

SOUYIE GTX19

SOUYIE GTX19 Smart Watch User Manual

Model: GTX19

INTRODUCTION

This manual provides essential instructions for setting up, operating, and maintaining your SOUYIE GTX19 Smart Watch. Please read this guide thoroughly before using the device to ensure proper function and longevity.

PACKAGE CONTENTS

Verify that all items are present in your package:

- SOUYIE Smart Watch (GTX19)
- Silicone Watch Strap
- USB Magnetic Charging Cable
- Instruction Manual

GETTING STARTED

1. Charging the Device

Before initial use, fully charge your SOUYIE GTX19 Smart Watch. Connect the magnetic charging cable to the charging points on the back of the watch and to a USB power source.



The SOUYIE GTX19 Smart Watch connected to its magnetic charging cable, illustrating its fast charging capability and extended battery life.

A full charge typically takes approximately 1.5 to 2 hours. The watch offers up to 10 days of regular use or 30 days of standby in low-power mode.

2. App Installation and Pairing

To unlock all features of your smart watch, download and install the 'VeryFit' application on your smartphone.

1. Scan the QR code provided in the manual or on the watch screen, or search for 'VeryFit' in your phone's app store (compatible with iOS 9.0+ and Android 6.0+).
2. Enable Bluetooth on your smartphone.
3. Open the 'VeryFit' app, register an account if prompted, and follow the on-screen instructions to connect your SOUYIE GTX19 Smart Watch via Bluetooth.

DEVICE OVERVIEW

Display and Design

The SOUYIE GTX19 features a 1.85-inch AMOLED curved screen with a 390x450 HD resolution (322 PPI). It offers 750 nits peak brightness and 24-bit color depth for clear visibility in various lighting conditions. The 60Hz refresh rate ensures smooth interactions.



The 1.85-inch AMOLED display of the SOUYIE GTX19 Smart Watch, highlighting its high resolution and vibrant color capabilities.

The watch also supports an Always-On Display (AOD) mode for continuous time visibility, and a palm-cover screen-off function for convenience.



Always-On Display (AOD) settings on the SOUYIE GTX19, allowing users to customize continuous screen visibility.

Watch Faces

Customize your watch's appearance with a variety of watch faces available through the 'VeryFit' app. You can select from numerous dynamic and static designs to match your style.

Multiple Watch Faces

You can customize the watch face & APP has multiple exquisite dynamic watch face



A selection of multiple watch faces available for customization on the SOUYIE GTX19 Smart Watch.

CORE FUNCTIONS

Bluetooth Calls and Notifications

The SOUYIE GTX19 Smart Watch supports Bluetooth 5.3 for stable connectivity up to 20 meters. It allows you to make and answer calls directly from your wrist using the built-in HD microphone and speaker. You will also receive real-time notifications for messages, app alerts, and social media updates.



The SOUYIE GTX19 Smart Watch enables convenient Bluetooth calls directly from your wrist.



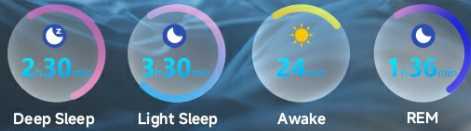
Receive smart message reminders and notifications from various applications directly on your SOUYIE GTX19 Smart Watch.

Voice Assistant

Control your phone's voice assistant (Siri or Google Assistant) through your watch. Use voice commands to play music, check weather, set reminders, or manage smart home devices without touching your phone.

Scientific Sleep Monitoring

Adjust your schedule, Learn more about sleep by monitoring sleep posture



Utilize the integrated voice assistant on your SOUYIE GTX19 Smart Watch for hands-free control and information access.

Health Monitoring

The SOUYIE GTX19 Smart Watch provides comprehensive health monitoring features, powered by a 6th-gen optical sensor for accuracy.

- **Heart Rate Monitoring:** Continuous 24/7 heart rate tracking with alerts for abnormally high or low readings.
- **Blood Oxygen (SpO2) Monitoring:** Monitors your blood oxygen levels throughout the day.
- **Stress Monitoring:** Real-time stress level tracking to help manage your well-being.
- **Sleep Monitoring:** Analyzes deep, light, and REM sleep stages, providing insights into your sleep patterns.
- **Menstrual Cycle Tracking:** Records and predicts women's menstrual cycles, offering timely reminders.

