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› SANODESK Mobile Workstation Standing Desk 32x20 User Manual

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Model: Mobile Workstation Standing Desk 32x20

1. INTRODUCTION

Thank you for choosing the SANODESK Mobile Workstation Standing Desk 32x20. This desk is designed to provide a flexible and ergonomic workspace solution for various environments, including home offices, bedrooms, and living rooms. Its gas-spring lift mechanism allows for smooth height adjustments, promoting a healthier sit-to-stand work routine. The integrated wheels enhance portability, enabling easy relocation as needed.

Key features include:

- **Gas-Spring Lift:** One-touch height adjustment for seamless sit-to-stand transitions.
- **Cord-Free Design:** Manual operation requires no power, offering placement flexibility.
- **Rolling Mobility:** Equipped with two rear wheels for effortless movement between rooms.
- **Durable One-Piece Desktop:** A sturdy, seamless 32-inch surface suitable for various tasks.
- **Adjustable Height:** Range of 27.6 inches to 45 inches to accommodate multiple users and work styles.

2. SAFETY INFORMATION

Please read and understand all instructions before assembly and use. Keep this manual for future reference.

- Ensure all components are securely fastened before use.
- Do not overload the desk. Refer to the specifications for maximum weight capacity.
- Keep hands and fingers clear of moving parts during height adjustment.
- Use caution when moving the desk, especially on uneven surfaces.
- Avoid placing hot items directly on the desktop surface without protection.
- This desk is intended for indoor use only.

3. PACKAGE CONTENTS

Verify that all parts are present and undamaged before beginning assembly. If any parts are missing or damaged, please contact customer support.

- Desktop (One-Piece)
- Desk Legs (Frame components)
- Gas-Spring Lift Mechanism
- Base Feet with Wheels
- Assembly Hardware (screws, bolts, washers)
- Assembly Tools (Allen wrench, screwdriver)
- Cup Holder
- Headphone Hook
- User Manual

4. ASSEMBLY INSTRUCTIONS

Assembly typically takes approximately 5 minutes with the provided tools. Follow these general steps:

1. Unpack all components and lay them out on a clean, soft surface to prevent scratches.
2. Attach the desk legs to the main frame using the provided hardware. Ensure all connections are secure.
3. Install the gas-spring lift mechanism according to the diagrams in the included manual.
4. Secure the base feet, including the wheels, to the bottom of the leg assemblies.
5. Carefully place the one-piece desktop onto the assembled frame and secure it with the appropriate screws.
6. Attach the cup holder and headphone hook to your desired locations on the desktop or frame.
7. Verify that all screws are tightened and the desk is stable before use.

5-Min Quick Setup

Manual Included / Assembly Tools Provided



Image: All components laid out for a quick 5-minute setup, including the desktop, frame, and assembly tools.

5. OPERATING INSTRUCTIONS

5.1. Height Adjustment

The SANODESK Mobile Workstation Standing Desk features a gas-spring lift system for effortless height adjustment. To adjust the desk height:

- Locate the height adjustment lever, typically found on the underside of the desktop.
- To raise the desk, gently lift the lever while applying slight upward pressure to the desktop. Release the lever at your desired height.
- To lower the desk, gently lift the lever while applying slight downward pressure to the desktop. Release the lever at your desired height.

EASY HEIGHT ADJUSTMENT



SANODESK

ANODESK's Gas Spring Design
makes adjustment easy
Height adjustment from 27.6" to 45.3"

OTHERS

Other models make you bend
over to adjust the height

Image: Diagram showing the ergonomic advantage of gas-spring adjustment over traditional manual crank systems.

Mobile Standing Desk

Height adjustment from 27.6" to 45.3"



Image: The desk adjusts from 27.6 inches to 45.3 inches, suitable for both sitting and standing positions, including use with a walking pad.

5.2. Moving the Desk

The desk is equipped with two rear wheels for easy mobility.

- To move the desk, gently lift the front edge of the desktop, allowing the rear wheels to engage with the floor.
- Carefully push or pull the desk to its new location.
- Once in position, lower the front edge of the desk to stabilize it.

I Moves Anywhere

Smoothly into small spaces (lower base height 1.3")



Image: The desk features two hidden rear casters, allowing it to be smoothly moved into small spaces or repositioned.

6. MAINTENANCE

Regular maintenance will help prolong the life and appearance of your SANODESK Mobile Workstation Standing Desk.

- **Cleaning:** Wipe the desktop and frame with a soft, damp cloth. Avoid harsh chemicals or abrasive cleaners.
- **Inspections:** Periodically check all screws and connections to ensure they remain tight. Retighten if necessary.

- **Gas Spring:** The gas spring mechanism is designed for long-term use and generally requires no special maintenance. If you notice any issues with adjustment, contact customer support.

7. TROUBLESHOOTING

If you encounter any issues with your desk, refer to the following common solutions:

- **Desk is wobbly:** Ensure all assembly screws are securely tightened. Check that the desk is on a level surface. Adjust the leveling feet if necessary.
- **Height adjustment is stiff or not working:** Ensure no obstructions are blocking the gas-spring mechanism. Check if the adjustment lever is fully engaged. If the issue persists, contact customer support.
- **Difficulty moving the desk:** Ensure the front of the desk is lifted sufficiently to engage the rear wheels. Check for any obstructions on the floor.

8. SPECIFICATIONS

Brand	SANODESK
Model	Mobile Workstation Standing Desk 32x20
Desktop Dimensions (W x D)	31.5" x 19.7" (80cm x 50cm)
Adjustable Height Range	27.6" - 45" (70cm - 114.3cm)
Static Load Capacity	154 lbs (70 kg)
Dynamic Load Capacity (While Moving)	33 lbs (15 kg)
Desktop Material	Wood
Frame Material	Alloy Steel
Color	Black Frame + Black Top
Special Features	Gas-Spring Lift, Rolling Wheels, One-Piece Desktop, Cordless Operation

Static Load: **154lbs**

Dynamic Load: **33lbs** (While Moving)



Image: Detailed dimensions including desktop size, base width, and adjustable height range.

9. WARRANTY AND SUPPORT

9.1. Warranty Information

For detailed warranty information, please refer to the official SANODESK website or the warranty card included with your product. The warranty typically covers manufacturing defects and material flaws under normal use.

9.2. Customer Support

If you have any questions, require assistance with assembly, or need troubleshooting support, please contact SANODESK customer service through the following channels:

- **Website:** Visit the official SANODESK website for FAQs and contact forms.
- **Email:** Refer to your product packaging or the SANODESK website for customer support email addresses.

