



Manuals.plus /

› ZOSKVEE /

› ZOSKVEE DR06 41mm Smart Watch Fitness Tracker User Manual

ZOSKVEE DR06

ZOSKVEE DR06 41mm Smart Watch Fitness Tracker User Manual

Model: DR06

1. INTRODUCTION

This manual provides essential instructions for setting up, operating, maintaining, and troubleshooting your ZOSKVEE DR06 41mm Smart Watch. Please read this guide thoroughly to ensure proper use and to maximize the device's features.



The ZOSKVEE DR06 Smart Watch features a round display and a comfortable beige strap.

2. PACKAGE CONTENTS

Verify that all items are present in your product packaging:

- ZOSKVEE DR06 Smart Watch
- Watch Band
- Charging Cable
- User Manual (this document)

3. PRODUCT OVERVIEW

The ZOSKVEE DR06 Smart Watch is designed to blend style with functionality, offering comprehensive health and fitness tracking alongside smart communication features.

KNOW THE REAL YOU

This advanced smartwatch features advanced sensors for effortless recording of athletic moments and real-time health monitoring, ensuring comprehensive fitness protection. Its upgraded chip allows stable connectivity, while the new battery offers a week of uninterrupted use, eliminating frequent recharging.



Bright 1.27"
TFT-LCD
Display



Up to 7 Days
of Battery Life
with 290mAh



Health Analysis
and Habits
Reminder



Advanced Automatic
Recognition
of 4 Sports



Compatible with
iOS 9.0+ or
android 6.0+ phone
(No tablet or pc)



Lightweight 41mm
Size with Stainless
Steel Bezel

Key features include a bright 1.27-inch display, up to 7 days of battery life, comprehensive health analysis, automatic recognition of 4 sports, compatibility with iOS 9.0+ and Android 6.0+, and a lightweight 41mm stainless steel bezel design.

Display and Design

- **Display:** 1.27-inch full-touch screen, 360x360 pixel resolution, 450 nits brightness.
- **Case Size:** 41mm round dial.
- **Material:** Stainless steel bezel.
- **Customization:** Dynamic watch faces and customizable themes.

Advanced Display with Dynamic Wallpaper

Case Size **41** mm

Brighter **450** nits

Fit Better **401** ppi



The watch features a 41 mm case, 450 nits brightness, and 401 ppi for a clear display.



16-bit Color

Stainless Steel Bezel

Breathable and Comfortable Strap

The watch features a durable stainless steel bezel, a comfortable and breathable strap, and advanced sensors on the back for health tracking.

4. SETUP

4.1 Charging the Device

Before first use, fully charge your smartwatch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (not included) or a computer USB port.

- A full charge typically takes approximately 2 hours.
- The watch has a 290mAh battery, providing 7-10 days of basic usage.

A smartwatch with a beige strap is shown. The screen displays a battery level of 56% with a lightning bolt icon and the time 09:30 AM. A large blue number '3' is overlaid on the watch face. To the right, text asks 'Still annoyed by a watch that runs out of power frequently?' and provides usage statistics: 5 Days Heavy Usage, 10 Days Basic Usage, and 30 Days Low Power Mode Usage.

Still annoyed by a watch that runs out of power frequently?

With a large 290mAh battery, this watch lets you use all its features freely. Just 2.5 hours of charging gets it going.

5 Days	10 Days	30 Days
Heavy Usage	Basic Usage	Low Power Mode Usage

Equipped with a 290mAh battery, the watch offers up to 10 days of basic usage, 5 days of heavy usage, and 30 days in low power mode, with a full charge in 2.5 hours.

4.2 Pairing with a Smartphone

To unlock all features, pair your ZOSKVEE DR06 Smart Watch with the **VeryFit** app on your smartphone.

1. Download the **VeryFit** app from your phone's app store (compatible with iOS 9.0+ and Android 6.0+).
2. Ensure Bluetooth is enabled on your smartphone.
3. Open the VeryFit app and follow the on-screen instructions to create an account or log in.

4. In the app, navigate to 'Device' or 'Add Device' and select your ZOSKVEE DR06 from the list of available devices.
5. Confirm the pairing request on both your watch and smartphone.

