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> Exliu 3L Low Sugar Rice Cooker Model 25DTDFB-3L User Manual

Exliu 25DTDFB-3L

Exliu 3L Low Sugar Rice Cooker (Model 25DTDFB-3L) User Manual

Your guide to healthy and convenient cooking.

1. INTRODUCTION

Thank you for choosing the Exliu 3L Low Sugar Rice Cooker. This appliance is designed to provide a versatile and healthy cooking experience, allowing you to prepare various dishes, including low-carb rice, with ease. Please read this manual thoroughly before operating the appliance to ensure safe and efficient use.

2. IMPORTANT SAFETY INSTRUCTIONS

When using electrical appliances, basic safety precautions should always be followed to reduce the risk of fire, electric shock, and/or injury to persons, including the following:

- Read all instructions carefully before use.
- Do not touch hot surfaces. Use handles or knobs.
- To protect against electrical shock, do not immerse the cord, plugs, or the main unit in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
- Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been damaged in any manner.
- The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.
- Do not use outdoors.
- Do not let the cord hang over the edge of a table or counter, or touch hot surfaces.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.

- Always attach plug to appliance first, then plug cord into the wall outlet. To disconnect, turn any control to “off,” then remove plug from wall outlet.
- Do not use the appliance for other than intended use.

3. PRODUCT OVERVIEW

The Exliu 3L Low Sugar Rice Cooker is a compact and versatile kitchen appliance designed for various cooking needs, with a special focus on reducing digestible carbohydrates in rice.



Image 3.1: Front view of the Exliu 3L Low Sugar Rice Cooker, showcasing its compact design and digital display.

Components

- **Main Unit:** The outer casing housing the heating element and control panel.
- **Inner Pot:** A premium non-stick pot for cooking.
- **Steamer Basket:** A 304 food-grade stainless steel basket used for low-sugar rice cooking and steaming.
- **Removable Inner Lid:** For easy cleaning and maintenance.
- **Control Panel:** Features touch controls and a digital display for function selection and timing.

- **Detachable Power Cord:** For convenient storage and connection.
- **Accessories:** Includes a rice paddle and measuring cup.



Image 3.2: Detailed views of the cooker's one-touch opening mechanism, touch control panel, removable inner lid, and detachable power cord connection.



Image 3.3: Illustration of the 304 food-grade stainless steel steamer basket and the ceramic glaze inner pot construction.

Key Features

- **Low Sugar Cooking Technology:** Reduces digestible carbohydrates by up to 32% by separating excess starch during cooking.
- **5-in-1 Versatility:** Offers multiple cooking functions including Low Sugar Rice, Quick Rice, White Rice, Porridge, and Soup.
- **3-Liter Capacity:** Ideal for small to medium-sized households.
- **24-Hour Delay Timer:** Allows you to program cooking to start at a later time.
- **8-Hour Keep Warm Function:** Automatically keeps food warm after cooking is complete.
- **Easy Cleanup:** Non-stick inner pot and detachable steamer basket for effortless cleaning.

4. SETUP

4.1 Unpacking

1. Carefully remove all components from the packaging.
2. Remove any packaging materials, stickers, or labels.

4.2 Initial Cleaning

Before first use, clean all removable parts:

1. Wash the inner pot, steamer basket, rice paddle, and measuring cup with warm, soapy water. Rinse thoroughly and dry completely.
2. Wipe the exterior of the main unit with a damp cloth. Do not immerse the main unit in water.

4.3 Placement

1. Place the rice cooker on a stable, flat, heat-resistant surface, away from direct sunlight and heat sources.
2. Ensure there is adequate ventilation around the appliance.

4.4 Power Connection

1. Insert the detachable power cord into the appliance's power inlet.
2. Plug the other end of the power cord into a standard 110V electrical outlet.

5. OPERATING INSTRUCTIONS

5.1 Control Panel Overview



Image 5.1: The digital display showing time and function indicators, with touch buttons for Start, Menu, Delay Timer, and Cancel.

