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› [AdamPark](#) /

› AdamPark Electric Callus Remover for Feet, Model B0F7LHC9GZ Instruction Manual

AdamPark B0F7LHC9GZ

AdamPark Electric Callus Remover for Feet

Model: B0F7LHC9GZ

INTRODUCTION

This manual provides essential instructions for the safe and effective use, maintenance, and troubleshooting of your AdamPark Electric Callus Remover. Please read this manual thoroughly before first use and retain it for future reference.



Image: The AdamPark Electric Callus Remover, shown with its various accessories including multiple roller heads, USB charging cable, and cleaning brush.

SAFETY INFORMATION

To ensure safe operation, please observe the following precautions:

- Do not use on broken, irritated, or infected skin. Consult a medical professional if you have diabetes or poor circulation.
- Keep out of reach of children.
- Avoid excessive pressure, which may cause skin irritation or injury.
- Ensure the device is fully dry before charging.
- Do not immerse the charging cable or adapter in water.

PACKAGE CONTENTS

Your AdamPark Electric Callus Remover package includes:

- 1x Electric Foot File
- 1x USB Charging Cable
- 9x Replacement Roller Heads (Coarse, Regular, Fine)
- 1x Cleaning Brush

PRODUCT FEATURES

- **Upgraded Oversized Roller Head:** Equipped with 9 enlarged quartz crystal removable roller heads for wider coverage and efficient dead skin removal.
- **Dual Speed Settings:** Two-speed options (1900/2200 revolutions per minute) to match different callus removal needs.
- **Quick Charge & Long Battery Life:** 1200mAh lithium battery, fully charged in 1-2 hours, providing approximately 180 minutes of use.
- **LCD Display:** Shows current speed and power status.
- **Integrated LED Light:** Provides illumination for targeted treatment areas.
- **IPX5 Waterproof:** Suitable for both wet and dry use, and can be rinsed under tap water for easy cleaning.

Product Details



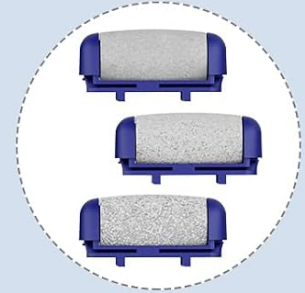
Wet & Dry Use



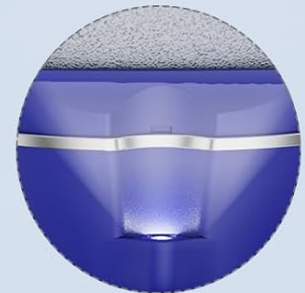
2 Speeds Setting



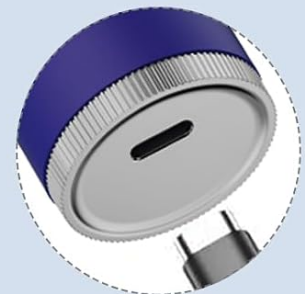
Power Level Status



3 Different Roller Heads



Equipped with Light



Fast charging

Image: A detailed view highlighting the product's features, including wet/dry use, three different roller heads, two-speed settings, an equipped light, power level status, and fast charging capability.

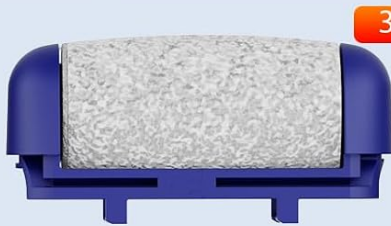
Upgraded Powerful Motor Larger Roller Head

More effective and fast to
remove callus, cracked and dead skin.



Image: A visual comparison demonstrating the larger size of the AdamPark roller head (2.04 inches) compared to a standard roller head (1.03 inches), indicating enhanced efficiency.

9 Different Quartz Grinding Heads



Coarse roller

Stubborn horny-dead skin thick calluses corn



Before

After



Regular roller

Freshly formed dead skin



Before

After



Fine roller

Daily foot care



Before

After

Image: Illustration of the three types of quartz grinding heads included: coarse for stubborn calluses, regular for freshly formed dead skin, and fine for daily foot care.

