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LaNikar K62

LaNikar K62 Military Smart Watch User Manual

Model: K62

INTRODUCTION

Thank you for choosing the LaNikar K62 Military Smart Watch. This manual provides essential information for setting up, operating, and maintaining your device. Please read it carefully to ensure optimal performance and longevity of your smartwatch.



Image: The LaNikar K62 Military Smart Watch with its main display showing the current time, date, battery level, steps, and calories burned.

WHAT'S IN THE BOX

- 1 * Smart Watch Body
- 2 * Watch Bands
- 1 * Charging Cable
- 1 * User Manual
- 1 * Customized Box

SETUP

1. Initial Charging

Before first use, fully charge your LaNikar K62 Smart Watch. Connect the provided charging cable to the charging port on the back of the watch and to a USB power source. A full charge typically takes approximately 2 hours.

2. App Installation and Device Pairing

1. Scan the QR code in the included user manual or search for "FitCloudPro" in your smartphone's app store (compatible with iOS 8.0 and Android 4.4 or above).
2. Download and install the "FitCloudPro" application.
3. Open the app and follow the on-screen instructions to create an account and set up your profile.
4. Ensure Bluetooth is enabled on your smartphone.
5. In the FitCloudPro app, navigate to the device section and search for your LaNikar K62 Smart Watch. Select it to pair.
6. Grant all necessary permissions requested by the app for full functionality.

Your browser does not support the video tag.

Video: This video demonstrates the unboxing process, initial charging of the LaNikar K62 Smart Watch, and basic navigation through its user interface.

OPERATING INSTRUCTIONS

1. Basic Navigation

- **Touch Screen:** Swipe left, right, up, or down to navigate through menus and features. Tap to select.
- **Side Buttons:** Use the physical buttons on the side for quick access to certain functions or to return to the home screen.
- **Always On Display (AOD):** The K62 supports AOD with two clock styles. This feature can be configured in the watch settings.
- **Raise to Wake:** The screen can be set to automatically turn on when you raise your wrist.

2. Bluetooth Calling and Notifications

Once paired with your smartphone, the K62 allows you to manage calls and receive notifications directly on your wrist.

- **Answer/Make Calls:** Utilize the built-in high-quality speaker and microphone to answer incoming calls or dial out from the watch. You can also add contacts and view recent call history.
- **Message Notifications:** Receive real-time notifications for messages, social media alerts (SNS), and other app alerts.

CALL AND SMS NOTIFICATIONS

Bluetooth wireless call, you can make call/answer call on watch directly



Image: The LaNikar K62 Smart Watch showing an incoming call notification, demonstrating its Bluetooth calling capability.

3. Health Monitoring

The K62 provides comprehensive health tracking features. Data is recorded and uploaded to the FitCloudPro app for detailed analysis.

- **Heart Rate Monitor:** Continuously monitors your heart rate throughout the day.
- **Blood Oxygen (SpO2) Monitor:** Measures your blood oxygen saturation levels.
- **Blood Pressure Monitor:** Provides blood pressure readings.
- **Sleep Tracking:** Monitors your sleep patterns, including deep sleep, light sleep, and wake times, to help improve sleep quality.



Heart Rate Monitoring



Blood Oxygen Monitoring



Blood Pressure Monitoring



Sleep Tracking

4. Sports Modes

The K62 supports over 100 sports modes, including running, basketball, cycling, yoga, skipping, and more. Select your activity to track exercise data such as duration, calories burned, and heart rate.

100+ SPORTS MODES

Accurate recording of your exercise data



Football



Cycling



Running



Basketball



Climbing



Elliptical machine



Table tennis



Baseball



Rugby



Image: The LaNikar K62 Smart Watch displaying active sports tracking, with icons representing various sports modes.

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Video: This video demonstrates how to start fitness tracking on the LaNikar K62 Smart Watch and how to download additional sports modes from the FitCloudPro application.

5. Other Functions

The K62 includes various utility features:

- **Weather Forecast:** View current weather conditions and forecasts.
- **Music Control:** Control music playback on your smartphone (play, pause, skip tracks).
- **Remote Camera Control:** Use your watch as a remote shutter for your smartphone camera.
- **Voice Assistant:** Access your smartphone's voice assistant directly from the watch.
- **Alarm Clock, Timer, Stopwatch:** Essential time management tools.
- **Find Phone:** Locate your paired smartphone by making it ring.
- **Breathing Training:** Guided breathing exercises for relaxation.

Your browser does not support the video tag.

Video: This video provides an overview of the LaNikar K62 Smart Watch's various features, including voice assistant, Bluetooth calling, health monitoring, sports tracking, weather, music control, remote camera, and message notifications.

MAINTENANCE

1. Water Resistance (IP68)

The LaNikar K62 Smart Watch is IP68 water-resistant, meaning it can withstand dust, dirt, and sand, and is resistant to submersion up to a maximum depth of 1.5m for up to 30 minutes. It is suitable for washing hands, jogging in the rain, and some water sports. **Note: Do not immerse in water for prolonged periods or use in hot water, saunas, or steam rooms.**



Image: The LaNikar K62 Smart Watch demonstrating its IP68 water resistance by being splashed with water.

2. Cleaning

Regularly clean your watch and watch bands to prevent skin irritation and maintain appearance. Use a soft, damp cloth. Avoid harsh chemicals or abrasive materials.

3. Battery Care

To prolong battery life, avoid extreme temperatures. Charge the watch fully before long periods of inactivity. The 400mAh battery provides up to 5-7 days of typical use and 7-15 days of standby time.

Feature	Detail
Model Name	K62
Brand	LaNikar
Screen Size	1.43 Inches AMOLED (466*466 resolution)
Shape	Polygon
Water Resistance	IP68
Connectivity Technology	Bluetooth
Operating System Compatibility	iOS 8.0+ & Android 4.4+
Battery Capacity	400mAh (1 C battery included)
Charging Time	Approx. 2 hours
Usage Time	5-7 days (typical use)
Standby Time	7-15 days
Special Features	1.43" AMOLED Screen, IP68 Waterproof, Military Grade Standard, Bluetooth Dial & Answer Calls, Built-in Speaker, 100+ Sports Modes, Heart Rate Monitor, Sleep Tracker, Long Time Standby, Weather Forecast, Music Control, Sedentary Reminder, Remote Camera Control, Alarm Clock, Voice Assistant

WARRANTY AND SUPPORT

LaNikar offers a one-year quality guarantee for the K62 Military Smart Watch. If you encounter any issues or have questions regarding your product, please contact LaNikar customer support via email. Support will assist you within 24 hours.

For further assistance, visit the [LaNikar Store on Amazon](#).

SAFETY INFORMATION

- Do not attempt to disassemble or modify the watch.
- Keep the watch away from extreme heat or open flames.
- Avoid exposing the watch to strong impacts or drops.
- Consult a medical professional before starting any new exercise regimen or if you have health concerns. The health monitoring features are for general wellness and fitness purposes only and are not intended for medical diagnosis or treatment.
- Keep out of reach of children.

