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› DMASUN Silent Magnetic Resistance Exercise Bike User Manual (Model 8732D)

DMASUN 8732D

DMASUN Silent Magnetic Resistance Exercise Bike User Manual

Model: 8732D

1. INTRODUCTION

Thank you for choosing the DMASUN Silent Magnetic Resistance Exercise Bike. This manual provides essential information for the safe assembly, operation, maintenance, and troubleshooting of your new fitness equipment. Please read this manual thoroughly before use and retain it for future reference.

2. SAFETY INFORMATION

Before beginning any exercise program, consult with your physician. It is crucial to understand and follow all safety precautions to prevent injury and ensure proper operation of the exercise bike.

- Ensure all bolts and nuts are securely tightened before each use.
- Place the exercise bike on a flat, stable surface. Use a protective mat if necessary.
- Keep children and pets away from the equipment during operation.
- Wear appropriate athletic clothing and footwear. Avoid loose clothing that could get caught in moving parts.
- Do not exceed the maximum user weight capacity of 350 pounds (158 kg).
- If you experience pain, dizziness, or shortness of breath, stop exercising immediately.
- Regularly inspect the bike for any signs of wear or damage. Do not use if damaged.

3. PACKAGE CONTENTS

Verify that all components are present before beginning assembly. If any parts are missing or damaged, contact customer support.

- Main Frame (pre-assembled with flywheel and crank)
 - Handlebar
 - Seat
 - Front Stabilizer Tube
 - Rear Stabilizer Tube
 - Pedals (Left and Right)
 - Electronic Device Stand
 - Water Bottle Holder
 - Pull Ropes
 - Hardware Kit (bolts, washers, nuts, tools)
 - User Manual
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4. SETUP AND ASSEMBLY

The DMASUN Exercise Bike is designed for quick assembly, with approximately 70% of the components pre-assembled. The remaining parts can typically be installed within 30 minutes.

4.1 Assembly Steps

1. **Attach Stabilizer Tubes:** Secure the front and rear stabilizer tubes to the main frame using the provided bolts and washers. Ensure the orange-colored rollers on the front base tube face inward.
2. **Install Pedals:** Identify the left (L) and right (R) pedals. Thread the left pedal counter-clockwise and the right pedal clockwise into the crank arms. Tighten securely.
3. **Mount Seat:** Insert the seat post into the main frame and adjust to your desired height. Secure with the adjustment knob. Attach the seat to the seat post.
4. **Install Handlebar:** Insert the handlebar post into the main frame and adjust to your desired height. Secure with the adjustment knob. Attach the handlebar to the post.
5. **Attach Accessories:** Install the electronic device stand and water bottle holder as indicated in the diagram.

For a visual guide, please refer to the official installation video:

Your browser does not support the video tag.

This video demonstrates the assembly process for the DMASUN Exercise Bike, guiding users through attaching components like the stabilizer tubes, pedals, seat, and handlebar.

4.2 Leveling the Bike

After assembly, ensure the bike is stable. Use the level adjustment knobs on the stabilizer tubes to compensate for uneven floor surfaces. Adjust until the bike does not rock.

ALMOST NO SOUND

Immersive Riding Experience



<20db



Image showing the robust frame construction of the DMASUN Exercise Bike, highlighting the 2.0mm thickened alloy steel pipe for enhanced stability and security, supporting up to 350 lbs.

5. OPERATING INSTRUCTIONS

5.1 Adjusting Seat and Handlebar

The seat offers four-way adjustment (up/down, forward/backward), and the handlebar offers two-way adjustment (up/down). These adjustments accommodate users ranging from 4.8 ft to 6.3 ft in height.

- **Seat Height:** Loosen the adjustment knob on the seat post, slide the seat to the desired height, and tighten the knob securely.
- **Seat Position:** Loosen the knob under the seat, slide the seat forward or backward, and tighten.
- **Handlebar Height:** Loosen the adjustment knob on the handlebar post, slide the handlebar to the desired height, and tighten the knob securely.

MORE AND MORE **VERSATILE** EXERCISE BIKE

Achieve Your Goals While Enjoying



Diagram illustrating the adjustable seat and handlebar positions, along with the overall dimensions of the DMASUN Exercise Bike, suitable for users between 4.8 ft and 6.3 ft.

