SOBERNA T60-BK

Tikland Smart Watch T60-BK User Manual

Model: T60-BK

Introduction

Thank you for choosing the Tikland Smart Watch T60-BK. This device is designed to enhance your daily life with features such as call functionality, comprehensive fitness tracking, and robust IP68 waterproofing. This manual will guide you through the setup, operation, and maintenance of your new smartwatch to ensure optimal performance and longevity.

What's in the Box

- Tikland Smart Watch T60-BK
- Charging Cable
- User Manual (this document)

Setup

1. Charging the Smartwatch

Before first use, fully charge your Tikland Smart Watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a compatible power adapter (not included) or a computer USB port. A full charge typically takes approximately 2-3 hours. The 600 mAh battery provides up to 30 days of battery life depending on usage.

2. App Installation and Pairing

To unlock the full potential of your smartwatch, download the companion application on your smartphone. Search for the app name (refer to the packaging or quick start guide for the exact name) in your device's app store (App Store for iOS, Google Play Store for Android). Once installed:

1. Enable Bluetooth on your smartphone.
2. Open the companion app and follow the on-screen instructions to create an account or log in.
3. Select 'Add Device' or 'Pair Device' within the app.
4. The app will search for your Tikland Smart Watch. Select 'T60-BK' from the list of available devices.
5. Confirm the pairing request on both your watch and smartphone.

Ensure your watch is sufficiently charged during the pairing process.



This image displays the Tikland Smart Watch T60-BK. The larger watch face shows the time (10:09), steps (16358), calories burned (785), and distance covered (15.8km). The smaller inset watch shows an incoming call notification from '135 6666 8888'.

Operating the Smartwatch

Basic Navigation

- **Touchscreen:** Swipe left/right, up/down to navigate through menus and features. Tap to select.
- **Side Button:** Typically used to return to the home screen, wake/sleep the display, or access the app list.

Call Function

Once paired with your smartphone, the T60-BK allows you to make and receive calls directly from your wrist. Ensure Bluetooth calling is enabled in the companion app settings.

- **Receiving Calls:** When a call comes in, the watch will display the caller ID. Tap the green icon to answer or the red icon to reject.
- **Making Calls:** Access the dialer or contact list on your watch to initiate a call.

Fitness Tracking

The smartwatch is equipped with advanced sensors to monitor your health and fitness activities.

- **110+ Sport Modes:** Select your activity from a wide range of sports modes to get accurate tracking of calories burned, distance, and duration.
- **Heart Rate Monitoring:** The watch continuously monitors your heart rate. View real-time data on the watch or detailed trends in the app.
- **Sleep Monitoring:** Track your sleep patterns, including deep sleep, light sleep, and awake times.
- **Pedometer:** Automatically counts your steps throughout the day.

Notifications

Receive notifications for calls, messages, and app alerts directly on your wrist. Configure notification settings within the companion app.

IP68 Waterproof Rating

The T60-BK is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for daily use, hand washing, and light rain. *Avoid hot water, saunas, or diving.*

Maintenance

Cleaning

Regularly clean your smartwatch and strap to prevent skin irritation and maintain device performance. Use a soft, lint-free cloth. If necessary, slightly dampen the cloth with water. *Do not use harsh chemicals or abrasive materials.*

Battery Care

To prolong battery life, avoid exposing the watch to extreme temperatures. Charge the device regularly, but avoid leaving it fully charged or fully depleted for extended periods.

Troubleshooting

Problem	Possible Solution
Watch does not turn on	Ensure the watch is fully charged. Press and hold the side button for several seconds.
Cannot pair with smartphone	Ensure Bluetooth is enabled on both devices. Restart both the watch and smartphone. Check if the app is updated. Forget the device in your phone's Bluetooth settings and try pairing again.
Inaccurate fitness data	Ensure the watch is worn snugly on your wrist. Calibrate settings in the companion app if available.
Notifications not received	Check notification permissions for the app on your smartphone. Ensure the app is running in the background. Verify notification settings within the companion app.

Factory Reset

If issues persist, a factory reset may resolve them. This will erase all data on the watch. Consult the companion app or watch settings for the 'Factory Reset' option.

Specifications

Feature	Detail
Model Name	T60-BK
Brand	SOBERNA
Screen Size	1.91 Inches
Standing Screen Display Size	1.91 Inches
Shape	Round
Operating System	Android Wear 1.0
Special Feature	Accelerometer
Connectivity Technology	Bluetooth
Battery Cell Composition	Lithium Ion
GPS	GPS Via Smartphone
Target Audience	Unisex Adults
Manufacturer	soberna
Country of Origin	China
Date First Available	April 23, 2025
ASIN	B0F62M3K9W

Warranty and Support

Specific warranty information for the Tikland Smart Watch T60-BK is not provided in this manual. Please refer to the product packaging or the manufacturer's official website for detailed warranty terms and conditions.

For technical support, troubleshooting assistance beyond this manual, or warranty claims, please contact the manufacturer, SOBERNA, through their official support channels. Contact information can typically be found on the product packaging or their website.

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Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Answered questions about this manual

Why does my SOBERNA Tikland Smart Watch T60-BK not display the correct time compared to my other smart devices?

The SOBERNA Tikland Smart Watch T60-BK does not have a manual time-setting feature; it relies entirely on its Bluetooth connection to your smartphone to synchronize the date and time. If the time is incorrect,...

Read full answer

Why does my SOBERNA Tikland Smart Watch T60-BK screen not light up when I raise my arm?

If your SOBERNA Tikland Smart Watch T60-BK does not light up when you raise your arm, it is likely that the "Raise to Wake" (sometimes called "Gesture Control" or "Wrist Sense") feature is disabled...

Read full answer

Does the SOBERNA Tikland Smart Watch T60-BK have a built-in compass?

Based on the provided manual for the SOBERNA Tikland Smart Watch T60-BK, there is no mention of a built-in compass sensor or application. The device's specifications list an accelerometer as a special feature and...

Read full answer

Will the SOBERNA Tikland Smart Watch T60-BK monitor blood pressure?

Based on the provided manual for the SOBERNA Tikland Smart Watch T60-BK, there is no mention of a blood pressure monitoring feature. The manual explicitly lists the following health and fitness tracking capabilities:Heart Rate...

Read full answer

Is there a way to make the SOBERNA Tikland Smart Watch T60-BK screen stay lit longer?

While the provided manual for the SOBERNA Tikland Smart Watch T60-BK does not explicitly list a "Screen Timeout" menu path, most smartwatches using this operating system allow you to adjust the display duration through...

Read full answer