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EVKRUN EU07

EVKRUN Walking Pad Treadmill Model EU07 User Manual

Comprehensive Instructions for Setup, Operation, and Maintenance

1. Important Safety Information

Before operating the EVKRUN Walking Pad Treadmill, please read and understand all safety instructions. Failure to follow these instructions may result in injury or damage to the product.

- Always place the treadmill on a flat, stable surface.
- Ensure adequate clear space around the treadmill during operation.
- Keep children and pets away from the treadmill while it is in use.
- Do not use the treadmill if it is damaged or malfunctioning.
- Consult a physician before starting any new exercise program.
- Maximum user weight capacity: 340 lbs.

2. Product Overview

The EVKRUN Walking Pad Treadmill Model EU07 is designed for home use, offering a compact and versatile solution for walking and light jogging. Key features include a removable incline, quiet motor, and smart app connectivity.



Image: The EVKRUN Walking Pad Treadmill in a home setting, demonstrating its use for walking and under a standing desk, with a smartphone showing a fitness application.

3. Setup Instructions

3.1 Unboxing and Placement

The EVKRUN Walking Pad Treadmill comes 100% installation-free. Carefully remove the treadmill from its packaging. Place the treadmill on a level, hard surface. Ensure the power cord can reach an outlet without being stretched.

3.2 Adjusting the Incline

The treadmill features a 12% removable incline slope. To engage the incline, manually unfold the front foot supports located underneath the treadmill. This increases the incline, enhancing the fitness effect.



Image: A user demonstrating the manual unfolding of the incline legs on the EVKRUN Walking Pad Treadmill.

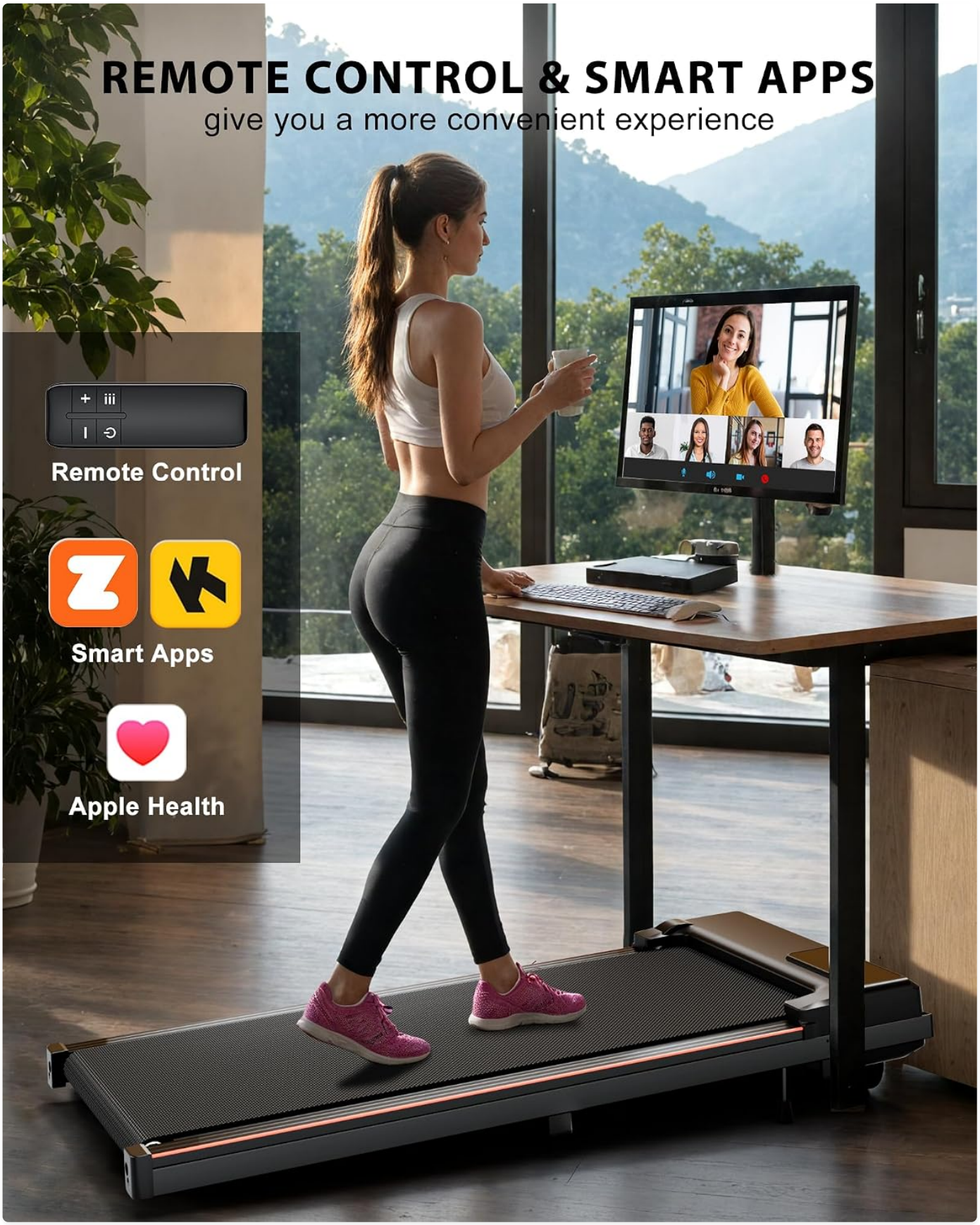


Image: A detailed view of the 12% removable incline slope mechanism, highlighting its function for increased fat burning.

