

EGQINR H38

EGQINR H38 Smart Watch Fitness Tracker User Manual

Model: H38

1. INTRODUCTION

The EGQINR H38 Smart Watch is a versatile fitness tracker designed to support a healthy and connected lifestyle. It features a 1.57-inch HD full-touch color screen, Bluetooth calling capabilities, comprehensive health monitoring, and a wide range of sports tracking modes. This manual provides essential information for setting up, operating, and maintaining your device.



Image: The EGQINR H38 Smart Watch in pink, showcasing its vibrant display with a butterfly watch face and an incoming call notification.

2. WHAT'S IN THE BOX

- 1* EGQINR H38 Smart Watch
- 1* Instruction Manual
- 1* Magnetic Charging Cable
- 1* Regular Silicone Strap
- 1* Extended Silicone Strap

3. SETUP

3.1 Charging the Device

Before first use, fully charge your smartwatch. Connect the magnetic USB charging cable to the charging points on the back of the watch. Ensure the pins align correctly for a secure connection. A full charge typically takes approximately 2 hours.



IP67
Waterproof



230mAh
Long Battery Life

5

Days
Normal Use

2

Hours
Fast Charge



Image: The EGQINR H38 Smart Watch showing its magnetic charging cable connected to the back of the device.

3.2 App Installation & Pairing

To unlock the full functionality of your H38 Smart Watch, download and install the **FitCloudPro** app on your smartphone. The app is compatible with iOS 9.0 / Android 4.4 or above smartphones.

1. **Download App:** Search for "FitCloudPro" in your smartphone's app store (Google Play Store for Android, Apple App Store for iOS) and install it.
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Open App & Pair:** Open the FitCloudPro app, navigate to the device section, and select "Add Device" or "Bind Device." The app will search for nearby devices. Select "H38" from the list to initiate pairing.
4. **Confirm Pairing:** Follow any on-screen prompts on both your phone and watch to confirm the pairing.



Image: Visual guide illustrating the steps for downloading the FitCloudPro app and connecting the H38 Smart Watch via Bluetooth.

3.3 Bluetooth Connection for Calls

After successfully pairing the watch with the FitCloudPro app, you need to establish a separate Bluetooth connection for call functionality:

1. On your H38 Smart Watch, swipe down from the main screen to access the quick settings. Look for an icon related to "Call Audio" or "Audio Bluetooth" and ensure it is turned **ON**.
2. On your smartphone, go to your Bluetooth settings. You should see "H38" or a similar device name listed under available devices. Select it to connect.
3. Once connected, your watch will be able to make and receive calls directly.

4. OPERATING THE SMART WATCH

4.1 Navigation

- **Swipe Up/Down:** Access quick settings, notifications, or scroll through menus.
- **Swipe Left/Right:** Navigate between different widgets or app screens.
- **Side Button:** Press to wake the screen, return to the home screen, or access the app menu.

4.2 Customization

Personalize your watch face to match your style:

- **Watch Faces:** The FitCloudPro app offers over 150 free watch faces. You can also upload your favorite photo from your phone album to set as a custom watch face.
- **Display Settings:** Adjust brightness and screen timeout directly on the watch.

1.57" HD Screen & 150+ Watch Faces



Android 4.4 and above



iOS 9.0 and above



5.2 Bluetooth Connection



Image: The EGQINR H38 Smart Watch showcasing its 1.57-inch HD screen and a variety of customizable watch faces.

4.3 Bluetooth Calls & Messages

With the Bluetooth call function enabled, you can:

- **Make/Answer Calls:** Dial numbers directly from the watch, answer incoming calls, and view call history.
- **Store Contacts:** Sync important contacts from your phone to the watch for quick access.
- **Message Notifications:** Receive vibration alerts for phone calls, SMS texts, emails, and app messages (Facebook, Twitter, WhatsApp, etc.). The 1.57" HD display allows you to read full message content.

Bluetooth Call & Message Notifications



Image: The EGQINR H38 Smart Watch displaying an incoming call and message notifications on a user's wrist.

4.4 AI Voice Assistant

Utilize the integrated AI voice assistant for hands-free control and information retrieval. Simply activate the voice assistant feature on your watch and speak your commands or questions.

4.5 Music Control

Control music playback on your smartphone directly from your watch. Play, pause, skip tracks, and adjust volume without needing to access your phone.