Note: The watch is not compatible with tablets or computers.

5. OPERATING INSTRUCTIONS

5.1 Basic Navigation

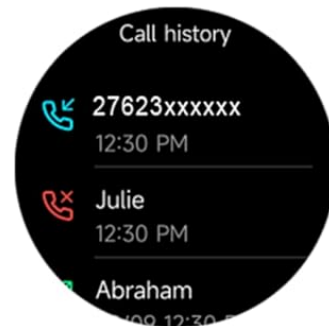
- **Touch Screen:** Swipe left/right, up/down to navigate menus and screens. Tap to select.
- **Side Button:** Press to return to the home screen or wake the display.
- **Wrist-Raise-to-Wake:** Enable this feature in settings for the screen to light up when you raise your wrist.

5.2 Call Functionality

Once paired, you can manage calls directly from your watch.

- **Make Calls:** Access the dialpad or contacts list on your watch to initiate calls.
- **Answer/Reject Calls:** Incoming calls will display on your watch, allowing you to answer or reject them.

Make/ Answer Call with One-step Connection



The smartwatch allows users to make and answer calls directly from the wrist, with access to call history and a dialpad.



Seamlessly make and answer phone calls directly from your smartwatch when connected to your smartphone.

5.3 Notifications

Receive real-time alerts for messages and social media directly on your watch.

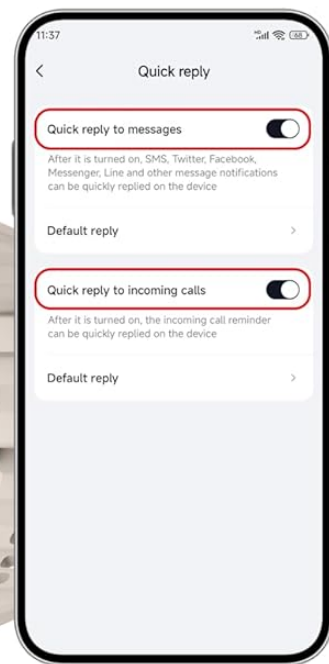
- Enable notifications for desired apps in the VeryFit app settings.
- **Quick Replies:** For Android users, preset quick replies can be used to respond to messages directly from the watch.

Message Notification



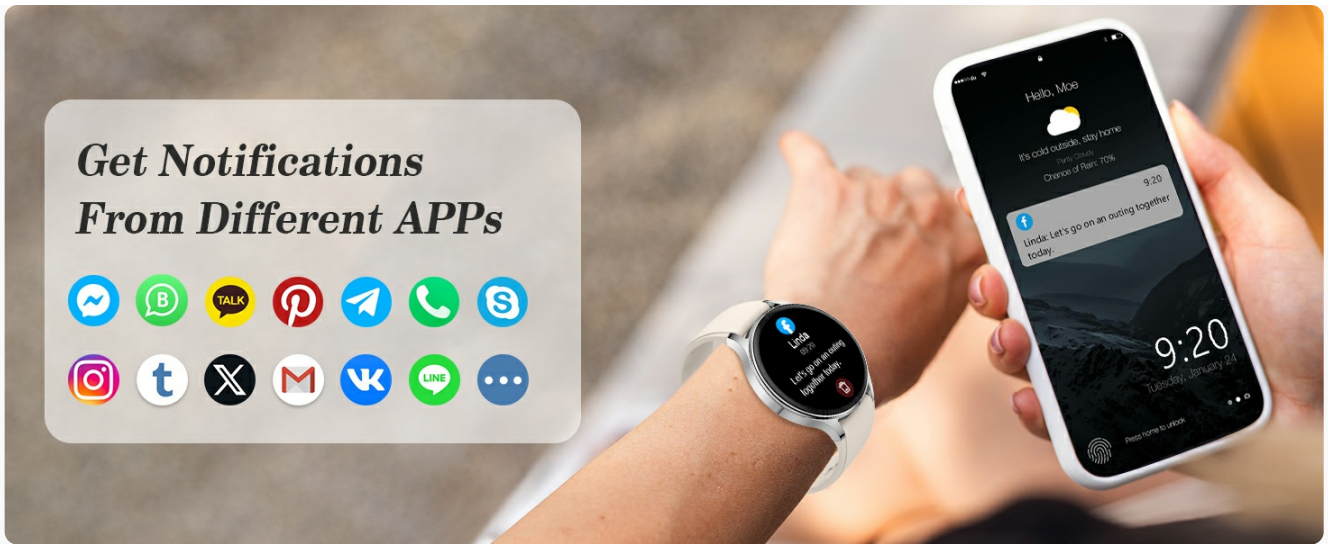
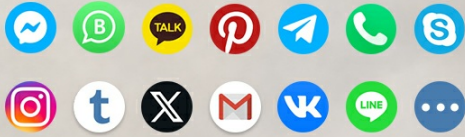
Enable the Quick Reply feature in the VeryFit app, and you'll be able to respond to message notifications or incoming calls directly on your watch using preset quick replies.

