IPOW Shoulder Pad+Machine

IPOW Cold Therapy System User Manual

Model: Shoulder Pad+Machine

1. Product Overview

The IPOW Cold Therapy System is designed to provide effective pain relief and aid in recovery from chronic joint pain, acute injuries, and post-operative swelling. Its portable and user-friendly design allows for customizable therapy sessions.



Figure 1: IPOW Cold Therapy System in use with shoulder pad.

2. Safety Information

- Consult a healthcare professional before using this device, especially after surgery or for chronic conditions.
- Do not apply cold therapy directly to skin without an insulation barrier to prevent frostbite.
- Do not run the pump without water in the reservoir.
- Ensure all connections are secure to prevent leaks.
- Keep out of reach of children.

3. Package Contents

Your IPOW Cold Therapy System package includes:

- Cold Therapy Machine (Cooler Unit with integrated pump)
- Shoulder Therapy Pad

- Insulated Extended Tube
- Power Adapter with Controller
- Elastic Straps for securing the pad



Figure 2: Components of the IPOW Cold Therapy System.

4. Setup Instructions

1. **Prepare the Cooler Unit:** Open the cooler unit. Ensure the internal pump is correctly positioned.
2. **Add Water and Ice:** Fill the cooler unit with cold water up to the indicated water line. Add ice cubes or frozen water bottles up to the ice line for prolonged cold therapy.
3. **Connect the Therapy Pad:** Attach one end of the insulated extended tube to the cooler unit's outlet. Connect the other end of the tube to the shoulder therapy pad. Ensure both connections click securely into place.
4. **Secure the Therapy Pad:** Position the shoulder therapy pad comfortably on the affected area. Use the provided elastic straps to secure the pad firmly but not too tightly.
5. **Connect Power:** Plug the power adapter into a standard electrical outlet. Connect the power adapter to the

controller, and then connect the controller to the cooler unit's power input.

Video 1: Official IPOW Ice Machine Setup Guide. This video demonstrates how to prepare the cooler, connect the tubes, and secure the shoulder pad.



Figure 3: Visual guide for connecting the components.

5. Operating Instructions

1. **Power On:** Press the ON/OFF button on the controller to start the cold therapy system.
2. **Adjust Flow Intensity:** Use the flow control buttons (Low, Medium, High) on the controller to select your desired water circulation intensity.
3. **Set Timer:** Utilize the intelligent timer function to set the duration of your therapy session (10, 20, 30, 40, 50, or 60 minutes). The system will automatically shut off after the set time.
4. **Continuous Operation:** For continuous operation without a timer, ensure no specific time is selected, and the system will run until manually turned off.



Figure 4: Controller with timing and flow adjustment options.

Video 2: Demonstration of the portable ice machine for shoulder therapy, including filling and operation.

6. Maintenance and Storage

- **Draining:** After each use, disconnect the power and tubes. Carefully drain all water from the cooler unit and the therapy pad.
- **Cleaning:** Clean the cooler unit and therapy pad with mild soap and water. Rinse thoroughly and allow to air dry completely before storage.
- **Storage:** Store all components in a cool, dry place away from direct sunlight. Ensure the tubes are not kinked or bent during storage.

7. Troubleshooting

- **No Water Flow:**
  - Check if the power adapter is securely plugged in and the unit is turned on.

- Ensure there is sufficient water in the cooler unit (above the minimum water line).
- Verify that all tube connections are secure and not kinked or blocked.

- **Water Leakage:**
  - Ensure all quick-release connectors are fully engaged and clicked into place.
  - Inspect tubes and pad for any visible damage or cracks.
- **Insufficient Cooling:**
  - Add more ice to the cooler unit.
  - Ensure the water level is appropriate.
  - Check that the flow intensity is set to a higher level if desired.

8. Specifications

Feature	Detail
Package Dimensions	16.57 x 11.38 x 5.39 inches
Weight	3.88 Pounds
Brand	IPOW
Age Range (Description)	Adult
Number of Items	1
Unit Count	1.0 Count
Special Feature	Wearable

9. Warranty and Support

For any questions, concerns, or warranty claims regarding your IPOW Cold Therapy System, please contact customer support at service@icythrp.com. Please provide your product model and purchase date for faster assistance.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

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After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question