4.6 Other Practical Functions

The H38 Smart Watch includes various smart features to assist in your daily life:

- **Weather:** Get real-time weather updates.
- **Stopwatch & Timer:** For precise timekeeping.
- **Alarm Clock:** Set alarms directly from your wrist.
- **Calculator:** A convenient tool for quick calculations.
- **Find Phone:** Locate your misplaced smartphone by triggering an alert.
- **Camera Control:** Remotely control your smartphone's camera.
- **Do-Not-Disturb Mode:** Silence notifications during specific times.
- **Time Display:** Choose between 12-hour or 24-hour formats and °F/°C options.

Make Life Easier

Multifunctional Reminder



Weather



Music



Voice Assistant



Camera Control



Calculator



Stopwatch



Alarm Clock



Find Phone



Drink Water

Image: The EGQINR H38 Smart Watch highlighting its multifunctional reminders, including weather, music control, and voice assistant.

5. HEALTH MONITORING

The H38 Smart Watch is equipped with advanced sensors for continuous health monitoring:

- **24/7 Heart Rate Monitoring:** Accurately tracks your heart rate throughout the day.
- **SpO2 (Blood Oxygen) Monitoring:** Measures your blood oxygen saturation levels.
- **Blood Pressure Monitoring:** Provides real-time blood pressure readings.
- **Sleep Tracking:** Analyzes your sleep quality, including deep sleep, light sleep, and awake times. View detailed reports in the FitCloudPro app.
- **Stress Monitoring:** Helps you understand and manage your stress levels.
- **Breathing Training:** Guided breathing exercises to promote relaxation.
- **Menstrual Cycle Reminder:** A dedicated feature for women to track and predict menstrual cycles.
- **Drinking Water Reminder:** Prompts you to stay hydrated throughout the day.
- **Sedentary Reminder:** Alerts you to move after periods of inactivity.

Keep Track Of Health



Female Function



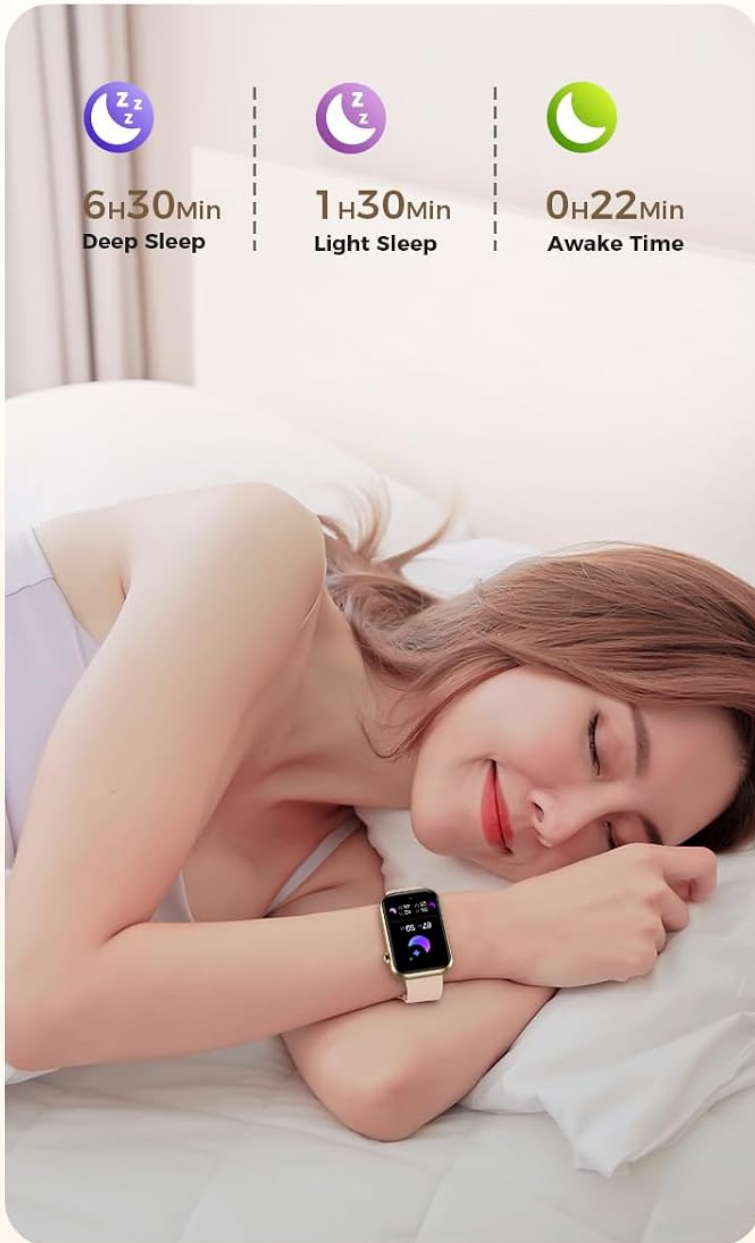
Breath Training



24/7 Heart Rate



24/7 Blood Oxygen



Heart Rate



Blood Pressure



Blood Oxygen



Image: The EGQINR H38 Smart Watch illustrating its comprehensive health tracking capabilities, including sleep analysis, heart rate, blood pressure, and blood oxygen monitoring.

