

## GABRYLLY GYB01-FT

# GABRYLLY Ergonomic Office Chair with Footrest (Model GYB01-FT) Instruction Manual

Comprehensive guide for assembly, operation, and maintenance.

## 1. INTRODUCTION

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Thank you for choosing the GABRYLLY Ergonomic Office Chair with Footrest (Model GYB01-FT). This manual provides detailed instructions to ensure proper assembly, safe operation, and effective maintenance of your new office chair. Designed for optimal comfort and support, this chair features a breathable mesh design, adjustable components, and a retractable footrest to enhance your sitting experience.

## 2. SAFETY INFORMATION

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- Keep the chair away from stairs or other drop-offs to prevent accidents.
- Assemble the chair with caution using the provided Allen Wrench.
- Do not exceed the maximum weight capacity of 400 lbs (181 kg).
- Use adjustable parts with care to avoid injury. Ensure all adjustments are securely locked before use.
- Regularly check all bolts and screws to ensure they are tightened.

## 3. PACKAGE CONTENTS

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Before beginning assembly, please verify that all components are present and undamaged. If any parts are missing or damaged, please contact customer support.

- Headrest
- Backrest
- Seat Cushion
- Armrests (2)

- Footrest Assembly
- Gas Lift Cylinder
- Star Base
- Casters (5)
- Assembly Hardware (screws, washers, etc.)
- Allen Wrench

## 4. ASSEMBLY INSTRUCTIONS

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Assembly typically takes 15-20 minutes. Follow the step-by-step instructions provided in the separate assembly guide included with your package. An Allen Wrench is provided for convenience.

### **General Steps:**

1. Attach casters to the star base.
2. Insert the gas lift cylinder into the center of the star base.
3. Attach the armrests to the seat cushion.
4. Secure the backrest to the seat cushion assembly.
5. Install the footrest assembly.
6. Place the assembled seat onto the gas lift cylinder.
7. Attach the headrest to the top of the backrest.

Ensure all connections are tight and secure before using the chair.

# 2-LEVEL RETRACTABLE FOOTREST



Image: Overview of the GABRYLLY office chair highlighting its ergonomic design and adjustable components.

## 5. OPERATING INSTRUCTIONS

### 5.1. Seat Height Adjustment

To adjust the seat height, locate the lever under the right side of the seat. While seated, pull the lever up to raise the seat. To lower the seat, pull the lever up while applying slight pressure to the seat. Release the lever at the desired height.

### 5.2. Backrest Recline and Tilt Lock

The backrest can recline up to 135 degrees, with lockable positions at 90°, 110°, and 135°. Use the recline lever (typically on the left side under the seat) to adjust the angle. Push the lever in to lock the recline at your desired angle, and pull it out to allow free reclining motion.

# 3-LEVEL TILT BACK, EASILY SWITCH

Simple operation for effortless  
three recline settings.



Image: Demonstrates the 3-level recline function of the chair, showing working, reading, and resting positions.

## 5.3. Headrest Adjustment

The 3D headrest offers multiple adjustments:

- **Height Adjustment:** Lift the headrest up or push it down to fit your neck.
- **Angle Adjustment:** Press the two buttons on the headrest to adjust its angle (up to 45° rotation) for comfortable neck support.

# ADJUSTABLE 3D HEADREST



Image: Close-up of the adjustable 3D headrest, illustrating height and angle adjustments.

## 5.4. Armrest Adjustment

The armrests are flip-up and height-adjustable:

- **Flip-Up Function:** To fold the armrests up (45°), simply lift them. This allows the chair to be tucked neatly under a desk, saving space.
- **Height Adjustment:** Press the built-in button on the armrest to raise or lower its height by 1.8 inches for tailored support.

# SAVE SPACE, STAY FLEXIBLE

Lift the armrests to unlock more room,  
create for relaxing moments.



Image: Shows the flip-up armrests and their height adjustment, ideal for saving space.

## 5.5. Retractable Footrest

To use the footrest, pull it out from under the seat. It extends up to 17.8 inches. Recline the backrest to your desired position for ultimate relaxation. To retract, push the footrest back until it clicks into its original position.



Image: A user demonstrating the retractable footrest feature for relaxation.

## 5.6. Lumbar Support

The chair features effective lumbar support designed to complement the ergonomic support of the back. While not explicitly adjustable in height, its design provides consistent support to the lower back.

## 6. MAINTENANCE

To maintain the longevity and appearance of your GABRYLLY office chair, follow these simple care instructions:

- **Cleaning:** Wipe clean with a damp cloth. Avoid harsh chemicals or abrasive cleaners, as these may damage the mesh or frame.
- **Inspection:** Periodically check all screws and bolts to ensure they are tight. Re-tighten if necessary to maintain stability and safety.
- **Mesh Care:** The high-density mesh is designed to resist wear and tear. For deeper cleaning, a mild soap solution can be used, followed by wiping with a clean, damp cloth.

## 7. TROUBLESHOOTING

If you encounter any issues with your GABRYLLY office chair, please refer to the following common solutions or contact customer support.

- **Chair Wobbles:** Ensure all screws and bolts are securely tightened. Check that the casters are properly inserted into the star base.
- **Difficulty Adjusting Height:** Verify that the gas lift lever is fully engaged and not obstructed. If the issue persists, the gas lift cylinder may need replacement.
- **Recline Not Locking:** Check the recline lock lever to ensure it is fully engaged. If the mechanism feels loose, inspect for any obstructions or damage.
- **Casters Not Rolling Smoothly:** Clean any debris (hair, dust) from the caster wheels. Ensure the wheels are properly seated in the base.

## 8. SPECIFICATIONS

| Feature                       | Detail  |
|-------------------------------|---|
| Brand                         | GABRYLLY  |
| Model Name                    | GYB01-FT  |
| Color                         | Obsidian Black  |
| Product Dimensions            | 20.5"D x 20.5"W x 40"H  |
| Seat Depth                    | 20.5 inches   |
| Item Weight                   | 42.8 pounds   |
| Maximum Weight Recommendation | 400 Pounds  |
| Back Style                    | High Back   |
| Arm Style                     | Flip-Up   |
| Reclining Positions           | 3 (90°, 110°, 135°)   |
| Special Features              | Footrest, Lumbar Support, Adjustable Flip-Up Arms, 3D Headrest, All Mesh Design, Stable |
| Gas Rod                       | Class-4 (SGS Certified)   |



Image: Detailed product dimensions and key features of the GABRYLLY office chair.

## 9. WARRANTY AND SUPPORT

The GABRYLLY Ergonomic Office Chair (Model GYB01-FT) comes with a **3-year warranty**. This warranty covers manufacturing defects and issues with parts. For any questions, concerns, or warranty claims, please contact GABRYLLY customer support. Timely and efficient assistance is available to ensure your satisfaction.

For responsive customer support, please refer to the contact information provided in your product packaging or visit the official GABRYLLY website.