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› [MFVLP](#) /

› [MFVLP LC310 Smartwatch User Manual](#)

MFVLP LC310

MFVLP LC310 Smartwatch User Manual

Model: LC310

INTRODUCTION

Thank you for choosing the MFVLP LC310 Smartwatch. This device is designed to enhance your daily life by providing comprehensive health monitoring, fitness tracking, and smart communication features. Please read this manual thoroughly to understand the proper operation and maintenance of your new smartwatch.



The MFVLP LC310 Smartwatch, showcasing its sleek design and digital display.

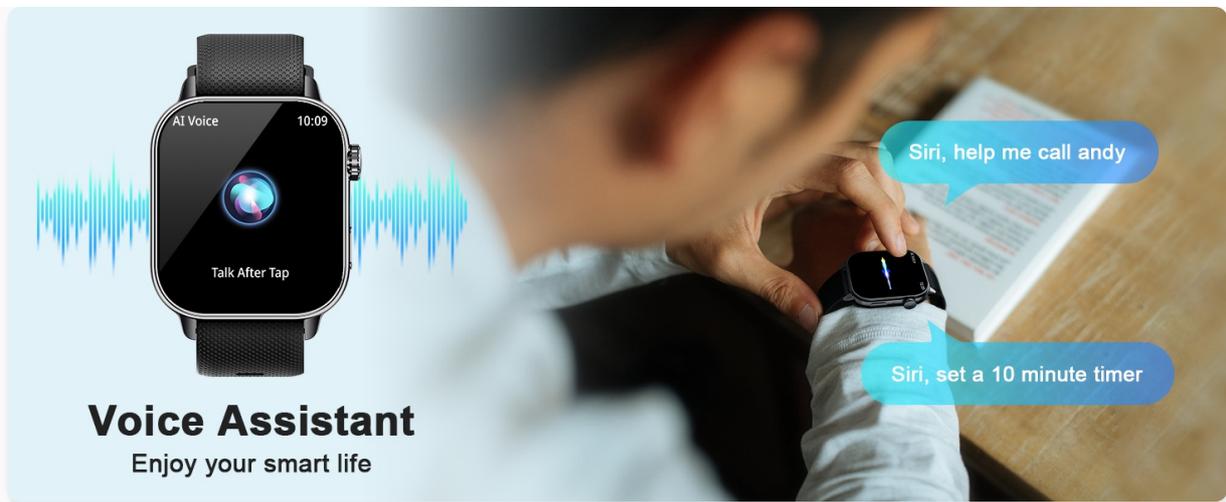
WHAT'S IN THE BOX

- Smart Watch x 1
- Black Watch Band x 1
- Magnetic charger x 1
- User Manual x 1

SETUP GUIDE

1. Charging the Smartwatch

Before first use, fully charge your smartwatch. Connect the magnetic charger to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. A full charge typically takes approximately 2 hours.



Magnetic charging for your MFVLP LC310 Smartwatch.

2. App Installation and Pairing

To unlock the full potential of your MFVLP LC310 Smartwatch, download and install the 'Da Fit' application on your smartphone. The app is compatible with iOS 9.0 and above, and Android 5.0 and above.

1. Turn on Bluetooth on your smartphone.
2. Search for 'Da Fit' in your phone's app store (Google Play Store for Android or Apple App Store for iOS) or scan the QR code provided in the quick start guide to download.
3. Open the 'Da Fit' app and follow the on-screen instructions to create an account or log in.
4. In the app, tap 'ADD DEVICE' and select 'LC210JL-DA' from the list to initiate pairing. Confirm the pairing request on both your phone and the smartwatch.



Visual guide for connecting your smartwatch to the Da Fit app. Download the app from <http://plus.crrepa.com/app-download/dafit>

Video Tutorial: How to Operate a Smartwatch

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This video demonstrates the process of connecting the MFVLP LC310 Smartwatch to both iOS and Android devices using the Da Fit application, and how to set up notifications and language preferences.

3. Initial Settings (Language & Notifications)

Once paired, you can customize your smartwatch settings through the Da Fit app:

- **Language:** Navigate to 'Others' or 'Display' in the app settings to select your preferred language for the watch interface.
- **Notifications:** Go to the 'Notifications' section in the app to enable message and call alerts from various applications (e.g., Facebook, WhatsApp, Instagram, Twitter).

