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› Mxmoonant 3.6kW Home Sauna Stove Instruction Manual - Wall-Mounted Electric Heater for Dry & Wet Saunas

Mxmoonant xyr-72b

Mxmoonant 3.6kW Home Sauna Stove Instruction Manual

Model: xyr-72b | Brand: Mxmoonant

1. INTRODUCTION

Thank you for choosing the Mxmoonant 3.6kW Home Sauna Stove. This electric sauna heater is designed to provide a relaxing and authentic sauna experience in the comfort of your home. It is suitable for small sauna spaces of 3 to 4 square meters and supports both dry and wet sauna functions, including lōuryu when used with sauna stones (sold separately).

This manual provides essential information for the safe installation, operation, and maintenance of your sauna stove. Please read it thoroughly before use and keep it for future reference.



リカバリー

おうちでも小さなサウナスペース
疲れ切った自分に静かな時間を

Image 1.1: Enjoying a relaxing sauna experience at home with the Mxmoonant sauna stove.

2. SAFETY INFORMATION

Before installing and operating the sauna stove, please observe the following safety precautions:

- **Electrical Installation:** The 3.6kW output of this sauna stove requires dedicated indoor electrical wiring. It is not compatible with standard household outlets, which typically support a maximum of 1.5kW. Installation must be performed by a qualified electrician in accordance with local electrical codes.
- **Placement:** Install the sauna stove in a high-temperature resistant and well-ventilated location. Maintain a minimum safety distance of 10 cm (approximately 4 inches) from the floor and surrounding walls to ensure proper air circulation and prevent fire hazards.
- **Sauna Stones:** Only use dedicated sauna stones designed for electric sauna heaters. Do not use ordinary rocks or other materials, as they may crack and cause injury or damage. Sauna stones are sold separately.
- **Water Application (Lōuryu):** When performing lōuryu, pour water slowly and carefully onto the hot sauna stones. Avoid pouring excessive amounts of water at once, as this can create a sudden burst of steam and potentially cause burns.
- **Supervision:** Do not leave the sauna stove unattended while in operation. Keep children and pets away

from the heater.

- **Ventilation:** Ensure adequate ventilation in the sauna room to prevent oxygen depletion and carbon monoxide buildup.
- **Maintenance:** Regularly inspect the heater for any signs of damage or wear. Disconnect power before performing any maintenance.



Image 2.1: Maintain a minimum safety distance of 10 cm from the floor for proper operation.

3. PRODUCT OVERVIEW

The Mxmoonant 3.6kW Home Sauna Stove is a compact, wall-mountable electric heater designed for ease of use and efficient heating in small sauna spaces. It features adjustable temperature and time settings to customize your sauna experience.

Key Features:

- **Dual Functionality:** Supports both dry sauna and wet sauna (lōuryu with separate stones).
- **Adjustable Controls:** Independent knobs for temperature and operating time settings.
- **Efficient Heating:** 3.6kW output quickly heats spaces of 3-4 square meters.

- **Space-Saving Design:** Wall-mountable unit with compact dimensions (approx. 32x21x52 cm).
- **Overheat Protection:** Built-in safety mechanism to prevent overheating.
- **Durable Construction:** Made with stainless steel 403 and S304 heating elements.

Components:

The sauna stove unit includes the main heater body with integrated control knobs. Sauna stones are not included and must be purchased separately.



Image 3.1: The Mxmoonant 3.6kW Home Sauna Stove.

4. SETUP

Proper installation is crucial for the safe and efficient operation of your sauna stove.

4.1 Electrical Requirements

- **Power:** Single-phase 3-wire 110V, 3.6kW.
- **Voltage:** 110V.
- **Current:** 15 Amps.
- **Wiring:** Due to the high power output (3.6kW), this unit requires dedicated indoor electrical wiring. It cannot be plugged into a standard household outlet (which typically supports up to 1.5kW). Consult a qualified electrician for proper installation to ensure compliance with all local electrical codes and safety standards.

4.2 Mounting the Sauna Stove

The sauna stove is designed for wall-mounting. Follow these guidelines for installation:

- **Location:** Choose a location within the sauna room that is resistant to high temperatures and provides adequate ventilation. Avoid placing it directly under a window or near flammable materials.
- **Clearance:** Ensure a minimum safety distance of 10 cm (approximately 4 inches) from the floor and any adjacent walls or benches. This allows for proper air circulation and heat dissipation.
- **Wall Structure:** The wall must be capable of supporting the weight of the sauna stove (approx. 8.6 kg) plus the weight of the sauna stones (up to 10 kg). Use appropriate mounting hardware for your wall type.
- **Dimensions:** The unit measures approximately 32 cm (width) x 21 cm (depth) x 52 cm (height). Plan your installation space accordingly.



