

[Manuals.plus](#) /

› [Zeacool](#) /

› Zeacool C82 Fitness Tracker User Manual

Zeacool C82

Zeacool C82 Fitness Tracker User Manual

Model: C82

1. INTRODUCTION

Thank you for choosing the Zeacool C82 Fitness Tracker. This manual provides essential information for setting up, operating, and maintaining your device. Please read it carefully to ensure optimal performance and longevity of your fitness tracker.



Figure 1: Zeacool C82 Fitness Tracker Overview

2. PACKAGE CONTENTS

Upon opening your Zeacool C82 Fitness Tracker package, please verify that all items are present:

- Zeacool C82 Fitness Tracker (with strap)
- USB Charging Cable
- User Manual (this document)

3. SETUP

3.1 Charging the Device

Before initial use, fully charge your fitness tracker. Connect the magnetic USB charging cable to the charging contacts on the back of the device and plug the USB end into a standard USB power adapter (not included) or a computer USB port.

- Charging time: Approximately 1.5 hours for a full charge.
- Battery life: Up to 10-14 days with typical use, 30 days standby.

1.47" Curved-Design HD-Color Full Touch Screen



Long Battery Life

1.5Hrs Charging



7-10 Days Use

for typical use



30-Day Standby



Figure 2: Charging the Zeacool C82 Fitness Tracker

3.2 App Installation and Pairing

To access all features and synchronize data, download the "Keep Health" app on your smartphone.

1. **Download the App:** Search for "Keep Health" in the Apple App Store (for iOS) or Google Play Store (for Android) and install it.
2. **Create Account:** Open the app and follow the on-screen instructions to create a user account.
3. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
4. **Pair Device:** In the "Keep Health" app, navigate to the device section and select "Add Device" or similar

option. The app will search for your Zeacool C82. Select your device from the list to pair.

5. **Confirm Pairing:** A pairing request may appear on your fitness tracker. Confirm the pairing on both the tracker and your smartphone.

4. OPERATING INSTRUCTIONS

4.1 Basic Navigation

The Zeacool C82 features a 1.47-inch HD color touchscreen for intuitive navigation.

- **Wake Screen:** Raise your wrist or press the side button.
- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access quick functions or different data screens.
- **Tap:** Select an item or confirm an action.
- **Side Button:** Press to return to the previous screen or the main watch face.



Figure 3: Customizing Watch Faces and Display Settings

4.2 Health Monitoring

The C82 tracker continuously monitors various health metrics.

- **Heart Rate:** 24/7 real-time dynamic heart rate monitoring. View current and historical data in the app.
- **Blood Pressure:** Supports real-time blood pressure monitoring. For accurate medical readings, consult a professional medical device.
- **Blood Oxygen (SpO2):** Monitors blood oxygen levels.
- **Sleep Tracking:** Automatically tracks sleep patterns, including Deep Sleep, Light Sleep, and Awake stages. Provides a nightly sleep score in the app.
- **Temperature Monitoring:** Provides temperature readings.

24-Hour Health Monitoring



Figure 4: 24-Hour Health Monitoring Features

Intelligent Sleep Monitoring and Analysis



Figure 5: Intelligent Sleep Monitoring and Analysis

4.3 Sports Modes and Activity Tracking

The tracker supports over 104 sports modes and provides all-day activity tracking.

- **Activity Tracking:** Monitors steps, distance, and calories burned throughout the day.
- **Sports Modes:** Select a specific sport mode on the tracker to record detailed data for your workout. The app provides GPS connectivity via your smartphone for outdoor activities.

100+ Sport Modes

All Day Activity Tracking Designed to Motivate You



Figure 6: 100+ Sport Modes and All-Day Activity Tracking

4.4 Notifications

Receive call and message notifications directly on your wrist when connected to your smartphone.

- **Call Notifications:** See incoming calls and choose to reject them from the tracker.
- **Message Notifications:** Receive alerts for SMS, social media apps (e.g., WhatsApp, Facebook, Instagram, TikTok), and other app notifications.

