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› [GAOMON Queen Size Bed Frame with Headboard Instruction Manual \(Model FBHZM-PHO\\_0WDRW2SZdO\)](#)

## GAOMON FBHZM-PHO\_0WDRW2SZdO

# GAOMON Queen Size Bed Frame with Headboard Instruction Manual

Model: FBHZM-PHO\_0WDRW2SZdO

## 1. INTRODUCTION

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Thank you for choosing the GAOMON Queen Size Bed Frame with Headboard. This platform bed frame is designed to provide a sturdy and comfortable foundation for your mattress without the need for a box spring. It features a modern industrial design with safe rounded corners, strong metal slat support, and noise-free construction. Please read this manual carefully before assembly and use to ensure proper setup and longevity of your product.

### Safety Information

- Always follow assembly instructions carefully.
- Ensure all bolts and screws are securely tightened before use.
- Do not exceed the maximum weight capacity of **1,000 pounds**.
- Keep small parts away from children during assembly.
- Periodically check all connections to ensure they remain tight.

## 2. PACKAGE CONTENTS

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Before beginning assembly, verify that all parts are present and undamaged. If any parts are missing or damaged, please contact customer support.

- Headboard components
- Footboard components
- Side rails
- Metal support slats
- Center support legs
- Assembly hardware (screws, bolts, washers, Allen wrench)
- Instruction manual

### 3. ASSEMBLY INSTRUCTIONS

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Assembly is designed to be straightforward and does not require a box spring. It is recommended to assemble the bed frame with two people.

1. **Unpack and Identify Parts:** Lay out all components on a clean, soft surface (like a carpet) to prevent scratches. Refer to the parts list in your package to identify each piece.
2. **Assemble Headboard and Footboard:** Attach the headboard and footboard panels to their respective metal frames using the provided hardware. Ensure the rounded corners are correctly oriented.
3. **Connect Side Rails:** Attach the side rails to the assembled headboard and footboard using the designated bolts. Do not fully tighten bolts until the entire frame is assembled.
4. **Install Center Support:** Assemble and attach the center support bar and legs to the main frame. This provides crucial stability.
5. **Place Metal Slats:** Carefully place the metal slats onto the designated supports on the side rails. Ensure they are evenly spaced and secured according to the instructions. The design includes noise-reducing foam padding over metal rods for silent operation.
6. **Final Tightening:** Once all components are in place and aligned, securely tighten all bolts and screws using the provided Allen wrench.



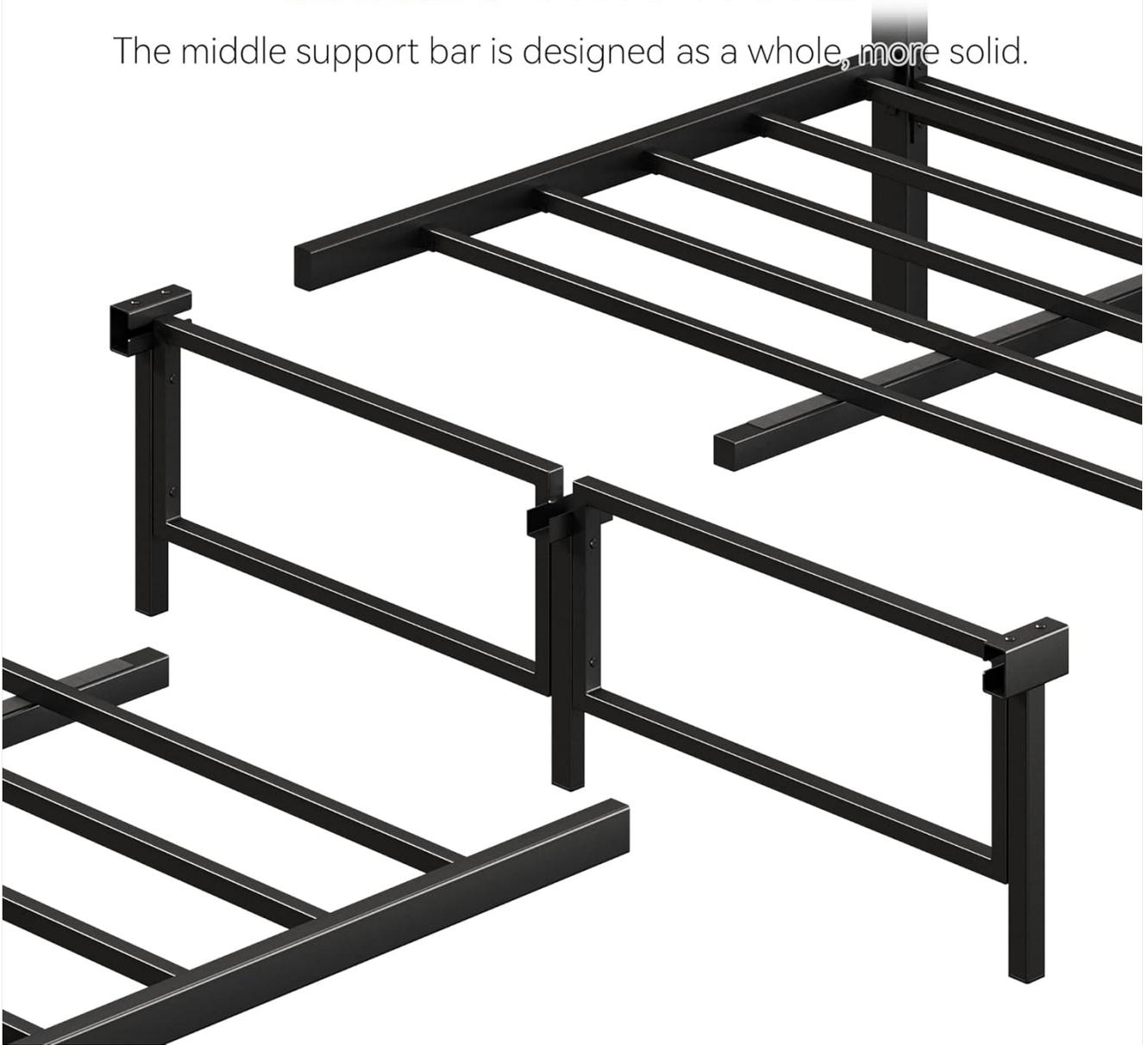
*Image: Exploded view of the bed frame components, showing how the parts connect for assembly. This image highlights the 'No Squeak' and 'Sturdy Stable' features.*



