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VICASKY 55EYWMUHRYF11V350NLEY

VICASKY Treadmill Cushion Workout Mat Instruction Manual

Model: 55EYWMUHRYF11V350NLEY

Introduction

This manual provides instructions for the proper setup, use, and maintenance of your VICASKY Treadmill Cushion Workout Mat. This mat is designed to protect floors, reduce noise, and provide a stable surface for exercise equipment.

Product Features

- **Noise Reduction:** Engineered to absorb sound and minimize distractions, creating a quieter workout environment.
- **Floor Protection:** Provides a cushioned barrier to prevent damage to floors from heavy exercise equipment or weights.
- **Durable Material:** Constructed from heavy-duty rubber for long-lasting use and resistance to wear and tear.
- **Shock Absorption:** Helps to absorb impact, protecting both your equipment and the underlying floor.
- **Multi-Use Design:** Suitable for various applications, including as a gym floor mat, under treadmills, or as a furniture foot pad.
- **Non-Slip Surface:** Offers a stable and secure surface for exercise.



Image: Close-up view of the mat's textured rubber surface, highlighting its durable construction and non-slip design.

Specifications

Brand	VICASKY
Model Number	55EYWMUHRYF11V350NLEY
Material	Rubber
Color	Black
Dimensions (L x W x Th)	3.94" x 3.94" x 0.67" (10 cm x 10 cm x 1.7 cm)
Item Weight	0.55 Pounds

