

Superun BA05-Black

Superun Walking Pad User Manual

Model: BA05-Black

Brand: Superun

1. INTRODUCTION

This manual provides essential information for the safe and effective operation, maintenance, and troubleshooting of your Superun Walking Pad. Please read this manual thoroughly before using the product and retain it for future reference. The Superun Walking Pad is a versatile 3-in-1 portable treadmill designed for walking, light jogging, and use under a desk. It features a quiet 2.5 HP motor, an LED display, and remote control functionality, making it suitable for home and office environments.



Image: The SuperRun Walking Pad in a typical usage scenario, demonstrating its versatility for both active walking and under-desk use.

2. SAFETY INFORMATION

To ensure safe operation and prevent injury, please adhere to the following safety guidelines:

- Always place the walking pad on a flat, stable surface.
- Ensure adequate clear space around the walking pad (at least 2 feet on all sides).
- Do not allow children or pets near the walking pad while it is in operation.
- Consult a physician before starting any new exercise program.

- Wear appropriate athletic footwear during use.
- Do not operate the walking pad if it is damaged or malfunctioning.
- Keep hands and feet clear of all moving parts.
- The maximum user weight capacity is 300 lbs. Do not exceed this limit.
- Unplug the walking pad from the power outlet when not in use or before cleaning/maintenance.

3. PACKAGE CONTENTS

Verify that all components are present in the package:

- 1 x SuperRun Walking Pad Treadmill
- 1 x Remote Control
- 1 x User Manual
- 1 x Lubricating Oil
- 1 x 5# Wrench
- 1 x Tool Kit

4. SETUP

The SuperRun Walking Pad arrives fully assembled and ready for use. No complex installation is required.

1. **Unpacking:** Carefully remove the walking pad from its packaging.
2. **Placement:** Place the walking pad on a firm, level surface. Ensure there is sufficient space around the unit for safe operation.
3. **Power Connection:** Plug the power cord into a grounded electrical outlet.
4. **Initial Check:** Before first use, ensure the running belt is centered and free from any obstructions.

Convenient Movement & Storage



Image: The walking pad is designed for convenient movement and storage, featuring built-in wheels and a slim profile for placement under furniture.

5. OPERATING INSTRUCTIONS

The SupeRun Walking Pad can be controlled via the included remote control or the Pitpat mobile application.

5.1. Remote Control Operation

1. **Power On:** Press the power button on the walking pad or the remote control to turn on the unit. The LED display will illuminate.
2. **Start/Stop:** Press the 'Start' button on the remote to begin operation. Press 'Stop' to pause or end your workout.
3. **Adjust Speed:** Use the '+' and '-' buttons on the remote to increase or decrease the speed. The speed range is 0.6-

3.8 MPH (1-6 km/h).

4. **Mode Selection:** The walking pad supports various modes:

- **Working Mode:** 0.6-1.6 MPH (Ideal for use under a desk).
- **Walking Mode:** 0.6-2.4 MPH (For daily healthy aerobics).
- **Jogging Mode:** 2.6-3.8 MPH (For faster fat burning).

