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> VEVOR Volleyball Training Net System User Manual

VEVOR SPN001

VEVOR Volleyball Training Net System

Model: SPN001

INTRODUCTION

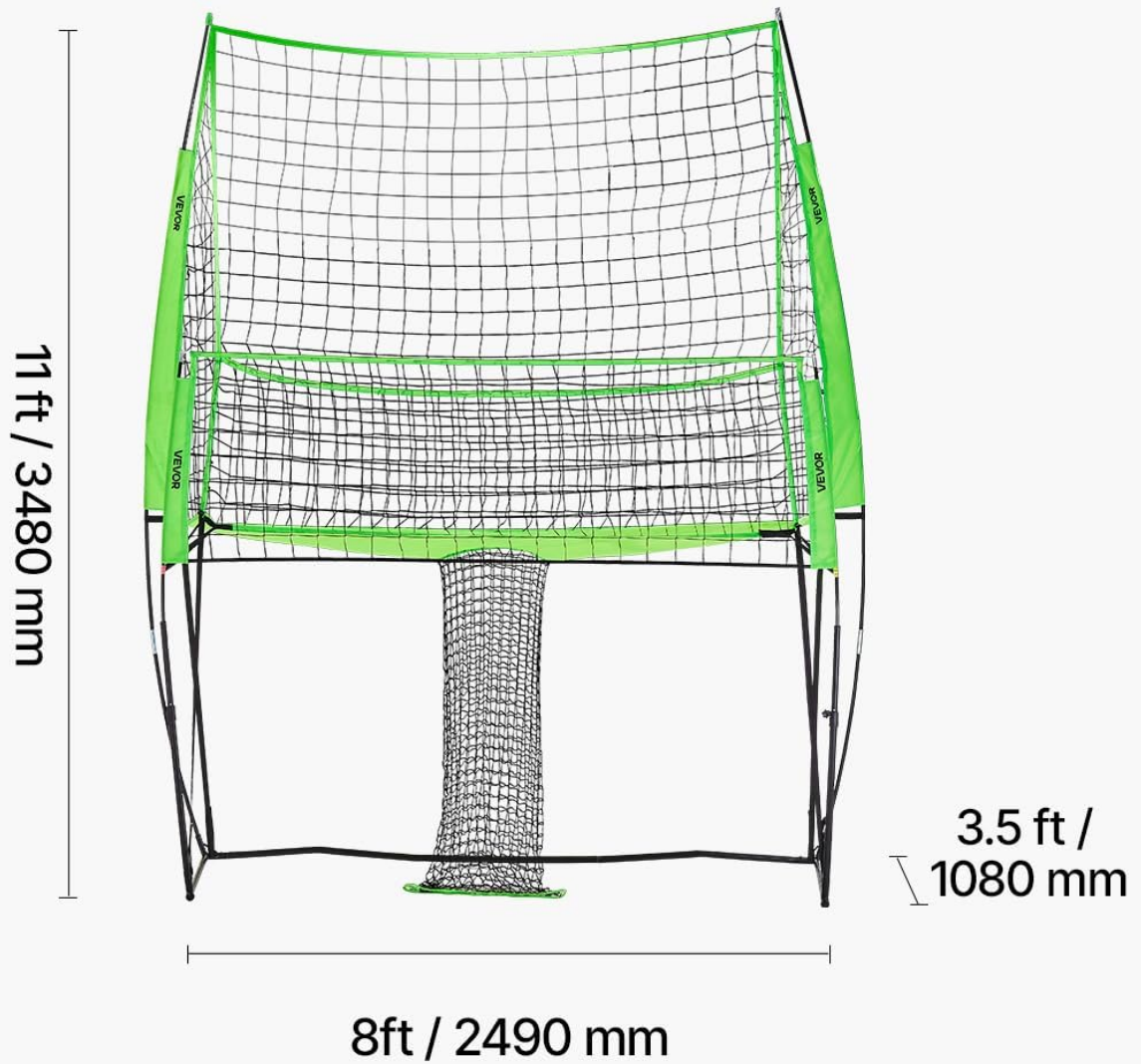
The VEVOR Volleyball Training Net System is designed to enhance volleyball skills through dedicated practice. This portable and height-adjustable equipment features a smart ball return mechanism, allowing users to focus on serving, spiking, and accuracy without constant ball retrieval. It is suitable for various skill levels and environments, including indoor gyms, backyards, beaches, and playgrounds.