Smart Call and Message Notification

Ensure you never miss an important call or message



Figure 7: Smart Call and Message Notifications

4.5 Other Convenient Functions

The Zeacool C82 includes several additional features to enhance daily convenience:

- **Remote Photography:** Control your phone's camera remotely.
- **Music Control:** Play, pause, skip tracks, and adjust volume for music playing on your phone.
- **Mobile Search:** Locate your paired smartphone by triggering an alert sound.
- **Drinking Water Reminder:** Set reminders to stay hydrated.
- **Sedentary Reminder:** Alerts you to move after periods of inactivity.
- **Menstrual Cycle Reminder:** Track and predict menstrual cycles.
- **Real-time Weather Display:** Get current weather information.
- **Timer/Stopwatch:** Built-in timing functions.
- **Do-Not-Disturb Mode:** Silence notifications during specific times.
- **Alarm Clock:** Set alarms directly from the tracker or app.

Multiple Convenient Functions



Figure 8: Multiple Convenient Functions

5. MAINTENANCE

5.1 Cleaning

Regularly clean your fitness tracker to maintain hygiene and performance.

- Wipe the screen and strap with a soft, damp cloth.
- Avoid using harsh chemicals or abrasive materials.
- Ensure the charging contacts are clean and dry before charging.

5.2 Water Resistance

The Zeacool C82 is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for washing hands, showering, swimming, and diving.

- Do not use in hot water or steam environments (e.g., saunas, hot springs).
- Avoid prolonged exposure to saltwater. Rinse with fresh water after exposure.
- The water resistance may decrease over time with normal wear and tear.

5.3 Battery Care

- Avoid fully discharging the battery frequently.
- Store the device in a cool, dry place if not used for extended periods.
- Use only the provided charging cable.

6. TROUBLESHOOTING

If you encounter issues with your Zeacool C82, refer to the following common solutions:

Problem	Possible Solution
Device won't turn on	Ensure the device is fully charged. Connect to the charger for at least 10 minutes.
Cannot pair with smartphone	<ol style="list-style-type: none">1. Ensure Bluetooth is enabled on your phone.2. Make sure the tracker is within range.3. Restart both the tracker and your phone.4. Check if the "Keep Health" app is updated to the latest version.
Inaccurate health data	<ol style="list-style-type: none">1. Ensure the tracker is worn snugly on your wrist, about one finger's width from your wrist bone.2. Clean the sensor on the back of the device.3. Note that fitness trackers are not medical devices; readings are for reference only.
Notifications not received	<ol style="list-style-type: none">1. Ensure the tracker is paired and connected to your phone.2. Check app notification settings in the "Keep Health" app.3. Verify phone's notification permissions for the app.4. Disable Do-Not-Disturb mode on the tracker.
Short battery life	<ol style="list-style-type: none">1. Reduce screen brightness.2. Limit continuous heart rate monitoring or turn off features not in use.3. Ensure the device is fully charged.

7. SPECIFICATIONS

Feature	Detail
Model Name	C82
Brand	Zeacool
Screen Size	1.47 Inches
Display Type	HD Color Touchscreen
Connectivity	Bluetooth
Water Resistance	IP68 (5 ATM)

Feature	Detail
Battery Life (Typical Use)	10-14 days
Standby Time	30 days
Charging Time	Approx. 1.5 hours
Operating System	Android Wear 2.7 (compatible with Android & iPhone)
Health Monitoring	24/7 Heart Rate, Blood Oxygen, Blood Pressure, Sleep Tracking, Temperature
Sports Modes	104+
GPS	Via Smartphone
Item Weight	2.39 ounces
Package Dimensions	10.28 x 2.8 x 0.87 inches

8. WARRANTY AND SUPPORT

Zeacool products are designed for reliability and performance. For any questions or support needs, please contact Zeacool customer service. Details regarding warranty coverage are typically provided with your purchase documentation or can be found on the official Zeacool website.

If you have any questions or require assistance during use, please contact us via the email address provided with your purchase or through the "Keep Health" app support section. We are committed to resolving any issues you may encounter.