5.2 Adjusting Magnetic Resistance

The exercise bike features updated magnetic resistance, providing a smooth and quiet workout without the need for maintenance. The resistance knob allows for a wide range of intensity levels.

- **Increase Resistance:** Turn the red resistance knob clockwise.
- **Decrease Resistance:** Turn the red resistance knob counter-clockwise.
- **Emergency Stop:** Press down firmly on the red resistance knob to quickly stop the flywheel.

Resistance levels can be adjusted from 0% to 100% to suit various training goals:

- **0-20%:** Warm-up
- **20%-50%:** Running/Cardio
- **50%-80%:** Fat Burning
- **80%-100%:** Muscle Strengthening

GET MORE FUN WITH APPS



Real-time Data Tracking



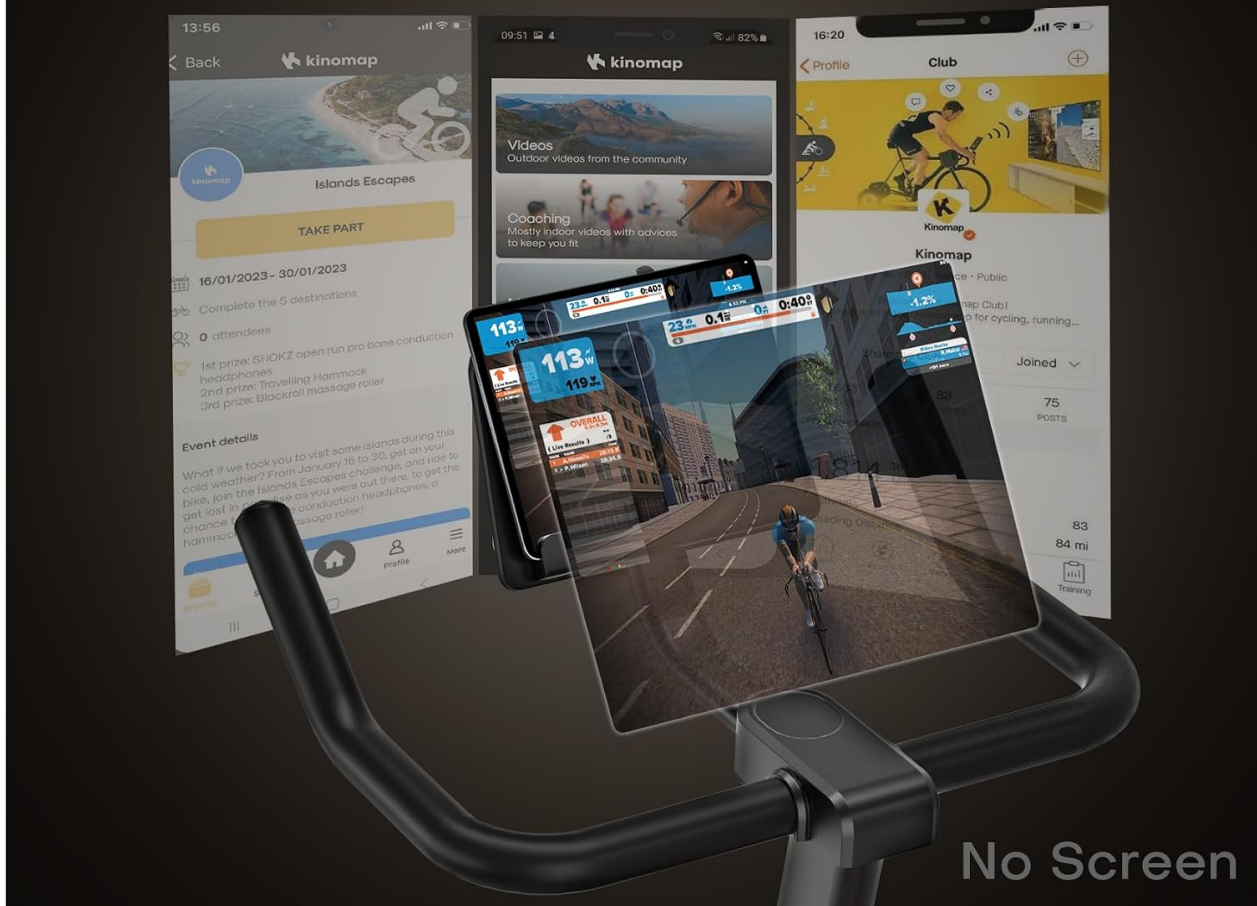
Coaching Course



Real Route Simulation



Multiplayer Interaction



Close-up of the red resistance knob on the DMASUN Exercise Bike, showing the adjustable resistance levels from 0% to 100% and their corresponding workout intensities (warm-up, running, fat burning, muscle training).

