

BooaBei T12P

BooaBei Smart Watch T12P User Manual

Model: T12P

1. INTRODUCTION

Thank you for choosing the BooaBei Smart Watch T12P. This device is designed to enhance your daily life with smart features, health monitoring, and fitness tracking. Please read this manual carefully to understand the functions and proper operation of your new smartwatch.

2. WHAT'S IN THE BOX

- BooaBei Smartwatch (T12P) x 1
- Comfortable silicone strap x 1
- Magnetic charging cable x 1
- User manual x 1

3. SETUP

3.1 Charging the Device

Before first use, fully charge your smartwatch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer USB port.

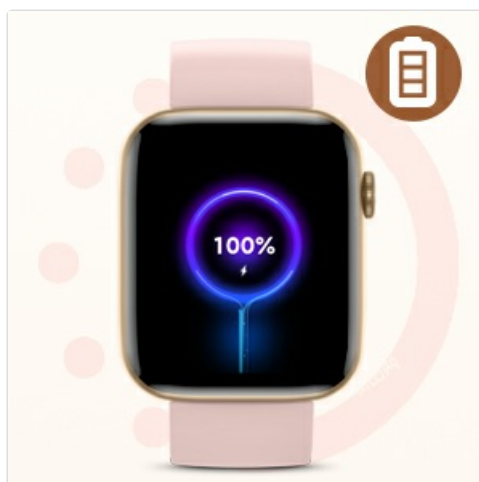


Image: Smartwatch displaying a full charge.

3.2 App Installation and Pairing

1. **Download the App:** Scan the QR code in the manual or on the watch screen (if available) or search for the companion app (e.g., "DaFit" as mentioned in reviews) in your smartphone's app store (Apple App Store for iOS, Google Play Store for Android).
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Open the App:** Launch the installed app and follow the on-screen instructions to create an account or log in.
4. **Add Device:** In the app, navigate to the "Add Device" or "Pair Device" section.
5. **Select Your Watch:** The app will search for nearby devices. Select "T12P" or "BooaBei Smart Watch" from the list.
6. **Confirm Pairing:** A pairing request may appear on both your phone and watch. Confirm the pairing on both devices.

Note: The specific app name might vary. Refer to the packaging or quick start guide for the exact app to download.

4. OPERATING THE DEVICE

4.1 Basic Navigation

- **Touch Screen:** Swipe left/right, up/down to navigate through menus and features. Tap to select.
- **Side Button/Crown:** Press to wake the screen, return to the home screen, or access the app list. Rotate (if applicable) to scroll through menus.
- **Power On/Off:** Press and hold the side button to power on or off the watch.



Image: Main watch face showing time, steps, heart rate, and calories.

4.2 Smart Voice & Dual-mode Bluetooth Calls

The smartwatch supports dual-mode Bluetooth for calls and an intelligent voice assistant. Once paired, you can answer calls directly from your wrist. Use the voice assistant to set reminders, play music, or check information.



Bluetooth dial calls

Answer freely,
release your hands



Image: Smartwatch displaying an incoming call, demonstrating Bluetooth call functionality.

5. FEATURES

5.1 Health Monitoring (24/7)

The T12P smartwatch provides comprehensive health monitoring features:

- **Heart Rate Monitoring:** Continuous tracking of your heart rate.
- **Blood Oxygen (SpO2) Monitoring:** Measures blood oxygen levels.
- **Blood Pressure Monitoring:** Provides blood pressure readings.

- **Sleep Tracking:** Monitors sleep patterns, including deep, light, and REM sleep, to help identify disturbances and improve rest habits.
- **Stress Relief:** Includes guided stress relief and breathing exercises.

Wellness Center on Your Wrist



Blood
Oxygen



Heart
Rate



Breathe



Sleep
Monitoring



Image: Smartwatches showing health metrics like heart rate and blood oxygen.



Image: Smartwatch showing sleep monitoring data on a user's wrist.

5.2 Sports Modes (120+)

The watch supports over 120 sports modes, tracking steps, calories, and exercise consumption. It helps monitor your progress and adjust fitness goals.



Multiple sport modes

Record sports performance all the time



Image: Woman exercising with the smartwatch, illustrating multiple sport modes.

