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Jusgym YR01

Jusgym Multi-Functional Home Gym Storage Rack (Model YR01) Instruction Manual

Model: YR01 | Brand: Jusgym

Introduction

This manual provides detailed instructions for the assembly, operation, maintenance, and troubleshooting of your Jusgym Multi-Functional Home Gym Storage Rack, Model YR01. Please read this manual thoroughly before assembly and use to ensure proper function and safety.

Safety Information

- Ensure all components are present and undamaged before assembly.
- Assemble on a flat, stable surface.
- Do not exceed the maximum weight capacity of 200 lbs (90.7 kg).
- Keep children and pets away during assembly.
- Periodically check all bolts and connections to ensure they remain tight.
- Use the locking wheels to secure the rack in place when not moving it.

Package Contents

Before beginning assembly, verify that all parts are included in your package. Refer to the diagram below for component identification.



Image: Overview of the Jusgym Multi-Functional Home Gym Storage Rack, Model YR01, fully assembled and loaded with various fitness items like yoga mats, dumbbells, and foam rollers.

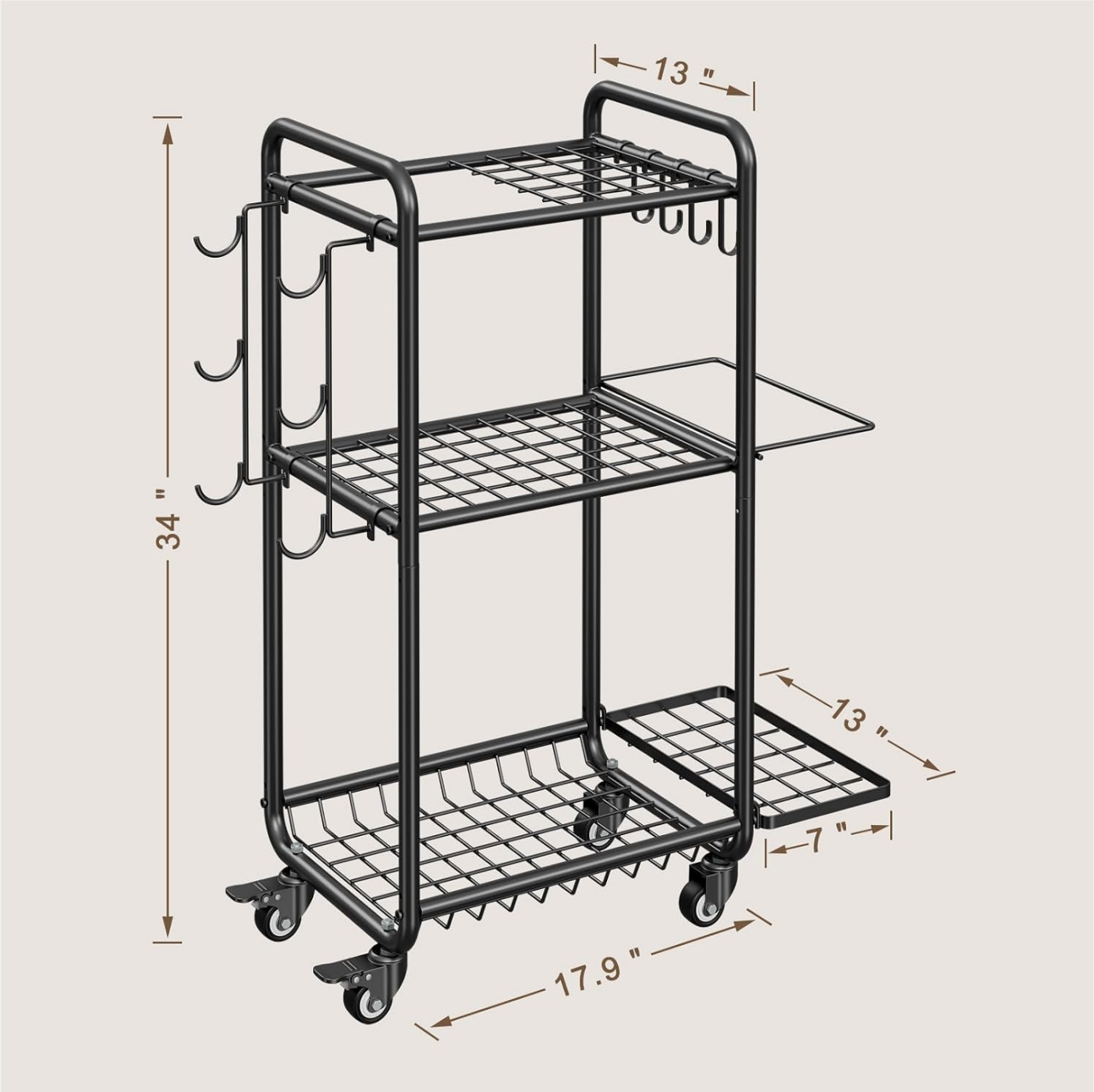


Image: Dimensional diagram of the storage rack, indicating its height (34 inches), width (17.9 inches), and depth (13 inches).

Assembly Instructions

Follow these steps carefully to assemble your storage rack. All necessary tools are included.

1. Unpack all components and lay them out on a clean, flat surface.
2. Attach the wheels to the base frame. Ensure two of the wheels are lockable and positioned correctly for easy access to the brake pedals.
3. Secure the side frames to the base using the provided screws and tools.
4. Install the mesh shelves into the designated slots on the side frames.
5. Attach the top handle bar.
6. Install the removable hooks on the sides of the rack as desired for hanging accessories.
7. Verify all connections are tight and the rack is stable before loading any equipment.

