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› HAYLOU Watch 4 Smartwatch User Manual

HAYLOU LS25

HAYLOU Watch 4 Smartwatch User Manual

Model: LS25

INTRODUCTION

Welcome to the HAYLOU Watch 4 Smartwatch user manual. This guide provides detailed instructions on how to set up, operate, maintain, and troubleshoot your new smartwatch. The HAYLOU Watch 4 is designed to enhance your daily life with comprehensive health monitoring, advanced sports tracking, and smart communication features. Please read this manual carefully to ensure optimal performance and longevity of your device.

1. SETUP

1.1 Package Contents

Before you begin, please verify that all items are present in your package:

- HAYLOU Watch 4 Smartwatch
- Charging Cable
- User Manual (this document)

1.2 Charging the Device

For first-time use, fully charge the smartwatch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port.

Batería de 360 mAh

Batería de duración extra larga con carga rápida

7 Días

Modo diario

15 Días

Modo de larga duración

24 Horas

Modo GPS

2.5 Horas

Tiempo de carga



Image: The HAYLOU Watch 4 being charged, illustrating its 360 mAh battery and IP68 water resistance. A full charge takes approximately 2.5 hours.

- **Charging Time:** Approximately 2.5 hours for a full charge.
- **Battery Life:** Up to 7 days in daily mode, up to 15 days in basic use mode.

1.3 App Installation and Pairing

To unlock the full potential of your HAYLOU Watch 4, download and install the **Haylou Fun** app on your smartphone.

1. Scan the QR code in the manual or search for "Haylou Fun" in your smartphone's app store (App Store for iOS, Google Play Store for Android).
2. Install the app and create an account or log in.
3. Enable Bluetooth on your smartphone.
4. Open the Haylou Fun app, navigate to "Device" or "Add Device", and select HAYLOU Watch 4 from the list of available devices.
5. Follow the on-screen prompts to complete the pairing process. Ensure the pairing code displayed on the watch matches the

one in the app.



Image: The official Haylou Fun application icon, which is required for full smartwatch functionality and data synchronization.

2. OPERATING THE SMARTWATCH

2.1 Display and Navigation

The HAYLOU Watch 4 features a vibrant 1.93-inch HD display and a convenient rotary crown for intuitive navigation.

Pantalla HD ultra grande de 1,93"



2.5D

Pantalla resistente

320*380

Resolución

Image: A detailed view of the HAYLOU Watch 4's large 1.93-inch HD display, highlighting its clarity and the functional rotary crown for easy menu navigation.

- **Touchscreen:** Swipe up, down, left, or right to navigate through menus and notifications. Tap to select.
- **Rotary Crown:** Rotate to scroll through lists, adjust brightness, or zoom in/out. Press to return to the home screen or confirm selections.

2.2 Sports Modes

The HAYLOU Watch 4 supports over 120 sports modes, accurately tracking your physical activity and progress. Data can be synchronized with Strava.

120+ modos deportivos Sync con Strava

Algoritmos pro para senderismo, ciclismo y esquí registra datos precisos y optimiza tus entrenamientos





Image: The HAYLOU Watch 4 tracking a user's run, demonstrating its support for over 120 sports modes and seamless synchronization with the Strava fitness app.

- To access sports modes, swipe on the watch face or use the rotary crown to find the 'Workout' or 'Sports' icon.
- Select your desired activity to start tracking. The watch will record metrics such as duration, distance, calories burned, and heart rate.
- End your workout by pausing and then selecting 'End' on the watch screen.

2.3 Health Monitoring

The smartwatch offers 24/7 comprehensive health monitoring, providing insights into your well-being.