SAFETY INSTRUCTIONS

- Always ensure all components are securely assembled before use.
- Wear the provided rubber gloves during setup to protect hands from fiberglass poles.
- Use sandbags and ground nails to stabilize the net, especially in windy conditions or on uneven surfaces.
- Keep children and pets away from the assembly area.
- Do not hang or climb on the net system.
- Inspect the net and frame for any damage before each use. Do not use if damaged.
- Store the system in its portable bag when not in use to prevent damage and loss of parts.

PARTS LIST

Before assembly, verify that all components listed below are present in your package:



Item Model Number: **SPN001**

Net Weight: **23 lbs / 10.4 kg**

Material: **Durable Net+Steel+Fiberglass Frame**

Package Content

**1 x Volleyball Training Net System 1 x Portable Bag 4 x Ground Nails
4 x Sandbags 1 x Pair of Rubber Gloves 2 x Tight Ropes 1 x Manual**

Note: Please wear gloves when you set up, in case the fiberglass will hurt your hands.

Image: Overview of all included components and system dimensions.

Component	Quantity	Description
Volleyball Training Net System	1	Main net and frame assembly.
Portable Bag	1	For convenient storage and transport.

Component	Quantity	Description
Ground Nails	4	To secure the base to soft ground.
Sandbags	4	For added stability, fill with sand or water.
Pair of Rubber Gloves	1	For hand protection during assembly.
Tight Ropes	2	3.5m ropes to prevent net sagging.
Manual	1	This instruction manual.

SETUP

Follow these steps to assemble your VEVOR Volleyball Training Net System:

- 1. Unpack Components:** Carefully remove all parts from the portable bag and lay them out on a clean, flat surface. Verify all parts are present according to the Parts List.
- 2. Assemble the Frame:** Connect the steel frame sections. Ensure all connections are firm and secure. The frame forms the base and upright supports for the net.
- 3. Attach Fiberglass Poles:** Insert the fiberglass poles into their designated sleeves on the net and then into the frame. These poles provide the necessary tension and shape for the net.
- 4. Install the Net:** Attach the main net to the assembled frame and poles. Ensure the net is taut and properly aligned.
- 5. Adjust Height:** Utilize the height adjustment mechanism on the upright poles to set the desired net height. The system is adjustable from 6.5 ft to 8 ft. Secure the adjustment knob firmly after setting the height.

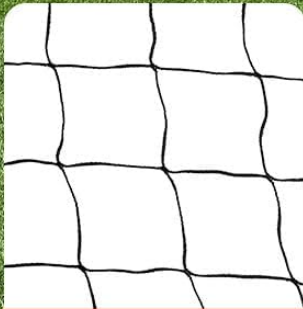
Adjustable Height for All Ages & Skill Levels



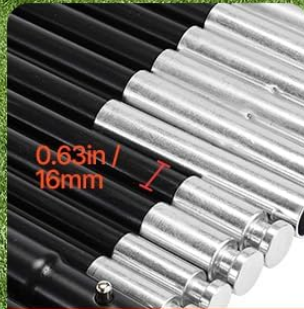
Image: Detailed view of the height adjustment mechanism and various height settings.

- Secure Stability:** Fill the four sandbags with sand or water and place them at the base of the frame for added stability. For outdoor use on soft ground, use the provided ground nails to anchor the frame. Attach the two 3.5m tight ropes to the upper corners of the net and stake them into the ground to prevent sagging and enhance stability.