Your browser does not support the video tag.

Video: Official Jusgym installation guide for the YR01 weight rack. This video demonstrates the step-by-step assembly process.



Image: Visual representation of the rack's components and how they fit together during assembly.

Operating Instructions

Storing Equipment

The Jusgym storage rack is designed to organize various home gym equipment efficiently.

- **Top Tier:** Ideal for lighter items such as smaller dumbbells, kettlebells, or foam rollers.
- **Middle Tier:** Suitable for medium-sized dumbbells, yoga blocks, or resistance bands.
- **Bottom Tier:** Designed for heavier items like larger dumbbells, medicine balls, or additional foam rollers.
- **Side Hooks:** Use these for hanging resistance bands, jump ropes, ab rollers, or towels.
- **Yoga Mat Holder:** The integrated side compartment is specifically for storing yoga mats vertically.



Image: The storage rack fully organized with yoga mats, dumbbells, kettlebells, and other fitness accessories.

Moving the Rack

The rack is equipped with heavy-duty universal wheels for easy mobility.

- To move the rack, ensure the two lockable wheels are disengaged (brakes released).
- Grasp the top handle and gently push or pull the rack to your desired location.
- Once in position, engage the brakes on the two lockable wheels by pressing down on the pedal to secure the rack.



Image: Detail of the upgraded heavy-duty wheels, highlighting the larger brake pedal and metal bearings for enhanced durability and stability.

Maintenance

- **Cleaning:** Wipe down the rack with a damp cloth and mild detergent as needed. Avoid abrasive cleaners.
- **Inspection:** Periodically inspect all bolts, screws, and connections to ensure they are secure. Tighten any loose fasteners.
- **Wheel Care:** Keep the wheels free of debris to ensure smooth movement.
- **Storage:** Store the rack in a dry environment to prevent rust, although it features a paint rustproof layer.