*Image: Detailed view of the bed frame's metal slat system and connection points, emphasizing the heavy-duty construction.*

## STURDY STRUCTURE

The middle support bar is designed as a whole, more solid.



*Image: Diagram illustrating the sturdy structure of the bed frame, highlighting the middle support bar design and reinforced metal slats for enhanced stability.*

### 4. USAGE GUIDELINES

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#### Placing Your Mattress

Once the bed frame is fully assembled and all connections are secure, you can place your Queen size mattress directly onto the metal slats. The frame's anti-slip groove design helps to keep the mattress in place, preventing shifting during use.

## ANTI-SLIP DESIGN

Effectively prevent the mattress from slipping and shifting.



*Image: Close-up view of the anti-slip groove design on the bed frame, which helps to prevent the mattress from shifting or slipping.*

### Under-Bed Storage

The GAOMON bed frame offers 12.6 inches of clearance underneath, providing ample space for storage. Utilize this area for storage bins, luggage, or other items to help keep your bedroom organized.

## AMPLE UNDER-BED STORAGE SPACE



*Image: Image demonstrating the 12.6 inches of under-bed clearance, suitable for storing items in bins or luggage.*

## 5. CARE AND MAINTENANCE

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- **Cleaning:** Wipe the metal frame with a soft, damp cloth. For the rustic brown wood accents, use a dry or slightly damp cloth. Avoid harsh chemicals or abrasive cleaners that could damage the finish.
- **Inspection:** Periodically inspect all bolts and connections to ensure they remain tight. Re-tighten if necessary to maintain stability and prevent squeaking.
- **Weight Distribution:** Ensure weight is evenly distributed across the bed frame to prevent undue stress on any single point.

## 6. TROUBLESHOOTING

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### Common Issues and Solutions

- **Squeaking Noise:**

- Ensure all bolts and screws are fully tightened. Loose connections are a common cause of squeaking.
  - Check if the mattress is properly seated on the slats.
  - The frame includes noise-reducing foam padding over metal rods; ensure this padding is intact.
- **Mattress Slipping:**
    - The bed frame features an anti-slip groove design. Ensure your mattress is correctly positioned within these grooves.
    - Consider using a non-slip mattress pad between the mattress and the slats if slipping persists.
- **Instability/Wobbling:**
    - Verify that all support legs are firmly on the ground and not bent.
    - Re-tighten all assembly hardware.
    - Ensure the bed frame is on a level surface.

## 7. SPECIFICATIONS

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Feature	Detail
Model Number	FBHZM-PHO_0WDRW2SZdO
Size	Queen (U.S. Standard)
Product Dimensions (Overall)	82.6"L x 63.4"W x 41.8"H
Under-Bed Clearance	12.6 inches
Weight Capacity	1,000 lbs
Material	Metal (Frame), Rustic Brown Wood (Headboard/Footboard Accents)
Color	Rustic Brown, Black
Assembly Required	Yes
Special Feature	No Box Spring Needed, Noise-Free, Anti-Slip Design, Rounded Corners



*Image: Image showing the overall dimensions of the GAOMON Queen Size Bed Frame, including length (82.6 inches), width (63.4 inches), headboard height (41.8 inches), and under-bed clearance (12.6 inches). The weight capacity is indicated as 1000 lbs.*

# SAFETY ROUNDED CORNER DESIGN

Comfortable Lean Height



*Image: Close-up image detailing the safety rounded corners of the headboard, designed for comfort and to prevent accidental bumps.*

## 8. WARRANTY AND CUSTOMER SUPPORT

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### Return Policy

This product is eligible for a **90-day easy return** policy. Please refer to your purchase platform for specific return procedures and conditions.

### Customer Support

For any inquiries, missing parts, or assistance with assembly or troubleshooting, please contact GAOMON customer service. Our team is available to assist you.

**Seller:** Gaomon Direct

Please refer to your purchase documentation or the seller's information on the platform where you purchased the product for direct contact methods.

