital Temperature Display:** Shows current heat level.
- **3 Heat Settings:** Adjustable temperatures for personalized comfort.
- **4 Vibration Massage Modes:** Offers various massage patterns.

- **Adjustable Waist Strap:** Ensures a secure and comfortable fit.
- **Automatic Shut-Off:** For safety and energy efficiency.
- **USB Type-C Charging:** Convenient and modern charging interface.

## 5. SETUP

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### 5.1 Charging the Device

1. Connect the provided USB Type-C cable to the charging port on the heating belt.
2. Plug the other end of the USB cable into a compatible USB power adapter (not included) or a computer USB port.
3. The digital display will indicate charging status. A full charge typically takes approximately 2-3 hours.
4. Once fully charged, disconnect the charging cable.

### 5.2 Wearing the Heating Belt

1. Adjust the waist strap to fit comfortably around your abdominal area.
2. Ensure the heating pad portion is positioned directly over the area where you desire heat and massage therapy.
3. The belt should be snug but not overly tight, allowing for comfortable movement.

## 6. OPERATING INSTRUCTIONS

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### 6.1 Power On/Off

- To turn on: Press and hold the **Power Button** (refer to Figure 2) for 2-3 seconds. The digital display will illuminate.
- To turn off: Press and hold the **Power Button** again for 2-3 seconds. The display will turn off.

### 6.2 Adjusting Heat Settings

After powering on, the heating function will activate. Press the **Heat Regulation Button** (refer to Figure 2) to cycle through the 3 available temperature settings:

- **Level 1:** Approximately 50°C (122°F)
- **Level 2:** Approximately 55°C (131°F)
- **Level 3:** Approximately 60°C (140°F)

The digital display will show the selected temperature level.

### 6.3 Adjusting Vibration Massage Modes

Press the **Vibration Adjustment Button** (refer to Figure 2) to cycle through the 4 available vibration massage modes:

- **M1:** Continuous gentle vibration
- **M2:** Intermittent vibration pattern
- **M3:** Pulsating vibration pattern
- **M4:** Mixed vibration pattern

The digital display will show the selected vibration mode (M1, M2, M3, or M4).



Figure 3: Visual representation of the four distinct vibration massage modes (M1, M2, M3, M4) available on the heating belt.

## 6.4 Automatic Shut-Off

For safety, the device is equipped with an automatic shut-off feature. It will automatically turn off after a period of continuous use (typically 30-60 minutes). You can restart the device if further therapy is desired.

## 7. MAINTENANCE AND CARE

### 7.1 Cleaning

To clean the heating belt:

1. Ensure the device is turned off and unplugged from any power source.
2. Carefully remove the controller unit from the heating belt cover.
3. The fabric cover can be machine washed separately on a gentle cycle with cold water. Do not bleach.
4. Air dry the cover completely before reattaching the controller unit.
5. Wipe the controller unit with a soft, damp cloth. Do not immerse the controller in water.

### 7.2 Storage

Store the heating belt in a cool, dry place, away from direct sunlight and moisture. Ensure it is completely dry

before storing. Do not place heavy objects on top of the device.

## 8. TROUBLESHOOTING

If you encounter any issues with your Vilicert Portable Electric Heating Belt, please refer to the following common troubleshooting steps:

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or no power.	Charge the device fully using the provided USB Type-C cable. Ensure the power button is pressed and held for 2-3 seconds.
Heating function not working.	Heat setting not selected or device malfunction.	Ensure the device is powered on. Press the Heat Regulation Button to select a heat level. If the issue persists, contact customer support.
Vibration function not working.	Vibration mode not selected or device malfunction.	Ensure the device is powered on. Press the Vibration Adjustment Button to select a vibration mode. If the issue persists, contact customer support.
Device automatically shuts off too quickly.	Normal automatic shut-off feature or low battery.	This is a safety feature. You can restart the device if needed. Ensure the device is fully charged.

If the problem persists after attempting these solutions, please contact Vilicert customer support for further assistance.

## 9. SPECIFICATIONS

<b>Brand</b>	vilicert
<b>Model Number</b>	SDO-H3060-GY
<b>Product Dimensions</b>	10 x 10 x 10 cm
<b>Item Weight</b>	300 g
<b>Material</b>	Polyester Microplush
<b>Color</b>	Pink
<b>Heat Settings</b>	3 (50°C, 55°C, 60°C)
<b>Vibration Modes</b>	4
<b>Special Features</b>	Automatic Shut Off, Overheat Protection, Portable, Timer
<b>Power Source</b>	USB Type-C (Rechargeable Battery)

## 10. WARRANTY AND SUPPORT

Your Vilicert Portable Electric Heating Belt is covered by a **1 Year Extended Warranty by Onsitego**. Please

retain your proof of purchase for warranty claims.

For product support, troubleshooting assistance, or warranty inquiries, please contact Vilicert customer service through the retailer where the product was purchased or refer to the contact information provided on the product packaging.