SETUP

1. **Charge the Device:** Before first use, fully charge the callus remover. Connect the USB charging cable to the device and a suitable USB power source (e.g., power bank, car charger, computer, or USB wall adapter). The LCD display will show the charging progress.
2. **Attach Roller Head:** Select the appropriate roller head (coarse, regular, or fine) for your needs. Align the roller head with the device slot and press firmly until it clicks into place.

USB Fast Charging



Power Bank



Car Charger



Computer



USB Recharge



1200mAh

1200mAh Capacity

3 Hours

3 Hours Charge

120Mins

Using Time up to 120mins



Image: The AdamPark Electric Callus Remover being charged via a USB cable connected to a laptop, illustrating the fast charging capability and 1200mAh battery capacity.

OPERATING INSTRUCTIONS

Follow these steps for effective callus removal:

1. **Prepare Feet:** For best results, soak your feet in warm water for 10-15 minutes, then dry them thoroughly with a cloth. The device can be used on both wet and dry feet.
2. **Power On:** Press and hold the power button for 2-3 seconds to turn on the device. The LED light will illuminate, and the LCD display will show the current speed and battery level.
3. **Select Speed:** Press the power button briefly to switch between the two-speed settings (low and high).
4. **Remove Calluses:** Gently glide the rotating roller head over the callused areas of your feet. Apply light to moderate pressure. Do not press too hard or stay in one area for too long to avoid discomfort or injury.

5. **Check Progress:** Periodically check your skin. Stop when the desired smoothness is achieved.
6. **Power Off:** Press and hold the power button for 2-3 seconds to turn off the device.
7. **Post-Treatment:** After use, clean your feet and apply a moisturizing cream to keep them soft and smooth.

Wash

Soak your feet in the warm water for 10-15 minutes then dry with a dry cloth.



Remove

According to the thickness of dead skin, choose the right callus remover for a grinding.



Foot Care

Clean the feet and apply some cream to the feet.



Image: A visual guide demonstrating the recommended foot care process: washing feet, using the callus remover, and applying foot cream for smooth results.

Electric Foot Callus Remover



Image: Before and after photographs illustrating the effectiveness of the callus remover on feet with dry, cracked skin and calluses, showing improved smoothness.

MAINTENANCE

1. **Cleaning the Device:** The device is IPX5 waterproof. After each use, remove the roller head by pressing the release button. Rinse the roller head and the device body under running water. Use the provided cleaning brush to remove any remaining skin particles.
2. **Drying:** After cleaning, allow the device and roller head to air dry completely. You can press the starter switch briefly to spin-dry water from the roller head.
3. **Storage:** Store the device in a cool, dry place, away from direct sunlight and moisture. Use the dust cover to protect the roller head.
4. **Replacing Roller Heads:** Replace roller heads when they show signs of wear or become less effective. To replace, simply remove the old head and snap a new one into place.

IPX5 Water Resistant Easy to Clean

Dual-use for wet and dry, the head can be removed and washed separately.



Image: The AdamPark Electric Callus Remover being rinsed under running water, demonstrating its IPX5 water resistance and ease of cleaning, with an inset showing the removal of the roller head and use of the cleaning brush.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or not charged.	Charge the device fully.
Roller head stops rotating during use.	Excessive pressure applied.	Reduce pressure on the skin.
Reduced effectiveness of callus removal.	Worn-out roller head.	Replace the roller head with a new one.
Device not charging.	Faulty cable or power source.	Try a different USB cable or power adapter. Ensure connections are secure.

SPECIFICATIONS

- **Brand:** AdamPark
- **Model:** B0F7LHC9GZ
- **Product Dimensions:** 7.48 x 4.92 x 2.36 inches
- **Item Weight:** 400 Grams (14.11 ounces)
- **Material:** Acrylonitrile Butadiene Styrene (ABS)
- **Color:** Blue
- **Battery:** 1 Lithium Ion battery (included), 1200mAh capacity
- **Charging Time:** 1-2 hours
- **Usage Time:** Approximately 180 minutes
- **Waterproof Rating:** IPX5

WARRANTY AND SUPPORT

AdamPark offers a six-month free replacement warranty for this product. If you encounter any issues or have questions during use, please contact our customer support for assistance. We are committed to ensuring your satisfaction.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question