The control panel features a digital display and touch-sensitive buttons:

- **Start:** Begins the selected cooking program.
- **Menu:** Cycles through available cooking functions (Keep Warm, Low Sugar Rice, Porridge, Quick Rice, White Rice, Soup).
- **Delay Timer:** Sets a delayed start time for cooking.
- **Cancel:** Stops the current cooking program or clears settings.

5.2 Cooking Functions



Image 5.2: The rice cooker preparing different meals, illustrating its versatility across 5 cooking modes.

The Exliu rice cooker offers 5 primary cooking functions:

- **Low Sugar Rice:** Specifically designed to reduce carbohydrate content.
- **Quick Rice:** For faster cooking of white rice.
- **White Rice:** Standard cooking for fluffy white rice.
- **Porridge:** For preparing various types of porridge.
- **Soup:** For simmering soups and stews.

5.3 How to Cook Low Sugar Rice

This function utilizes the steamer basket to separate excess starch, resulting in rice with reduced digestible carbohydrates.



Image 5.3: Demonstrating the separation of rice from the starch-rich broth using the steamer basket.

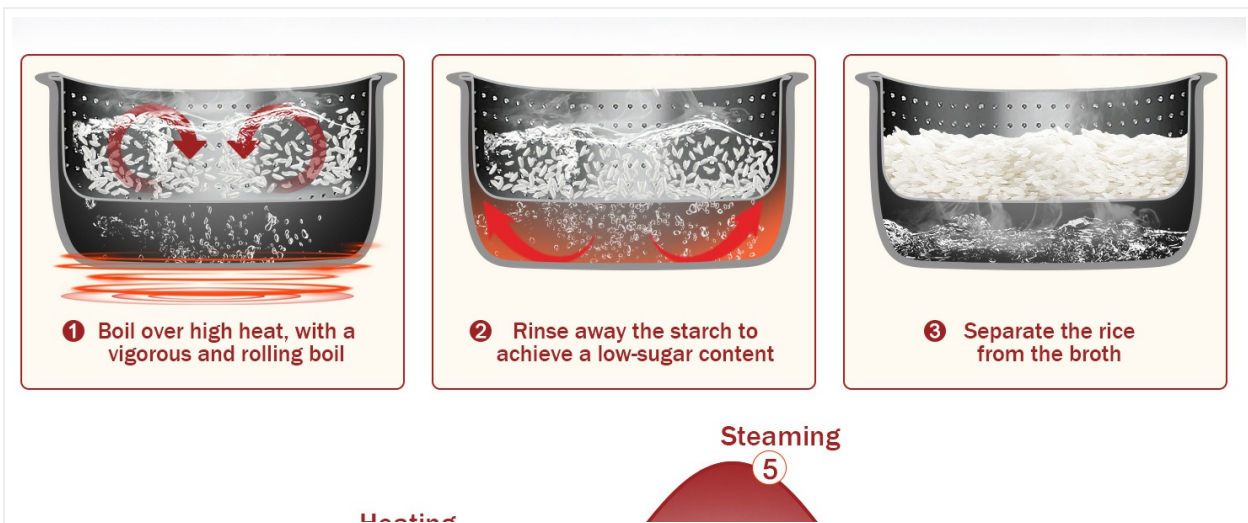


Image 5.4: Step-by-step diagram of the low-sugar rice cooking mechanism, showing how starch is rinsed away.

1. **Prepare Rice:** Measure 1 cup of rice using the provided measuring cup. Rinse the rice thoroughly under cold water until the water runs clear.

2. **Place Rice in Steamer Basket:** Put the rinsed rice into the stainless steel steamer basket.
3. **Insert Steamer Basket:** Place the steamer basket containing the rice into the inner pot.
4. **Add Water:** Add 6-6.5 cups of water to the inner pot. The water level should be approximately 1-2mm higher than the rice in the steamer basket.
5. **Close Lid:** Close the lid securely.
6. **Select Function:** Press the 'Menu' button until 'Low Sugar Rice' is selected on the display.
7. **Start Cooking:** Press the 'Start' button. The cooking process will take approximately 35-40 minutes.
8. **Serve:** Once cooking is complete, the cooker will automatically switch to 'Keep Warm'. Carefully remove the steamer basket and serve the low-sugar rice.



