

pouseayar B0F4K5MBZ8

pouseayar Heavy Duty Electric Stationary Massage Table

Model B0F4K5MBZ8 User Instruction Manual

INTRODUCTION

This manual provides essential instructions for the safe and effective setup, operation, and maintenance of your pouseyar Heavy Duty Electric Stationary Massage Table. Please read this manual thoroughly before initial use and retain it for future reference. Proper understanding of these instructions will ensure optimal performance and longevity of your product.

SAFETY INSTRUCTIONS

- Ensure the table is placed on a stable, level surface to prevent tipping.
- Do not exceed the maximum weight capacity of **660 lbs**. Overloading can cause damage or injury.
- Keep hands, hair, and clothing clear of all moving parts, especially during height adjustments.
- Disconnect the power cord from the electrical outlet before cleaning, maintenance, or if the table will be unused for an extended period.
- This product is intended for professional use in massage, facial, spa, and medical settings. It is not designed for home use without professional supervision.
- Do not allow children or unauthorized persons to operate or play on the table.
- Regularly inspect the power cord for any signs of damage. Do not use if the cord is frayed or damaged.

PACKAGE CONTENTS

Verify that all components are present and undamaged before proceeding with assembly.

- Massage Table Frame
- Padded Table Top (with integrated backrest)
- Electric Lift System (motor, control unit, hand remote)
- External Face Cradle

- Armrest Platform
- Ergonomic Pillow
- Bottom Storage Shelf
- Power Cord
- Assembly Hardware (screws, washers, and any necessary tools)

SETUP AND ASSEMBLY

Follow these steps to assemble your massage table:

1. Unpack all components from the packaging and place them on a clean, flat, and spacious surface.
2. Position the main table frame in the desired location, ensuring it is stable and level.
3. Attach the bottom storage shelf to the designated supports on the frame using the provided hardware. Ensure all connections are secure.
4. Connect the electric lift system's power cord to a suitable, grounded electrical outlet.
5. Insert the external face cradle and armrest platform into their respective slots at the head end of the table. Secure them firmly.
6. Place the ergonomic pillow on the table top as desired for client comfort.



Figure 1: Fully assembled pouseyar Electric Stationary Massage Table, showing the main components including the face cradle, ergonomic pillow, and storage shelf.

OPERATING INSTRUCTIONS

Electric Height Adjustment

The table features an electric lift system for smooth and quiet height adjustments, allowing for optimal therapist positioning and client access.

1. Ensure the power cord is securely plugged into a grounded outlet.
2. Use the hand remote control to adjust the table height.
3. Press the **"Up"** button to raise the table to the desired height.
4. Press the **"Down"** button to lower the table.
5. The adjustable height range is approximately **25.5 inches to 32.5 inches**.



Figure 2: Illustration of the electric height adjustment feature, showing the remote control and the table at its lowest (25.5") and highest (32.5") positions.

Backrest Adjustment

The backrest can be manually adjusted to various angles to accommodate different client positions and treatments.

1. To adjust the backrest, gently lift it to the desired angle.

2. The backrest can be adjusted up to **60 degrees**.
3. Ensure the backrest is securely locked in place at the chosen angle before the client rests on it.



Figure 3: Diagram illustrating the backrest adjustment mechanism, showing an angle of up to 60 degrees.

Face Cradle and Armrest Platform

The external face cradle and armrest platform are designed to enhance client comfort during treatments.

1. Position the face cradle to comfortably support the client's head and neck.
2. The armrest platform allows clients to rest their arms naturally or use a mobile device while in a face-down position.