Warm Tip: Quick Reply Feature is only available on Android phones.



Receive notifications from popular social media and messaging applications directly on your watch. Quick replies are available for Android users.

Get Notifications From Different APPs

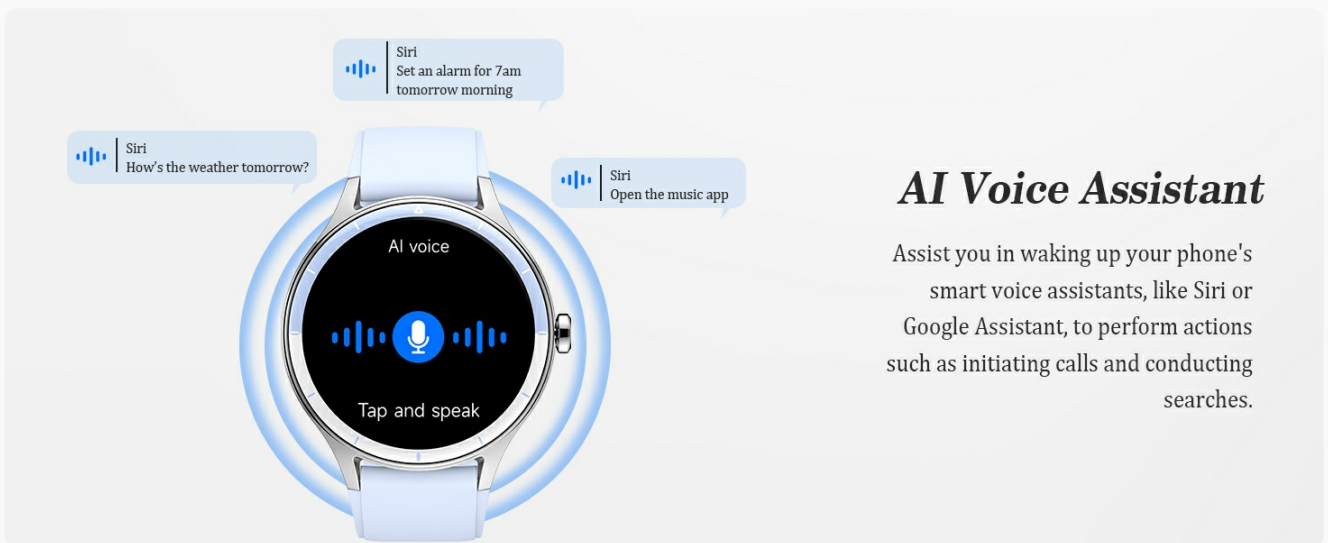


Receive real-time notifications from various applications, including social media and messaging services, directly on your watch.

5.4 AI Voice Assistant

Utilize your phone's AI assistant (Siri, Google Assistant) through your watch for hands-free commands.

- Activate the AI voice feature on your watch.
- Speak commands to make calls, send messages, check weather, or open apps on your phone.