3 IN 1 WALKING PAD

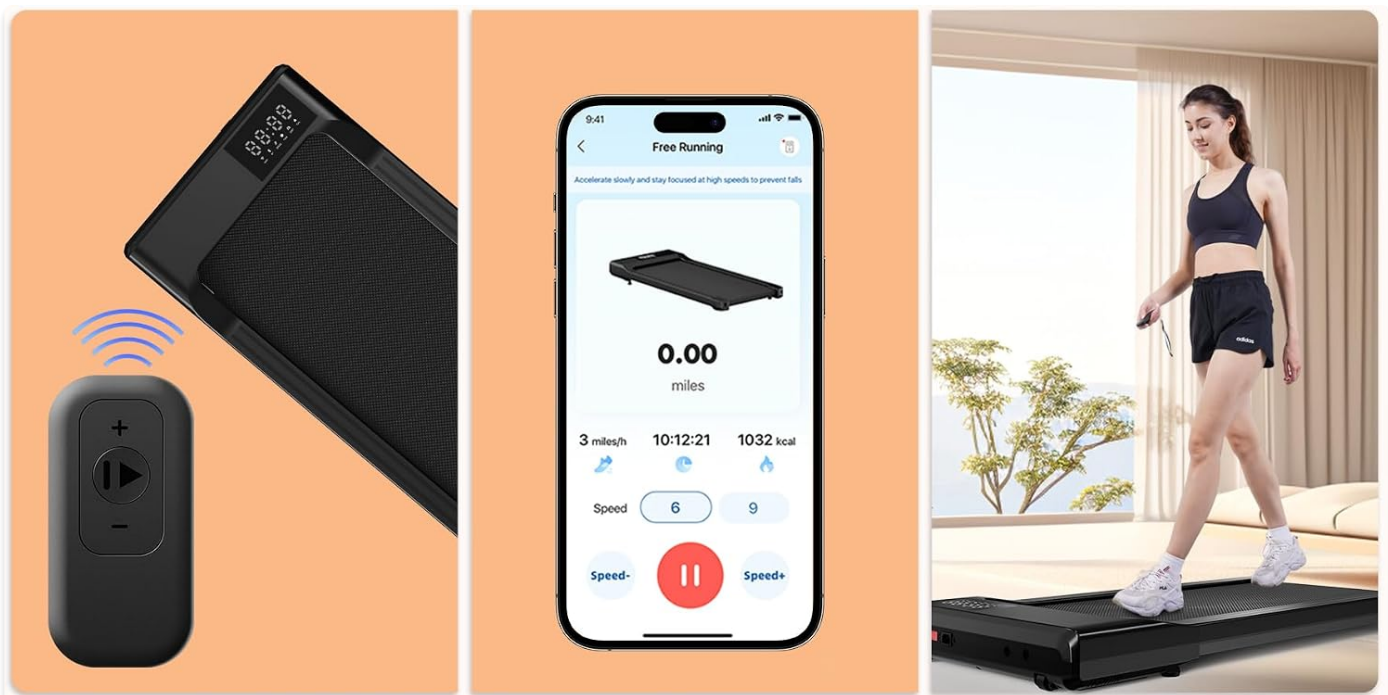


Image: The 3-in-1 functionality of the walking pad, showing recommended speed ranges for working, walking, and jogging activities.

5.2. LED Display

The integrated LED display provides real-time feedback on your workout metrics:

- **Time:** Duration of your workout.
- **Speed:** Current speed in MPH or km/h.
- **Distance:** Total distance covered.
- **Calories:** Estimated calories burned.



High Definition LED Display

BLUETOOTH REMOTE & "PitPat" APP CONTROL



Time



Speed



Distance



Calories



Bluetooth



WIFI

Image: The high-definition LED display and remote control, illustrating how fitness data is tracked and displayed.

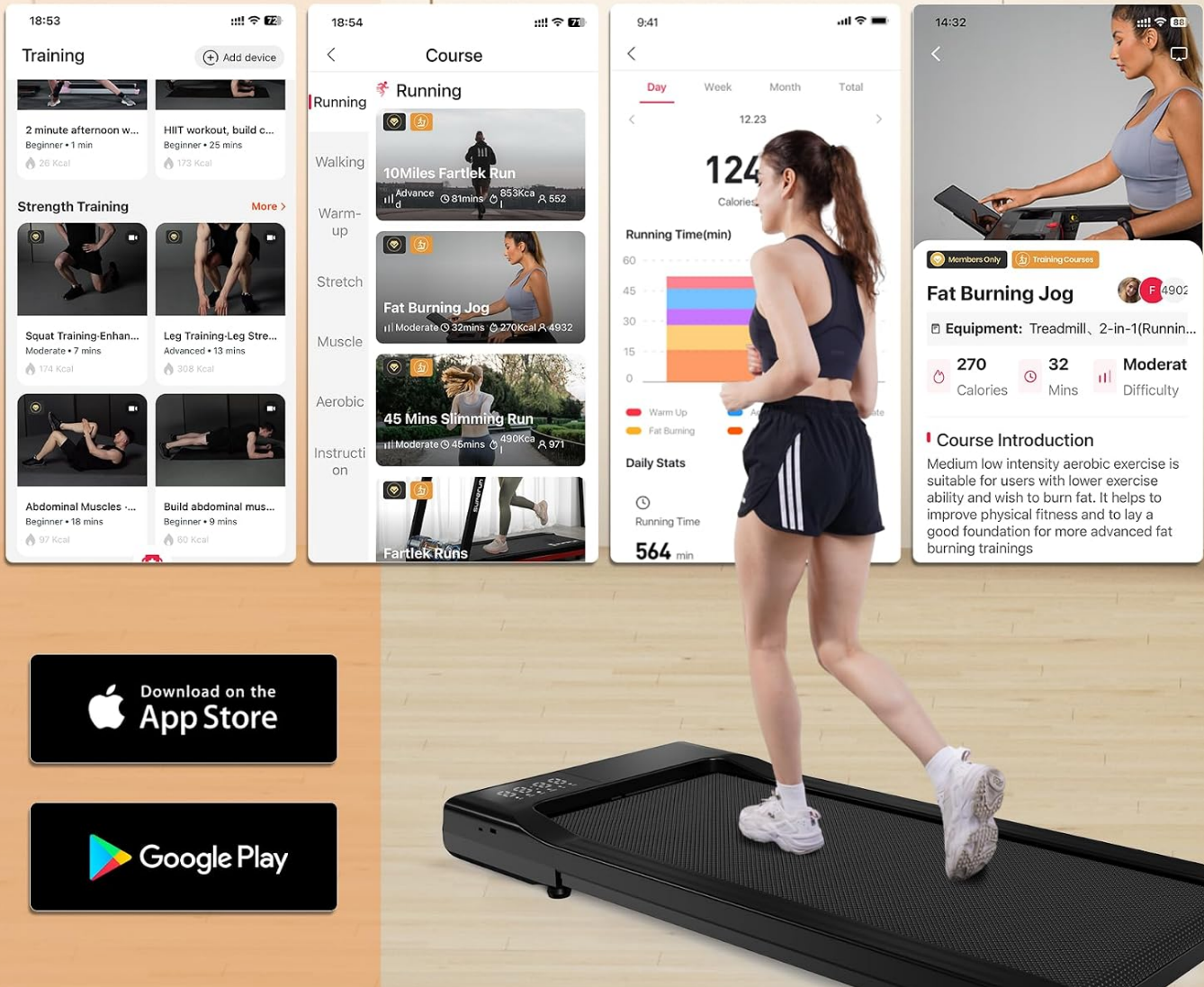
5.3. Pitpat APP Control

Enhance your fitness experience by connecting to the Pitpat mobile application via Bluetooth.