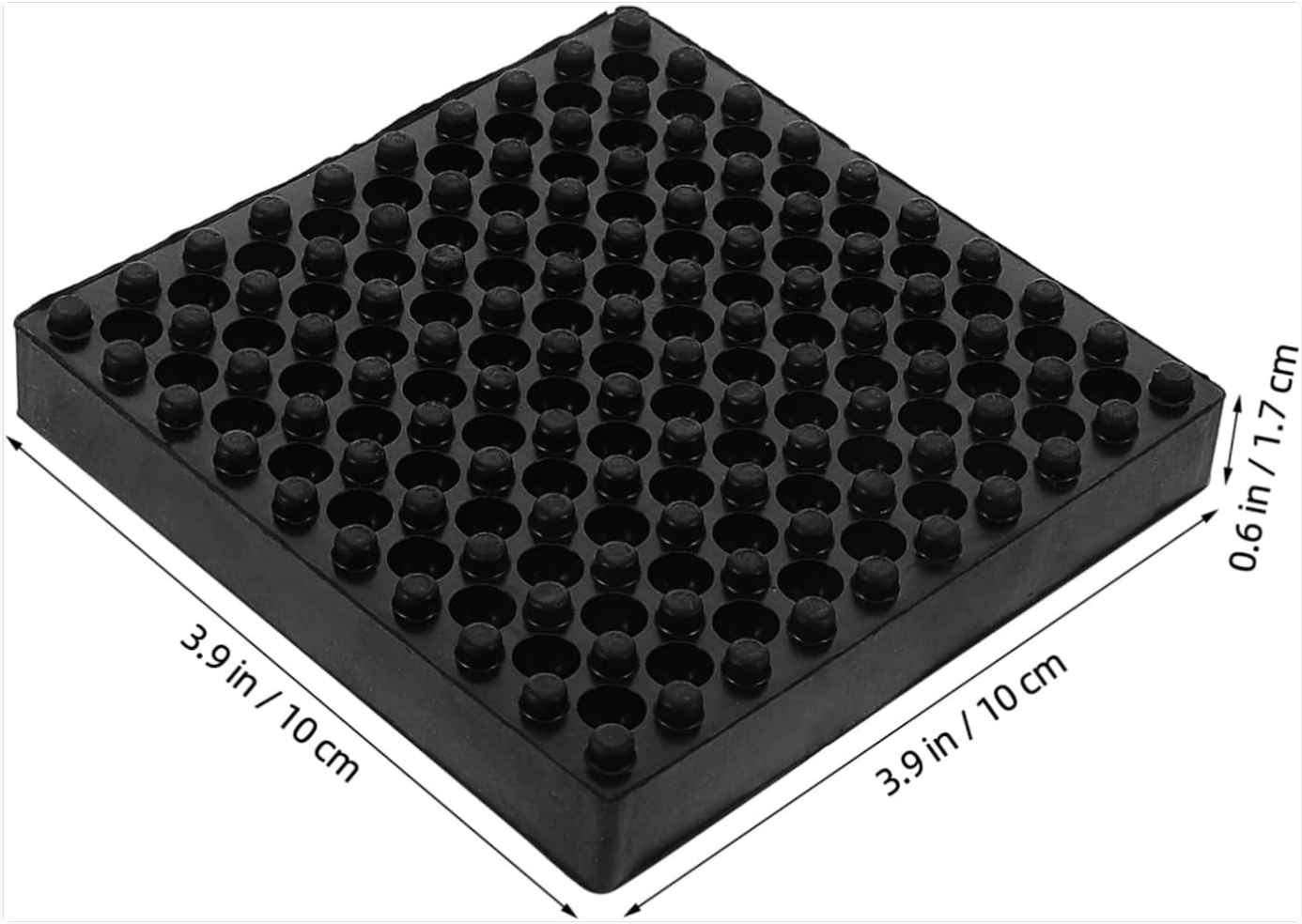


Image: The mat shown with its length, width, and thickness dimensions clearly indicated.

Setup Instructions

1. **Unpack:** Carefully remove the mat from its packaging.
2. **Choose Location:** Select a flat, stable surface where your exercise equipment will be placed. Ensure the area is clean and free of debris.
3. **Position Mat:** Place the VICASKY mat directly on the floor in the desired location. For larger equipment like treadmills, multiple mats may be used to cover the contact points or the entire footprint.
4. **Place Equipment:** Carefully position your treadmill or other exercise equipment on top of the mat(s). Ensure the equipment's feet or base are fully supported by the mat.

