

Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

Manuals.plus /

› [ZAIREG](#) /

› ZAIREG Foot Revive Massager (Model XBL-8688) User Manual

ZAIREG XBL-8688

ZAIREG Foot Revive Massager (Model XBL-8688) User Manual

Comprehensive instructions for your ZAIREG Foot Revive Massager.



Image: ZAIREG Foot Revive Massager, showing the two massager units and their packaging.

INTRODUCTION

Thank you for choosing the ZAIREG Foot Revive Massager. This device is designed to provide targeted relief and relaxation for your feet and ankles through a combination of vibration, heat, and compression. It is portable, wireless, and features adjustable settings to customize your experience. Please read this manual thoroughly before using the product to ensure safe and effective operation.

IMPORTANT SAFETY INFORMATION

- Use for no more than 90 minutes at a time.
- Keep away from water and do not immerse the device in liquids.
- Do not use while sleeping or operating machinery.
- Consult a doctor before use if you have any medical conditions, injuries, or are pregnant.

- Always follow the manufacturer's instructions for charging and maintenance.
- Do not attempt to disassemble or repair the device yourself. Contact customer support if issues arise.
- Keep out of reach of children.

WHAT'S IN THE BOX

Upon unpacking your ZAIREG Foot Revive Massager, please ensure all components are present:

- 1 or 2 × ZAIREG Foot Massager Units (depending on package purchased)
- 1 × USB Type-C Charging Cable
- 1 × User Manual (this document)



Image: The ZAIREG Foot Revive Massager unit, USB-C charging cable, and user manual laid out next to the product box.

SETUP AND FIRST USE

- 1. Initial Charge:** Before first use, fully charge the massager units. Connect the provided USB Type-C cable to the charging port on each massager and plug the other end into a compatible USB power adapter (not included). The charging indicator light will display "LL" and turn green. It will display "HH" when fully charged. Charging typically takes about 3 hours.
- 2. Wearing the Massager:**
 - Unfold the massager unit.
 - Position the massager around your ankle and foot area, ensuring the control panel is accessible and the heating/vibration elements are comfortably placed against the desired area (e.g., top of the foot, ankle, or heel).
 - Secure the massager using the adjustable hook-and-loop fasteners to achieve a snug but comfortable fit. Avoid overtightening, which may restrict circulation.



Image: A person wearing the ZAIREG Foot Revive Massager on their ankle, illustrating how the device is worn for use.

OPERATING INSTRUCTIONS

The ZAIREG Foot Revive Massager features an intuitive control panel for easy operation.

Control Panel Overview



Image: Detailed view of the massager's control panel, highlighting the power, heat, and vibration buttons, and the digital display showing current settings.

- **Power Button** (⏻): Press and hold to turn the device ON or OFF. A short press cycles through vibration modes.
- **Heat Button** (🔥): Press to cycle through the 5 heat levels.
- **Vibration Button** (*): Press to cycle through the 3 vibration modes.
- **Digital Display**: Shows the current heat level (e.g., 40, 45, 50, 55, 60 for degrees Celsius) or vibration

mode (E1, E2, E3).

Using the Massager

1. **Power On:** Press and hold the Power button until the display illuminates.
2. **Select Heat Level:** Press the Heat button to choose from 5 temperature settings: 40°C, 45°C, 50°C, 55°C, or 60°C. The display will show the selected temperature.
3. **Select Vibration Mode:** Press the Vibration button to cycle through 3 vibration modes (E1, E2, E3). The display will show the selected mode.
4. **Automatic Shut-off:** For safety and optimal use, the massager is programmed to automatically shut off after 30 minutes of continuous operation. You may restart a session if desired, but adhere to the maximum 90-minute usage guideline.
5. **Power Off:** Press and hold the Power button to turn off the device manually.



Image: A visual representation of the ZAIREG Foot Revive Massager's core functions: heating, vibration, and compression, working together for therapeutic effect.

CHARGING THE DEVICE

The ZAIREG Foot Revive Massager is equipped with a rechargeable 1800mAh battery.

- Connect the USB Type-C charging cable to the massager's charging port.
- Plug the other end of the cable into a standard USB power source (e.g., wall adapter, computer USB port).
- During charging, the display will show "LL" and the indicator light will be green.
- When fully charged, the display will show "HH".
- A full charge takes approximately 3 hours and provides power for about 3 sessions (30 minutes each) per full charge.

MAINTENANCE AND CARE

- **Cleaning:** Disconnect the massager from any power source before cleaning. Wipe the surface with a

soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.

- **Storage:** Store the massager in a cool, dry place away from direct sunlight and extreme temperatures.
- **Battery Care:** To prolong battery life, avoid fully discharging the battery frequently. Charge the device regularly, even if not in use for extended periods.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Battery is depleted.	Charge the device fully using the provided USB Type-C cable.
Heat function is not working.	Heat level not selected or device malfunction.	Ensure a heat level is selected using the Heat button. If the issue persists, contact customer support.
Vibration is weak or absent.	Vibration mode not selected or device malfunction.	Ensure a vibration mode is selected using the Vibration button. If the issue persists, contact customer support.
Device automatically turns off too soon.	Normal 30-minute auto-off feature.	This is a safety feature. You may restart the device for another session, but do not exceed 90 minutes of total use per period.

SPECIFICATIONS

Feature	Detail
Product Name	3-In-1 Foot Massager
Model Number	XBL-8688
Material	ABS, Advanced Diving Fabric
Rated Voltage	3.7V
Rated Power	7W
Input Voltage	5V
Input Current	1A
Input Power	5W
Battery Capacity	1800mAh
Charging Time	Approximately 3 hours
Usage Time	Approx. 3 sessions (30 minutes each) per full charge

Feature	Detail
Charging Interface	USB Type-C
Temperature Settings	5 levels: 40°C, 45°C, 50°C, 55°C, 60°C
Vibration Modes	3 modes
Dimensions	34 × 17 × 3 cm (13.4 × 6.7 × 1.2 inches)
Item Weight	230 Grams (8.11 ounces)

WARRANTY AND SUPPORT

ZAIREG is committed to providing high-quality products. While specific warranty details are not provided in this manual, please retain your proof of purchase. For any product inquiries, technical support, or warranty claims, please contact ZAIREG customer service through the retailer where you purchased the product or visit the official ZAIREG website for contact information.

Legal Disclaimer: Statements regarding this product have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.