Image 5.5: Visual steps for preparing low-carb rice, from adding rice to the steamer to selecting the function.

5.4 Delay Timer Function

The 24-hour delay timer allows you to set the cooker to start cooking at a later time, ensuring your meal is ready precisely when needed.



Image 5.6: The rice cooker's display indicating the 24-hour delay and 8-hour keep warm functions.

1. Prepare your ingredients and place them in the inner pot or steamer basket as per your chosen cooking function.
2. Close the lid.
3. Press the 'Menu' button to select your desired cooking function.
4. Press the 'Delay Timer' button. The display will show a default delay time.
5. Use the '+' and '-' buttons (if available, or repeatedly press 'Delay Timer' to adjust) to set the desired delay time in hours.
6. Press 'Start' to confirm. The timer will count down, and cooking will begin automatically once the delay time expires.

5.5 Keep Warm Function

After most cooking cycles are complete, the rice cooker will automatically switch to the 'Keep Warm' mode for up to 8 hours. This function maintains the food at an optimal serving temperature without overcooking.

- To manually activate 'Keep Warm', select the 'Keep Warm' function using the 'Menu' button and press 'Start'.

- To exit 'Keep Warm' mode, press the 'Cancel' button.

6. CLEANING AND MAINTENANCE

Regular cleaning ensures the longevity and optimal performance of your Exliu rice cooker.

6.1 Cleaning Instructions

1. **Unplug and Cool:** Always unplug the rice cooker from the power outlet and allow it to cool completely before cleaning.
2. **Remove Inner Pot and Steamer Basket:** Take out the inner pot and steamer basket.
3. **Hand Wash Components:** Wash the inner pot, steamer basket, removable inner lid, rice paddle, and measuring cup with warm, soapy water. The inner pot has a non-stick coating, so avoid abrasive cleaners or metal scouring pads.
4. **Clean Main Unit:** Wipe the exterior of the main unit with a damp cloth. Do not immerse the main unit in water or any other liquid.
5. **Dry Thoroughly:** Ensure all parts are completely dry before reassembling or storing the appliance.

6.2 Storage

Store the rice cooker in a dry place, away from direct sunlight and out of reach of children.

7. TROUBLESHOOTING

If you encounter any issues with your rice cooker, please refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Cooker does not turn on.	No power supply; power cord not properly connected.	Check if the power cord is securely plugged into both the cooker and the wall outlet. Test the outlet with another appliance.
Rice is too dry or undercooked.	Insufficient water; incorrect rice-to-water ratio; lid not properly closed.	Ensure correct water levels for the selected function. Close the lid securely.
Rice is too wet or mushy.	Too much water; incorrect rice-to-water ratio.	Reduce water slightly for future cooking. Ensure rice is properly measured.
Display shows an error code.	Internal malfunction.	Unplug the cooker, wait a few minutes, then plug it back in. If the error persists, contact customer support.

If the problem persists after attempting these solutions, please contact Exliu customer support for further assistance.

8. SPECIFICATIONS

Feature	Specification
Brand	Exliu
Model Name	25DTDFB-3L
Capacity	3 Liters
Product Dimensions	11"D x 9.4"W x 8.7"H
Power Source	Corded Electric
Voltage	110 Volts
Material	Stainless Steel (Steamer Basket), Ceramic Glaze (Inner Pot)
Special Features	Automatic Keep Warm, Lightweight, Non-Stick, Low Sugar Function, Delay Timer
Product Care Instructions	Hand Wash
Item Weight	6.29 pounds



Voltage	110V	Power	500W
Frequency	60Hz	Capacity	3L

Image 8.1: Product dimensions of the Exliu 3L Low Sugar Rice Cooker.

9. WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the warranty card included with your product or contact Exliu customer service directly. Please have your model number (25DTDFB-3L) and purchase date available when contacting support.

Exliu Customer Service: Please visit the official Exliu website or your retailer's support page for contact details.