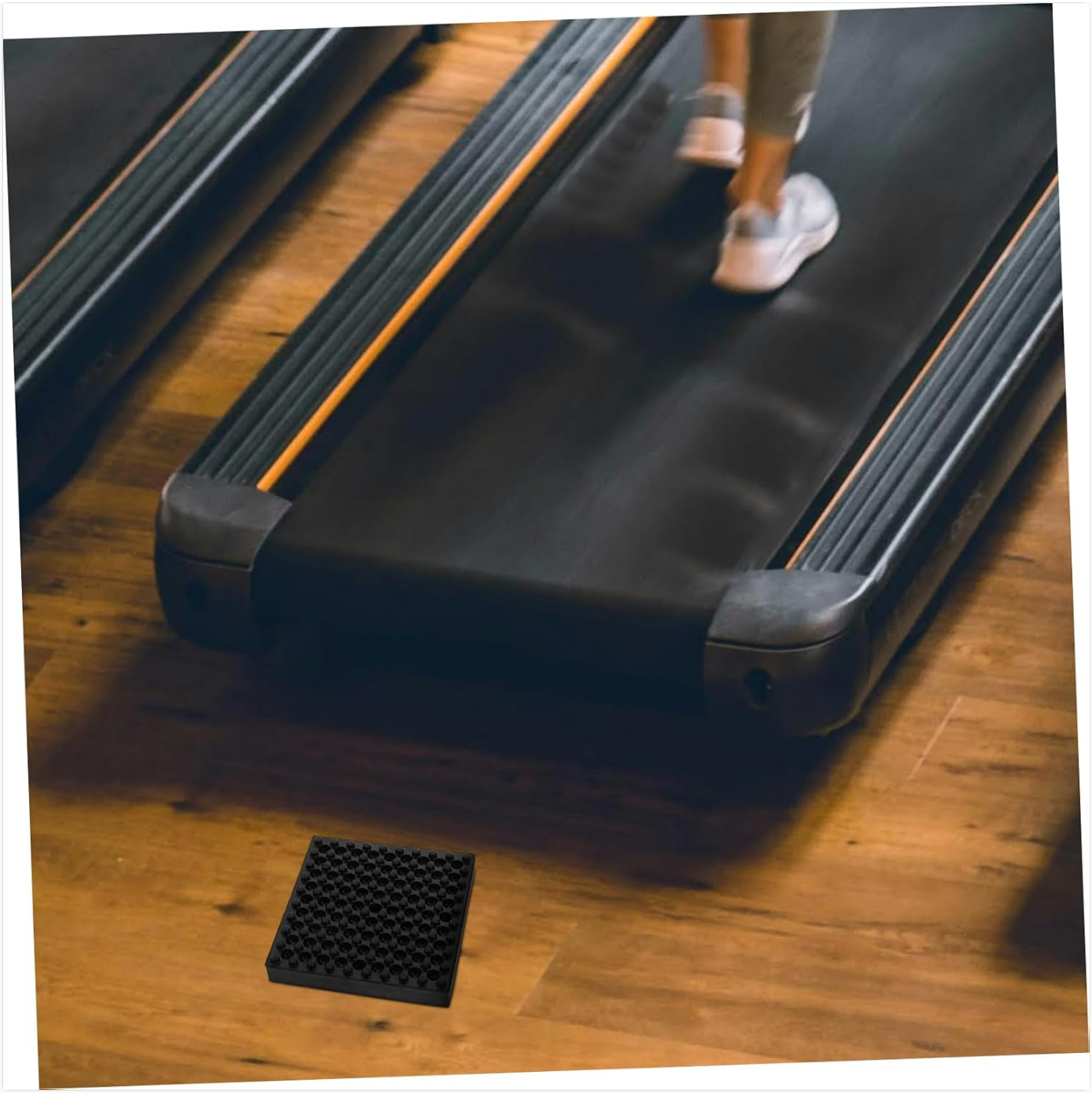


Image: A VICASKY mat positioned beneath a treadmill on a wooden floor, demonstrating proper placement for floor protection.

Operating Instructions

The VICASKY Treadmill Cushion Workout Mat functions as a protective and sound-dampening layer. Once properly set up under your equipment, no further operational steps are required for the mat itself. It continuously provides cushioning, noise reduction, and floor protection during your workouts.

- Ensure the mat remains flat and stable under the equipment during use.
- Verify that the equipment does not shift off the mat during exercise.

Maintenance and Care

Proper care will extend the life of your VICASKY mat and maintain its effectiveness.

- **Cleaning:** The mat should be cleaned by hand. Use a damp cloth with mild soap and water to wipe down the

surface. Avoid harsh chemicals or abrasive cleaners, as these can damage the rubber material.

- **Drying:** Allow the mat to air dry completely before placing equipment back on it or storing it.
- **Storage:** If storing the mat, ensure it is clean and dry. Store flat or rolled loosely in a cool, dry place away from direct sunlight.
- **Inspection:** Periodically inspect the mat for any signs of wear, tears, or damage. Replace if significant damage is observed to ensure continued protection.

Troubleshooting

If you encounter any issues with your VICASKY Treadmill Cushion Workout Mat, consider the following:

- **Mat Slipping:**
  - Ensure the floor surface beneath the mat is clean and dry.
  - Verify that the mat is placed on a flat, even surface.
  - Confirm that the exercise equipment is centered and stable on the mat.
- **Reduced Noise Absorption:**
  - Check if the mat is fully covering the contact points of the equipment.
  - Ensure the mat is not damaged or compressed in areas.
  - Consider using additional mats if the equipment is particularly heavy or noisy.
- **Floor Damage Still Occurring:**
  - Verify the mat is correctly positioned under all pressure points of the equipment.
  - Ensure the mat's thickness is adequate for the weight and type of equipment.
  - Inspect the mat for any punctures or tears that might compromise its protective barrier.

Warranty and Support

For information regarding warranty coverage or product support, please refer to the original product packaging or contact VICASKY customer service through the retailer where the product was purchased. Keep your purchase receipt as proof of purchase.

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