

## Nike FJ9509-106

# Nike Winflo 11 Men's Road Running Shoes User Manual

Model: FJ9509-106

## INTRODUCTION

This manual provides essential information for the proper use and care of your Nike Winflo 11 Men's Road Running Shoes. Designed for a balanced ride during everyday runs, these shoes feature responsive cushioning with Cushlon 3.0 foam and a full-length Nike Air unit. Please read these instructions carefully to ensure optimal performance and longevity of your footwear.

## SETUP

Before your first run, ensure proper fit and lacing.

1. **Lacing:** Thread the laces through all eyelets. Begin lacing from the toe box, ensuring even tension across the foot.
2. **Fit Adjustment:** Tighten the laces until the shoe feels secure but not constrictive. There should be approximately a thumb's width of space between your longest toe and the end of the shoe. The elastic midfoot band is designed to provide an accommodating fit.
3. **Initial Wear:** Wear the shoes for short periods initially to allow them to conform to your foot shape.

## OPERATING (USAGE)

The Nike Winflo 11 is engineered for road running. Follow these guidelines for optimal use:

- **Intended Use:** These shoes are specifically designed for road running surfaces. Avoid using them for trail running or other activities that may cause excessive wear or damage.
- **Running Form:** Maintain a natural running gait. The responsive cushioning system is designed to support your foot through various stride patterns.
- **Footwear Rotation:** Consider rotating your running shoes, especially if you run frequently, to extend the lifespan of each pair.

## MAINTENANCE

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Proper care will help maintain the performance and appearance of your shoes.

- **Cleaning:**

- Remove loose dirt with a soft brush.
- Mix a small amount of mild detergent with warm water.
- Dampen a cloth or sponge with the solution and gently wipe the upper and sole.
- Rinse with a clean, damp cloth.
- Do not machine wash or tumble dry.

- **Drying:** Allow shoes to air dry at room temperature. Avoid direct sunlight or heat sources, as these can damage materials.

- **Storage:** Store shoes in a cool, dry place away from direct sunlight.

## TROUBLESHOOTING

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If you encounter issues, consider the following:

- **Discomfort or Rubbing:**

- Ensure laces are not too tight or too loose.
- Check sock thickness; thinner or thicker socks can alter fit.
- Allow for a break-in period.

- **Excessive Wear on Sole:**

- This can indicate a need for new shoes or a change in running form.
- Consult a running specialist for gait analysis if wear is uneven or rapid.

- **Squeaking Noise:**

- Sometimes caused by moisture between the insole and the shoe bed. Remove and air dry the insole.
- Ensure laces are tied securely.

## SPECIFICATIONS

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<b>Model Number</b>	FJ9509-106
<b>Brand</b>	Nike
<b>Department</b>	Men's
<b>Intended Use</b>	Road Running
<b>Cushioning Technology</b>	Cushlon 3.0 foam, Full-length Nike Air unit
<b>Fit Feature</b>	Elastic midfoot band, spacious forefoot
<b>Origin</b>	Imported

## WARRANTY INFORMATION

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Nike products are manufactured to high-quality standards. For specific warranty details regarding your Nike Winflo

11 shoes, please refer to the official Nike website or contact Nike customer support. General warranty information typically covers manufacturing defects within a reasonable period from the date of purchase. This warranty does not cover damage caused by improper use, accidents, or normal wear and tear.

## CUSTOMER SUPPORT

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For further assistance, questions, or to report any issues with your Nike Winflo 11 shoes, please contact Nike Customer Service:

- **Website:** Visit the official Nike support page for FAQs and contact options. [www.nike.com/help](http://www.nike.com/help)
- **Phone:** Refer to the Nike website for regional contact numbers.
- **Online Chat:** Available through the Nike website during business hours.