AI Voice Assistant

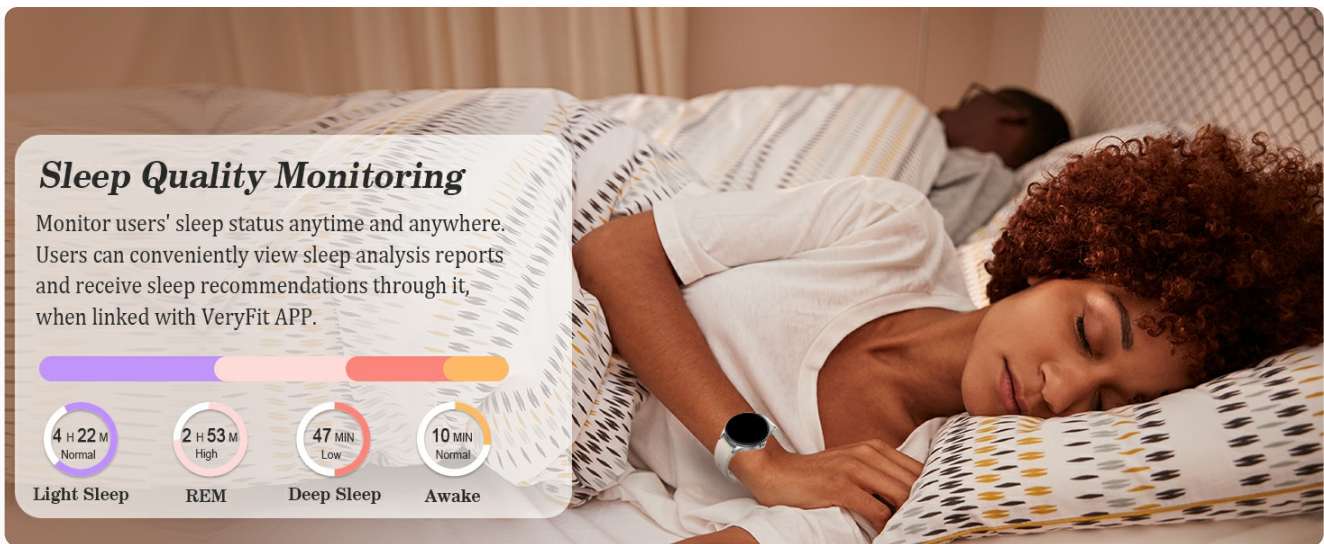
Assist you in waking up your phone's smart voice assistants, like Siri or Google Assistant, to perform actions such as initiating calls and conducting searches.

The AI Voice Assistant allows hands-free control by waking up your phone's smart assistant (like Siri or Google Assistant) for calls and searches.

5.5 Music Control

Control music playback on your connected smartphone directly from your watch.

- Play, pause, skip tracks, and adjust volume.



Control music playback on your connected smartphone directly from your watch.

5.6 Daily Tools

The watch includes several convenient tools for daily use:

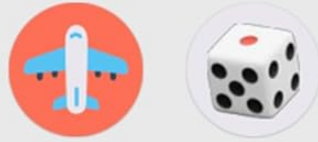
- **Calculator:** Perform basic calculations.
- **Calendar:** View dates.
- **Games:** Enjoy mini-games.
- **Weather Forecast:** Get current weather and forecasts.
- **Flashlight:** Use the screen as a light source.
- **Stopwatch & Alarm:** Timing functions and customizable alarms.
- **Find My Phone:** Locate your paired smartphone.
- **Remote Photography:** Control your phone's camera remotely.
- **Unwind Time:** Guided relaxation sessions.

More Widgets for Daily Needs

Calendar



Games



Calculator



AI Voice



Music Control



Unwind Time



Access daily tools such as a calendar, calculator, mini-games, AI voice assistant, music control, and unwind timer directly from your watch.



Additional daily tools include remote photography control, weather forecasts, 'find my phone' function, calculator, calendar, games, and alarm clock.

Want Easy Timing for Daily Tasks?

Sure! Our product has two options. In "unwind time", pick the relevant one for your activity - no manual setup, quick. For specific time, use "timer" to set a countdown and manage seconds for an orderly life.

 A smartwatch is shown with two circular overlays. The left overlay is titled "Timer" and shows a digital clock with "00 : 07 : 3" and "01 : 08 : 3". The right overlay is titled "Unwind time" and shows "09:30 AM" and "0:30.00". The watch face shows "Unwind time" and four icons for different activities: a person meditating (2min), a person stretching (10min), a person sleeping (30min), and a person relaxing (20min). In the background, a woman wearing a grey towel and a face mask is sitting on a couch and using a pink smartphone.

