## Snailax SL-453

# Snailax Cordless Hand Massager with Heat and Compression - Model SL-453 Instruction Manual

### Introduction

The Snailax Cordless Hand Massager, Model SL-453, is designed to provide targeted relief for hand soreness, numbness, and stiffness. It combines air compression with soothing heat to enhance blood circulation and alleviate discomfort associated with conditions such as Carpal Tunnel Syndrome, Rheumatoid Arthritis, and tendonitis. This manual provides comprehensive instructions for safe and effective use, maintenance, and troubleshooting.

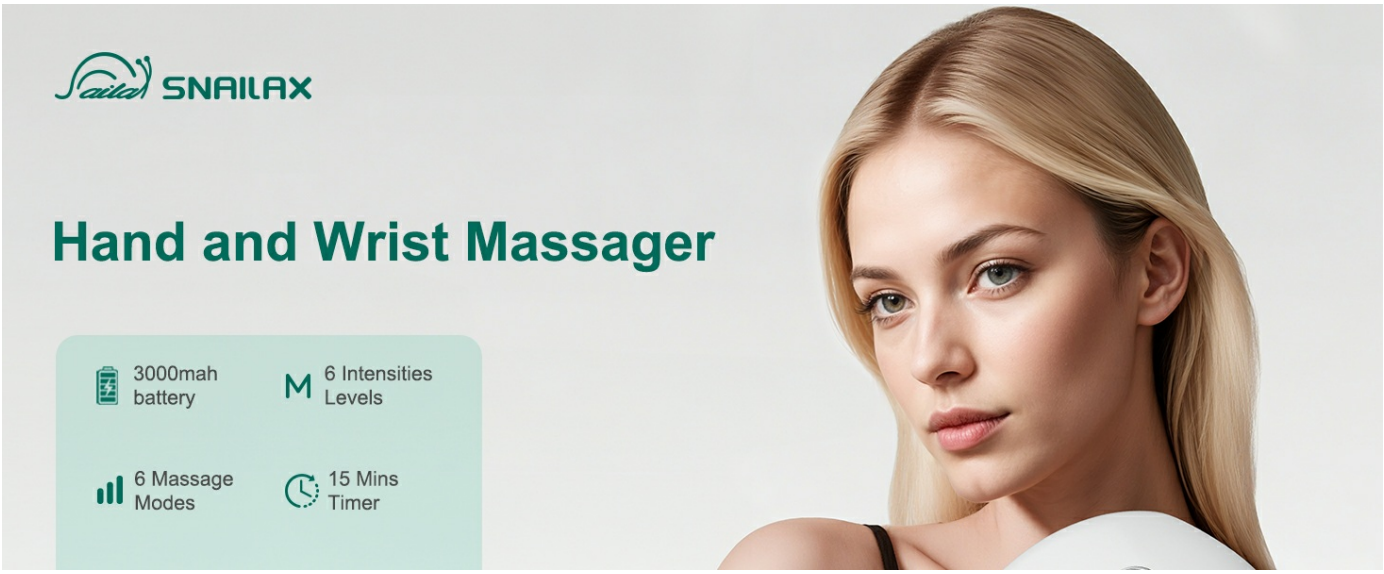



Image: Snailax Hand and Wrist Massager banner highlighting key features.

### Safety Information

Always follow the instructions provided with the massager. Do not use on broken skin or near the eyes. Keep away from water. Do not leave the massager unattended while in use. Allow the massager to cool down before storing. If you have any medical conditions, consult with a healthcare professional before use. Keep out of reach of children and pets.

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

## Product Features

- **Air Compression Massage:** Combines powerful air compression to target palm and finger acupoints, simulating a professional massage.
- **Soothing Heat Function:** Provides gentle warmth (104°F - 118°F) to relieve cold hands, improve circulation, and relax muscles.
- **Multiple Modes & Intensities:** Offers 6 selectable pressure modes and 6 intensity levels for customized massage experience.
- **Cordless & Portable:** Equipped with a long-lasting rechargeable battery (3000mAh) for up to 2-3 hours of cordless use.
- **Smart Touch Control:** Intuitive LED touch panel for easy operation.
- **Memory Function:** Remembers your last used massage mode for quick recall.




Image: Overview of the latest technology integrated into the hand massager.

## Setup

1. **Unboxing:** Carefully remove the hand massager and all accessories from the packaging.
2. **Initial Charge:** Before first use, fully charge the device using the provided Type-C USB cable and a compatible 5V/2A adapter. The battery indicator will show charging status. A full charge provides approximately 2-3 hours of cordless use.
3. **Placement:** Place the massager on a flat, stable surface.

