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› VEVOR Adjustable Workbench FGM6022V Instruction Manual

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VEVOR Adjustable Workbench FGM6022V Instruction Manual

Model: FGM6022V

PRODUCT OVERVIEW

This manual provides instructions for the VEVOR Adjustable Workbench, Model FGM6022V. This 60-inch heavy-duty workbench features a 1.2-inch thick oak wood top, adjustable height, an integrated power outlet, and options for both stationary use with rubber feet or mobile use with universal wheels. It also includes a side pegboard for tool organization.

SAFETY INFORMATION

- Read all instructions thoroughly before assembly and use.
- Ensure all components are securely fastened before placing items on the workbench.
- Do not exceed the maximum load capacity of 2000 lbs (907.2 kg).
- Use the built-in power outlet only with compatible devices and ensure the workbench is properly grounded by plugging its power cord into a suitable wall outlet.
- Keep children and pets away from the workbench during assembly and use.
- When moving the workbench, ensure the path is clear and casters are unlocked. Lock casters to secure the workbench in its desired position.
- Avoid exposing the oak wood top to excessive moisture or extreme temperatures to preserve its integrity.

PACKAGE CONTENTS

Verify that all components are present and undamaged before beginning assembly. If any parts are missing or damaged, contact VEVOR customer support.

- Oak Wood Desktop (1)
- Carbon Steel Frame Components (Legs, Support Beams)
- Power Outlet Strip (with 2 USB ports, 4 AC outlets, 9.8 ft cable)
- Universal Swivel Casters (4)
- Rubber Feet (4)
- Side Pegboard Panels
- Pegboard Hooks
- Assembly Hardware (bolts, nuts, washers, adjustment knobs)

- Instruction Manual

SETUP AND ASSEMBLY

Assembly typically requires two people due to the weight and size of the components. Follow these steps carefully:

Step 1: Prepare the Desktop

Place the oak wood desktop upside down on a clean, soft surface (e.g., a blanket or cardboard) to prevent scratches during assembly.

Step 2: Attach Frame Components

Secure the carbon steel frame components (legs and support beams) to the underside of the desktop using the provided hardware. Ensure all bolts are finger-tightened initially to allow for minor adjustments.



Image: Underside view of the VEVOR workbench frame during assembly, showing the carbon steel legs and support beams attached to the oak desktop.

Step 3: Install Feet or Casters

Decide whether to use the rubber feet for stationary use or the universal swivel casters for mobility. Attach the chosen components to the bottom of the leg frames. If using casters, ensure two are lockable for stability when the workbench is in position.

