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Fila FFM0370

Fila Men's Sneaker 9 White Black User Manual

Model: FFM0370

Introduction

The Fila Men's Sneaker 9 White Black, model FFM0370, is an updated version of a classic Fila basketball silhouette, designed for both style and comfort. Its elegance lies in simplicity, complemented by bold Fila logos. This manual provides comprehensive instructions to help you understand, use, and maintain your new sneakers.

Key Features

- Classic basketball low silhouette.
- A modern classic design.
- Features a stitch-on version of the iconic Fila flag on the side.

Product Overview



This image displays a side profile of the Fila Men's Sneaker, highlighting its classic basketball low silhouette. The sneaker features a white base with black overlays and the prominent Fila logo on the side.



A rear view of the pair of Fila Men's Sneakers, showcasing the Fila branding stitched on the heel of each shoe. This angle emphasizes the clean lines and sturdy construction from the back.



This image provides a detailed view of the sneaker's sole, revealing the durable thermoplastic polyurethane material and the unique tread pattern designed for grip. The Fila logo is also visible on the sole.



A top-down perspective of the Fila Men's Sneakers, illustrating the lacing system and the perforated toe box. This view highlights the overall shape and design from above.



An angled close-up of the Fila Men's Sneaker, emphasizing the texture of the polyurethane outer material and the stitch-on Fila flag logo. This view provides a closer look at the craftsmanship.



This image presents a front-angled view of the pair of Fila Men's Sneakers, showcasing their overall design and how they appear when worn. The white laces and black and white color scheme are clearly visible.

Setup

Your Fila Men's Sneakers are ready for use right out of the box. No complex assembly or setup is required. Simply unbox the sneakers and ensure they are the correct size and fit for your feet. It is recommended to try them on with the type of socks you typically wear to ensure maximum comfort.

- **Unboxing:** Carefully remove the sneakers from their packaging.
- **Inspection:** Check for any visible defects or damage upon arrival.
- **First Fit:** Lace them up to your preferred tightness. Walk around briefly to assess comfort and fit.

Operating Instructions

These Fila sneakers are designed for everyday wear and casual activities. Follow these simple guidelines for optimal use:

- **Lacing:** Adjust the laces to provide a snug yet comfortable fit. Avoid overtightening, which can restrict circulation, or leaving them too loose, which can lead to instability.
- **Usage:** These sneakers are suitable for walking, light athletic activities, and general casual wear. They are not designed for heavy-duty sports or extreme conditions.
- **Surface:** Wear on appropriate surfaces. While the sole provides good grip, avoid excessively slippery or rough terrains that could damage the shoe or cause injury.

Maintenance and Care

Proper care will extend the life and appearance of your Fila sneakers. Follow these maintenance tips:

- **Cleaning:** For general cleaning, wipe the outer material with a damp cloth and mild soap. Avoid harsh chemicals or abrasive cleaners.
- **Drying:** If wet, allow the sneakers to air dry naturally at room temperature. Do not use direct heat sources like radiators or hair dryers, as this can damage the materials.
- **Storage:** Store your sneakers in a cool, dry place away from direct sunlight. Using shoe trees can help maintain their shape.
- **Odor Control:** If odors develop, remove insoles and air them out. You can also use shoe deodorizers or baking soda.

Troubleshooting

Here are some common issues and their potential solutions:

- **Issue:** Sneakers feel too tight or too loose.
  Solution: Adjust the lacing. Ensure you are wearing appropriate socks. Refer to the size guide for proper sizing.
- **Issue:** Squeaking sound when walking.
  Solution: This can sometimes be caused by moisture trapped between the insole and the sole. Remove the insole, clean and dry both surfaces, then reinsert.
- **Issue:** Stains on the outer material.
  Solution: For minor stains, use a soft brush and a mixture of mild soap and water. For tougher stains, specialized sneaker cleaning products may be required. Always test on an inconspicuous area first.

- **Issue:** Odor.
  Solution: Ensure shoes are aired out after each use. Consider using odor-absorbing inserts or baking soda.

Specifications

Attribute	Detail
Item Model Number	FFM0370
Department	mens
Date First Available	May 8, 2025
Manufacturer	FILA
ASIN	B0F7Y6P145
Sole Material	Thermoplastic Polyurethane
Shaft Height	Ankle
Outer Material	Polyurethane (PU)
Inner Material	Synthetic

Size Guide

Refer to the table below for US shoe size conversions to UK and European sizes to ensure the best fit.

US SHOE SIZE

Brand Size	UK	Europe
6.5	5.5	39
7	6	39.5
7.5	6.5	40
8	7	41
8.5	7.5	41.5
9	8	42
9.5	8.5	42.5
10	9	43
10.5	9.5	44
11	10	44.5
11.5	10.5	45
12	11	46
12.5	11.5	46.5
13	12	47
14	13	48
15	14	49
16	15	50
17	16	51
18	17	52

Warranty and Support

Fila stands behind the quality of its products. While specific warranty details may vary by region and retailer, generally, Fila products are covered against manufacturing defects. Please retain your proof of purchase for any warranty claims.

For further assistance, product inquiries, or to report any issues, please contact Fila customer support through their official website or the retailer from whom you purchased the product. Provide your model number (FFM0370) and purchase details for quicker service.

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