4.3 Loading Sauna Stones

Once the heater is securely mounted and electrically connected, carefully place the sauna stones into the designated stone compartment. Ensure the stones are clean and dry before loading. Do not pack them too tightly, as this can impede airflow and heating efficiency. The maximum load capacity for sauna stones is 10 kg.

5. OPERATING INSTRUCTIONS

The Mxmoonant sauna stove features simple controls for temperature and time settings.

5.1 Control Knobs

The sauna stove is equipped with two rotary knobs on the front panel:

- **Temperature Control Knob:** Adjusts the desired sauna temperature. The minimum temperature setting is 40°C. Rotate clockwise to increase temperature.
- **Time Control Knob:** Sets the operating duration of the sauna stove. Rotate clockwise to set the desired time.



5.2 Dry Sauna Operation

For a dry sauna experience, simply set your desired temperature and time using the control knobs. The heater will warm the sauna room to the set temperature. Do not pour water on the stones during dry sauna operation.

5.3 Wet Sauna (Lōuryu) Operation

To enjoy a wet sauna with lōuryu, ensure you have dedicated sauna stones placed in the heater. Once the stones are hot, carefully pour a small amount of water over them using a ladle. This will create steam, increasing the humidity in the sauna room. You can adjust the amount of steam by varying the amount of water poured. Always pour water slowly and avoid splashing.

6. MAINTENANCE

Regular maintenance ensures the longevity and safe operation of your sauna stove.

- **Cleaning:** Periodically wipe the exterior of the heater with a damp cloth. Do not use abrasive cleaners or solvents. Ensure the heater is cool and disconnected from power before cleaning.
- **Sauna Stones:** Inspect sauna stones regularly for signs of cracking or deterioration. Replace any damaged stones to maintain heating efficiency and safety. Rearrange stones periodically to ensure even heating and airflow.
- **Ventilation:** Ensure that the air vents around the heater are not obstructed by debris or lint.
- **Electrical Connections:** Annually, have a qualified electrician inspect the electrical connections for any signs of wear or loosening.

7. TROUBLESHOOTING

If you encounter issues with your sauna stove, refer to the following common troubleshooting steps:

- **Heater Not Turning On:**
 - Check if the power supply is connected and the circuit breaker has not tripped.
 - Ensure the time control knob is set to an operating duration.
 - Verify that the temperature control knob is set above the minimum temperature.
- **Insufficient Heating:**
 - Check if the sauna room size is within the recommended 3-4 square meters for the 3.6kW model.
 - Ensure the sauna stones are properly arranged and not obstructing airflow.
 - Verify that the sauna room is adequately insulated and sealed to prevent heat loss.
- **Overheat Protection Activated:**
 - If the heater shuts off unexpectedly, it may be due to the overheat protection. Allow the unit to cool down completely.
 - Check for any obstructions around the heater that might be blocking ventilation.
 - Ensure the sauna room temperature is not excessively high.
- **Unusual Noises or Odors:**
 - Immediately turn off the heater and disconnect power.

- Inspect for any foreign objects or damaged components. Contact customer support if the issue persists.

If these steps do not resolve the issue, please contact Mxmoonant customer support.

8. SPECIFICATIONS

Feature	Specification
Model Number	xyr-72b (xyr-72)
Power Output	3.6 kW
Voltage	110V
Current	15 Amps
Power Source	Electric (Single-phase 3-wire)
Dimensions (W x D x H)	Approx. 32 cm x 21 cm x 52 cm
Product Weight	Approx. 8.6 kg
Material	Stainless Steel 403
Heating Element	S304
Applicable Sauna Room Size	3 - 4 square meters
Minimum Temperature Setting	40°C
Mounting Type	Wall-mountable
Sauna Stone Capacity	Max. 10 kg (stones sold separately)
Features	Time Timer Setting, Overheat Protection
Recommended Use	Dry Sauna, Wet Sauna
Origin	China

おひとり様用向け 室内配線必要

商品仕様

■ 電源:単相3線110V、3.6KW

■ 消費電力:3600W

■ 材質:ステンレス403

■ 加熱管 : S304

■ 商品重量 : 約8.6kg

■ 適応空間 : 2~4m³

■ 過熱保護 : 付き

■ サウナストーン : 付属なし

■ 耐重 : ストーン10kg



Image 8.1: Product specifications including power, dimensions, and materials.

9. WARRANTY AND SUPPORT

Mxmoonant is committed to providing quality products. While this product undergoes quality and voltage checks before shipment, minor scratches may occur due to its imported nature. Please acknowledge this before purchase.

If you have any questions regarding the product, its operation, or require technical assistance, please do not hesitate to contact Mxmoonant customer support. We are dedicated to responding to all inquiries and assisting our customers.

For support, please refer to the contact information provided with your purchase or visit the official Mxmoonant store page.