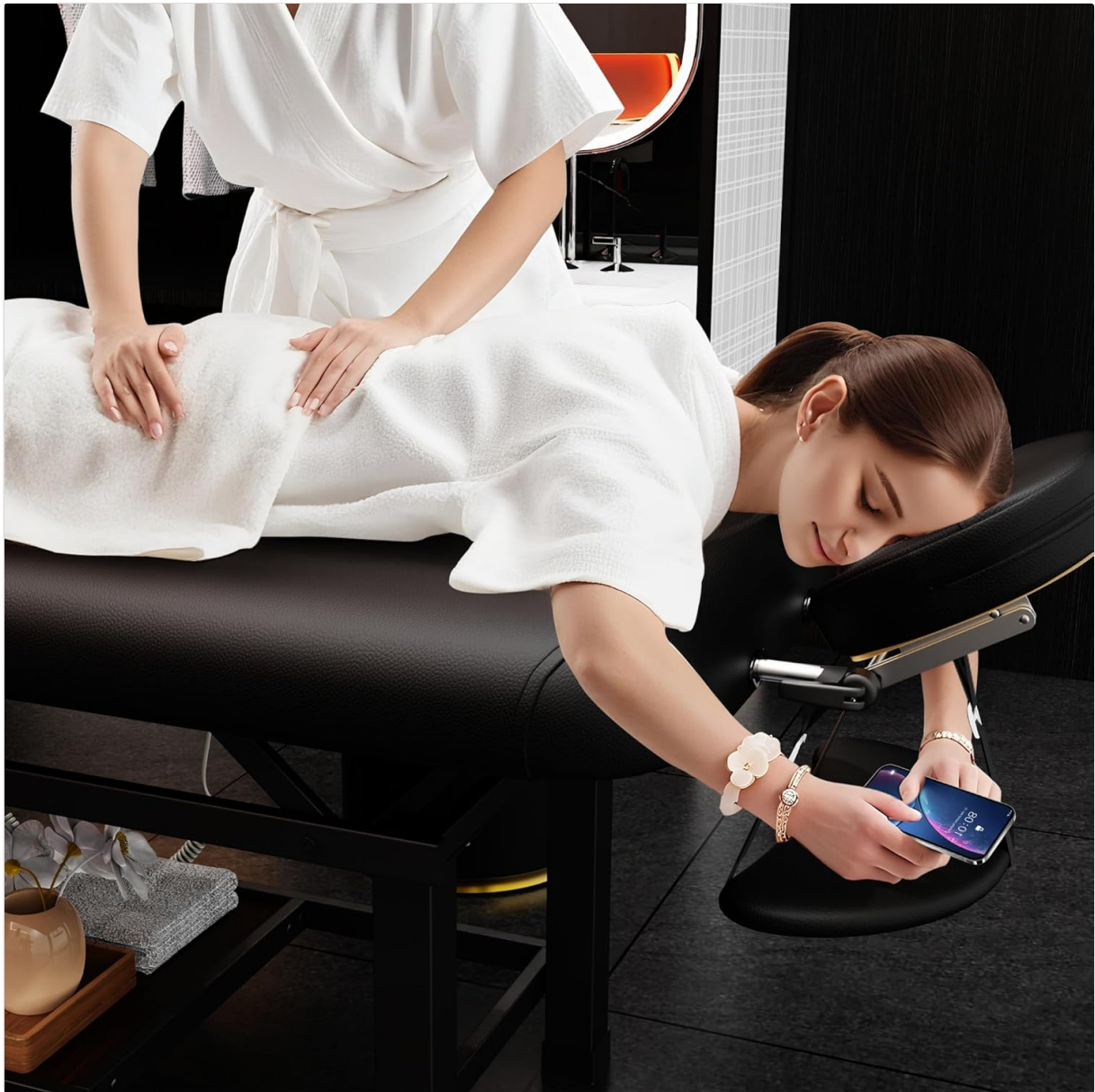


Figure 4: A client comfortably positioned on the massage table, utilizing the face cradle and armrest platform for relaxation.

FEATURES OVERVIEW

- **Electric Lift System:** Provides smooth and quiet height adjustment from 25.5" to 32.5", allowing therapists to maintain ergonomic posture.
- **Adjustable Backrest:** Manually adjustable backrest with a range of up to 60 degrees for versatile client positioning.
- **Integrated Storage Shelf:** A spacious bottom shelf (approximately 23.5" L x 19" W) offers convenient storage for towels, oils, and other professional supplies, maximizing workspace efficiency.
- **Dual Support System:** Includes an external face cradle with an armrest platform and a curved ergonomic pillow, designed to provide enhanced client comfort in various positions.
- **Durable Construction:** Upholstered in scratch-resistant PU leather for longevity and easy cleaning. The heavy-duty frame ensures stability and supports up to 660 lbs.



Figure 5: The integrated storage shelf, demonstrating its capacity for various professional supplies, keeping them organized and accessible.

MAINTENANCE AND CARE

Cleaning

- Wipe the PU leather upholstery with a soft, damp cloth and a mild, non-abrasive cleaner.
- Avoid using harsh chemicals, solvents, or abrasive cleaning tools, as these can damage the material.
- Regularly clean the metal frame with a damp cloth to remove dust and debris. Dry thoroughly to prevent rust.

General Care

- Inspect all moving parts, connections, and hardware periodically for signs of wear, looseness, or damage. Tighten any loose screws.
- Ensure the power cord is not pinched, twisted, or damaged. Store it neatly when not in use.
- Do not overload the table or the storage shelf beyond their recommended weight capacities.
- Keep the table away from direct sunlight and extreme temperatures to preserve the upholstery and frame integrity.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Table does not adjust height	Power cord unplugged or loose; Remote control malfunction; Motor issue.	Check power connection at both the wall and the table; Ensure the outlet is functional; If remote uses batteries, check them; Contact customer support if the issue persists.

Problem	Possible Cause	Solution
Backrest difficult to adjust	Mechanism stiff or obstructed; Pivot points require lubrication.	Ensure no obstructions are preventing movement; Apply a small amount of silicone-based lubricant to the backrest pivot points if necessary.
Unusual noises during operation	Loose components; Motor strain due to excessive load.	Inspect for any loose screws or connections and tighten them; Ensure the table's weight capacity is not exceeded; Contact customer support if the noise is persistent or severe.

SPECIFICATIONS

- **Model:** B0F4K5MBZ8
- **Brand:** pouseyar
- **Type:** Electric Stationary Massage Table
- **Color:** Black
- **Upholstery Material:** Scratch-resistant PU Leather
- **Frame Material:** Heavy-duty metal
- **Overall Dimensions (Approximate):** 75 inches (Length) x 30 inches (Width)
- **Adjustable Height Range:** 25.5 inches to 32.5 inches
- **Backrest Adjustment:** Up to 60 degrees
- **Weight Capacity:** 660 lbs
- **Storage Shelf Dimensions (Approximate):** 23.5 inches (Length) x 19 inches (Width)
- **Power Source:** Electric (standard household outlet)

SIZE DETAILS AND LOAD CAPACITY



Figure 6: Detailed dimensions of the massage table, including length, width, height range, and load capacity of 660 lbs.

WARRANTY AND SUPPORT

For warranty information, technical support, or assistance with replacement parts, please contact [pouseayar customer service](#). Refer to your purchase documentation for specific contact details or visit the official [pouseayar website](#) for the most up-to-date support information.

You can also visit the [pouseayar Store on Amazon](#) for additional product details and support resources.