5.3 App Connectivity

The DMASUN Exercise Bike is compatible with fitness applications such as Kinomap and Zwift. This allows for virtual training, racing, and challenges, enhancing your workout experience. Note: This model does not include an LCD display.

- **Connect to App:** Place your smartphone or tablet on the electronic device stand. Open your preferred fitness app (e.g., Kinomap, Zwift) and follow the in-app instructions to connect to the exercise bike via Bluetooth.
- **Track Progress:** The app will display real-time metrics such as distance, time, calories burned, and average BPM.

FIT FOR ALL FAMILY MEMBERS

Suitable for Users: 4.8"-6.3"



Image showing a user engaging with fitness applications like Kinomap on a tablet mounted on the DMASUN Exercise Bike, demonstrating real-time data tracking and virtual training.

5.4 Using Pull Ropes

The integrated pull ropes allow for upper body exercises during your cycling workout, providing a more comprehensive full-body training experience.

6. MAINTENANCE

Regular maintenance ensures the longevity and safe operation of your DMASUN Exercise Bike.

- **Cleaning:** Wipe down the bike with a damp cloth after each use to remove sweat and dust. Avoid abrasive cleaners.
- **Check Connections:** Periodically check all bolts, nuts, and moving parts to ensure they are secure. Tighten any loose components.
- **Belt Drive:** The rugged ABS pulley and belt drive system are designed for smooth, maintenance-free operation. No lubrication is required.
- **Storage:** Store the bike in a dry, cool place away from direct sunlight and extreme temperatures.



Illustration of the DMASUN Exercise Bike's internal components, highlighting the 40 LB solid flywheel and smooth belt drive system, which contribute to its quiet operation (under 20 dBs) and maintenance-free design.

7. TROUBLESHOOTING

If you encounter issues with your exercise bike, refer to the following common problems and solutions:

- **Bike is unstable or wobbles:**
 - Ensure the bike is on a flat surface.
 - Adjust the level adjustment knobs on the stabilizer tubes until the bike is stable.
 - Check all assembly bolts and nuts for tightness.
- **Unusual noise during operation:**
 - Verify all bolts and connections are tight. Loose parts can cause rattling.
 - Ensure no foreign objects are caught in the flywheel or belt area.
 - The magnetic resistance system is designed to be silent; if you hear grinding, contact customer support.
- **Resistance not changing or inconsistent:**
 - Ensure the resistance knob is fully engaged and turning freely.
 - If the issue persists, contact customer support for guidance.
- **App connectivity issues:**
 - Ensure Bluetooth is enabled on your device.
 - Restart your device and the fitness app.
 - Check if the app requires any updates.
 - Ensure no other devices are actively connected to the bike via Bluetooth.

8. SPECIFICATIONS

Feature	Specification
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Model Number	8732D
Product Dimensions (L x W x H)	114D x 50W x 114H Centimetres
Item Weight	29 Kilograms
Maximum Weight Capacity	350 Pounds (158 kg)
Material	Alloy Steel (2.0mm thickened pipe)
Drive System	Belt Drive
Resistance Mechanism	Magnetic Resistance
Flywheel Weight	40 LB (fully filled solid flywheel)
Noise Level	Below 20 dBs
User Height Range	4.8 ft to 6.3 ft
Special Features	App Compatible, Pull Ropes, Electronic Device Stand, Water Bottle Holder, Non-slip Caged Pedals, Transport Wheels, Level Adjustment Knobs

9. WARRANTY AND SUPPORT

DMASUN provides a **12-month warranty** for this exercise bike. We are committed to customer satisfaction and continuously optimize our products based on user feedback.

If you have any questions, require assistance, or need to claim warranty service, please contact DMASUN customer support. Our factory engineers are available to provide professional guidance, and inquiries are typically addressed within 18 hours.

For support, please refer to the contact information provided with your purchase or visit the official DMASUN website.