OPERATING INSTRUCTIONS

1. Display and Watch Faces

The LC310 features a 1.43-inch AMOLED HD screen with a resolution of 640*640 pixels, providing clear visuals. You can personalize your watch with over 260 custom dials available through the Da Fit app, or even use your own photos.

1.85" HD AMOLED Screen



Full Screen Touch



Exquisite Resolution
390*450



Rich Colors

The vibrant 1.43-inch AMOLED HD screen of the smartwatch.

Match Your Rich Life

190+ Watch Faces to Choose



DIY Watch Face with Your Photo



Customize your watch face with over 260 options or your own photos.

2. Bluetooth Calling & Notifications

Stay connected with Bluetooth call functionality. After connecting to your smartphone, you can make, answer, or reject calls directly from your wrist. The watch also supports message notifications from popular apps like Facebook, WhatsApp, Instagram, and Twitter, ensuring you don't miss important updates.

Call Assistant on Wrist



Manage calls and messages directly from your wrist.

3. Health Monitoring

The LC310 Smartwatch is equipped with advanced optical sensors for 24/7 health monitoring:

- **Heart Rate:** Continuously monitors your heart rate.
- **Blood Oxygen:** Tracks your blood oxygen levels.
- **Sleep Monitoring:** Provides comprehensive analysis of your sleep quality, including deep sleep, light sleep, and wakefulness.
- **Women's Health:** Records and tracks women's menstrual periods.

