

B0F4QZTHJM

3 in 1 Slimming & Beautifying Machine User Manual

Model: B0F4QZTHJM

INTRODUCTION

This manual provides detailed instructions for the safe and effective use of your 3 in 1 Slimming & Beautifying Machine. This device combines EMS (Electrical Muscle Stimulation), Infrared, and Ultrasonic (Sound Wave) functions to assist with body care. Please read this manual thoroughly before operation and retain it for future reference.

The device is designed for use on various body areas including facial arms, waist, lower abdomen, buttocks, and legs. It features a high-quality stainless steel probe for durability.

PRODUCT COMPONENTS

The package typically includes the main device, EMS electrode pads, an EMS electrode wire, and a power adapter.



Image: Overview of the 3 in 1 Slimming & Beautifying Machine, including the main unit, EMS pads, connecting cables, and power adapter.



Image: Detailed diagram illustrating the various components and controls of the device, including the On/Off button, EMS, Infrared, and Ultrasonic indicators, EMS mode selector, adjustable strength dial, infrared ray heating area, and the EMS electrode wire connector port.

SETUP

1. **Power Connection:** Connect the power adapter to the device and plug it into a suitable power outlet.
2. **EMS Pad Connection (if using EMS function):**
 - Insert the white cable connector into the EMS electrode wire connector port on the device.
 - Attach the two EMS pads to the ends of the electrode wire.
 - Ensure the skin area where pads will be placed is clean and dry for optimal conductivity.

OPERATING INSTRUCTIONS

General Operation

1. Press the 'Power' button to turn the device on. The indicator lights for the active functions will illuminate.
2. Select the desired function (EMS, Infrared, or Ultrasonic) by pressing the corresponding button.
3. To turn off the device, press the 'Power' button again.

EMS (Electrical Muscle Stimulation) Function

The EMS function should be used with the two electrode pads. This function works by stimulating muscle

vibrations to aid in body toning and relaxation.

- Ensure the EMS pads are properly connected to the device and placed on the desired body area.
- Activate the EMS mode.
- Select one of the **5 EMS modes**: Click, Massage, Kneading, Scratch, or Reduction.
- Adjust the intensity using the **5 work intensity options** (levels 0-5) to suit your comfort and needs.
- It is recommended to use the EMS pads after cleaning the body.

Ultrasonic (Sound Massage) Function

This function utilizes high-frequency micro-shocks at 1,000,000 vibrations per second. It is designed to assist with nutrient absorption, increase deep skin temperature, accelerate metabolism, and promote the evacuation of tissue waste.

- Activate the Ultrasonic mode.
- Apply a suitable gel or cream to the skin area before use for better conductivity and glide.
- Gently move the device's probe in circular motions over the target area.



Image: The device in use, demonstrating the ultrasonic function's ability to atomize water, indicating its high-frequency vibrations.

Infrared Function

The infrared function emits red light at a wavelength of 620-630nm. This light penetrates deep into the skin to improve skin roughness and increase skin elasticity.

- Activate the Infrared mode. The red lights around the probe will illuminate.
- Apply the probe directly to the skin area requiring treatment.
- Move the device slowly and evenly over the skin.

Recommended Application Areas

The device is suitable for various body parts, including:

- Facial arms
- Waist
- Lower abdomen
- Buttocks
- Legs



Image: Illustration showing the device and examples of body areas where it can be applied, such as the waist and legs.

MAINTENANCE

- **Cleaning the Device:** After each use, wipe the device's probe and body with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **EMS Pads:** The EMS pads cannot be washed with water. If they lose their adhesiveness, they may need to be replaced.

- **Storage:** Store the device in a cool, dry place, away from direct sunlight and extreme temperatures. Keep it out of reach of children.

TROUBLESHOOTING

- **Device not turning on:** Ensure the power adapter is securely connected to both the device and a working power outlet.
- **No sensation from EMS pads:** Check that the EMS pads are firmly attached to the skin and the electrode wire is properly connected. Increase the intensity level gradually. Ensure the skin is clean and dry.
- **Weak ultrasonic effect:** Ensure a conductive gel or cream is applied to the skin before using the ultrasonic function.
- If problems persist, discontinue use and contact customer support.

SPECIFICATIONS

Feature	Detail
Model	B0F4QZTHJM
Brand	Generic
Manufacturer	ZAD-Tech
Functions	EMS, Infrared, Ultrasonic (Sound Waves)
Ultrasonic Frequency	1,000,000 vibrations per second
Infrared Wavelength	620-630nm (Red Light)
EMS Modes	Click, Massage, Kneading, Scratch, Reduction (5 modes)
EMS Intensity Levels	5 levels
Item Form	Stick
Skin Type Compatibility	All
Special Features	Lightweight, Rechargeable, Reusable
Date First Available	14 April 2025

WARRANTY AND SUPPORT

For any warranty claims, technical support, or inquiries regarding your 3 in 1 Slimming & Beautifying Machine, please contact the seller or manufacturer directly. Retain your proof of purchase for warranty purposes.