Strong Load & Easy Mobility

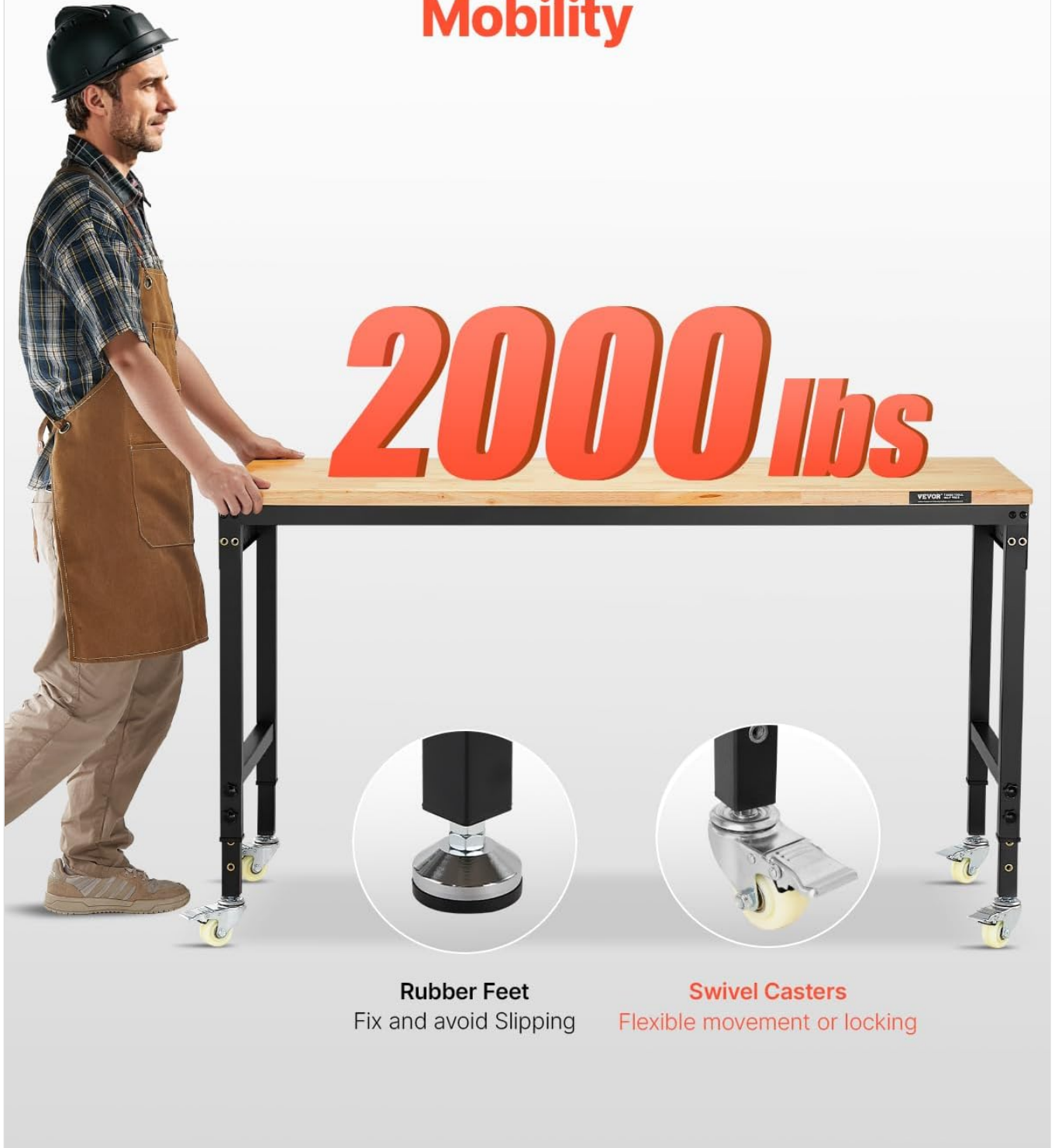


Image: A person standing next to the VEVOR workbench, highlighting the interchangeable rubber feet for stability and swivel casters for mobility. The workbench is rated for a 2000 lbs load capacity.

Step 4: Attach Power Outlet Strip

Mount the power outlet strip to the designated area on the side of the workbench frame using the provided screws. Connect the power cable to the strip.

Built-In Power Strip

Convenient for power tools



5V 2A
2USB Ports



125V 15A
4AC Outlets



One Button
Control Switch



9.83 FT Cable



NOTE: EU includes 2 two-prong European standard plugs. The sockets vary in different sales regions, please refer to the actual socket type in the sales area.

Image: A close-up view of the workbench's integrated power strip, featuring two USB ports and four three-prong AC outlets, with a power cable extending from it.

Step 5: Install Side Pegboard and Hooks

Attach the side pegboard panels to the frame using the appropriate hardware. Insert the provided hooks into the pegboard holes to organize tools as desired.

Upgraded Desktop Organization

Tidy storage, say goodbye to clutter



Side Pegboard & Hooks:
Tools within reach



Image: The side of the VEVOR workbench featuring a pegboard panel with various wrenches and a power cord hanging on hooks, demonstrating tool organization.

Step 6: Final Tightening

Once all components are in place and the workbench is upright, securely tighten all bolts using the appropriate tools. Do not overtighten.

OPERATING INSTRUCTIONS

Adjusting Workbench Height

The workbench height can be adjusted from 28 to 39.5 inches (711 mm to 1003 mm) using 6 distinct settings. To adjust, loosen the adjustment knobs on each leg, raise or lower the desktop to the desired height, and then securely tighten the knobs. No additional tools are required for height adjustment.

28-39.5 Inches Adjustable Height

6-level adjustment



Image: The VEVOR workbench illustrating its 6-level adjustable height feature, ranging from 28 to 39.5 inches. A hand is shown adjusting a knob on the leg for height modification.

Using Casters and Rubber Feet

If universal swivel casters are installed, unlock them to move the workbench freely. Lock the casters to secure the workbench in a stationary position. If rubber feet are installed, the workbench will remain stationary and provide stability.

Using the Built-in Power Outlet

Plug the workbench's power cable into a standard 125V 15A wall outlet. Use the integrated power strip to power tools and charge devices via the 4 AC outlets and 2 USB ports. The power strip is ETL certified for safety. Always ensure the power strip's control switch is in the 'ON' position for power delivery.

Organizing Tools with Pegboard

Utilize the side pegboard and included hooks to keep frequently used tools organized and easily accessible, helping to maintain a tidy workspace.

MAINTENANCE

- **Regular Inspection:** Periodically inspect all bolts, fasteners, and adjustment knobs for tightness and re-tighten as needed to ensure stability.
- **Cleaning the Desktop:** Clean the oak wood top with a damp cloth and a mild, non-abrasive cleaner. Avoid harsh chemicals that could damage the wood finish.
- **Wood Care:** For prolonged wood life and to maintain its appearance, consider applying a wood conditioner or sealant periodically, especially in dry environments.
- **Power System Check:** Regularly check the power cord and outlet strip for any signs of damage, such as frayed wires or cracked housing. Discontinue use immediately if damage is found and contact customer support.
- **Pegboard Load:** Avoid placing excessive weight on the pegboard or hooks to prevent damage to the panels or the workbench frame.

TROUBLESHOOTING

Workbench is unstable or wobbly

- Ensure all assembly bolts and leg adjustment knobs are securely tightened.
- If using casters, verify that the locking mechanisms on at least two casters are fully engaged.
- If using rubber feet, ensure they are evenly adjusted on a level surface to eliminate any rocking.

Power outlet not working

- Check if the workbench's main power cable is securely plugged into a functional wall outlet.
- Verify that the power strip's main control switch is in the 'ON' position.
- Ensure the device you are trying to power is working correctly by testing it in another outlet.
- If the issue persists after checking these points, there may be an internal fault. Discontinue use and contact VEVOR customer support.

SPECIFICATIONS

Feature	Detail
Model Number	FGM6022V
Product Dimensions (D x W x H)	22" x 60" x 40.6" (559 x 1524 x 1030 mm)
Adjustable Height Range	28" - 39.5" (711 - 1003 mm)
Adjustment Levels	6
Desktop Thickness	1.2" (30 mm)
Wood Type	Oak

Feature	Detail
Frame Material	Carbon Steel
Load Capacity	2000 lbs (907.2 kg)
Item Weight	71.7 lbs (32.5 kg)
Power Outlet	Yes (4 AC outlets, 2 USB ports)
Power Line Length	9.8 ft (3 m)
Other Features	Side Pegboard + Hooks, Universal Wheels, Rubber Pad Feet

WARRANTY AND SUPPORT

VEVOR products are designed for durability and performance. For technical support or to register for an e-warranty certificate, please visit the official VEVOR website at www.vevor.com/support.

This product typically includes a 30-day easy return policy. Refer to your purchase documentation for specific warranty terms and conditions applicable to your region.