Your Health Assistant

Accurately track heart rate/SpO2/stress/sleep



Heart Rate

98 BPM



12AM 6 12PM 6



Blood Oxygen

94%



12AM 6 12PM 6



Stress

98 Normal



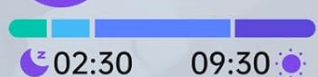
12AM 6 12PM 6



Sleep Monitoring

63 Scores

7h24min



02:30 09:30

Overview of health monitoring features on the SOUYIE GTX19 Smart Watch, including heart rate, blood oxygen, stress, and sleep tracking.



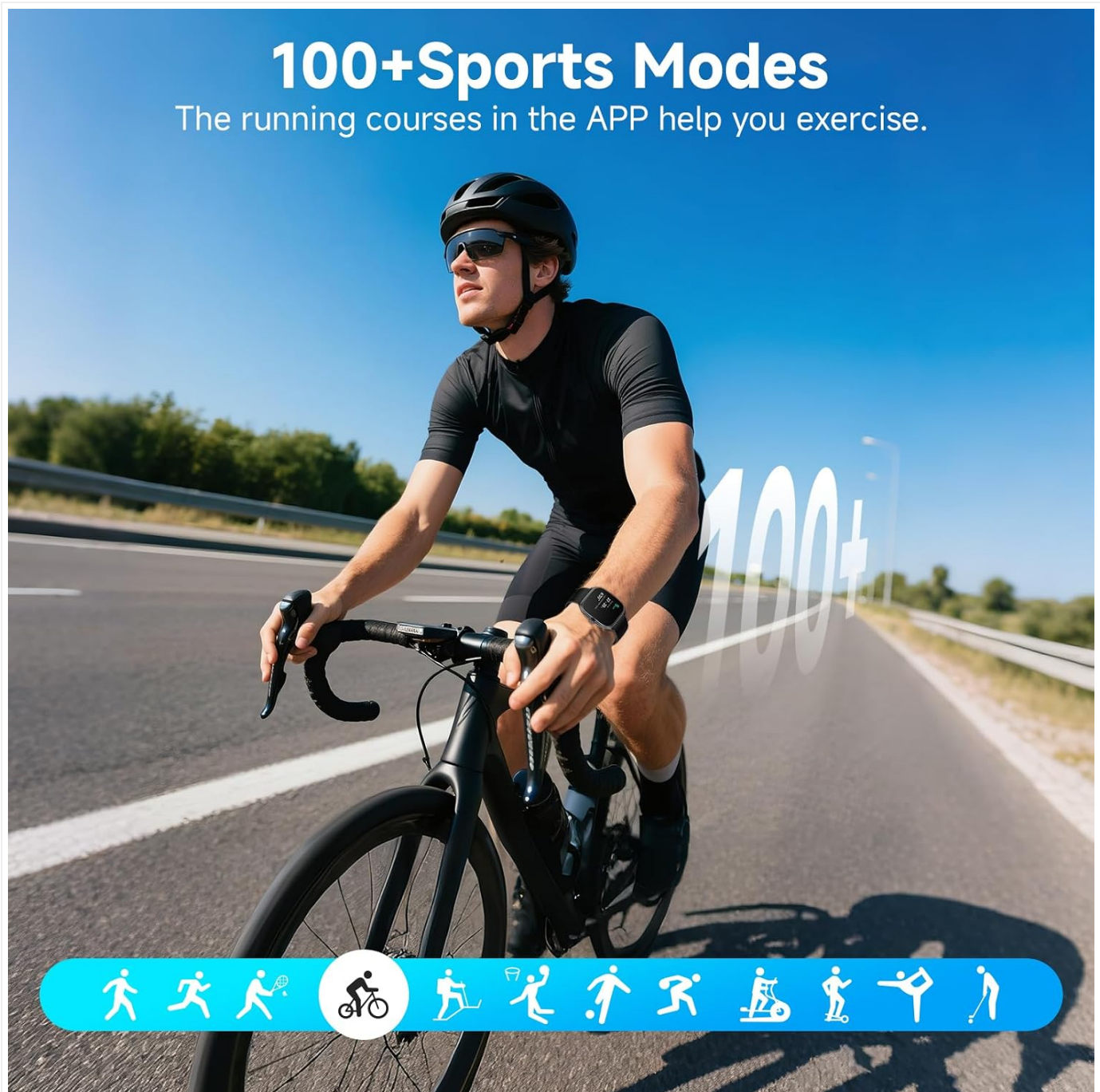
IP68 Defense:
Rainproof, Sweatproof,
Stormproof

