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Emerio BR-125479

EMERIO Digital Personal Scale Instruction Manual

Model: BR-125479

INTRODUCTION

Thank you for choosing the EMERIO Digital Personal Scale, Model BR-125479. This advanced scale is designed to provide comprehensive insights into your body composition, including body weight, body fat, body water, muscle mass, bone mass, and Body Mass Index (BMI). Equipped with high-precision sensors, it ensures accurate measurements for a healthier lifestyle. Please read this manual thoroughly before first use to ensure proper operation and maintenance.



Figure 1: Top view of the EMERIO Digital Personal Scale. The scale features a black glass platform with four silver electrode pads and a digital display at the top.

SAFETY INFORMATION

To ensure safe and effective use of your EMERIO Digital Personal Scale, please observe the following safety precautions:

- Do not use this scale if you have a pacemaker or other internal medical device.
- The scale's surface can be slippery when wet. Always ensure the surface is dry before stepping on it.
- Do not jump on the scale or drop heavy objects on it, as this may damage the glass platform.
- Keep the scale away from water and extreme temperatures.
- This scale is intended for household use only and not for medical or commercial purposes.
- Keep out of reach of children.
- If the scale malfunctions, do not attempt to repair it yourself. Contact customer support.

PACKAGE CONTENTS

Upon opening the package, please verify that all components are present and in good condition:

- 1 x EMERIO Digital Personal Scale (Model BR-125479)
- 2 x AAA Batteries



Figure 2: The EMERIO Digital Personal Scale as it appears in its retail packaging. The box highlights key features and includes the scale itself.

SETUP

1. Battery Installation

The scale requires 2 AAA batteries (included). To install them:

1. Locate the battery compartment on the underside of the scale.
2. Open the battery compartment cover by sliding it off.
3. Insert the 2 AAA batteries, ensuring the correct polarity (+ and -) as indicated inside the compartment.

4. Close the battery compartment cover securely.



Figure 3: Close-up view of the battery compartment located on the underside of the scale, showing where to insert the AAA batteries.

2. Scale Placement

For accurate readings, place the scale on a hard, flat, and stable surface. Avoid carpets or uneven flooring, as this can affect measurement precision.



Figure 4: Angled view of the EMERIO Digital Personal Scale, highlighting its sleek design and stable base with non-slip feet.

OPERATING INSTRUCTIONS

1. Turning On and Off

The EMERIO Digital Personal Scale features an automatic on/off function:

- **To Turn On:** Gently tap the glass surface with your foot. The display will illuminate and show "0.0 kg" (or your last selected unit), indicating it's ready for use.
- **To Turn Off:** The scale will automatically turn off after a few seconds of inactivity to conserve battery life.

2. Taking a Measurement

For accurate body composition analysis, follow these steps:

1. Ensure the scale is on a flat, hard surface.
2. Step onto the scale barefoot, placing your feet on the four metal electrode pads. Stand still and centered.
3. The display will first show your weight, then cycle through other measurements such as body fat percentage, body water percentage, muscle mass, bone mass, and BMI.
4. Wait for the display to stabilize and show all readings before stepping off. The scale has a memory function to store your last measurement.