Utilize the timer for specific tasks or the 'unwind time' feature for quick, guided relaxation sessions.

6. HEALTH MONITORING

The ZOSKVEE DR06 Smart Watch provides comprehensive health tracking features.

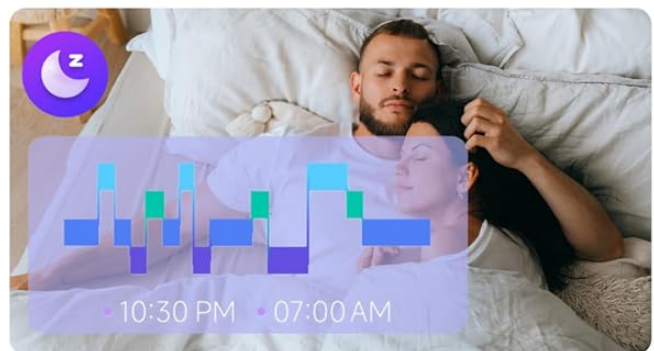
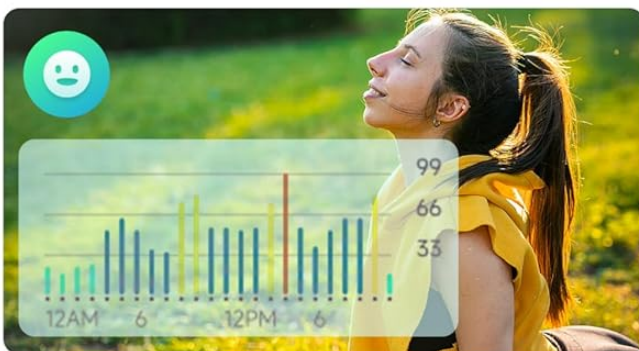
Monitor Your Whole Day

 Heart Rate Monitor

 SpO2 Monitor

 Stress Monitor

 Sleep Monitor



The watch continuously monitors key health metrics including heart rate, blood oxygen (SpO2), stress levels, and sleep patterns.

6.1 Heart Rate Monitor

Continuously track your heart rate throughout the day. The watch supports automatic monitoring and provides reminders for abnormal heart rates.



All-weather Heart Rate Monitoring

Support automatic monitoring, abnormal heart rate reminder, allow you to stay informed about your health at all times.



The watch provides all-weather heart rate monitoring, including automatic tracking and alerts for abnormal heart rates.

6.2 SpO2 Monitor (Blood Oxygen)

Monitor your blood oxygen saturation levels. The watch can alert you to low saturation, prompting you to adjust activity or take a break.



All-weather Blood Oxygen Monitoring

Support low oxygen saturation vibration reminder, alert the user to adjust their exercise intensity or take a break, ensuring exercise safety and enhancing performance.



Monitor your blood oxygen levels with alerts for low saturation, helping you adjust exercise intensity and ensure safety.

6.3 Stress Monitor & Breathing Training

Track your stress levels and utilize guided breathing exercises to promote relaxation and reduce stress.