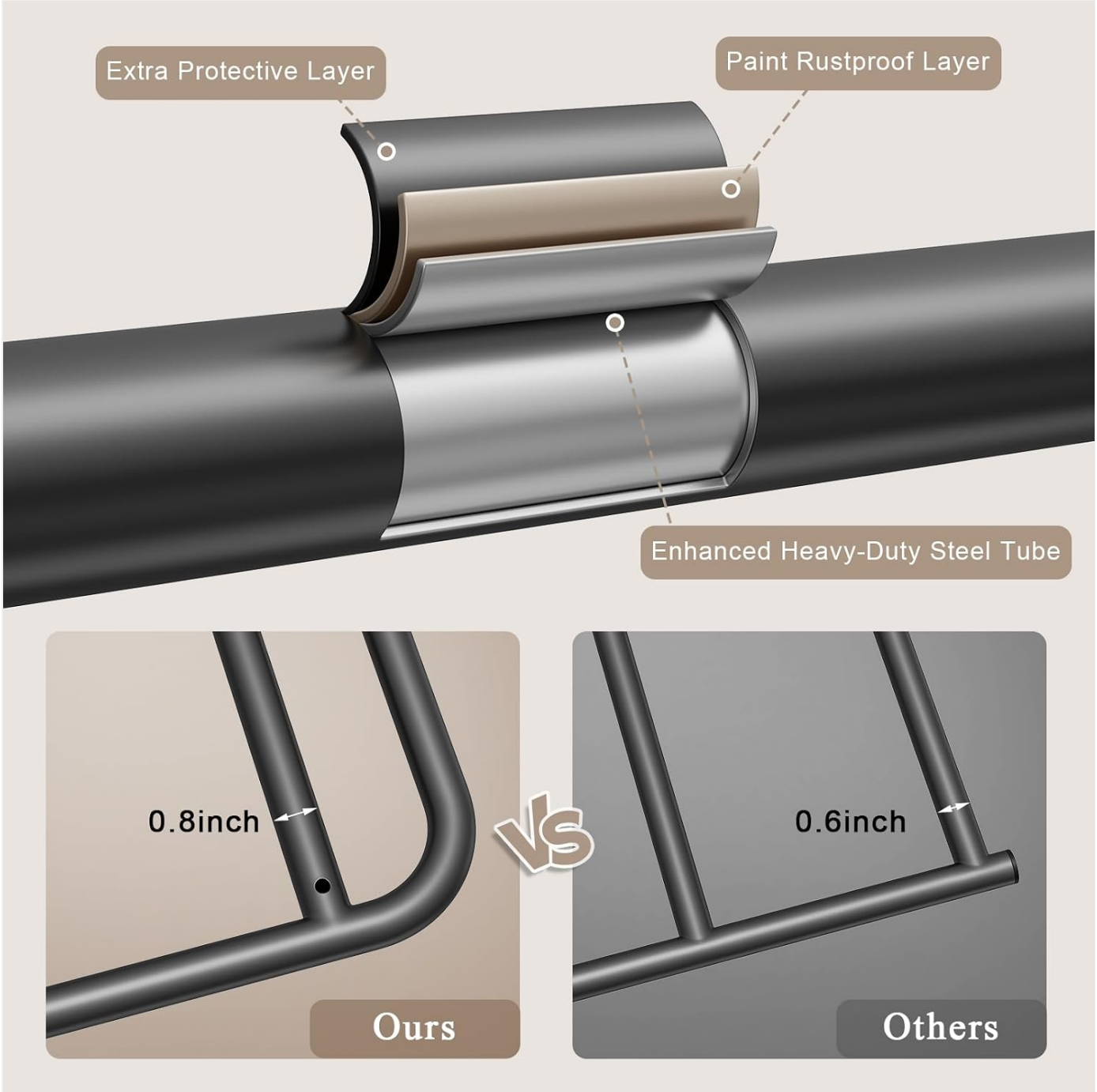


Image: Diagram illustrating the enhanced heavy-duty steel tube construction with an extra protective layer and paint rustproof layer, ensuring durability.

Troubleshooting

Problem	Possible Cause	Solution
Rack is unstable or wobbly.	Loose fasteners; uneven assembly.	Ensure all screws and bolts are tightened securely. Re-check assembly steps.
Wheels do not roll smoothly.	Debris in wheels; brakes engaged.	Clear any debris from the wheels. Ensure wheel brakes are disengaged.
Difficulty fitting equipment.	Incorrect placement; item too large.	Refer to the "Storing Equipment" section for optimal placement. Ensure equipment dimensions are compatible with the rack.

Specifications

Feature	Detail
Brand	Jusgym
Model Number	YR01
Material	Alloy Steel
Product Dimensions (D x W x H)	13.31"D x 17.91"W x 33.86"H (33.8 cm D x 45.5 cm W x 86 cm H)
Item Weight	9.4 pounds (4.26 kg)
Weight Capacity Maximum	200 pounds (90.7 kg)
Number of Tiers	3
Wheels	Heavy-duty universal wheels (2 lockable)

Warranty and Support

Jusgym is committed to providing high-quality products and customer satisfaction. If you encounter any issues or require assistance with your Multi-Functional Home Gym Storage Rack, please do not hesitate to contact our customer support team via email. We aim to respond to all inquiries within 24 hours to ensure a seamless experience.
For support, please visit the official Jusgym store on Amazon or refer to your purchase documentation for contact details.
Worry-Free Purchase: Your satisfaction is our priority. Contact us for any concerns.

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