24-Hour Health Monitoring



Sleep
Tracking



Heart Rate
Monitoring



Blood Oxygen
Monitoring

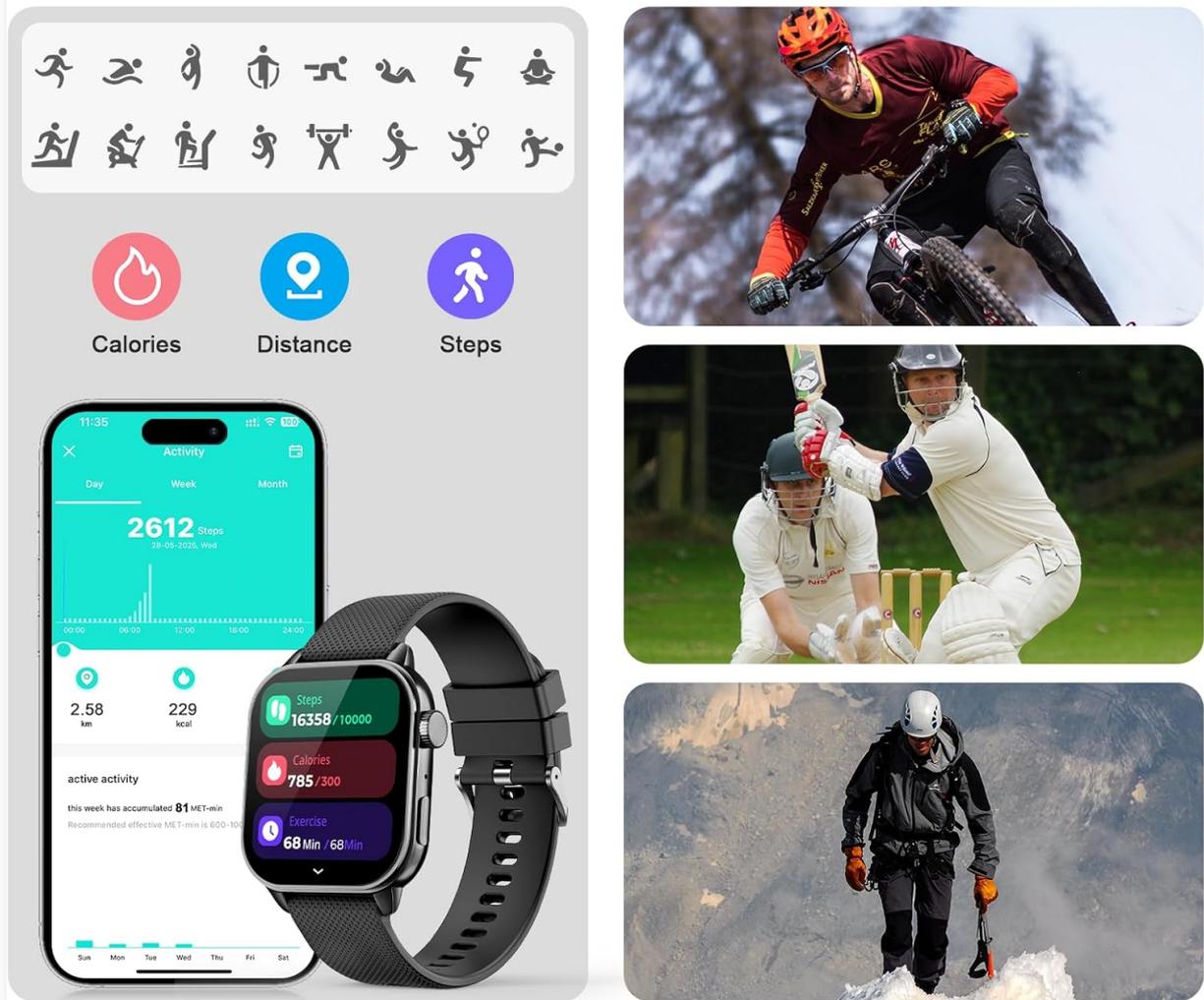


Advanced sensors provide continuous health data.

4. Sports Modes & Activity Tracking

With over 100 sports modes, the smartwatch can track various activities including running, walking, fitness, swimming, cycling, and yoga. It records real-time data such as steps, distance, and calories burned to help you achieve your fitness goals.

100+ Sports Modes & Activity Tracking



Track your workouts with over 100 sports modes.

5. Other Useful Functions

The MFVLP LC310 Smartwatch offers additional practical features:

- Music Control
- Camera Control
- Weather Forecast
- Sedentary Reminder
- Alarm Clock
- Stopwatch & Timer
- Do Not Disturb Mode
- Brightness Adjustment
- Find Mobile Phone
- Voice Assistant

More Useful Functions



Explore a variety of smart features for convenience.

MAINTENANCE

1. Water Resistance (IP68)

The smartwatch has an IP68 waterproof rating, meaning it can withstand splashes, rain, and brief immersion in water (e.g., hand washing, swimming). However, to ensure long-term durability, avoid using it in saunas, hot showers, or exposing it to seawater.



IP68 Waterproof



Rain



Handwashing



sweating

Fast charging And Long Battery



2 hours
Fully charged in



7 days
of normal use



4-5 days
of heavy use



30 days
days of long-
lasting battery life



The smartwatch is IP68 waterproof for daily use.

2. Battery Care

The LC310 Smartwatch features a 290 mAh battery. For optimal battery life, avoid extreme temperatures and do not leave the watch fully discharged for extended periods. Regular charging is recommended.

3. Cleaning

Clean your smartwatch regularly with a soft, dry cloth. If necessary, use a slightly damp cloth and then dry thoroughly. Avoid using harsh chemicals or abrasive materials that could damage the watch's surface or sensors.

TROUBLESHOOTING

If you encounter issues with your MFVLP LC310 Smartwatch, please refer to the following common solutions:

- **Cannot Pair with Phone:** Ensure Bluetooth is enabled on your phone and the watch is sufficiently charged. Try restarting both devices and attempting the pairing process again. Make sure the 'Da Fit' app has necessary permissions.
- **Notifications Not Received:** Check that app notifications are enabled in the 'Notifications' section of

the 'Da Fit' app. Also, verify that your phone's notification settings allow the 'Da Fit' app to display alerts.