24/7 Gestión sanitaria

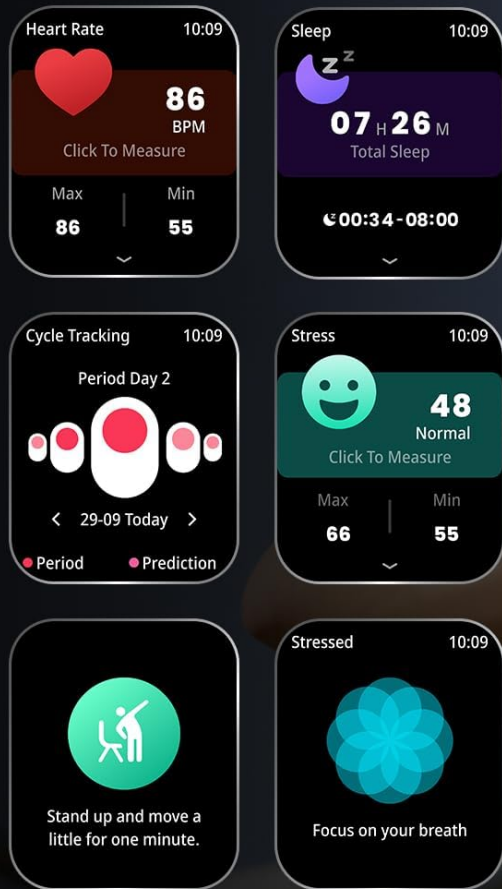


Image: A visual representation of the HAYLOU Watch 4's 24/7 health management capabilities, including heart rate, sleep quality, menstrual cycle tracking, and stress level monitoring.

- **Heart Rate:** Continuously monitors your heart rate. View real-time data on the watch or detailed trends in the app.
- **SpO₂ (Blood Oxygen):** Measures your blood oxygen saturation. Ensure the watch is snug on your wrist for accurate readings.
- **Sleep Tracking:** Automatically monitors your sleep stages (deep, light, REM) and provides a sleep quality analysis in the app.
- **Stress Monitoring:** Tracks your stress levels throughout the day.
- **Female Cycle Tracking:** Helps track and predict menstrual cycles.

2.4 Independent GPS

Equipped with high-precision independent GPS, the HAYLOU Watch 4 can map your outdoor routes without needing your phone.

Posicionamiento GPS preciso

Sistema de satélites de 5 estrellas
(BDS, GPS, Galileo, GLONASS, QZSS)



Image: A cyclist utilizing the HAYLOU Watch 4's precise independent GPS, which maps outdoor routes and displays real-time activity data on the watch and a corresponding map on the smartphone app.

- Activate GPS before outdoor activities for accurate route mapping and distance tracking.
- The watch uses a 5-star satellite system (BDS, GPS, Galileo, GLONASS, QZSS) for enhanced accuracy.

2.5 Bluetooth Calling

Make and receive calls directly from your wrist thanks to Bluetooth 5.3 connectivity.

Cómodo Bluetooth para llamadas

Una tecla para responder y realizar llamadas



Chip inteligente 2 en 1



Llamada/respuesta con un solo toque



Llamada de emergencia SOS



Image: A user interacting with the HAYLOU Watch 4 to answer an incoming call, demonstrating the convenient Bluetooth calling feature with a single-tap answer function and SOS emergency call capability.

- Ensure your watch is paired with your phone via Bluetooth.
- When a call comes in, you can answer or reject it directly from the watch screen.
- The watch also supports SOS emergency calls.

2.6 AI Voice Assistant & Remote Camera Control

Utilize the integrated AI voice assistant for quick commands and control your phone's camera remotely.



Asistente de voz AI

Actívalo al instante con tu voz para llamar, consultar el clima o enterarte de las noticias

Image: A user activating the AI voice assistant on the HAYLOU Watch 4, demonstrating its ability to make calls, check weather, and set alarms via voice commands.