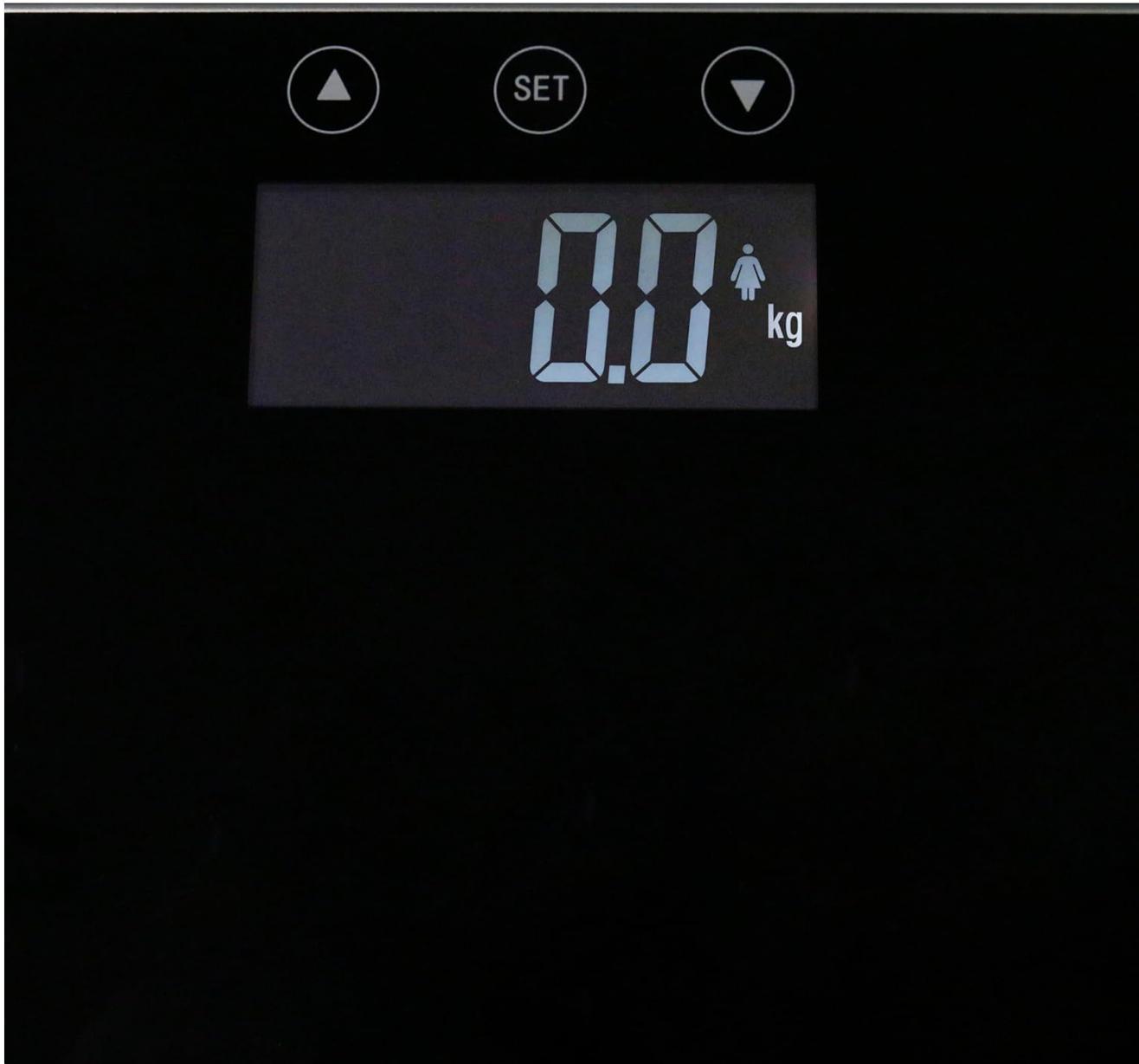


Figure 5: Detailed view of the digital display on the EMERIO Personal Scale, showing a reading of "0.0 kg" and unit indicators.

3. Unit Conversion (kg/lb/st)

The scale allows you to switch between kilograms (kg), pounds (lb), and stones (st). The unit conversion button is typically located on the underside of the scale, near the battery compartment. Press this button to cycle through the available units until your desired unit is displayed.

MAINTENANCE AND CARE

Proper care will ensure the longevity and accuracy of your scale:

- **Cleaning:** Wipe the scale's surface with a soft, damp cloth. Do not use abrasive cleaners or immerse the scale in water.
- **Storage:** Store the scale in a cool, dry place, away from direct sunlight and extreme temperatures.
- **Battery Replacement:** If the display shows "Lo" or becomes dim, it's time to replace the batteries. Always replace both batteries at the same time with new AAA batteries.
- **Calibration:** If you move the scale, it is recommended to recalibrate it by stepping on it briefly until "0.0" appears, then stepping off before taking your actual measurement.



Figure 6: The underside of the EMERIO Digital Personal Scale, showing the battery compartment and non-slip feet, which should be kept clean for stability.

TROUBLESHOOTING

If you encounter issues with your scale, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Scale does not turn on.	Batteries are dead or incorrectly installed.	Check battery polarity. Replace with new AAA batteries.
Inaccurate readings.	Scale is on an uneven surface; not calibrated; feet are not properly placed on electrodes.	Place scale on a hard, flat surface. Step on and off to recalibrate. Ensure bare feet are centered on electrodes.

Problem	Possible Cause	Solution
"Lo" displayed.	Low battery power.	Replace both AAA batteries.
"Err" displayed.	Overload or measurement error.	Ensure weight does not exceed 180kg. Step off and try again.