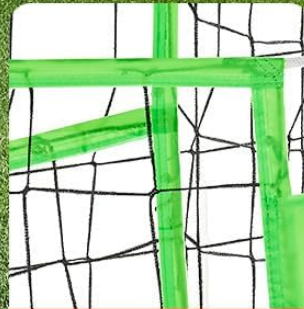
Reinforced Structure



5 Ply Net



Thickened Steel & Support Poles



Sturdy Seams



Added Stability
Sandbags x 4 /
Ground Nails x 4

Image: Components contributing to the reinforced structure and stability.

- Final Check:** Before beginning training, ensure all connections are secure, the net is properly tensioned, and the system is stable.

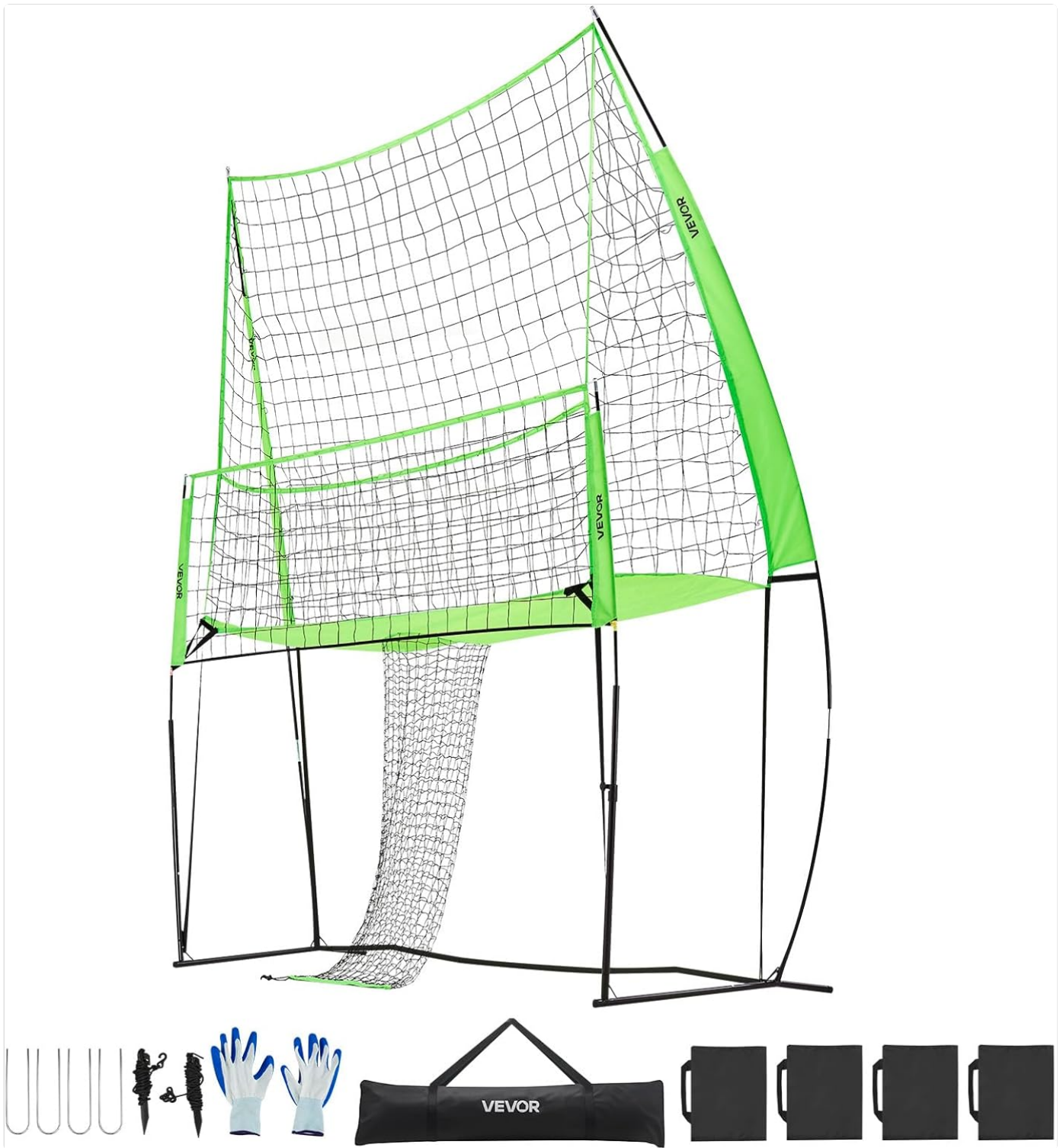


Image: The complete VEVOR Volleyball Training Net System with included accessories.

