Soudorv T70

Soudorv T70 Smart Watch User Manual

Model: T70 | Brand: Soudorv

Introduction Setup Operation Maintenance Warranty & Support Troubleshooting Specifications

1. Introduction

This manual provides detailed instructions for the Soudorv T70 Smart Watch. Please read this guide thoroughly to ensure proper use and to maximize the features of your device. The Soudorv T70 is designed to enhance your daily life with features such as Bluetooth calling, comprehensive health monitoring, and various sport modes.



Image 1.1: The Soudorv T70 Smart Watch main display showing various metrics.

2. Setup Guide

2.1. What's in the Box

- Soudorv T70 Smart Watch
- Magnetic Charging Cable
- User Manual

2.2. Initial Charging

Before first use, fully charge your Soudorv T70 Smart Watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a standard USB power adapter (not included). A full charge typically takes approximately 2 hours.

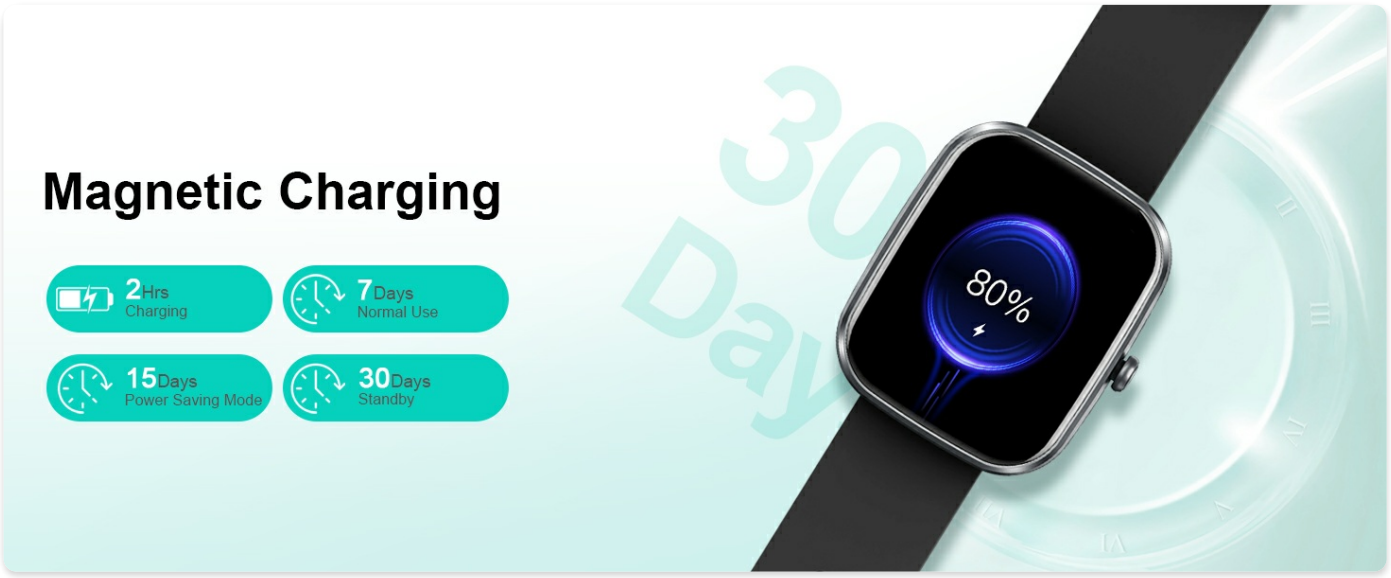


Image 2.1: The magnetic charging process for the Soudorv T70 Smart Watch.

2.3. App Installation

To unlock the full functionality of your smart watch, download and install the **GloryFit** app on your smartphone. The app is compatible with Android 5.0+ and iOS 9.0+.

1. Scan the QR code provided in the watch packaging or search for "GloryFit" in the App Store (iOS) or Google Play Store (Android).
2. Install the app and grant necessary permissions.

2.4. Device Pairing

Follow these steps to pair your Soudorv T70 with the GloryFit app:

1. Ensure your watch is charged and powered on.
2. Enable Bluetooth on your smartphone.
3. Open the GloryFit app, navigate to the 'Device' section, and tap 'Add Device'.
4. Select 'T70' from the list of available devices to establish the connection.
5. Once connected, enable the Bluetooth call function within the app settings to use calling features.



Image 2.2: Steps for app download, Bluetooth connection, and enabling call function.

3. Operating Instructions

3.1. Basic Navigation

- **Swipe Up/Down:** Access quick settings or notifications.
- **Swipe Left/Right:** Navigate through main features like activity tracking, heart rate, and weather.
- **Press Side Button:** Return to the home screen or power on/off.
- **Touch Screen:** Select items or confirm actions.

3.2. Bluetooth Call and Message Reminders

Once paired, your Soudorv T70 Smart Watch allows you to manage calls and receive notifications directly on your wrist.

