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Sweetcrispy C-3789F-GY

Sweetcrispy Ergonomic Office Chair C-3789F-GY User Manual

Model: C-3789F-GY

1. Introduction

Thank you for choosing the Sweetcrispy Ergonomic Office Chair. This manual provides detailed instructions for assembly, operation, maintenance, and troubleshooting to ensure optimal use and longevity of your chair. Please read this manual thoroughly before assembly and use.





Image 1.1: The Sweetcrispy Ergonomic Office Chair, Classic Grey with Headrest.

2. Safety Information

- Ensure all components are present and undamaged before assembly. Do not use if any parts are missing or broken.
- Follow assembly instructions carefully. Incorrect assembly may lead to instability or injury.
- Do not stand on the chair. Use it only for sitting.
- Do not exceed the maximum weight capacity of 300 lbs (136 kg).
- Keep children and pets away during assembly. Small parts may pose a choking hazard.
- Regularly check all bolts and screws to ensure they are tight. Retighten as necessary.

3. Package Contents

Verify that all the following components are included in your package:

- 1 x Office Chair (disassembled)
- 1 x Assembly Hardware Kit (screws, washers, Allen wrench)
- 1 x User Manual

4. Setup (Assembly Instructions)

Assembly typically requires one person and takes approximately 20-30 minutes. Lay out all parts on a clean, soft surface to prevent scratches.

1. **Attach Casters to Base:** Insert the five casters into the holes at the end of each leg of the chair base. Push firmly until they click into place.
2. **Insert Gas Lift:** Place the gas lift cylinder into the center hole of the chair base.
3. **Attach Mechanism to Seat:** Align the mechanism with the screw holes on the underside of the seat cushion. Ensure the front of the mechanism faces the front of the seat. Secure with screws using the provided Allen wrench.
4. **Attach Armrests to Seat:** Secure the armrests to the sides of the seat cushion using the designated screws. Do not overtighten initially.
5. **Attach Backrest to Seat:** Align the backrest with the mounting points on the seat and armrests. Secure with screws.
6. **Attach Headrest:** Slide the headrest into the designated slots at the top of the backrest.
7. **Connect Seat Assembly to Gas Lift:** Carefully place the assembled seat onto the gas lift cylinder, ensuring it is centered.
8. **Final Tightening:** Once all parts are loosely assembled, go back and tighten all screws securely.

5. Operating Instructions (Adjustments)

Your Sweetcrispy Ergonomic Office Chair offers several adjustment features to customize your seating experience for optimal comfort and support.

5.1. Seat Height Adjustment

To adjust the seat height, locate the lifting lever on the right side beneath the seat. While seated, pull the lever up to lower the seat. To raise the seat, stand up and pull the lever up. Release the lever at the desired height.

5.2. 120° Rocking Mode

The chair features a 120° rocking function. To activate, pull the lifting lever outwards. To lock the chair in an upright position, push the lever inwards. The rocking tension can be adjusted by turning the round knob located beneath the seat, towards the front. Turn clockwise to increase tension (stiffer rock) and counter-clockwise to decrease tension (looser rock).



Image 5.1: Illustration of the 120° rocking mode and seat height adjustment lever.

5.3. Adjustable Lumbar Support

The mesh lumbar support can be adjusted vertically to fit your lower back curve. Locate the adjustment knob on the back of the chair. Rotate the knob to move the lumbar support up or down by approximately 2.36 inches (6 cm) for personalized comfort.



Image 5.2: Detail of the adjustable lumbar support, showing vertical adjustment.

5.4. Adjustable and Rotatable Headrest

The headrest offers both height and angle adjustments. To adjust the height, gently pull the headrest up or push it down. It can move up and down by approximately 2.4 inches (6 cm). The headrest can also be rotated by 42° to find the optimal angle for neck support.



Image 5.3: Visual guide for adjusting the headrest height and rotation.

5.5. Flip-up Armrests

The armrests can be flipped up by 90° to save space or allow the chair to be pushed closer to a desk. Simply lift the armrests upwards until they lock into the vertical position. To return them to the horizontal position, pull them down.



Image 5.4: Demonstration of the flip-up armrest functionality.

6. Maintenance

- **Cleaning:** For general cleaning, wipe the chair with a soft, damp cloth. For spills or stains, spot clean immediately using a mild detergent and water. Avoid harsh chemicals or abrasive cleaners.
- **Inspection:** Periodically inspect all bolts, screws, and moving parts. Tighten any loose fasteners to maintain stability and safety.
- **Casters:** Keep casters free of hair and debris to ensure smooth movement.
- **Mesh Fabric:** Avoid sharp objects that could damage the mesh backrest.

7. Troubleshooting

- **Chair Squeaks:** Check and tighten all screws. Apply a small amount of silicone lubricant to moving parts if necessary.

- **Difficulty Adjusting Height:** Ensure the gas lift lever is fully engaged. If the issue persists, the gas lift may need replacement.
- **Chair Feels Unstable:** Verify that all screws are securely tightened, especially those connecting the seat to the mechanism and the base. Ensure the casters are fully inserted into the base.
- **Casters Not Rolling Smoothly:** Remove any hair or debris from the caster wheels. Clean the wheels with a damp cloth.

8. Specifications



Image 8.1: Detailed product dimensions.

Feature	Specification
Brand	Sweetcrispy
Model Name	Ergonomic Office Chair

Item Model Number	C-3789F-GY
Color	Classic Grey
Product Dimensions (D x W x H)	20"D x 20.2"W x 50.3"H
Seat Depth	20.02 inches
Item Weight	30.4 pounds
Maximum Weight Capacity	300 lbs
Back Style	High back, Mesh
Special Features	Adjustable Lumbar Support & Headrest, Ergonomic, 120° Rocking Mode, Flip-up Armrests
Product Care Instructions	Spot Clean
UPC	718025779169

9. Warranty and Support

For warranty information or technical support, please refer to the documentation included with your purchase or contact Sweetcrispy customer service directly. Contact details can typically be found on the manufacturer's official website or through your retailer.

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