1. **Download App:** Download the 'Pitpat' app from your smartphone's app store (available for iOS and Android).
2. **Connect:** Enable Bluetooth on your smartphone and open the Pitpat app. Follow the in-app instructions to connect to your SuperRun Walking Pad.
3. **Features:** The app allows you to:
 - Control the walking pad (start, stop, speed adjustment).
 - Track detailed fitness data (calories burned, speed, time, distance).
 - Access various sports competitions, free courses, and programmed exercises.
 - Communicate with other walking enthusiasts.

Smart Functional Treadmill

Start Your Treadmill Fitness APP Journey Now



6. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your walking pad.

6.1. Cleaning

- Wipe down the walking pad with a damp cloth after each use to remove sweat and dust.
- Do not use abrasive cleaners or solvents.
- Ensure the walking pad is unplugged before cleaning.

6.2. Belt Lubrication

The running belt requires periodic lubrication to reduce friction and extend its lifespan. Use the provided lubricating oil.

1. Unplug the walking pad.
2. Lift the edge of the running belt.
3. Apply a small amount of lubricating oil evenly under the center of the belt.
4. Plug in the walking pad and run it at a low speed (e.g., 1 MPH) for 2-3 minutes to distribute the oil.
5. Lubricate every 3-6 months, depending on usage frequency.

6.3. Belt Adjustment

If the running belt shifts to one side, it may need adjustment. Use the provided 5# wrench.

1. Turn on the walking pad and set the speed to approximately 1-2 MPH.
2. If the belt is shifting to the left, turn the left adjustment bolt clockwise by a quarter turn.
3. If the belt is shifting to the right, turn the right adjustment bolt clockwise by a quarter turn.
4. Observe the belt for 1-2 minutes. Repeat adjustments as necessary until the belt is centered.
5. Do not overtighten the bolts.

7. TROUBLESHOOTING

Refer to this section for common issues and their solutions.

Problem	Possible Cause	Solution
Walking pad does not power on.	Power cord not plugged in; power switch off; circuit breaker tripped.	Ensure power cord is securely plugged in. Check power switch. Reset circuit breaker if necessary.
Belt stops or slips during use.	Belt too loose; insufficient lubrication; motor overload.	Adjust belt tension (see Section 6.3). Lubricate belt (see Section 6.2). Reduce load or speed.
Unusual noise from the walking pad.	Loose components; belt misalignment; worn parts.	Check for loose screws and tighten. Adjust belt alignment (see Section 6.3). If noise persists, contact customer support.
Remote control not working.	Dead battery; remote not paired.	Replace remote control battery. Refer to pairing instructions (if applicable, usually automatic).
App connection issues.	Bluetooth off; app not updated; interference.	Ensure Bluetooth is enabled on your device. Update the Pitpat app. Try restarting both the walking pad and your device.

If you encounter issues not listed here or if problems persist, please contact SupeRun customer support.

8. SPECIFICATIONS

Feature	Specification
Brand	Superun
Model Name	BA05-Black
Color	Black
Product Dimensions (LxWxH)	42.72"D x 20.17"W x 4.69"H
Item Weight	40 Pounds
Material	Alloy Steel
Motor Horsepower	2.5 HP
Speed Range	0.6 - 3.8 Miles per Hour (1 - 6 km/h)
Maximum Weight Recommendation	300 Pounds
Deck Length	39.37 Inches
Display Type	LED
Connectivity	Bluetooth (for Pitpat App)
Special Features	2-in-1 Treadmill, Compact and Portable Design, Impact-Reducing Shock Absorption, Smartphone Compatibility with PitPat, Whisper-Quiet Operation
Assembly Required	No

SAFE & COMFORTABLE RUNNING AREA



Image: Detailed view of the walking area dimensions, highlighting the safe and comfortable running surface.

9. WARRANTY & SUPPORT

9.1. Warranty Information

The SupeRun Walking Pad comes with a **1-year warranty** from the date of purchase. This warranty covers manufacturing defects and malfunctions under normal use. Please retain your proof of purchase for warranty claims.

9.2. Customer Support

For any questions, technical assistance, or warranty claims, please contact SupeRun customer service. You can typically find contact information (such as email or phone number) on the first page of your physical user manual or through the seller's contact page on the platform where you purchased the product.

The seller, SUPERUN, is committed to providing high-standard customer service. You can reach out to them via the

platform's messaging system or through the contact details provided in your product documentation.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question