

Csasan T70

Csasan T70 Smart Watch User Manual

Model: T70

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1. INTRODUCTION

This manual provides essential information for the proper setup, operation, and maintenance of your Csasan T70 Smart Watch. Please read this manual thoroughly before using the device to ensure safe and optimal performance. The Csasan T70 Smart Watch is designed to integrate health monitoring, communication, and fitness tracking into a convenient wearable device.

2. PACKAGE CONTENTS

Ensure all items are present in the package:

- Csasan T70 Smart Watch (Green)
- Charging Cable
- User Manual (This document)

3. PRODUCT OVERVIEW

The Csasan T70 Smart Watch features a 1.91-inch HD full touch display and a durable design. Key components include the display, side button, and sensors on the rear.



Image: The Csasan T70 Smart Watch in green, showcasing its 1.91-inch HD display. The main screen displays the time (09:45), date (SUN 05/26), steps (05326), and calories burned (0226). Adjacent screens illustrate call functionalities, including an active call interface with duration (00:08), a call menu with options for Contact, Call History, and Dialpad, and a numeric dialpad for making calls.

3.1. Device Components

- **1.91-inch HD Full Touch Display:** Main interface for interaction and information display.
- **Side Button:** Typically used for power on/off, screen wake/sleep, or returning to the home screen.
- **Heart Rate/SpO2 Sensor:** Located on the back of the watch, for health monitoring.
- **Charging Contacts:** On the back, for connecting the charging cable.
- **Microphone & Speaker:** For call functionality.

4. SETUP

4.1. Charging the Device

1. Connect the charging cable to a USB power adapter (not included) or a computer's USB port.
2. Align the magnetic end of the charging cable with the charging contacts on the back of the watch. The magnets will secure it in place.
3. The watch display will indicate charging status. Allow approximately 2 hours for a full charge before first use.

4.2. Powering On/Off

- **Power On:** Press and hold the side button for a few seconds until the screen lights up.
- **Power Off:** Press and hold the side button, then select the 'Power Off' option on the screen.

4.3. Pairing with Your Smartphone (Gloryfit App)

To unlock the full functionality of your Smart Watch, you must pair it with your smartphone using the Gloryfit app.

1. **Download the Gloryfit App:** Search for "Gloryfit" in the Apple App Store (for iOS devices) or Google Play Store (for Android devices) and install it.
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Open Gloryfit App:** Launch the app and follow the on-screen instructions to create an account or log in.
4. **Add Device:** In the app, navigate to the device section (usually represented by a watch icon or "Add Device").
5. **Scan for Device:** The app will search for nearby Bluetooth devices. Select "T70" or the corresponding device name when it appears.
6. **Confirm Pairing:** A pairing request may appear on both your phone and the watch. Confirm the pairing on both devices.
7. **Synchronization:** Once paired, the watch will synchronize time and data with your phone.

Note: The watch is compatible with Android 5.0 and above, and iOS 9.0 and above.

4.4. Customizing Watch Faces

You can personalize your watch face through the Gloryfit app. The watch supports custom watch faces, allowing you to use personal photos.

- Open the Gloryfit app and navigate to the watch face settings.
- Browse available watch faces or select the option to customize with a photo from your phone's gallery.
- Apply the desired watch face to your device.

5. OPERATING INSTRUCTIONS

5.1. Basic Navigation

- **Touch Screen:** Tap to select, swipe left/right/up/down to navigate menus and screens.
- **Raise Wrist to Wake:** The screen will automatically light up when you raise your wrist. This feature can be enabled/disabled in the app.
- **Side Button:** Press to return to the home screen or wake the display.

5.2. Making and Answering Calls

The Csasan T70 Smart Watch supports Bluetooth calling, allowing you to make and answer calls directly from your wrist.

- **Making a Call:** Access the 'Call' menu on the watch. You can select from synced contacts, view call history, or use the dialpad to enter a number.
- **Answering a Call:** When an incoming call is received, the watch will display the caller ID. Tap the green answer icon to accept the call.
- **Ending a Call:** Tap the red hang-up icon on the watch screen during a call.

5.3. Receiving Notifications

Once paired with your smartphone, the watch can display notifications from various apps.

- Ensure notification permissions are granted to the Gloryfit app on your smartphone.
- Enable specific app notifications within the Gloryfit app settings.
- Notifications will appear on the watch screen. *Note: The watch does not support replying to messages.*

5.4. Health Monitoring

The watch provides continuous health tracking features.

- **Heart Rate Monitor:** The watch continuously monitors your heart rate. View real-time data on the watch or detailed trends in the Gloryfit app.
- **Sleep Tracker:** Wear the watch to bed for automatic sleep monitoring. It records awake, light, and deep sleep data, accessible in the app.
- **Steps Monitor:** Tracks your daily steps, distance, and calories burned.