- **Answering/Making Calls:** Use the built-in speaker and microphone to answer incoming calls or dial from your watch's contact list/dialpad.
- **Message Notifications:** Receive alerts for SMS, emails, and social media apps (Facebook, WhatsApp, Twitter, TikTok, Instagram, Gmail, etc.).



Image 3.1: Smartwatch interface for managing calls and notifications.

3.3. Health Activity Tracking

The watch continuously monitors various health metrics:

- **Heart Rate:** Real-time heart rate monitoring.
- **Sleep Monitor:** Tracks deep sleep, light sleep, and awake times to analyze sleep quality.
- **Blood Oxygen:** Measures SpO2 levels.
- **Menstrual Cycle Tracking:** For female users, track periods and predict ovulation.

All health data is synchronized with the GloryFit app for detailed analysis and historical records.



Image 3.2: Health tracking features including heart rate, blood oxygen, and sleep monitoring.

3.4. Sport Modes

The Soudorv T70 offers over 110 sport modes to track your physical activities. During workouts, the watch records data such as steps, calories burned, distance, and active hours.



Image 3.3: The smartwatch tracking activity during a sport mode, displaying various metrics.

3.5. Other Functions

The watch includes several practical tools:

- **Weather Forecast:** View current and future weather conditions.
- **Calculator:** Perform basic calculations.
- **Music Control:** Control music playback on your connected smartphone.
- **Camera Control:** Remotely trigger your phone's camera.
- **Alarm Clock:** Set multiple alarms.
- **Sedentary Reminder:** Get alerts to move after periods of inactivity.
- **Stopwatch & Timer:** For timing activities.
- **Find Your Phone:** Locate your misplaced smartphone.
- **Voice Assistant:** Interact with your phone's voice assistant.
- **Breathe Training:** Guided breathing exercises.

- **DIY Dials:** Customize your watch face with personal photos or choose from over 100 online options.



Image 3.4: Overview of additional practical functions available on the smartwatch.

4. Maintenance

4.1. Water Resistance (IP68)

The Soudorv T70 Smart Watch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. This allows for use during outdoor activities, in rain, and while washing hands.

Important Note: Do NOT use the watch in hot showers, saunas, or for swimming, as steam and high water pressure can compromise the seals and cause damage.



Image 4.1: The smartwatch's IP68 water resistance feature.

4.2. Cleaning Your Watch

To maintain the watch's appearance and functionality, regularly clean the device and strap. Use a soft, damp cloth to wipe the screen and strap. Avoid using harsh chemicals or abrasive materials.

4.3. Battery Care

The watch features a 300 mAh battery providing up to 5-7 days of normal use and approximately 30 days of standby time. To prolong battery life:

- Avoid extreme temperatures.
- Charge the watch fully before long periods of inactivity.
- Adjust screen brightness to a lower setting when possible.
- Disable unnecessary notifications.



Image 4.2: Information on the smartwatch's battery life and charging.

5. Troubleshooting

If you encounter issues with your Soudorv T70 Smart Watch, please refer to the following common solutions:

Problem	Possible Solution
Watch not turning on	Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
Unable to pair with phone	Ensure Bluetooth is enabled on your phone. Restart both the watch and your phone. Make sure the GloryFit app has location permissions.

Problem	Possible Solution
Inaccurate health data	Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch.
Notifications not received	Check app permissions for GloryFit on your phone. Ensure notifications are enabled within the GloryFit app settings for specific applications. Verify Bluetooth connection is stable.
Screen unresponsive	Restart the watch by pressing and holding the side button. If unresponsive, allow the battery to drain completely and then recharge.
Incorrect time displayed	Ensure the watch is properly synced with the GloryFit app. The time should automatically update upon successful synchronization.

5.1. Factory Reset

If issues persist, a factory reset may resolve them. This will erase all data on the watch and restore it to its original settings. Consult the GloryFit app or the watch's settings menu for the factory reset option.

6. Specifications

Feature	Detail
Model Number	T70
Display Size	1.91 Inches TFT HD (320*380)
Bluetooth Version	5.3
Battery Capacity	300 mAh
Battery Life	5-7 days (normal use), 30 days (standby)
Charging Time	Approx. 2 hours
Water Resistance	IP68
Compatibility	Android 5.0+ / iOS 9.0+
Item Weight	3.2 ounces
Package Dimensions	6.85 x 3.74 x 0.83 inches

7. Warranty & Support

7.1. Product Warranty

The Soudorv T70 Smart Watch comes with a standard manufacturer's warranty. Please refer to the warranty card included in your product packaging for specific terms, conditions, and duration. This warranty typically covers defects in materials and workmanship under normal use.

7.2. Customer Support

For technical assistance, troubleshooting beyond this manual, or warranty claims, please contact Soudorv customer

support. Contact information can usually be found on the product packaging, the official Soudorv website, or within the GloryFit application.
When contacting support, please have your product model (T70) and purchase information readily available.

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Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

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After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question