3.3 Power Connection

Plug the power cord into a standard electrical outlet. Locate the power switch on the side of the treadmill and turn it to the 'ON' position.

3.4 Initial Lubrication

Before first use, and periodically thereafter, apply the provided lubricating oil to the running belt. Refer to the Maintenance section for detailed lubrication instructions.

4. Operating Instructions

4.1 Remote Control and Display

The treadmill can be controlled using the included remote control. The display screen shows essential workout data including speed, calories burned, time, and distance.

- **Power On/Off:** Use the power button on the remote or the side switch.
- **Speed Adjustment:** Use the '+' and '-' buttons to increase or decrease speed. The speed range is 0.6-4.0 MPH.
- **Mode Selection:** The remote control features a mode button to switch between Manual Mode and 3-Preset Countdown Programs.



Image: The remote control for the treadmill, alongside logos for compatible smart applications like Kinomap, Zwift, and Apple Health.

4.2 Smart App Connectivity

Enhance your workout experience by connecting the treadmill to compatible smart applications such as KINOMAP and ZWIFT. Data can also be shared with Apple Health. Download the respective apps from the App Store or Google Play.

Your browser does not support the video tag.

Video: An official demonstration of the EVKRUN Walking Pad Treadmill, showcasing its features and operation, including the incline

function.

5. Product Features

- **12% Removable Incline:** Manually adjustable incline to increase workout intensity and calorie burn.
- **Upgraded 4.0 MPH Motor:** Features a 2.5HP peak motor with a speed range of 0.6-4.0 MPH, operating at less than 45 dB for quiet use.
- **Lightweight and Portable:** Weighing only 35.3 lbs, it is easy to move and store.
- **Compact Design:** Ideal for small spaces, with dimensions of 42 x 19 x 4 inches and a folded size of 40 x 18 x 12 inches.
- **Full Shock Absorption System:** Incorporates a 5X running belt layer and 8X shock absorbers to protect knees and joints.
- **Stronger Steel Metal Frames:** Constructed with durable steel metal frames for enhanced load-bearing capacity, service life, and user safety.



Image: An illustration detailing the treadmill's upgraded 4.0 MPH motor, highlighting its 2.5HP peak power, speed range, and low noise level.



Image: A user easily carrying the lightweight EVKRUN Walking Pad Treadmill, demonstrating its portability and ease of movement.



Image: A visual representation of the treadmill's compact design and dimensions, illustrating how it can be stored vertically against a wall or under furniture.



Image: An illustration highlighting the treadmill's shock absorption system, featuring multiple running belt layers and shock absorbers designed to protect joints.

6. Maintenance

6.1 Lubrication

Regular lubrication of the running belt is crucial for optimal performance and longevity of your treadmill. Use the silicone oil provided or a compatible treadmill lubricant.

1. Turn off and unplug the treadmill.
2. Lift the edge of the running belt on one side.
3. Apply a small amount of lubricant in a Z-pattern directly onto the deck beneath the belt.
4. Repeat on the other side.
5. Plug in the treadmill and run it at a low speed (e.g., 1 MPH) for 5 minutes to distribute the lubricant evenly.

6. Perform lubrication every 3 months or after 50 hours of use, whichever comes first.

6.2 Cleaning

Wipe down the treadmill with a damp cloth after each use to remove sweat and dust. Do not use abrasive cleaners or solvents.

7. Troubleshooting

If you encounter any issues with your EVKRUN Walking Pad Treadmill, please refer to the following common solutions:

- **Treadmill not turning on:** Ensure the power cord is securely plugged in and the side power switch is in the 'ON' position. Check the remote control battery.
- **Belt slipping or uneven:** The running belt may need adjustment or lubrication. Refer to the Maintenance section for lubrication. For belt adjustment, consult the detailed instructions in the full product manual or contact customer support.
- **Unusual noise:** Turn off the treadmill immediately. Check for any foreign objects under the belt or in the motor area. If the noise persists, contact customer support.

8. Specifications

Specification	Value
Brand	EVKRUN
Model Number	EU07
Item Dimensions (LxWxH)	42 x 19 x 4 inches
Folded Size	40 x 18 x 12 inches
Item Weight	35.3 Pounds
Package Weight	18.3 Kilograms
Color	Black Red
Motor Peak Horsepower	2.5 HP
Speed Range	0.6 - 4.0 MPH
Incline	12% Removable
Noise Level	<45 dB
Maximum User Weight	340 lbs
Special Feature	Portable
Target Audience	Adult

9. Warranty and Support

For warranty information, product support, or to purchase replacement parts, please visit the official EVKRUN website or contact their customer service department. Keep your purchase receipt for warranty claims.

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