Pressure Monitoring and Breathing Training

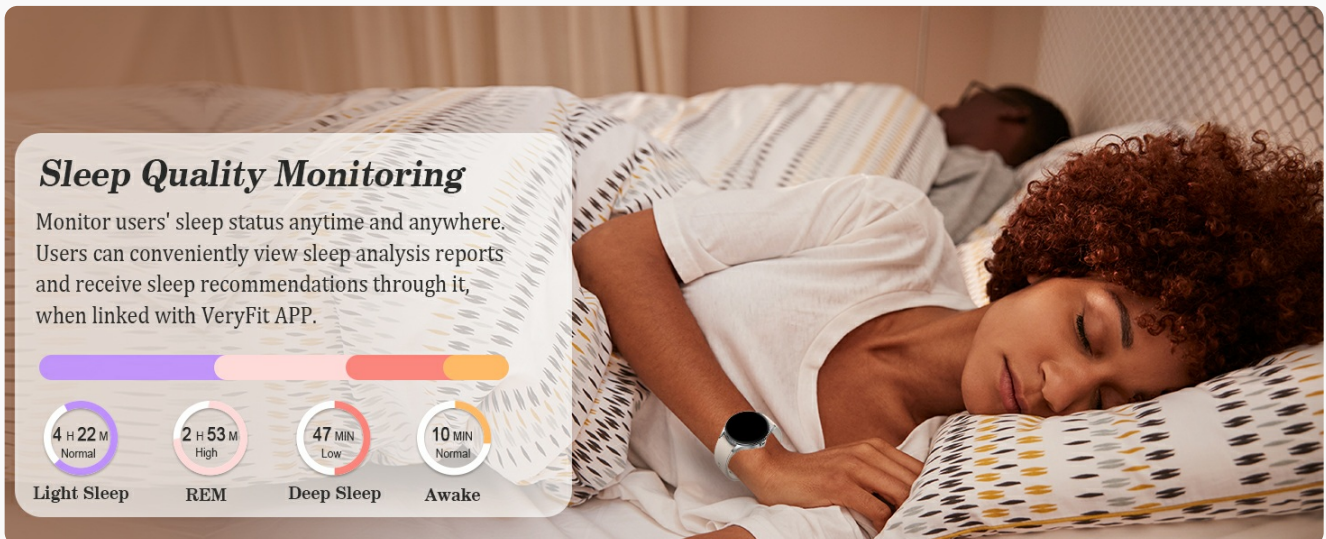
Enables you to stay informed about your stress level data at any time, prompting you to take regular breaks in a timely manner. The breathing training promotes relaxation, reduces anxiety, and lowers stress.



The watch offers pressure monitoring and guided breathing training to help manage stress and promote relaxation.

6.4 Sleep Monitor

Monitor your sleep patterns, including light, REM, and deep sleep stages. View detailed sleep analysis reports and recommendations through the VeryFit app.



Track your sleep quality, including light, REM, and deep sleep stages, and receive sleep analysis reports through the VeryFit app.

6.5 Women's Health Management

The watch includes a menstrual intelligent reminder feature to help users track and understand their physiological cycle.

Women's Health Management

Menstrual intelligent reminder to help understand the physiological cycle.

- Menstruation
- Prediction
- Ovulation
- Safety



The watch includes a menstrual intelligent reminder feature to help users track and understand their physiological cycle.

7. FITNESS TRACKING

The ZOSKVEE DR06 is a comprehensive fitness tracker.

7.1 Sports Modes

The watch supports over 100 sports modes, with 20 built-in standard modes and automatic recognition for 4 types of activities (running, walking, elliptical, rowing). More modes are available via the VeryFit app.

100+ Sports Modes

- ★ This device features 20 built-in standard motion modes.
- ★ It can recognize 4 types of self-motions.
- ★ With the VeryFit App, it can be expanded to support up to 100 sports modes.

The watch supports over 100 sports modes, with 20 built-in standard modes and automatic recognition for 4 types of activities. More modes are available via the VeryFit app.

7.2 Daily Activity Tracking

The watch functions as a step counter and tracks daily movements, including distance covered, calories burned, and average heart rate.

Track Daily Moves

- Distance: 7.28 KM**
- Calories: 650 Kcal**
- Steps: 16200 Steps**
- Heart Rate: 102 Bpm**