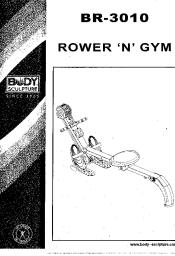
SPECIFICATIONS

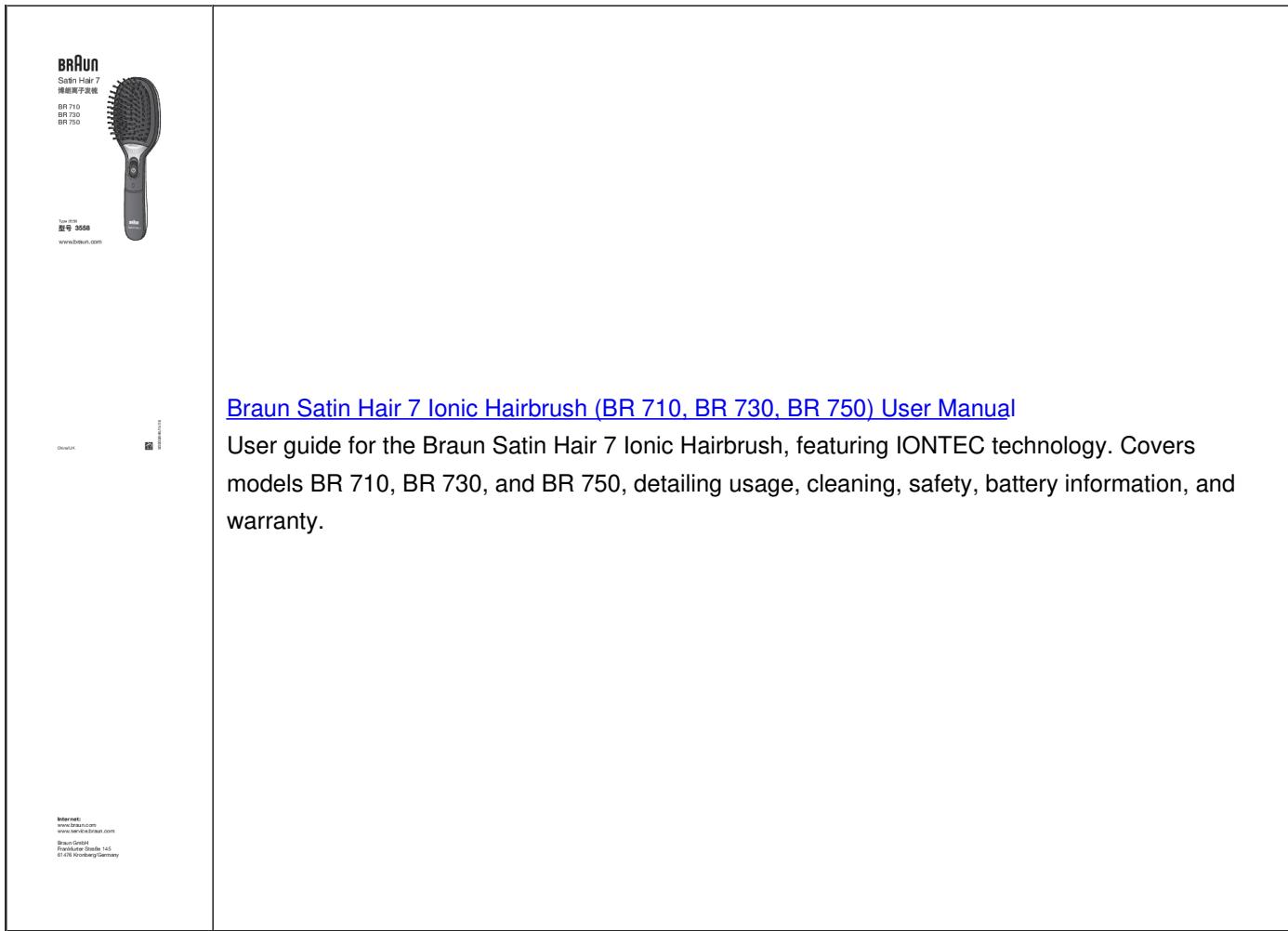
Feature	Detail
Model	BR-125479
Brand	Emerio
Maximum Capacity	180 kg (396 lbs / 28 st)
Measurement Accuracy	100g increments
Measurements	Body Weight, Body Fat, Body Water, Muscle Mass, Bone Mass, BMI
Display Type	Digital, Backlit
Material	Glass, Stainless Steel, Plastic
Dimensions (approx.)	28 x 28 cm (11 x 11 inches)
Power Source	2 x AAA Batteries (included)
Special Features	Automatic On/Off, Memory Function, Non-slip platform

WARRANTY AND SUPPORT

Your EMERIO Digital Personal Scale is covered by a manufacturer's warranty. For specific warranty terms and conditions, please refer to the warranty card included with your product or contact the retailer where you purchased the scale.

For technical support, troubleshooting assistance, or to inquire about replacement parts, please contact Emerio customer service or the seller. Contact details can usually be found on the product packaging or the brand's official website.

	<p>2005 Nissan Maxima Brake System Service Manual</p> <p>Comprehensive service manual detailing the inspection, removal, installation, disassembly, and assembly procedures for the 2005 Nissan Maxima brake system, including front and rear disc brakes, master cylinder, brake booster, vacuum lines, dual proportioning valve, and related components.</p>
	<p>Nissan Frontier Brake System Service Manual</p> <p>Comprehensive service and repair manual for the 2005 Nissan Frontier brake system, detailing inspection, maintenance, removal, installation, and troubleshooting procedures for all brake components including pads, rotors, calipers, master cylinder, and brake booster. Includes technical specifications and diagrams.</p>
	<p>Toyota Yaris Brake System Service Manual</p> <p>A comprehensive guide to the Toyota Yaris brake system, detailing maintenance, troubleshooting, and repair procedures for optimal performance and safety.</p>
	<p>Tesla Body Repair Program Operating Standards</p> <p>Comprehensive operating standards for Tesla Approved Body Shops (TABS), outlining requirements for quality, time, cost, training, facility, communication, equipment, and repair procedures for Tesla vehicles.</p>
	<p>Body Sculpture BR-3010 Rower 'N' Gym User Manual and Assembly Guide</p> <p>Official user manual for the Body Sculpture BR-3010 Rower 'N' Gym. Includes detailed safety instructions, step-by-step assembly, exercise guidance, maintenance tips, and exercise computer operation.</p>



Documents - Emerio – BR-125479



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