Cámara con mando a distancia

Haz fotos fácilmente a través del reloj

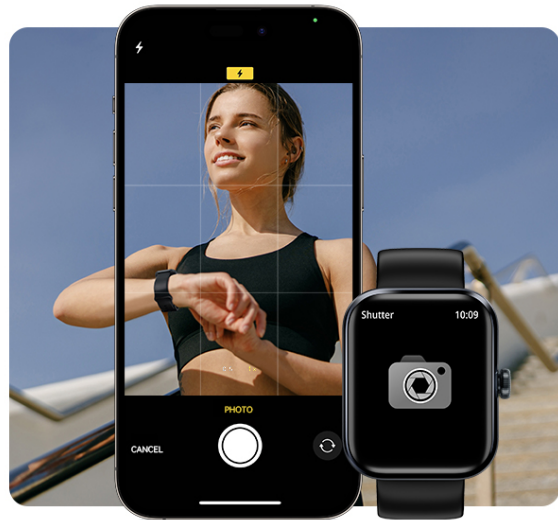


Image: The HAYLOU Watch 4 showing a camera control interface, indicating its remote camera control feature that allows users to take photos from their smartphone via the watch.

- **AI Voice Assistant:** Activate the voice assistant on your watch to perform tasks like making calls, checking the weather, or getting news updates.
- **Remote Camera Control:** Open your phone's camera app and use your watch as a remote shutter button to capture photos.

3. MAINTENANCE

3.1 Water Resistance (IP68)

The HAYLOU Watch 4 has an IP68 water resistance rating, making it suitable for daily use and various water activities.

- **IP68 Rating:** This means the watch is protected against dust ingress and can withstand immersion in water up to 1.5 meters for up to 30 minutes.
- It is suitable for swimming, training in the rain, and daily wear without worry.
- Avoid exposing the watch to hot water, steam, or high-pressure water jets, as this may compromise the water resistance.

3.2 Cleaning and Care

To maintain your smartwatch's appearance and functionality:

- Wipe the watch and strap regularly with a soft, damp cloth.
- Avoid using harsh chemicals or abrasive materials.
- Ensure the charging contacts are clean and dry before charging to prevent corrosion.

4. TROUBLESHOOTING

If you encounter issues with your HAYLOU Watch 4, please refer to the following common solutions:

Problem	Possible Solution
Watch does not turn on	Ensure the watch is fully charged. Press and hold the rotary crown for several seconds to power on.
Cannot pair with phone	Ensure Bluetooth is enabled on your phone and the watch. Restart both devices. Check if the Haylou Fun app is updated. Forget the device in your phone's Bluetooth settings and try pairing again.
Inaccurate health data	Ensure the watch is worn snugly on your wrist, about one finger's width from your wrist bone. Clean the sensor on the back of the watch.
Short battery life	Reduce screen brightness, disable continuous heart rate monitoring if not needed, limit notifications, and ensure GPS is only active during workouts.
No notifications received	Check notification settings in the Haylou Fun app and your phone's system settings. Ensure the app is running in the background and not restricted by battery optimization.

If the issue persists, please refer to the official HAYLOU support channels.

5. SPECIFICATIONS

Key technical specifications for the HAYLOU Watch 4 (Model: LS25):

Feature	Specification
Brand	HAYLOU
Model Name	HAYLOU Watch 4
Model Number	LS25
Display Size	1.93 inches
Display Type	LCD
Connectivity	Bluetooth 5.3
GPS	Integrated GPS (5-star satellite system)
Water Resistance	IP68
Battery Capacity	360 mAh
Battery Life (Daily Use)	Up to 7 days
Battery Life (Basic Use)	Up to 15 days

Feature	Specification
Charging Time	Approx. 2.5 hours
Operating System	Android Wear
Memory Storage	128 MB
RAM	128 GB
Material	Silicone strap
Dimensions	16.9 x 9.5 x 2.9 cm; 140 g (Package Dimensions)

6. WARRANTY AND SUPPORT

6.1 Product Warranty

The HAYLOU Watch 4 comes with a standard manufacturer's warranty. Please retain your proof of purchase for any warranty claims. For specific warranty terms and conditions, refer to the warranty card included with your product or visit the official HAYLOU website.

6.2 Customer Support

For technical assistance, troubleshooting beyond this manual, or general inquiries, please contact HAYLOU customer support. You can typically find contact information on the official HAYLOU website or through the Haylou Fun app.

Online Resources:

- Official HAYLOU Website: www.haylou.com
- Haylou Fun App: Check the 'About' or 'Support' section within the app.