Important: Health data provided by this device is for reference only and should not be used for medical diagnosis or treatment.

5.5. Sports Modes

The watch supports over 110 sports modes to accurately record your activity data.

- Navigate to the 'Sports' or 'Workout' menu on the watch.
- Select your desired activity (e.g., running, cycling, swimming).
- The watch will begin tracking relevant metrics such as duration, calories, and heart rate.
- End the workout session on the watch to save data, which will sync to the Gloryfit app.

5.6. Other Functions

The Csasan T70 includes several utility features:

- **Weather Forecast:** View current weather and forecast after syncing with the app.
- **Music Control:** Control music playback on your smartphone (play/pause, skip tracks).
- **Sedentary Reminder:** Receive alerts to move after periods of inactivity.
- **Stopwatch & Timer:** Basic timing functions.
- **Alarm Clock:** Set alarms via the app to vibrate on your watch.
- **Track Female Cycle:** Monitor menstrual cycles through the Gloryfit app.
- **Find Phone:** Trigger your phone to ring from your watch if it's within Bluetooth range.

6. MAINTENANCE

6.1. Cleaning Your Smart Watch

- Wipe the watch screen and body with a soft, lint-free cloth.
- For stubborn stains, dampen the cloth slightly with water. Avoid harsh chemicals or abrasive materials.
- Ensure the charging contacts are clean and dry before charging.

6.2. Water Resistance (IP68)

The Csasan T70 Smart Watch is rated IP68, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. This makes it suitable for daily activities such as washing hands or exercising in the rain.

Important Limitations:

- Do not use the watch in hot water, saunas, or steam rooms.
- Avoid prolonged soaking in water.
- Water resistance is not a permanent condition and may decrease over time with normal wear and tear.
- Do not press buttons underwater.

6.3. Battery Care

- Avoid fully discharging the battery frequently.
- Store the watch in a cool, dry place if not used for extended periods.
- Use only the provided charging cable.

7. TROUBLESHOOTING

Problem	Possible Solution
Watch does not power on.	Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
Cannot pair with smartphone.	Ensure Bluetooth is enabled on your phone. Make sure the watch is charged and powered on. Restart both the watch and your phone. Ensure the Gloryfit app has necessary permissions. Try unpairing and re-pairing the device through the Gloryfit app.
Notifications are not received.	Check if the watch is properly paired with the phone. Verify notification permissions for the Gloryfit app on your phone. Ensure specific app notifications are enabled within the Gloryfit app. Check if 'Do Not Disturb' mode is active on either the watch or phone.
Inaccurate health data.	Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor area regularly. Remember, data is for reference only.
Touch screen unresponsive.	Restart the watch. If the issue persists, ensure the screen is clean and dry.

8. SPECIFICATIONS

Feature	Detail
Model Name	T70
Display	1.91-inch HD Full Touch Screen
Connectivity	Bluetooth
Compatibility	Android 5.0+ / iOS 9.0+
Water Resistance	IP68
Battery Type	Lithium Polymer (1 12V battery included)
Health Monitoring	Heart Rate, Sleep, Steps, Calories

Feature	Detail
Sports Modes	110+ modes
App	Gloryfit
GPS	No GPS
Item Weight	3.53 ounces
Color	Green

9. SAFETY INFORMATION

- Do not attempt to disassemble or modify the device.
- Keep the device away from extreme temperatures and direct sunlight.
- Avoid exposing the device to strong impacts or drops.
- Consult a medical professional before starting any new exercise regimen or if you have any health concerns.
- Dispose of the device and its battery according to local regulations.

10. WARRANTY AND SUPPORT

For warranty information, please refer to the documentation provided at the time of purchase or contact your retailer. For technical support, product inquiries, or assistance with your Csasan T70 Smart Watch, please visit the official Csasan website or contact customer service through the contact information provided with your product packaging.

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Related Documents

	<p>T70 Smartwatch Product Specification</p> <p>Detailed product specifications for the T70 smartwatch, highlighting its 1.72-inch HD display, Bluetooth calling, comprehensive health monitoring (HR, SpO2, blood pressure), various sport modes, and compatibility with both iOS and Android devices via the Dafit app. Includes technical specifications like chipset, memory, battery, and dimensions.</p>



[T70 Smartwatch Specification Sheet](#)

Detailed specifications for the T70 smartwatch, including features like dual-mode Bluetooth calling, health monitoring (heart rate, blood oxygen, sleep), sports modes, and app compatibility. Covers product parameters, chip, battery, screen, and available languages.