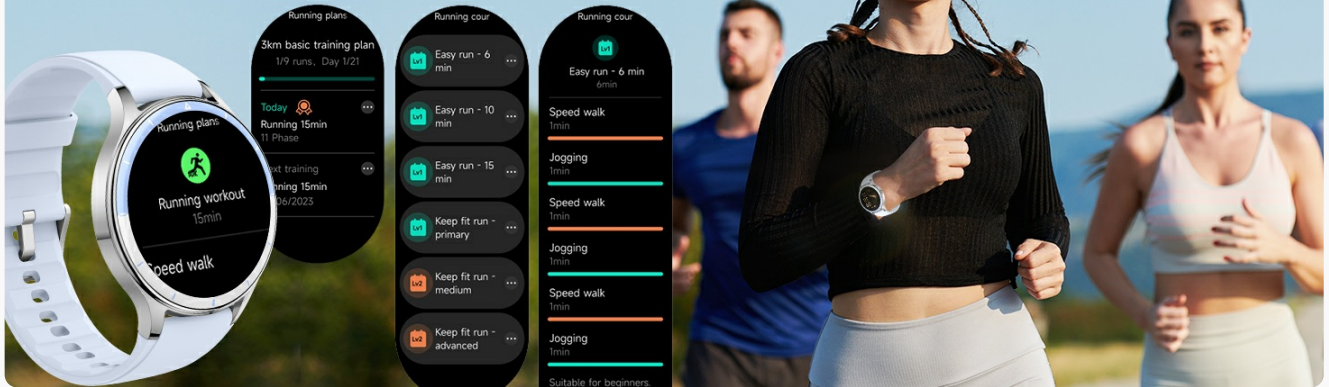
Track daily movements including distance covered, calories burned, steps taken, and average heart rate.

7.3 Running Course

Access new running courses and personalized coaching directly on your wrist to enhance your training.

New Running Course

Your Personal running coach on your wrist.



Access new running courses and personalized coaching directly on your wrist to enhance your training.

