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JAGJOG JT61

JAGJOG JT61 Treadmill with 15% Auto Incline User Manual

Model: JT61

1. Introduction

Thank you for choosing the JAGJOG JT61 Treadmill. This manual provides essential information for the safe assembly, operation, maintenance, and troubleshooting of your new fitness equipment. Please read this manual thoroughly before use and retain it for future reference.



Image 1.1: The JAGJOG JT61 Treadmill in operation, highlighting its 15% auto incline feature.

2. Safety Information

To ensure your safety and prolong the life of your treadmill, please observe the following:

- Always consult with a physician before starting any new exercise program.
- Place the treadmill on a flat, stable surface with adequate clearance around it.
- Ensure the safety key is properly attached to your clothing before beginning any workout.
- Do not allow children or pets near the treadmill while it is in operation.
- Keep hands and feet clear of all moving parts.

- Unplug the treadmill from the power source when not in use or before cleaning/maintenance.
- Maximum user weight capacity is 300 lbs (135 kg).

3. Package Contents

Verify that all components are present in the package:

- JAGJOG JT61 Treadmill (Main Unit)
- User Manual (this document)
- Lubricant
- Tool Kit (Allen Keys, Screwdriver)
- Safety Lock
- Accessory Kit

4. Setup and Assembly

The JAGJOG JT61 Treadmill features a convenient foldable design for easy setup. Follow these steps to prepare your treadmill for use:

1. **Unpack the Treadmill:** Carefully remove all packaging materials and place the folded treadmill on a flat, clear surface.
2. **Unfold the Treadmill:** Gently lift the console and unfold the main frame until it locks into place. Ensure the running deck is fully lowered and stable.
3. **Secure the Upright Posts:** Use the provided screws and Allen key from the tool kit to secure the upright posts to the base of the treadmill. Ensure all connections are tight.
4. **Attach the Console:** Position the console onto the upright posts and secure it with the remaining screws.
5. **Insert Safety Key:** Place the safety key into its designated slot on the console.
6. **Connect Power:** Plug the power cord into a grounded electrical outlet.



Image 4.1: Illustration of the treadmill's quick folding mechanism and compact storage dimensions (134 x 66.5 x 114.5 cm).

5. Operating Instructions

5.1 Control Panel Overview

The treadmill features an intuitive LED display with touch controls to monitor and adjust your workout.



Image 5.1: Close-up of the LED display showing workout metrics and touch control buttons, including a phone/tablet slot.

5.2 Starting a Workout

1. Ensure the safety key is in place and attached to your clothing.
2. Step onto the treadmill belt, holding the handrails for balance.
3. Press the 'Start' button on the console. The belt will begin moving at a low speed.
4. Adjust speed and incline as desired using the touch controls.

5.3 Speed Adjustment

Use the '+' and '-' buttons on the console to increase or decrease the running speed. The speed range is 1.0-14 KM/H (0.6-8.5 MPH).

5.4 Incline Adjustment

The treadmill offers a 15% auto incline feature. Use the dedicated incline buttons on the console to adjust the incline level, providing varied intensity for your workouts.



Image 5.2: Visual representation of the 15-level auto incline, showing different workout modes like Road, Hill Climb, and Mountain Climbing.

5.5 Workout Programs

The treadmill includes 12 preset HIIT (High-Intensity Interval Training) programs. Select a program using the 'P' button on the console to automatically adjust speed and incline for a structured workout.

