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> pryfey Hand Massager with Heat and Compression User Manual

pryfey SOB-01

pryfey Hand Massager with Heat and Compression User Manual

Model: SOB-01

1. PRODUCT OVERVIEW

The pryfey Hand Massager is a cordless device designed to provide relief for hands, particularly beneficial for individuals experiencing arthritis and carpal tunnel discomfort. It utilizes a combination of air compression, multiple massage modes, intensity levels, and therapeutic heat to enhance blood circulation and alleviate muscle tension.



Image 1.1: The pryfey Hand Massager device shown alongside its product packaging, illustrating its compact design and branding.

2. IMPORTANT SAFEGUARDS

Please read all instructions carefully before using this product. Failure to follow these instructions may result in injury or damage to the device.

- Do not use the massager if you have any open wounds, swelling, or inflammation on your hands.
- Consult a physician before use if you have any pre-existing medical conditions, including but not limited to, heart conditions, pacemakers, or severe circulatory issues.
- Keep the device away from water and high humidity. Do not immerse in water.
- Do not use while sleeping or drowsy.
- Keep out of reach of children. This is not a toy.
- Use only the provided charging cable.
- Do not attempt to disassemble or repair the device yourself. Contact customer support for assistance.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose,

treat, cure, or prevent any disease or health condition.

3. PACKAGE CONTENTS

Verify that all items are present in the package upon unboxing:



Image 3.1: Visual representation of all items included in the product package.

1x Packing Box

1x Hand Massager Device

1x User Manual

1x Type-C Charging Cable

4. PRODUCT FEATURES

The pryfey Hand Massager is equipped with advanced features for a comprehensive hand massage experience:

- **Cordless Design:** Offers freedom of movement and convenience for use anywhere.
- **Air Compression Massage:** Features inflatable and deflatable airbags that compress and knead hands, targeting acupoints and enhancing blood circulation.
- **Multiple Modes & Intensities:** 9 distinct massage modes and 9 intensity levels allow for personalized massage experiences.
- **Therapeutic Heat Function:** 3 adjustable heat settings (104°F, 110°F, 120°F) to soothe tired muscles and improve comfort.
- **Rechargeable Battery:** Built-in 3000mAh lithium battery provides 6-8 hours of use on a single charge.
- **Ergonomic Design:** Comfortably fits both left and right hands.
- **One-Button Start:** Simple and intuitive operation.



Image 4.1: Overview of key features including massage modes, intensity levels, heat settings, and ease of use.