8. MAINTENANCE

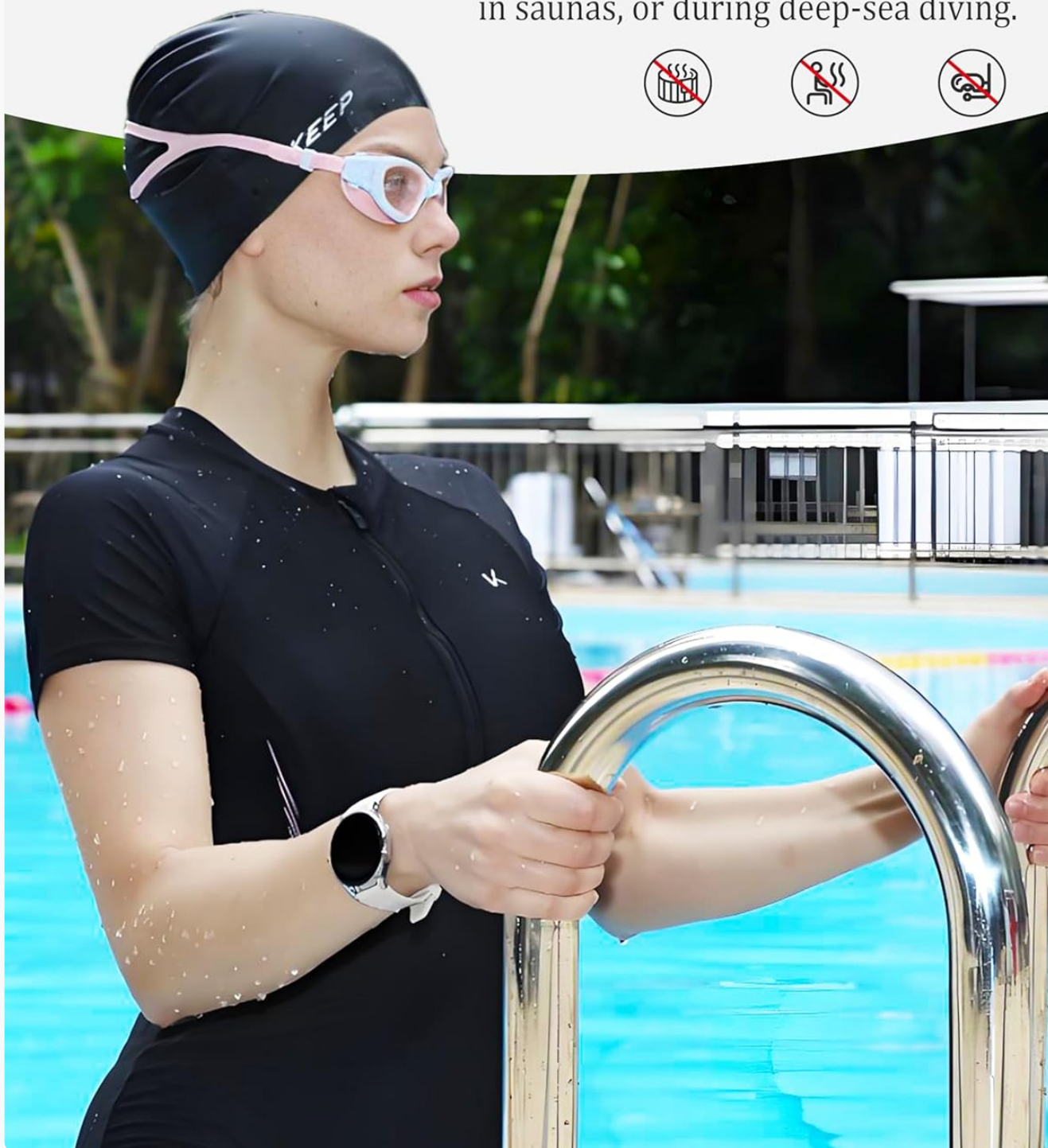
8.1 Water Resistance

The ZOSKVEE DR06 Smart Watch has an IP68 water resistance rating, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes.

- Suitable for swimming and daily use.
- **Important:** Avoid wearing the watch during hot baths, saunas, or deep-sea diving, as steam and high pressure can compromise the seals.

IP68 Water Resistance with 5M Waterproof

Please avoid wearing the watch while taking hot showers, in saunas, or during deep-sea diving.



The watch is IP68 water-resistant, suitable for swimming, but should not be worn during hot baths, saunas, or deep-sea diving.

8.2 Cleaning and Care

- Regularly clean the watch and strap with a soft, damp cloth.
- Ensure the charging contacts are clean and dry before charging.
- Avoid exposing the watch to extreme temperatures or harsh chemicals.

9. TROUBLESHOOTING

If you encounter issues with your ZOSKVEE DR06 Smart Watch, refer to the following common solutions:

Issue	Possible Solution
Watch does not charge	Ensure the magnetic charging cable is correctly aligned and securely connected to the watch's charging contacts. Try a different USB power source or adapter.
Poor battery life	Adjust screen brightness, reduce notification frequency, disable continuous heart rate monitoring if not needed, and use power-saving mode. Ensure background app refresh is optimized on your phone.
Cannot pair with smartphone / Disconnects frequently	Ensure Bluetooth is enabled on your phone and the watch is within range. Restart both your phone and watch. Unpair the device from your phone's Bluetooth settings and re-attempt pairing through the VeryFit app. Ensure the VeryFit app is updated to the latest version.
Watch screen/UI is unresponsive	Attempt to restart the watch by holding down the side button. If unresponsive, allow the battery to fully drain and then recharge to force a restart.
Notifications not appearing	Check notification settings in the VeryFit app and your phone's system settings to ensure permissions are granted. Ensure the app is running in the background.
Quick replies not working (Android only)	Verify that the Quick Reply feature is enabled within the VeryFit app settings. Ensure the app has necessary permissions to send messages.

10. SPECIFICATIONS

Feature	Detail
Model Number	DR06
Screen Size	1.27 Inches (360x360 pixels)
Display Type	TFT-LCD
Case Dimensions	41mm (Round)
Item Weight	48 Grams (1.69 ounces)
Battery Capacity	290 Milliamp Hours (Lithium Ion)
Battery Life	Up to 10 days (basic usage)
Water Resistance	IP68
Connectivity	Bluetooth
Operating System Compatibility	iOS 9.0+ & Android 6.0+
Memory Storage Capacity	128 MB
Special Features	Phone calls, message notifications, health monitoring (HR, SpO2, Stress, Sleep, Menstrual Cycle), 100+ sports modes, AI Voice Assistant, Music Control, Daily Tools
GPS	No (uses phone's GPS)

11. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included with your purchase or visit the official ZOSKVEE website. Keep your proof of purchase for warranty claims.

12. IMPORTANT SAFETY INFORMATION

- Do not attempt to disassemble or modify the device.
- Keep the device away from extreme heat or cold.
- Consult a medical professional before starting any new exercise regimen or if you have health concerns. The watch is not a medical device and its data should not be used for medical diagnosis or treatment.
- Dispose of the device and its battery responsibly according to local regulations.