

## Yaheetech YA-00148977

# Yaheetech 160x200cm Upholstered Double Bed Frame - Instruction Manual

Model: YA-00148977

[Introduction](#)   [Safety Information](#)   [Package Contents](#)   [Setup & Assembly](#)   [Usage](#)   [Maintenance](#)   [Troubleshooting](#)   [Specifications](#)   [Warranty & Support](#)

## 1. INTRODUCTION

Thank you for choosing the Yaheetech 160x200cm Upholstered Double Bed Frame. This manual provides essential information for the safe and correct assembly, operation, and maintenance of your new bed frame. Please read all instructions carefully before beginning assembly and retain this manual for future reference. This bed frame is designed for adult use and features a modern aesthetic with a robust wood and metal construction, a padded headboard, and a breathable linen-effect upholstery.

## 2. SAFETY INFORMATION

To ensure safe use of your bed frame, please observe the following precautions:

- **Maximum Weight Capacity:** Do not exceed the maximum load capacity of 360 kg (793 lbs). Overloading can lead to structural damage and injury.
- **Assembly:** Assemble the bed frame on a soft, clean surface to prevent scratches. Ensure all bolts, screws, and connections are securely tightened before use. Periodically check and re-tighten all fasteners.
- **Children and Pets:** Keep small parts and packaging materials away from children and pets during assembly to prevent choking hazards.
- **Placement:** Place the bed frame on a level surface to ensure stability. Avoid placing it near heat sources or in direct sunlight for prolonged periods to prevent material degradation.
- **Moving the Bed:** When moving the bed, lift it rather than dragging it to prevent damage to the frame and your flooring.

## 3. PACKAGE CONTENTS

Before assembly, verify that all components are present and undamaged. If any parts are missing or

damaged, please contact customer support.

- Headboard (Padded, Linen-Effect)
- Side Rails
- Footboard
- Wooden Slats (Connected for easy installation)
- Central Support Beam(s)
- Support Legs with Protective Pads
- Accessory Kit (Screws, bolts, Allen key, L-plates)
- Assembly Instructions Manual

## 4. SETUP & ASSEMBLY

---

Assembly is designed to be straightforward. We recommend two people for assembly. Please follow the included assembly instructions step-by-step.

### 4.1 General Assembly Tips

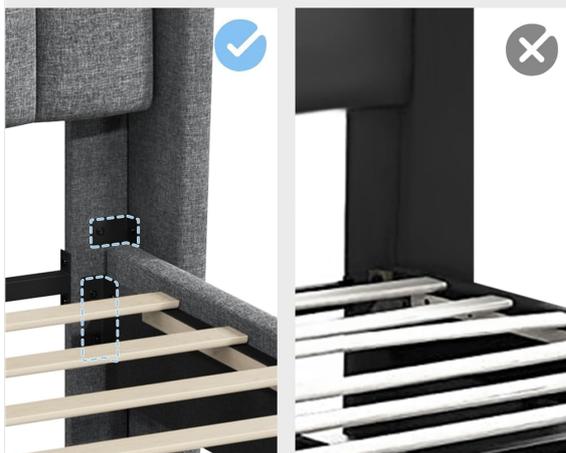
- Lay out all components on a soft, clean surface to prevent damage.
- Identify all parts using the provided parts list in the instruction manual.
- Do not fully tighten screws until all parts are loosely assembled, then tighten them completely.
- Pay close attention to the orientation of parts, especially the L-plates for reinforcement.

### 4.2 Key Assembly Features



**Figure 1: Overall Dimensions.** This diagram illustrates the complete dimensions of the bed frame, including the headboard height (104 cm), total length (209 cm), total width (166 cm), and the mattress area (160x200 cm). It also shows the clearance height of 11 cm from the floor.

Plaques en L aux articulations renforcent la robustesse du lit.



**Figure 2: Joint Reinforcement.** An illustration of the L-shaped plates at the bed's joints, which are crucial for reinforcing the structure and ensuring long-term stability. The correct installation is shown on the left, incorrect on the right.

### Support à Multiples Lattes

Une structure stable et robuste supporte un poids jusqu'à 360 kg.



**Figure 3: Multi-Slat Support.** This image displays the robust multi-slat support system, designed to provide stable and strong support for your mattress, with a maximum load capacity of 360 kg.