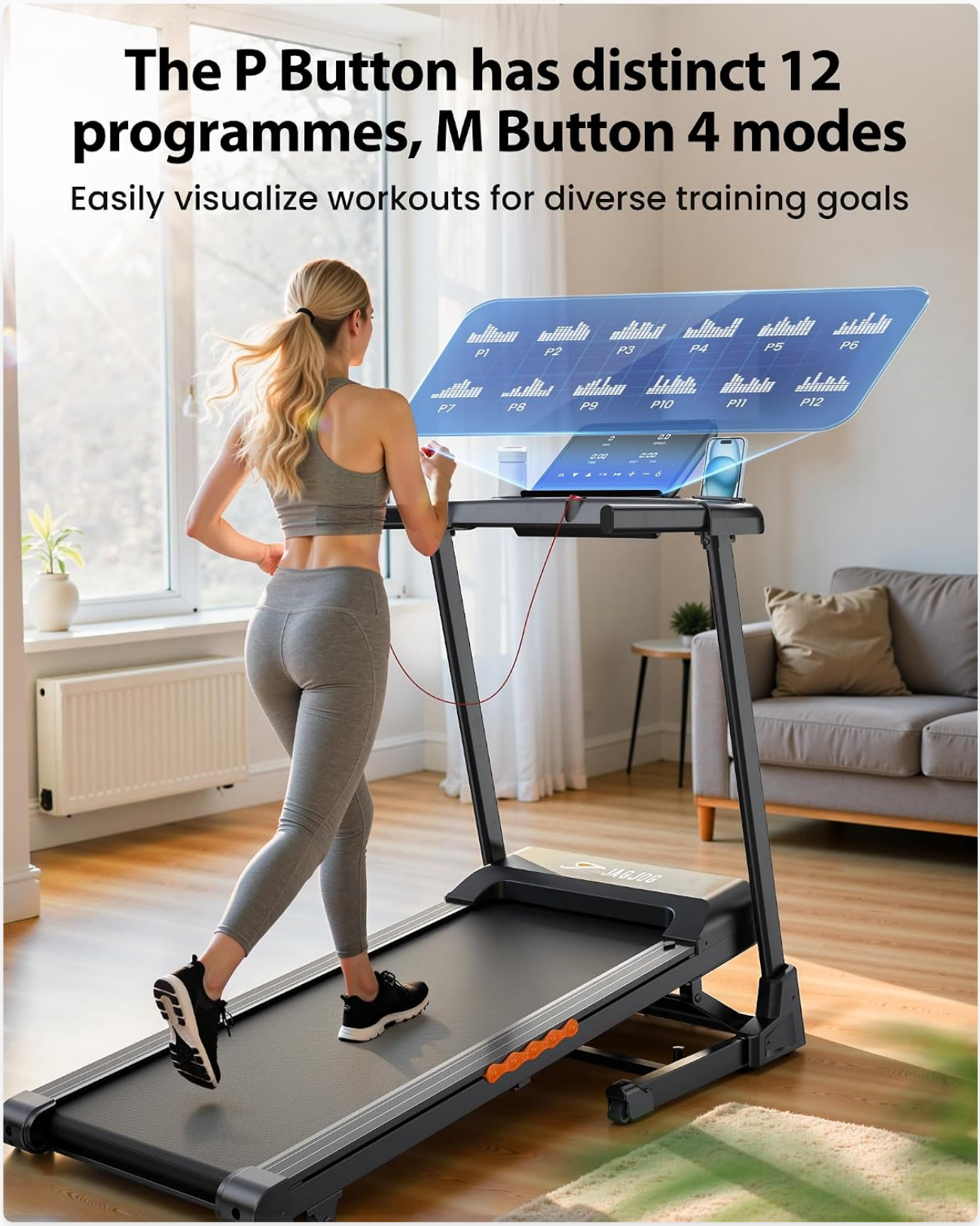

Image 5.3: A user exercising on the treadmill, with an overlay showing the 12 distinct workout programs (P1-P12) available.

5.6 Stopping a Workout

Press the 'Stop' button to gradually slow down and stop the treadmill belt. Alternatively, pulling the safety key will immediately stop the treadmill for emergency situations.

6. Maintenance

Regular maintenance ensures optimal performance and longevity of your treadmill.

6.1 Cleaning

Wipe down the treadmill surfaces with a damp cloth after each use. Avoid using abrasive cleaners or solvents.

6.2 Lubrication

The running belt requires periodic lubrication to reduce friction and wear. Refer to the included lubricant instructions for proper application frequency and method.

6.3 Running Belt Adjustment

The running belt is designed with an automatic self-aligning function. If the belt becomes misaligned or feels loose/tight, use the provided Allen key to make minor adjustments to the tension bolts at the rear of the treadmill. Adjust in small increments (quarter turns) and test the belt after each adjustment.



Image 6.1: Detail of the spacious 108 x 43 cm running belt, highlighting its auto-aligning and adjustable features.

7. Troubleshooting

If you encounter issues with your treadmill, refer to the following common problems and solutions:

Problem	Possible Cause	Solution

Problem	Possible Cause	Solution
Treadmill does not power on	Power cord not plugged in; circuit breaker tripped; safety key not in place.	Check power connection; reset circuit breaker; ensure safety key is correctly inserted.
Running belt slips or stops	Belt too loose; insufficient lubrication.	Adjust belt tension (refer to Section 6.3); lubricate the running deck.
Unusual noise during operation	Loose components; belt misalignment; motor issue.	Check all assembly bolts; adjust belt alignment; contact customer support if noise persists.
Incline not adjusting	Incline motor malfunction; obstruction.	Check for obstructions; contact customer support.

If the problem persists after attempting these solutions, please contact JAGJOG customer support.

8. Specifications

Feature	Detail
Model Number	JT61
Product Dimensions (Unfolded)	134 x 66 x 122 cm
Packed Size	134 x 66 x 20 cm
Item Weight	41.7 kg
Motor Horsepower	3.0 HP
Speed Range	1.0 - 14 KM/H (0.6 - 8.5 MPH)
Maximum Incline Percentage	15% (Auto Incline)
Maximum User Capacity	300 lbs (135 kg)
Running Belt Dimensions	108 x 43 cm
Display Type	LED Touch Control
Workout Programs	12 HIIT Programs
Special Features	Auto Incline, Quiet Motor, Foldable Design, Touch Control, Portable, Auto-Align Running Belt, One-Kick Auto Lower System
Frame Material	Alloy Steel

Feature	Detail
Power Source	Corded Electric



Image 8.1: Internal view of the 3.0 HP quiet motor, alongside key performance indicators like speed, weight capacity, and noise level.

9. Warranty and Support

For warranty information, product support, or to order replacement parts, please refer to the contact details provided with your purchase or visit the official JAGJOG website. Keep your purchase receipt as proof of purchase.
Eligible for Return, Refund or Replacement within 30 days of receipt.

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