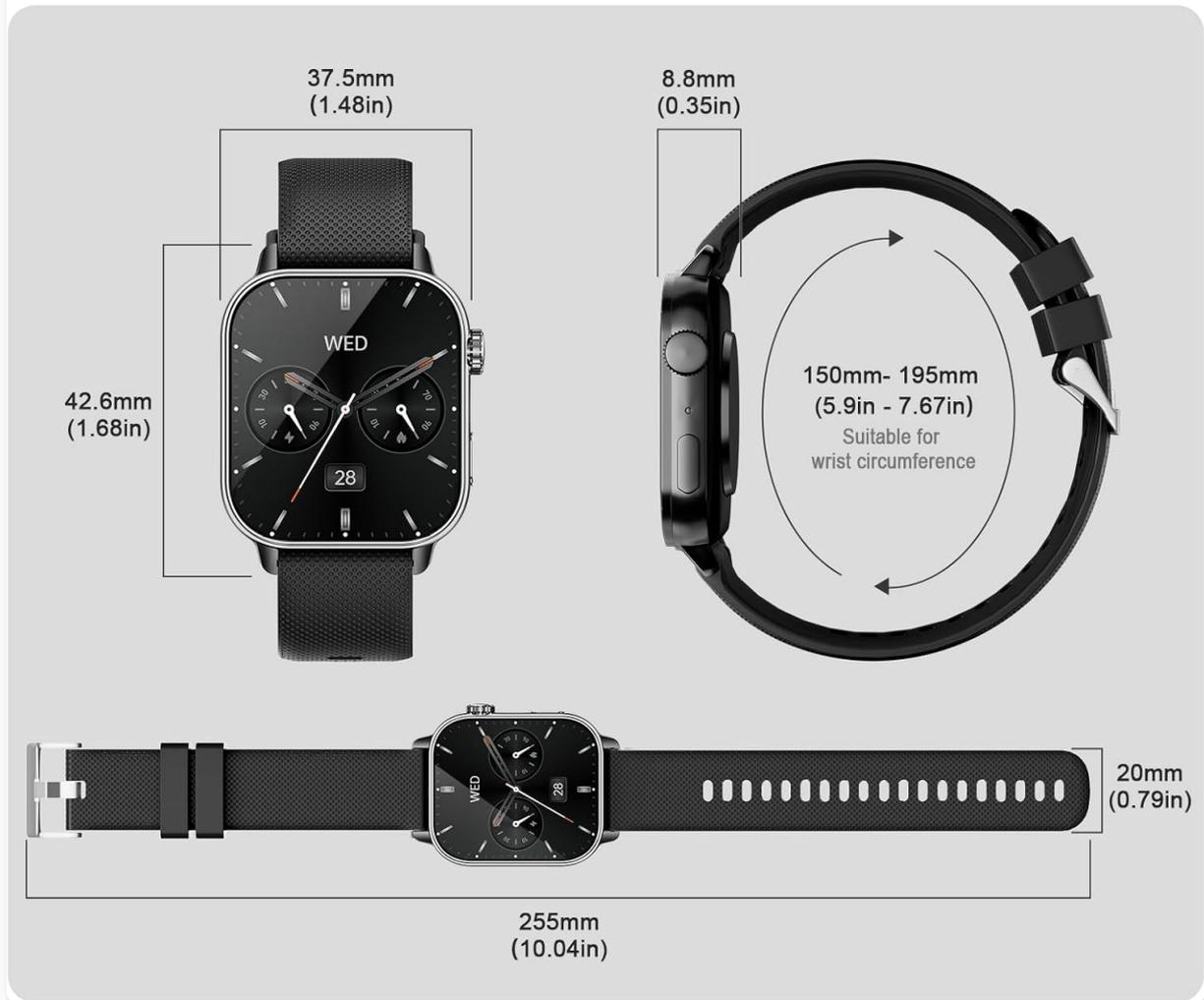
- **Inaccurate Step Count/Activity Tracking:** Ensure the watch is worn snugly on your wrist. Calibrate the app's settings if available. Note that environmental factors and arm movements can sometimes affect accuracy.
- **Short Battery Life:** Reduce screen brightness, disable unnecessary features (e.g., continuous heart rate monitoring if not needed), and ensure background app refresh is managed on your phone.
- **Watch Not Responding:** Try performing a soft reset by pressing and holding the side button for approximately 10-15 seconds until the watch restarts.

If the issue persists, please contact MFVLP customer support for further assistance.

SPECIFICATIONS

Feature	Detail
Model Number	LC310
Screen Size	1.43 Inches (AMOLED HD)
Resolution	640*640
Item Weight	1.53 ounces (43.5 Grams)
Battery Capacity	290 Milliamp Hours
Waterproof Rating	IP68
Connectivity Technology	Bluetooth
Operating System Compatibility	Android 5.0 or above, iOS 9.0 or above
Memory Storage Capacity	128 MB
RAM Memory Installed Size	640 KB
Visible Screen Diagonal	2" / 5 cm

Size



Detailed dimensions of the MFVLP LC310 Smartwatch.

WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the warranty card included in your product packaging or visit the official MFVLP website. You can also contact MFVLP customer service through the 'Da Fit' app under the 'Customer Service' section.

We are committed to providing high-quality products and excellent customer service. If you have any questions or concerns, please do not hesitate to reach out.