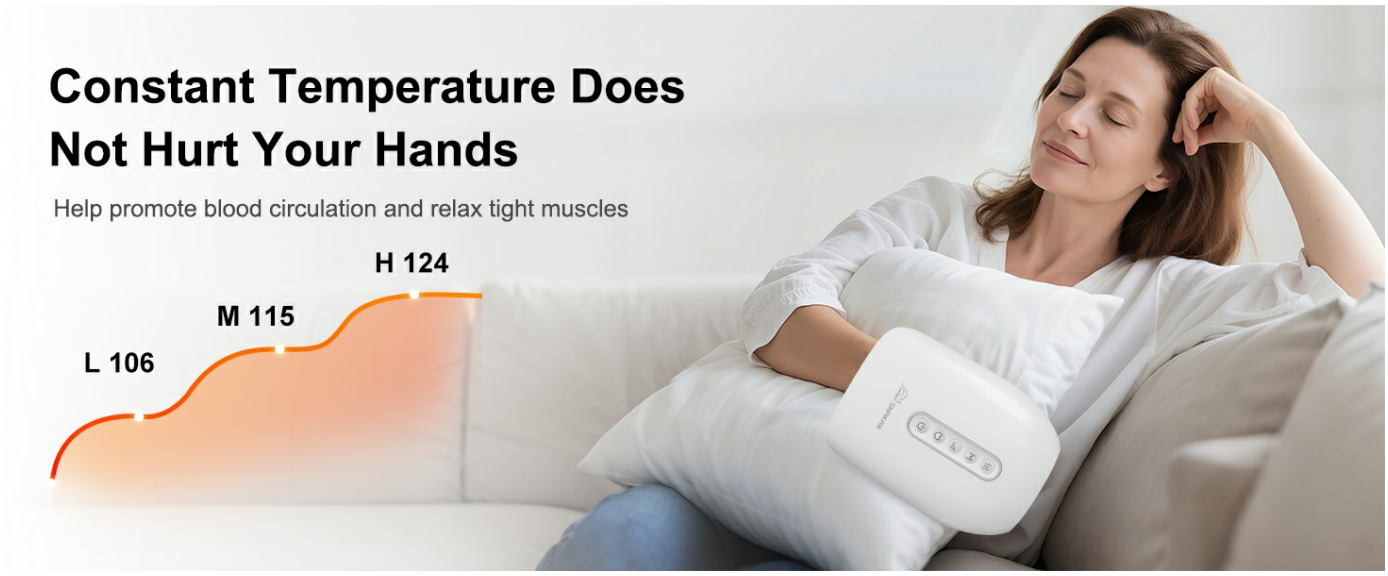



Image: Charging the Snailax Hand Massager with its Type-C cable.

## Operating Instructions

1. **Power On/Off:** Press and hold the Power button) for 2 seconds to turn the device on or off.
2. **Insert Hand:** Place your hand into the massager, ensuring your palm is aligned with the massage head. The device is designed for both left and right hands.
3. **Select Mode:** Press the Mode button) to cycle through 6 different massage modes (e.g., auto, circular, kneading, relaxing, hand, palm & wrist).
4. **Adjust Intensity:** Press the Intensity button) to choose from 6 compression intensity levels.
5. **Activate Heat:** Press the Heat button) to select between 2 heat levels or turn off the heat function.
6. **Memory Function:** The device remembers your last used settings. Press the Memory button) to recall your preferred massage combination.
7. **Emergency Deflate:** In case of discomfort or need to remove your hand quickly, locate the emergency deflate valve on the bottom of the unit and turn it a quarter turn to release pressure.




Image: Close-up of the intuitive control panel with labeled buttons.

Your browser does not support the video tag.

Video: Demonstration of the Snailax Hand Massager's features and operation, including heat and compression modes. Creator: Alljoy Official Store.

## Maintenance

- **Cleaning:** Wipe the exterior of the massager with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight and extreme temperatures.

- **Battery Care:** To prolong battery life, avoid fully discharging the battery frequently. Charge the device regularly, even if not in constant use.

## Troubleshooting

- **Device Not Turning On:** Ensure the device is fully charged. If the issue persists, try connecting it to a different power source.
- **Weak Compression:** Check the intensity setting and increase it if necessary. Ensure your hand is properly positioned within the massager.
- **No Heat:** Verify that the heat function is activated and set to your desired level. Allow a few minutes for the heat to build up.

## Specifications

| Feature | Detail |
|---|---|
| Product Dimensions | 9.84 x 7.56 x 5.51 inches |
| Item Model Number | SL-453 |
| Item Weight | 2.2 Pounds |
| Power Source | Battery Powered (3000mAh) |
| Material | Acrylonitrile Butadiene Styrene |
| Heat Levels | 2 (approx. 104°F - 118°F) |
| Pressure Modes | 6 |
| Intensity Levels | 6 |

## Warranty and Support

Snailax offers a 30-day money-back guarantee for any reason and a 1-year warranty for quality-related issues. For support, please refer to the contact information provided in your product packaging or visit the official Snailax website.


## Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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**Question**

Example: How do I reset this device or fix this error?

**Details**

Model number, symptoms, what you tried, or the section of the manual you are using.

**Submit question**