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LifePro LP-SLSRN-BLK

LifePro SoleSerene Shiatsu Foot and Calf Massager User Manual

Model: LP-SLSRN-BLK

Introduction

Thank you for choosing the LifePro SoleSerene Shiatsu Foot and Calf Massager. This electric massager is designed to provide a powerful deep tissue massage with Shiatsu and acupressure therapy, promoting general wellness and relaxation for your feet, ankles, and arms. With customizable settings and an optional heat function, the SoleSerene offers a versatile and comfortable massage experience. Please read this manual thoroughly before use to ensure proper operation and maintenance.

Safety Information

For your safety and to prevent damage to the device, please adhere to the following guidelines:

- For users with sensitive feet, it is recommended to wear thick socks to soften the intensity of the massage.
- Ensure proper electrical safety by avoiding contact with water or any liquids. Do not use the massager in wet environments.
- Use the massager only as directed in this manual. Any unauthorized modifications or repairs will void the warranty and may pose a safety risk.
- Unplug the massager from the power source when not in use or before cleaning.
- Keep the massager out of reach of children and pets.
- Do not use the massager if you have any open wounds, skin irritations, or severe medical conditions without consulting a healthcare professional.
- If you experience any discomfort or pain during use, discontinue immediately.

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

Product Overview

Familiarize yourself with the components of your LifePro SoleSerene Massager.



Image: The LifePro SoleSerene Shiatsu Foot and Calf Massager, showcasing its sleek black design with two large massage chambers and a central control panel.



Image: A close-up view of the control panel, featuring a digital display, buttons for Heat, Mode, Timer, and Speed, along with indicators for 3 massage modes and 3 intensity modes. Also visible are the heel massager and non-slip feet.



Image: A hand holding the remote control for the LifePro SoleSerene Massager, showing buttons for power, heat, mode, timer, and speed, allowing for effortless adjustments.

Setup

Follow these steps to set up your massager for first use:

1. Unpack the LifePro SoleSerene massager and all its components from the packaging.
2. Place the massager on a flat, stable surface. Ensure there is enough space around the unit for comfortable use.
3. Connect the power adapter to the massager's power input port.
4. Plug the power adapter into a standard electrical outlet. The display panel should illuminate, indicating it is ready for use.
5. If using the remote control, ensure batteries are inserted correctly.

Operating Instructions

The SoleSerene massager offers various settings for a personalized experience. You can operate it using the control panel on the unit or the included remote control.

Basic Operation:

1. **Power On/Off:** Press the **Power button** (symbol: circle with vertical line) on the control panel or remote to turn the unit on or off.
2. **Positioning:** Place your feet, calves, or forearms into the large massage chambers.
3. **Adjusting Tilt:** The 360° adjustable tilt bar allows you to find the most comfortable angle for your massage. Rotate the handle to adjust the angle as needed.



Image: Demonstrates the versatility of the massager, showing it being used for feet while seated, for calves while seated, and for forearms on a table, highlighting the adjustable 360° handle.

Customizing Your Massage:

- **Massage Modes:** Press the **Mode button** (symbol: M) to cycle through the three preset programs (Mode 1, Mode 2, Mode 3). Each mode offers a different massage pattern.
- **Intensity Levels:** Press the **Speed button** (symbol: Speedometer) to adjust the intensity. There are three

speed/intensity levels to choose from.

- **Heat Function:** Press the **Heat button** (symbol: flame) to activate or deactivate the optional heat function. The heat helps relax tight muscles and provides additional therapeutic benefits.



Image: A person's legs in the massager, with an overlay indicating "Comforting Warmth" and a temperature of 113°F, demonstrating the optional heat function.

- **Timer Setting:** Press the **Timer button** (symbol: clock) to set the duration of your massage. The default timer is typically 15 minutes.

After use, turn off the massager and unplug it from the power source.

Maintenance

Proper care ensures the longevity of your LifePro SoleSerene massager:

- **Cleaning:** Always unplug the massager before cleaning. Wipe the exterior with a soft, damp cloth. Do not use abrasive cleaners or immerse the unit in water.
- **Storage:** Store the massager in a cool, dry place, away from direct sunlight and extreme temperatures.

- **Avoid Damage:** Do not place heavy objects on the massager. Avoid sharp objects that could puncture or damage the fabric or internal components.

Troubleshooting

If you encounter any issues with your massager, please refer to the following common solutions:

Problem	Possible Cause	Solution
Massager does not turn on.	Not plugged in; power outlet issue; power button not pressed.	Ensure the power cord is securely plugged into both the massager and a working electrical outlet. Press the power button firmly.
No heat function.	Heat function not activated.	Press the Heat button to activate the heating element. Allow a few minutes for the heat to become noticeable.
Massage feels too intense.	High intensity setting; sensitive feet.	Press the Speed button to lower the intensity level. Wear thick socks to reduce direct pressure.
Remote control not working.	Dead batteries; obstruction.	Replace the batteries in the remote control. Ensure there is no obstruction between the remote and the massager's sensor.

If the problem persists after trying these solutions, please contact LifePro customer support for assistance.

Specifications

Product Dimensions: 20.47 x 13.38 x 8.65 inches

Item Weight: 13.2 Pounds

Item Model Number: LP-SLSRN-BLK

Manufacturer: LifePro

ASIN: B0F3PT5DRK

Use for: Arm, Calf, Foot

Power Source: Corded Electric

Material: Acrylonitrile Butadiene Styrene

Max Calf Size: 15.7 inches (from image)

Max Foot Length: 11 inches (from image)



Image: The LifePro SoleSerene Massager with key dimensions labeled: 20.47 inches length, 13.38 inches width, and 8.66 inches height. Also lists Net Weight, Max Calf Size, and Max Foot Length.

Warranty and Support

LifePro products are designed for durability and performance. For information regarding your product's warranty, please refer to the warranty card included with your purchase or visit the official LifePro website.
If you require technical assistance, have questions about operation, or need to report an issue, please contact LifePro customer support:

- **Website:** LifePro Official Store (for general product information)
- Refer to your product packaging or included documentation for specific contact details (phone, email).

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