Engineered for active lifestyles—
keep moving with confidence.

The SOUYIE GTX19 Smart Watch provides menstrual cycle tracking and reminders for women.

Sports Modes and Activity Tracking

The watch offers over 100 customizable sports modes, including 20 presets, to accurately track various activities such as running, cycling, and swimming. It can auto-detect certain workouts and provides performance metrics to help you achieve your fitness goals.



The SOUYIE GTX19 Smart Watch supports over 100 sports modes for comprehensive activity tracking.

It also provides 24/7 activity tracking, monitoring your steps, distance, heart rate, and calories burned throughout the day.

SOS Alert

For emergency situations, the SOUYIE GTX19 features an SOS alert function. Set emergency contacts via the app, then triple-press the side button to activate an instant SOS alert. This feature requires a Bluetooth connection to your smartphone.

However, it is not recommended for hot showers, saunas, diving, or high-pressure water activities, as steam and high water pressure can compromise the seal.

General Care

- Clean the watch regularly with a soft, dry cloth.
- Avoid exposing the watch to extreme temperatures or harsh chemicals.
- Ensure the charging contacts are clean and dry before charging.
- The silicone wristband is designed to be breathable and comfortable. Clean it with mild soap and water if necessary.

Premium LiquidSilicone Wristband

It is soft against the skin, light and breathableand does not bring any resistance to exercisewhen worn.

Breathable

Light

Soft



The comfortable and durable liquid silicone wristband of the SOUYIE GTX19 Smart Watch.

SPECIFICATIONS

Feature	Detail
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Model Name	GTX19
Display	1.85 Inches AMOLED, 390x450 Resolution, 750 Nit Brightness
Connectivity	Bluetooth 5.3
Battery Capacity	350 mAh Lithium Ion
Battery Life (Average)	7-10 days (regular use)
Charging Time	1.5 - 2 Hours
Water Resistance	IP68 (1.5 Meters depth)
Compatible OS	Android 6.0+, iOS 9.0+
Health Metrics Measured	Heart Rate, Blood Oxygen (SpO2), Sleep Duration, Step Count, Distance, Calories Burned, Menstrual Cycle, Stress
Controller Type	Google Assistant, Siri
Case Material	Aluminum
Band Material	Silicone

TROUBLESHOOTING

If you encounter issues with your SOUYIE GTX19 Smart Watch, please refer to the following common solutions:

- **Connection Issues:** Ensure Bluetooth is enabled on your phone and the watch is within range. Restart both the watch and your phone, then try pairing again through the 'VeryFit' app.
- **App Sync Problems:** Check that the 'VeryFit' app is updated to the latest version. Ensure the app has necessary permissions on your phone (e.g., location, notifications).
- **Inaccurate Readings:** For health monitoring, ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch. Note that smart watch readings are for reference and not for medical diagnosis.
- **Battery Draining Quickly:** Reduce screen brightness, disable Always-On Display (AOD) if not needed, and limit background app refresh to conserve battery.
- **Watch Not Responding:** Try restarting the watch by pressing and holding the side button. If unresponsive, allow the battery to fully drain and then recharge it.

WARRANTY AND SUPPORT

Your SOUYIE GTX19 Smart Watch comes with a **3-year warranty**. SOUYIE offers a 30-day free return policy and 24/7 customer service.

For any questions or support needs, please contact SOUYIE customer service:

- Via Amazon: Go to "Your Orders", find the order ID, and click "Contact Seller".
- Email: souyiesales@gmail.com

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

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