OPERATING INSTRUCTIONS

The VEVOR Volleyball Training Net System is designed for individual or small group practice to improve various volleyball skills.

- **Skill Practice:** Use the net for practicing serves, spikes, and overhead passes. The net's design allows for repetitive drills.
- **Ball Return Mechanism:** The shortened volleyball net and gravity funnel are designed to reduce ball jams and facilitate effortless ball collection. After hitting the ball into the net, it will roll down into the collection area at the base, minimizing time spent retrieving balls.

Ball Return & Collection

Shorten the Net, No More Tangled Nets or Lost Balls



Image: Demonstration of the ball return and collection feature.

- **Height Adjustment:** Adjust the net height (6.5 ft to 8 ft) to simulate different game scenarios or to accommodate players of various heights and skill levels.
- **Multi-Terrain Use:** The system is designed for use on various surfaces including lawns, beaches, playgrounds, and indoor gyms. Ensure proper stabilization methods (sandbags, ground nails) are used for the specific terrain.

Take Your Game Anywhere

Come with a portable bag



Image: Portability and multi-terrain compatibility of the training system.

MAINTENANCE

Proper maintenance will extend the life of your VEVOR Volleyball Training Net System:

- **Cleaning:** Wipe down the net and frame with a damp cloth to remove dirt and debris. For stubborn stains, use mild soap and water. Rinse thoroughly and allow to air dry completely before storage.
- **Inspection:** Regularly inspect all frame connections, net integrity, and pole condition for any signs of wear, tear, or damage. Check the tightness of all screws and knobs.

- **Storage:** When not in use, disassemble the system and store all components in the provided portable bag. Store in a cool, dry place away from direct sunlight and extreme temperatures to prevent material degradation.
- **Rust Prevention:** The steel frame is rust-resistant, but prolonged exposure to moisture can still cause corrosion. Ensure the frame is dry before storage.

TROUBLESHOOTING

If you encounter issues with your VEVOR Volleyball Training Net System, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Net sags or is not taut.	Improper assembly; loose poles or ropes; worn net.	Ensure fiberglass poles are fully inserted. Tighten the two 3.5m ropes. Check for damage to the net and replace if necessary.
System is unstable or tips over easily.	Insufficient stabilization; uneven ground; strong winds.	Ensure sandbags are filled and properly placed. Use ground nails on soft surfaces. Relocate to a more sheltered area if windy.
Ball return mechanism is not working effectively.	Obstruction in the funnel; net not properly tensioned.	Check for any debris blocking the funnel. Ensure the net is taut and correctly installed to guide balls to the collection area.
Difficulty adjusting net height.	Adjustment knob is too tight or mechanism is jammed.	Loosen the adjustment knob. Check for any obstructions in the pole. Apply a small amount of silicone lubricant if movement is stiff.

SPECIFICATIONS

Attribute	Detail
Brand	VEVOR
Model Number	SPN001
Size	8 ft (Net width)
Adjustable Height	6.5 ft to 8 ft
Material	Durable Net + Steel + Fiberglass Frame
Color	Green
Item Weight	22.93 Pounds (10.4 kg)
Parcel Dimensions	111 x 29 x 16.5 cm
Recommended Use	Volleyball Training
UPC	197988880264

WARRANTY AND SUPPORT

For detailed warranty information, please refer to the documentation included with your product or visit the official VEVOR website. For technical support, replacement parts, or any inquiries regarding your VEVOR Volleyball Training Net System, please contact VEVOR customer service through their official channels. You can typically find contact information on the VEVOR website or on the product packaging.

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