Lattes  
**Lattes de Bois**  
de Bois

**Assemblage Facile**  
Lattes fixées avec des attaches à crochets et boucles



**Sommeil Paisible**  
Mousse EVA sans bruit



**Lattes Connectées**  
Évitez les pièces manquantes



**Figure 4: Easy Slat Assembly.** This image details the innovative slat system, featuring hook-and-loop fasteners for easy assembly, EVA foam for noise reduction, and connected slats to ensure all pieces are present and correctly installed.

## 5. USAGE

---

Once assembled, your Yaheetech bed frame is ready for use.

- **Mattress Compatibility:** This bed frame is designed for a 160x200cm double mattress. No box spring is required as the wooden slats provide ample support.
- **Headboard Comfort:** The padded, linen-effect headboard offers comfortable back support for reading or relaxing in bed.
- **Floor Protection:** The bed frame is equipped with plastic protective pads on its feet to prevent scratches and damage to your flooring.



**Figure 5: Bed in Use.** A view of the assembled bed frame in a bedroom, highlighting its modern design and the clearance beneath for easy cleaning by a robot vacuum.



**Figure 6: Design Details.** This image provides a detailed look at the channel tufted headboard, the robust

wood and metal construction of the frame, and the design of the solid support feet.

## 6. MAINTENANCE

---

Proper care will extend the life and appearance of your bed frame.

- **Cleaning Upholstery:** The linen-effect fabric is designed for easy cleaning. For general cleaning, gently wipe with a damp cloth. For spills, blot immediately with a clean, dry cloth. Avoid harsh chemicals or abrasive cleaners.
- **Under-Bed Cleaning:** The bed frame offers an 11 cm (4.3 inches) clearance from the floor, allowing robot vacuums to pass freely for convenient cleaning underneath.
- **Structural Check:** Periodically inspect all bolts and screws to ensure they remain tight. Re-tighten if necessary to maintain stability and prevent squeaking.
- **Avoid Moisture:** Keep the bed frame dry. Excessive moisture can damage the wood and fabric components.



**Figure 7: Fabric and Foam.** Details of the soft, breathable linen-effect fabric and the high-density foam padding used in the headboard, emphasizing comfort and ease of cleaning.



**Figure 8: Easy Cleaning.** This image highlights the 11

cm clearance from the floor, allowing robot vacuums to pass freely, and shows the plastic pads designed to protect floors from scratches.

## 7. TROUBLESHOOTING

---

Here are solutions to common issues you might encounter:

Problem	Possible Cause	Solution
Bed frame is wobbly or unstable.	Loose connections; uneven floor.	Ensure all bolts and screws are fully tightened. Check if the bed is on a level surface.
Squeaking noises.	Loose connections; friction between parts; slats not properly seated.	Re-tighten all fasteners. Ensure slats are correctly positioned and secured. The EVA foam on slats is designed to minimize noise.
Slats feel fragile or break.	Excessive weight or improper handling.	Ensure weight distribution is even and within the 360 kg limit. Handle slats carefully during assembly and use. Contact support for replacement slats if needed.
Difficulty aligning parts during assembly.	Parts not oriented correctly; L-plates misaligned.	Refer to the assembly manual's diagrams. Ensure L-plates are correctly positioned before tightening. Do not force parts; re-check alignment.

## 8. SPECIFICATIONS

---

Feature	Detail
Brand	Yaheetech
Model Number	YA-00148977
Color	Light Grey
Overall Dimensions (L x W x H)	209 x 166 x 104 cm (82.3 x 65.4 x 40.9 inches)
Compatible Mattress Size	160 x 200 cm (Double)
Bed Frame Height (from floor to top of side rail)	24.5 cm (9.6 inches)
Clearance Under Bed	11 cm (4.3 inches)
Weight of Item	29.6 kg (65.3 lbs)
Maximum Load Capacity	360 kg (793 lbs)
Material	Wood, Metal, Polyester (Linen-effect fabric), High-density Foam

Feature	Detail
Special Features	Padded headboard, Linen-effect upholstery, Reinforced structure, Protective feet

## 9. WARRANTY & SUPPORT

---

Your Yaheetech bed frame comes with standard legal guarantees and a 30-day return policy. For any questions, concerns, or assistance with your product, please contact our specialized customer support team.

- **Returns:** 30-day return policy.
- **Warranty:** Standard legal guarantees apply.
- **Customer Support:** For support, please refer to the contact information provided with your purchase or visit the official Yaheetech website.