5.3 Display & Customization

The 1.85-inch HD touchscreen offers clear visuals. You can customize the watch face from a library of designs or upload personal photos. The watch also features camera control for your smartphone.

1.85in HD full touch screen

Give you a wider visual enjoyment



Screen size
320*385mm



Image: Smartwatch showcasing a customizable HD display with a vibrant watch face.



Image: Multiple watch faces displayed around the smartwatch, highlighting customization options.

5.4 Notifications & Messaging

Receive real-time message reminders and notifications from your smartphone directly on your watch screen.



Real-time message reminder

Let you receive all kinds of news in time



Image: Smartwatch showing a message notification on a user's wrist.

5.5 IP67 Waterproof Rating

The smartwatch is IP67 waterproof, meaning it can withstand splashes, liquid spills, and brief immersion. It is suitable for daily activities like hand washing or light rain, but not recommended for swimming or showering.

IP67 waterproof and Dustproof

Can be worn in any harsh environment



Image: Smartwatch shown in water, illustrating its IP67 waterproof capability.

5.6 Battery Life & Compatibility

The T12P offers up to 5 days of smart function use and 30 days of standby time. It is compatible with Android 4.4/iOS 9.0 and above, utilizing low-power Bluetooth 5.3 for stable connections.

5.7 Other Practical Functions

Additional features include weather forecasts, stopwatch, alarm clock, timer, flashlight, calculator, and mini-games.

6. MAINTENANCE

- **Cleaning:** Regularly wipe the watch screen and strap with a soft, dry cloth. For stubborn dirt, use a slightly damp cloth and then dry thoroughly.
- **Avoid Chemicals:** Do not use harsh chemicals, cleaning solvents, or strong detergents, as they may damage the watch's finish or internal components.
- **Charging:** Use only the provided magnetic charging cable. Ensure the charging contacts are clean and dry before

charging.

- **Storage:** Store the watch in a cool, dry place when not in use. Avoid extreme temperatures.
- **Water Exposure:** While IP67 rated, avoid prolonged immersion or exposure to hot water, steam, or high-velocity water. Dry the watch thoroughly if it gets wet.

7. TROUBLESHOOTING

Issue	Possible Solution
Watch does not power on	Ensure the watch is fully charged. Connect to the charger for at least 30 minutes.
Cannot pair with smartphone	• Ensure Bluetooth is enabled on your phone. • Make sure the watch is within range of your phone. • Restart both the watch and the phone. • Check if the correct app is installed and updated. • Forget the device in your phone's Bluetooth settings and try pairing again.
Inaccurate health data	• Ensure the watch is worn snugly on your wrist, not too loose or too tight. • Clean the sensor on the back of the watch. • Environmental factors or movement can affect readings. • <i>Note: This device is not a medical device. Readings are for reference only.</i>
Notifications not received	• Check app notification settings on your phone and in the smartwatch app. • Ensure the watch is connected via Bluetooth. • Verify that the app has necessary permissions on your phone.
Short battery life	• Frequent use of features like calls, GPS (via phone), or continuous health monitoring can reduce battery life. • Reduce screen brightness or screen-on time. • Disable unnecessary notifications.

8. SPECIFICATIONS

- **Model:** T12P
- **Screen Size:** 1.85 Inches (320*385 HD Touch Screen)
- **Connectivity:** Bluetooth 5.3
- **Battery Capacity:** 260 mAh (Nonstandard Battery)
- **Compatibility:** Android 4.4 and above, iOS 9.0 and above
- **Water Resistance:** IP67
- **Item Weight:** 1.76 ounces (0.05 Kilograms)
- **Features:** Dual-Mode Smart Bluetooth Call, 120+ Sports Modes, Intelligent Language Assistant, Heart Rate Monitoring, Blood Oxygen Monitoring, Sleep Monitoring, Blood Pressure, Custom Dial, Message Reminder, etc.

9. WARRANTY & SUPPORT

BooaBei offers a 30-day hassle-free return and exchange policy and a 2-year warranty for the T12P Smart Watch. For any questions, assistance, or support, please contact our customer service team.

Customer Support: Refer to your product packaging or the official BooaBei website for contact details.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question