Official Product Video: Health and Fitness Partner

Video: An official seller video demonstrating the EGQINR H38 Smartwatch as a health and fitness companion, highlighting its monitoring features.

6. ACTIVITY TRACKING

The H38 Smart Watch is an activity tracker that monitors your daily movement and supports various sports:

- **All-Day Activity Tracking:** Records steps, distance traveled, and calories burned throughout the day.
- **114+ Sports Modes:** Supports a wide array of activities including running, cycling, walking, yoga, basketball, badminton, football, table tennis, jump rope, elliptical machine, rowing machine, and more. It accurately records heart rate, steps, calorie consumption, distance, and duration in real-time during exercise.

24/7 Activity Tracking

110+ Sports Modes

The image shows a woman running on a treadmill, wearing a pink EGQINR H38 Smart Watch. The watch face displays a circular activity tracker with three segments: a red segment for distance (4.00 Km), a green segment for calories (260 Kcal), and a blue segment for steps (26200 Steps). The watch also shows the time as 18:01 and the date as Data. A circular overlay on the right side of the image lists 11 sports modes, each with a corresponding icon: Walking, Running, Mountaineering, Cycling, Basketball, Badminton, Football, Table tennis, Yoga, Jump rope, Elliptical machine, and Rowing machine.

- Walking
- Running
- Mountaineering
- Cycling
- Basketball
- Badminton
- Football
- Table tennis
- Yoga
- Jump rope
- Elliptical machine
- Rowing machine

4.00 Km

260 Kcal

26200 Steps

Image: The EGQINR H38 Smart Watch showcasing its 24/7 activity tracking and support for over 110 sports modes, with a woman running on a treadmill.

7. MAINTENANCE

7.1 Battery Life & Charging

The smartwatch features a 230mAh battery with low power consumption, offering extended endurance. With approximately 2 hours of charging, it supports 3-7 days of heavy use and up to 30 days of standby time. Use the provided magnetic USB cable for charging.

7.2 Waterproof Rating

The H38 Smart Watch has an **IP67 waterproof rating**. This means it is resistant to water splashes, sweat, and light rain. You can confidently wear it during everyday activities like washing hands or engaging in light water-related tasks. However, it is **not suitable for swimming, showering, sauna, or diving**

7.3 Cleaning

To maintain your watch, regularly clean the device and strap with a soft, damp cloth. Ensure the charging contacts are free of dirt and moisture.

8. TROUBLESHOOTING

- **Device not turning on:** Ensure the watch is fully charged. Connect it to the magnetic charger and check for a charging indicator.
- **Cannot pair with app:** Make sure Bluetooth is enabled on your phone and the watch. Ensure the watch is within range of your phone. Try restarting both your phone and the watch.
- **Call function not working:** Verify that both Bluetooth connections (for the app and for call audio) are established as described in Section 3.3.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensors on the back of the watch.
- **Notifications not received:** Check app settings to ensure notifications are enabled for the desired applications. Verify that the watch is connected via Bluetooth.

9. SPECIFICATIONS

Feature	Detail
Brand	EGQINR
Model Number	fe45eb9a-3981-494c-820c-9f1eccac69c0
Screen Size	1.57 Inches
Operating System	Android & iOS (compatible with Android 4.4+ / iOS 9.0+)
Battery Capacity	230 Milliamp Hours

Connectivity Technology	Bluetooth 5.2
Waterproof Rating	IP67
Item Weight	5.9 ounces
Special Features	Bluetooth Call, Text Notification, Heart Rate Monitor, Blood Pressure Monitor, Sleep Tracker, Activity Tracker, Calorie Tracker, Pedometer, Weather Information, Music Control, Camera Control, Alarm Clock, Calculator, Voice Assistant, Double Straps

10. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included with your product or contact EGQINR customer service directly. Details can typically be found on the manufacturer's official website or through the FitCloudPro app's support section.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question