4D Air Compression Massager 9 Intensity Levels

Help your hands massage more comfortably

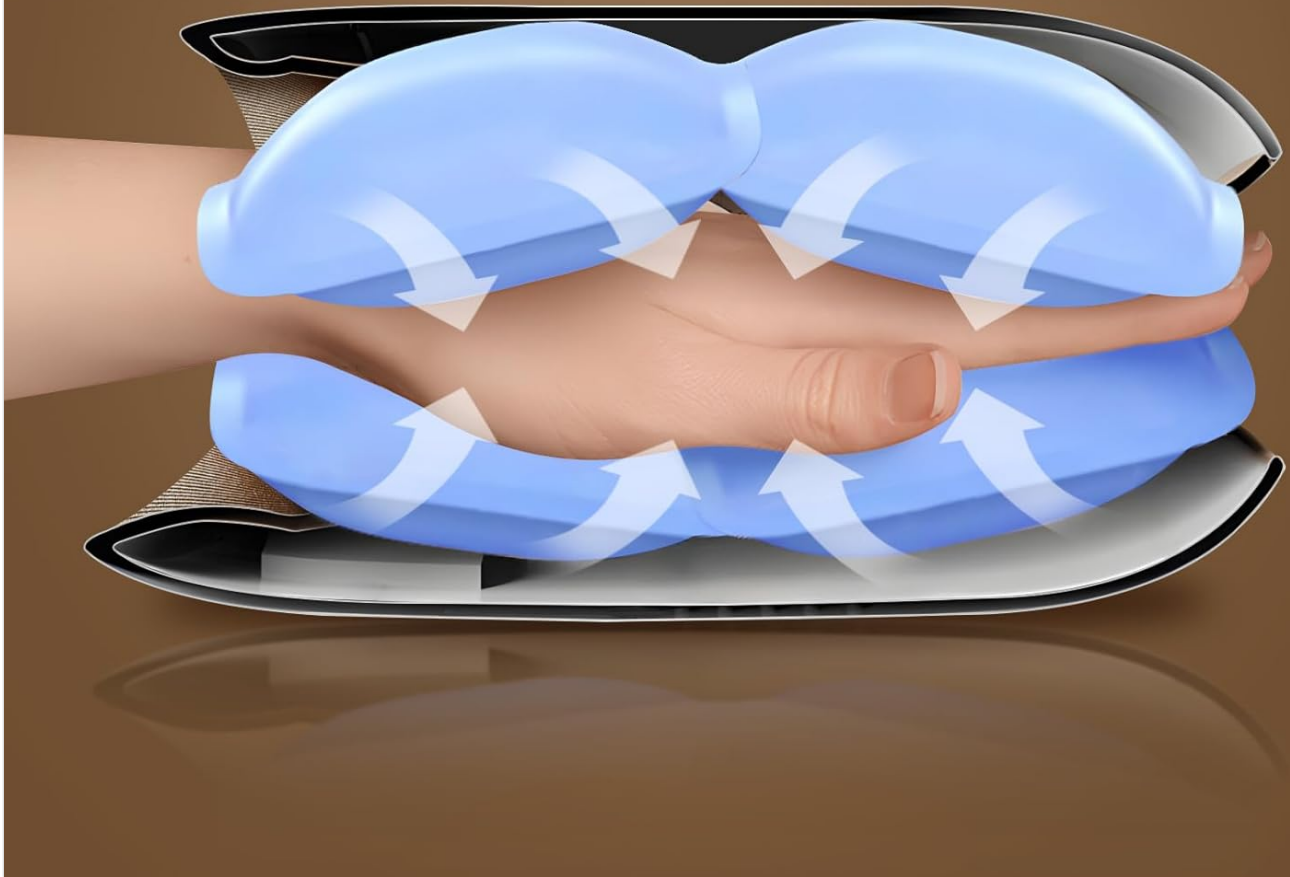


Image 4.2: Detailed illustration of the 4D air compression mechanism, showing how airbags apply pressure to the hand.

3 Heating Levels

comprehensively care for your hands with multiple massage techniques



Palm Pain



Finger Pain



Wrist Pain



Hand Pain

Image 4.3: Visual explanation of the three available heating levels and their benefits for various hand discomforts.



Image 4.4: Feature comparison demonstrating the advantages of the pryfey Hand Massager over typical alternatives.

5. SETUP

5.1 Charging the Device

Before first use, fully charge the hand massager. A full charge typically takes approximately 3-4 hours.

1. Connect the provided Type-C charging cable to the charging port on the device.
2. Plug the other end of the USB cable into a compatible USB power adapter (not included) or a computer USB port.
3. The indicator light on the device will show charging status (refer to the device's display for specific charging indicators).
4. Once fully charged, disconnect the charging cable.

6. OPERATING INSTRUCTIONS

Familiarize yourself with the control panel for optimal use.



Image 6.1: Detailed view of the control panel with labels for each button and the LCD display.

6.1 Power On/Off

- To power on: Press and hold the **Power Button** (🔌) for 2 seconds. The LCD display will illuminate.
- To power off: Press and hold the **Power Button** for 2 seconds again.

6.2 Selecting Massage Mode

- With the device powered on, press the **Modes Button** (M) to cycle through the 9 available massage modes.
- The current mode will be displayed on the LCD screen.

6.3 Adjusting Intensity

- Press the **Intensity Button** (📊) to adjust the compression intensity. There are 9 intensity levels.
- The selected intensity level will be shown on the LCD display.

6.4 Activating Heat Function

- Press the **Heating Button** (🔥) to turn on the heat function.
- Press the button repeatedly to cycle through the 3 heat levels or turn the heat off.
- The heat indicator on the LCD will change accordingly.

6.5 Usage Tips

- Insert your hand fully into the massager chamber for optimal contact with the airbags.
- Start with a lower intensity and gradually increase to a comfortable level.
- A typical massage session lasts 15-20 minutes. The device may have an auto shut-off feature for safety.

7. MAINTENANCE

7.1 Cleaning

- Ensure the device is powered off and unplugged before cleaning.
- Wipe the exterior of the massager with a soft, slightly damp cloth. Do not use abrasive cleaners or solvents.
- Do not allow water or any liquids to enter the device.
- The interior fabric lining can be gently wiped with a dry or slightly damp cloth.

7.2 Storage

- Store the massager in a cool, dry place, away from direct sunlight and extreme temperatures.
- Keep it in its original packaging or a protective case to prevent dust accumulation and damage.

8. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not power on.	Battery is depleted.	Charge the device fully.
No compression or weak compression.	Intensity level is too low.	Increase the intensity level using the Intensity button.
Heat function not working.	Heat function is off or set to lowest level.	Press the Heating button to activate or increase the heat level.
Device shuts off unexpectedly.	Auto shut-off timer activated or low battery.	This is a normal safety feature. Recharge the device if the battery is low.

If the problem persists after attempting these solutions, please contact customer support.

9. SPECIFICATIONS

Feature	Detail
Product Dimensions	2"L x 4"W x 3"H (5.08cm L x 10.16cm W x 7.62cm H)
Item Model Number	SOB-01

Feature	Detail
Brand	pryfey
Material	Acrylic
Color	White
Special Feature	Auto Shut-Off
Battery Capacity	3000mAh Lithium Battery
Usage Time (Full Charge)	6-8 hours
Massage Modes	9
Intensity Levels	9
Heat Settings	3 (104°F, 110°F, 120°F)

10. WARRANTY AND SUPPORT

This pryfey product is designed and manufactured to the highest quality standards. For information regarding warranty coverage and customer support, please refer to the warranty card included in your product packaging or visit the official pryfey website.

For technical assistance or service inquiries, please contact:

Email: support@pryfey.com (Example, actual email not provided)

Website: [pryfey Official Store on Amazon](#)